

# आधारभूत कानूनी जानकारी

लक्ष्मी कार्की

(अधिवक्ता)



नेपाल ग्रामीण पुनर्निर्माण संस्था (आरआरएन)

## विषयसूची

!= kl:tsf af/]	U
@= dlxnfsf]; DklQ ; DaGwl clwsf/	!
#= cktfnl ; DaGwl sfggl Joj :yf	%
\$= lj x]f/l	*
%= ; DaGw lj R5	!!
^= Invt ; DaGwl Joj xfl/s 1fg	!%
&= ha/h:tl s/Of	!(
*= uektg	@!
(= n6lk6	@\$
!)= s6lk6	@^
!!= afnafnfsf ; DaGwl sfggl hfgsf/l	@(
!@= hlp df:g]a]g]	\$(
!#= gful/stf	\$#
!\$= kl/lzi6x; -lgj dg=td; 5sf 9frfx;_	\$^

## आधारभूत कानूनी जानकारी

; Nnfxsf/ M \* f= chg sfsk  
M \* f= Clif clwsf/L

nys M nIdL s fs k-clwj Qm

lrq tyf l\*hf0g M uflkns j s k, kfgM4242072

k\$ fzs M gkfn ufd) f kglg(df) ; yf -cf/cf/Pg\_  
kf a= g# 8130  
nflhDkf^, s f&df) \* f-  
kfg g# 4415418÷442253  
knfS; M4418296  
OdhMrrn@rrn.org.np  
j hMwww.rrn.org.np

dNo ?= M 25÷-

# पुस्तिका बारे

w/} cufl\* b|v lj Zj sf lj leGg efudf dlxfx<sub>2</sub> n] lz Iff, /fhuf/L Pj + /fhg}ts ; xeflutfsf]xs k|ktsf nflu cfj fh p&fpb}cfPsf %g\ . xfn; Dd dlxfx<sub>2</sub> n]h]hlt xs clwsf/ kfPsf %g\To; nf0{pglx<sub>2</sub> sf] ; xeflutf / g|Tj s}sf/)f xfl; n ePsf]dfGg ; lsG% . xfdL Psf0z f} z tAbI; Dd cf0kUbf klg dlxfx<sub>2</sub> sf] ; fdlhs, cfly\$ / /fhg}ts clwsf/sf]lj sf; thgflds ?kdf ; Gtfihgs b|vb\$ . lbg|bg}dlxfn lj ?\$sf] lx+f al(/x\$] % . slxn] #/h" lx+fsf] ?kdf eg] slxn] a|lavgsf]?kdf dlxfx<sub>2</sub> ; fdlhs cGwlj Zj f; / s" ;sf/af^ kl\* t e0/fv\$] %g\ . o; sf]nflu ahG cfj fh p&fOP klg ; f} h:tf]kl/)ffd b|yfkG{; ls/x\$] %g / glthf lg/fz fhgs g}% .

xfd|b}z df ; flf/ dlxfx<sub>2</sub> dW|klg ; fx}yf|}dlxfx<sub>2</sub> n]dfq sfggsf] lj ifodf hfgsf/LkfPsf %g\ b}z sf]hg; Vofs f]; #r gdf cfwfeGf a(L efu cfu^g] dlxfx<sub>2</sub> cfkng xs clwsf/sf af/|f sfggL !fgsf] cej n]ubf{ pglx<sub>2</sub> sf]cj :ydf j f:tlj s ; wf/ x\$ ; s\$] %g . To; h] dlxfx<sub>2</sub> sf]; fdlhs, cfly\$ cj :ydf ; wf/ Nofpg"kg|cfj Zostfnf0{ Wbfgdf /fv] g|kfn ufdDf k\$lg|f|f ; #yf -cf/cf/Pg\_ n]PsIs t ufdDf lj sf; sf rf/ dh sfoqmx<sub>2</sub> ; j f:Yo, lz Iff, lbuf]hllj s f|fhg / ; j j nDag cGtu| dlxfx<sub>2</sub> nf0; z lQms /)f u/fpg, lj z |ful/ ufdDf Ifhd f a; f|f; ug|dlxfx<sub>2</sub> sf]nflu lj leGg sfoqmx<sub>2</sub> ; #fng ub} cfPsf] % . o; sfoqmd cGtu| g|kfnL; dfhd f dlxfx<sub>2</sub> sf lj Bdfg ; d:ofx<sub>2</sub> ; dfwfg ug\$]nflu dlxfx<sub>2</sub> nf0{lj leGg ; dxdf cfa\$ u/f0{ PsIs t lbuf]lj sf; sf]nflu lj leGg t|nd, uf|&lx<sub>2</sub> h:tMgt|Tj lj sf; , sfggL; flf/tf, cgf|krf]l/s lz Iff, ; lk lj sf; , s /] faf/L kf|f) f lz Iff, kl/jf/ lgothg, kz kfng, n#lj Q, ; fdbflos jg cf|b PsIs t sfoqmx<sub>2</sub> ; #fng ul/ lj lj w k\$]f/sf t|ndx<sub>2</sub> lbb}cfPsf] % . o; /L ; dfhd f lj Bdfg s"lt / n]us lj e| lj ?\$ cf/cf/Pgn]; #fng u/\$] sfoqmx<sub>2</sub> af^ ufdDf lj kGg dlxfx<sub>2</sub> ; dxdf cfj \$ eP/, ; dbfonf0{ g|Tj lbP/, cfo cfhg u/| / cGo lj leGg lsI; dn]nfe|Gj t ePsf %g\

xfn; Dd kff d/f] cgèj df cf/cf/Pg cGtuçsf sfoQmxç df  
 ; xefulxç sf] ; ènj cg' f/ sfggs] 2.4 j ^f sIffn] dfq sfggL  
 ; flf/tfsf] kl/sNkgf k/f gxg] ePsfh] ; DaGwt Ifhsf cujf  
 JolQmç nf0{ sfggsf] Ifhd tyf dlxf clwsf/sf] af/hf kf/Des  
 hfgsf/Lu/f0 sfggLcw{bf hgz lQmldgf} ug]dx; ; u/Lof]kl:tsf  
 tof/ ul/Psf]%. sfgg h:tf]uxg / dxTj k){lj ifodf Ps}f^L w}}  
 klfxç df kj ç ubf{ aèng sl&gf0 xg] dx; ; ul/ ; j {fwf/)f  
 dflg; xç n]klg aèng]sl; dsf]; fwf/)f efiif / lrqxç ; d}sf]køf  
 u/Lkf&sxç ; fd"ktt ug]hdsf]u/}sf]%. o; kl:tsfn]xdf]bçsf  
 lbbLalxg]ç sf ; fy}sfgg ; DaGwL; fdfGo lh! f; f /fv]hf]sf]Inf0{  
 klg sçLxb; Dd ; xofu kYofpg% eG]cf; f /fv}sf]%.

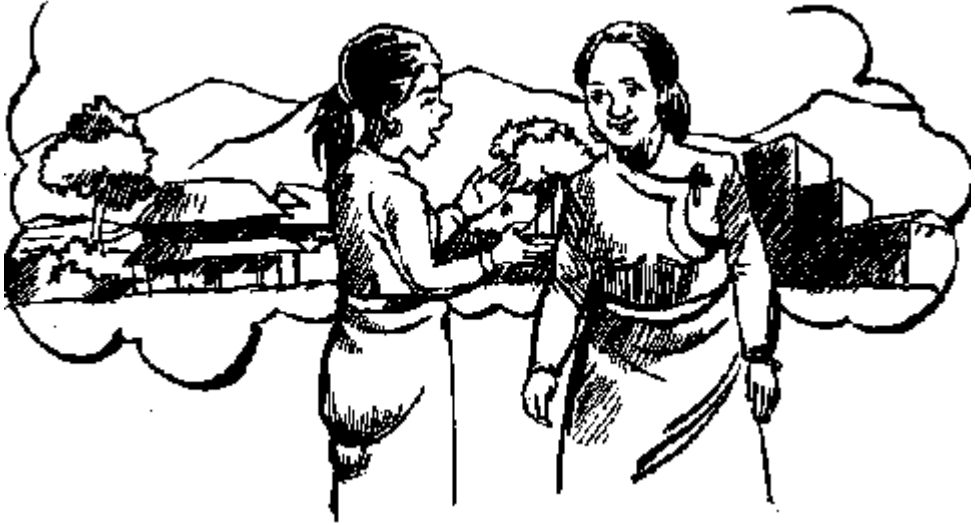
of]kl:tsf bf] f]; s /)f ePsf]xçgn]kf&sxç af^ cPsf sçL; ènj xç  
 / dhçL Pçsf P#f/f; z fygsf dlxf clwsf/ ; DaGwL j bfxç nf0{  
 ; dt ; d}g]køf; u/}sf]%. of]kl:tsfdf sltko efiif, zçL / sçL  
 q^lxç ePdf kf&sxç af^ ; hgffds ; ènj sf]ck]ff u/}sf]%. cGtodf  
 of]kl:tsf tof/ ug]sf]nflu xf} nf / ; ènj lbg]cfb/)flo ldqxç tyf  
 bfhèf0 lbbLalxg]ç klç xffç cfef/ JoQmub%".

nIdLsfsk

sfgg clws ç -clwj Qm

gkfn ufd]f kçlgdf]f ; çyf -cf/cf/Pg

# महिलाको सम्पत्ति सम्बन्धी अधिकार



dlxnfsfj; DklQ ; DaGwl clwsf/

-; f; "; ; %fn]xhf ul/PsL/ nfl]gh]klg ; f;f Nof0{; DklQaf^ al~rt  
ePsLu}LufpsLlg/dfof+dlxnfs f]; DklQ dflys f]clwsf/ sfggdf s]  
% eGg]s %fs f]hfgsf/Lng j ls n ; Itfs f]#/df cfPls l%g\

lg/dfofM gd:sf/ j ls n lbbLs ]ub{xg% <

; ItfM gd:sf/ o; }lstfa k(} al; /x\$L%". s] % t lg/dfofM  
a; g .

lg/dfofM tkf0{ u Pp^f s %f aem]eg] cfPsL%".

; ItfM egg s]s %f <

lg/dfofM #/sf]; DklQdf dlxnfs f]cz clwsf/ xG% sLxbg <

; ItfM xG% gLls g xbg .

lg/dfofM dh]t bhëf0{ afa"/ >Idfgs f]dfq}clwsf/ xG% eGg]; g]s  
%".

; ItfM cfhefhLt %f/In]klg %f/f h:t}hGdg]; fy cz kfp]s fgg  
cfPs f] % gL. t/ %f/In]lj j fx eP kl% cz af^ kfk ; DklQ  
nfg kfpbgg\

lg/dfom clg Tof]cz s f]; DklQ lj j fx kl% s :n]kfp%g\t <

; ItfM lj j fx kl% vf0{nf0}j fs LePs f]; DklQ bhëf0n]a/fa/Lefu  
u/L lknf{nfg kfp%g\

lg/dfom >IdtIn]>Idfg\ u %lSP/ a:g"kbf{s ]s :tf]s fgg % .

l; tFM s fggdf s ] % eg]>Idfgn] tyf afañ ]>IdtL %f/f%f/Inf0{  
lghs f]OHht cfdb cg," f/ vfg nfg lbP; Dd cz lbg s/  
nfUbg . t/ OHht cfdb cg," f/ vfg nfg glbPdf >IdtL,  
%f/f%f/In]cz lnP/ leGg e0 a:g kfp%g\

lg/dfom >Idfgn]cs k[>IdtL NofP j f /fv}df klxns f]>IdtIn]s ]s tL  
cz kfp%g\<

; ItfM >Idfgn] cs k[ >IdtL Nof0xfn}df >Idfgs f] efus f] hDdf  
; DklQaf^ bā}>IdtIs f]a/fa/ efu nfU% . t/ cj w ?kdf  
afix/ dfq -k\$ fz gkf/L /fv\$ f] % eg]To:t] JolQms f]efu  
nfUbg .

lg/dfom clg ; DaGw lj R%b u/\$Ldxnfs f]; DklQdf s ]clws f/ xG% <

l; tFM ; DaGw lj R%b ePsL dxnfn] cz g} kfp%g\ . To:t]f]  
; DklQdf lghs f] k)f{clws f/ xG% . o:t]cz ; DaGw lj R%b  
ug{ c#L cbfntn] lbnf0 lbG%, clg dfq ; Dj Gw lj R%b  
ul/lbG% .

lg/dfom; DaGw lj R%b ePsL dxnfn]cz lnP kl% dl/g\j f csf]  
lj j fx ul/g\eg]lghs f]cz efu s ; n]efur ng ug{kfp% <

; ItfM csf] lj j fx gu/L dl/g\eg] lghs f] ; Gtfgn] ; Gtfg geP  
; aeGf glhs s f]xs j fnf -#/k\$Is f] n]kfp%g\ . olb bf]ff]  
lj j fx ul/g\ lg h j f^ ; Gtfg ePs f] % eg]tL; tfgn]lghs f]

; DklQ efu r ng ug{/ vfg kfp%, lgM Gtfg eP/ dl/g\eg]  
klxn] ; DaGw lj R%b ePsf] >Idfg\, u xbfssf ; Gtfgn]  
efur ng ug{/ vfg kfp%g\.

lg/dfom lj wj f dlxnfsf] %f/ %f/ L%g eg] cz kfp%g\ s Lkfp%g\ <

; ItfM %f/ %f/ LgeP klg lj wj fn] >Idfg\sf] ; a} cz efu kfp%g\  
pgL d/kl% pgsf] cz sf] ; DklQ nlf] g] k\$lsf] xsj fnfn]  
kfp%g\ olb lj j fx ul/g\eg] ; u} nu/ hf g kfp%g\.

lg/dfom: qLwg eg\$] s ]xf] gL <

; ItfM bf0hf] kjf, ; j cfhg, bfgas; / cktfnlaf^ kkt ePsf]  
; DklQ g]: qLwg xfl. o:tf] ; DklQ k){?kdf cfkmv, L ug{  
kf0G% . efua) \* f ug'klg kb\$ . cfkm] r fx\$] JolQmf0{lb g  
; ls G% .

lg/dfom bf0hf] kjf, ; j cfhg, bfgas; / cktfnLeg\$] s ]xf] lg <

; ItfM bf0hf] eg\$] lj j fx cl#, kl% j f lj j fxs} ; dodf df0tL  
dfj nL k\$lsf gft hf/ Oi^ldqx n] lbPsf] / To; af^  
a( (fPsf] rn crn ; DklQ xfl.

kj f eg\$] lj j fxsf] ; dodf j f lj j fx kl% >Idfg\sf] gft hf/  
j f Oi^ldqx n] lbPsf] rn crn ; DklQ g] kj f xfl.

; j cfhg eg\$] cfkm] kl/>dn] s xL kzf, /fhuf/ u/]  
sdfPsf] rn crn ; DklQ g]: j cfhg xfl.

bfgas; eg\$] s g} klg JolQm] cfkmf0{v, L kf/] j f ; j f  
; ; f/ u/] j fkt cfkm] clwsf/sf] rn crn s ; hf0{bfg j f  
as; lbP To; nf0{g} bfgas; elgG% .

cktnLeg\$] s g} dflg; d/kl% lghsf] ; DklQsf] ; j fldTj  
xs csf] JolQmf ; ghf0{elgG% . ; fw/)ftof ; DklQsf] xs  
x:tfGt/)f xbf dg\$] >Idfg\sf] >IdtInf0{ >IdtIsf]  
>Idfgn0{ lghx n] geP %f/ / clj j flxt %f/ ] x n] a/fa/L

dlxnfsf] ; DklQ ; DaGwl clwsf/

kfp%g\lgx; klg geP %f]fsf]%f]f / clj j flxt %f]In]  
lgx; klg geP lj j flxt %f]In]kfp%g\ cyff\s f]LJolQm  
d/kl% p; sf]; DklQ h; n]vfG%, Tof]cktfnLxf].

lg/dfomdflysf ; a}k\$ f/sf ; DklQ cfkiv;" Lug{kf0G% <

; ItfM xfl]lg/dfomdflysf ; a}k\$ f/sf ; DklQ :qL wg xfl]. o:tf]  
; DklQ ; a}ckiv;" Lug{kf0G% . dflysf ; a}cr n ; DklQx;  
lng"lbg"ubf{cyff\s x:tfGt/)f ubf{dfnkft} sfoffnodf u0{  
/lhi^z g kf; ug{k%{clg dfq kSsf xG% . o; /L/lhi^z g  
ul/ lbbf lnbf s; }f]:j ls [t j f dGh/L lng"kbz .

lg/dfomcfh tkf0{ u e} eP/ w}}sfggsf cfj Zos s'fx; :ki^  
eof]. n t cfh lj bf . gd:t]lbbL.

d]xnfsf]; DklQ ; DaGWL clwsf/



# अपुताली सम्बन्धी कानूनी व्यवस्था



क्तfnL; DaGwl sfggl Aoj:yf

; fwf/)ftof cktfnL eGgn] %f/f %f/L gxg] dfG%\$ f]; DklQnf0{ eGg] ul/G% . t/ sfggdf eg]; Gtfg ePsf]j f gePsf]h:tf]df]g; xf] \p d/]kl% ; DklQ cktfnLk%{/ Tof]; DklQ s; n]vfg]j f s; sf]xs xg] eGg] kZg p&% . xfd] sfggdf cktfnLsf] cj wf/)ffnf0{ lgDg ?kdf ;j ls f/\$ f]%. cktfnL kg{qmdf n]lg] ; j:f:gl, %f/f, clj j flxt %f/L, %f]fsf] %f/f j f clj j flxt %f]In] cktfnL kfp]g\ . %f]In] kPsf] cktfnL cfknv, L ug{kfp]g\ . cktfnL kPsf] ; DklQ lj j fx ePkl% kns fpg"kg]g% .

क्तfnLsf]xs lgDg adf]hd xG% M

-- ; j kyd cktfnL kb{ n]lg\$ f] ; j:f:gnf0{ / ; j:f:gl sf] n]lg]hf0{ cktfnL kb% .

- afa"cdfd d/] %f/f / clj j flxt %f/L, lghx, geP %f]fsf] %f/f /

clj j flxt %f/In]cktnLkfp]Joj :yf ul/Ps f]%. %f/f ge0 lj wj f  
axf/LeP lghn] %f/f ; /x cktfnLkfp] %g\

- dflj pNn]vt sfkLgeP lj j flxtf %f/In]cktnLkfp] %g\
- lj j flxtf %f/Ix; klg geP lghsf %f/f j f clj j flxtf %f/In]cktnLkfp] %g\
- lghx; klg geP To:tf]cktnLPg adflhdsf] xsj fnfn]kfp] %g\

pk/fQmadflhd cktfnL; DaGwL sfggn]tff \$f]qml slxn\$fxL laug  
klg ; S% hf]lgDg adflhd pNny ug{; lsG% .

%f/Lj f Hj f0{%f/L

1= sfkL JolQmcfkng] cz ln0{a; \$f] / lghsf]nfl]g] :j f:gL %f/f  
clj j flxtf %f/L %f/ fsf] %f/f j f clj j flxtf %f/L eP/ klg s; h]  
x/rfx u/ gg\eg] %f/L j f %f/L Hj f0(h]g): ofxf/ ; ef/ u/df Tof]  
dfg; d/df %f/Lj f %f/L Hj f0(h]g) cktfnLkfp% To:tf] c? s g}  
xsj fnfn]vfl]g kfp] %g\

2= lbbL alxgIn]bfhëf0 \$f] %f/f :j f:gL gflt ; a}eP klg s; h]gx]df  
j f : ofxf/ ; ef/ gu/df lbbLj f alxgLs; h]kfn]df j f : ofxf/ ; ef/  
u/df Tof] df]g; d/] kl% To; sf] cktfnL kfn]g] lbbL j f agIn]  
kfp] %g\

3= sfggsf]l/t kYof0{f} \$f] j j Zof ePs Ldf0{Isf]#/df cf0{a; \$L  
j f aIn}#/agf0{df0{In]x]larf/ u/Ldf0{Id}a; \$f] j f aflx/ a; ]  
klg lghsf] %f/f %f/L gePs]df cktfnL df0{L kl\$sfh] kfp% .  
df0{In]x] \$f]/xg% eg]lghsf]; DklQ >L5 sf]; /sf/sf]xG% .

4= sfkL nfl]g]dfG%] j Zofs f]f cf0{a; LdYof]eg]Toxf=NofPsf]; DklQ  
j Zofs]xG% . j Zof g}dl/eg]p dbf{hf] u a; \$LxG%]p; \$f] j f  
%f/f eP %f/ fsf]sfkL klg geP >L5 sf]; /sf/df cktfnLk%{.

cktfnl gkfpj]Joj :yf

1= s ; h]cktfnl vfgsf]nflu Hofg df/df cktfnLkfpbg . p; sf]  
; Gtfg g}eP klg lghsf]cktfnlkfpbg .

2= cktfnL vfg]lgotn]s g}dlxnfnf0{c?; # lauf]aft nufof]eg]  
To:tfn]klg cktfnLkfpbg .

cktfnl gfn; ug{&fp<sup>α</sup>sxf<sup>α</sup>f]< slxn} Dd <

1= ; DalGwt lhNnf cbfntdf gfn; nfU% .

2= cktfnLk/§f]3 j if{leq gfn; u/L; Sg" k%{.

cktfnl; DaGwl sfggl Aoj :yf

# विहेवारी



xfd]; dfhdf lj j fx kl% lj lj w ; d:ofx; l; hgf ePs f]kf0% . t; y{  
:j R% bDkTo hlj g Jolt t ug{lj j fx ; DaGwLs fggLhfgs f/L/fVg"klg  
w})h?/L% .

lj j fx ubf{Wbfg lbg"kg{s"/fx;

pd/

- ; #Ifs -cleefj s\_s f] dh"/L ePdf s }f s }L b} }f] pd/ 18 j if{  
küs}f] xgk%{.
- ; #Ifs s f]dh"/L gln0{c}kugf]v" In}lj j fx ug{s }f s }Ls f]pd/ 20  
j if{küs}xgk%{.

- s }Isf]pd} eGf s }fsf]pd} 20 j if{kms kf/Llj j fx ug{xbg} . o:tf]lj j fx u/]u/fPdf cgdh lj j fx xG% o:tf]lj j fxnf0{sfggn} ; hfo tfs }f] . t/ lj j fx ab/ eg]xbg} .
- s }fs }L18 j if{gkLlj j fx u/}f afn lj j fx xG% . o:tf]lj j fx ug{ u/fpg]dWb]pd} kuf kfV j f gf0s ]dVonf0{/ ndL k/f]xt / hGtL; dt}nf0{; hfo xG% . pglx; nF0{?k}f kfr ; o ; Dd hl/j fgf xG% . lj j fx ab/ eg]xbg} .

**dh/L**

lj j fx ubf{s }fs }Lbj }f]dh/L xgk%{adh/L; fy lj j fx u/}u/fP ug{ u/fpg]dWb]pd} kuf kfVdVonf0{sfgg adf]hd ; hfo xG% . lj j fx ab/ ug{r fx]lj j fx ab/ klg xG% .

**(fLlj j fx**

j Ssnf^L, dx/f]uL, nhL, s hL, bj }cfv}fscGwL, xft uf} f efr La\$Ddf ePsL, afhPsL j f %f/]/f] ePsL ;j f:gL dflg; nf0{j f j Ssnf^f, dx/f]uL, nhf] s hf] bj }cfv}fscGwf] xft uf} f efr La\$Ddf ePsf] afhPsf] j f %f/]/f] ePsf]nflg]dflg; nf0{; @}% egL (fLlj j fx ug{ j f u/f0{lbghf0{hl/j fgf ?= 10,000 ; Dd xG% . kL\* t kIfn]lj j fx ab/ ug{r fx]ab/ xG% .

**xf\* gtf lj j fx**

lj j fx ubf{xf\* gtfdf lj j fx ug{xbg} . yxf kf0{j f gkf0{xf\* gtfdf lj j fx eP klg To:tf nflg];j f:gInf0{%^df0{lbkg%}. yxf kfp/ To:tf] lj j fx u/]; hfo ; dt} xG% .

**j xlj j fx eg}f]s ]xf]<**

s }k}klg nflg]dflg; n] cfkuf] ;j f:gL hl]t / ; \$}%bfb}j f sfgg adf]hd ; DaGw lj R%} gxb}csk];j f:gL; u lj j fx u/]}f csk];j f:gL /fv]j xlj j fx xG% .

ljxj/

t/ lgDg cj :yfdf eglj xlj j fx u/ \$f] &xbg

1= lj j fx ePsf]bz j if{leq :j f:gIsf]sf/)faf^ ; Gtfg gePsf]eGg]>L  
5 sf]; /sf/af^ dfGotf kkt dl\*sn aff]f^ kdf]ft ePdf .

2= :j f:gLlx\*\*h ug{g; Sg]u/Ls hLePdf .

3= :j f:gLbj}cfvf gb]g]cGwLePdf .

4= :j f:gIn]cz ln0{leGg a; \$f]cj :yfdf .

5= :j f:gLlgsf]gxg]u/LafhfPdf .

6= :j f:gIn0{ofg ; DaGwLs g}; ?j f /flu nfuLlgsf]gxg]ePdf .

j xlj j fxdf sxfph/Lug[/ slxn]; Dddf ug{<

j xlj j fx ePsf]jf yxf kfPsf]3 dlxgf leq ghIsf]kx/L rfsLj f  
lhNnf kx/Lsfof]hodf hfx/Lbvft -ph/L lbgk%{.

; hfo s]s:tf]xg]<

j xlj j fx u/df 1 j if{b]v 3 j if{ Dd s } / ?= 5,000÷ b]L?= 25,000  
; Dd hl/j fgf xG% . t/ k\$ fz df gNof0{nš fP/ /fv\$ f]:j f:gL%f]f %  
eg]nflg]j f afa"d/df To:tf]:j f:gL%f]fn]nflg]j f afaš f]; DklQdf  
bfj f ug{kfpbg} .

ljxjfl

# सम्बन्ध विच्छेद



; DaGw lJ R5b

kl/ro

; DaGw lJ R%b eGgn]nf]g]:j f:gLaIr s]j } flxs ; DaGw s fggL?kdf  
 t]f\* ghf0{alen% . o:tf]cj :yf c; fWb dfid\$ xG% t/ sltko cj :yfdf  
 nf]g]:j f:gLldn/ a:g sl&g xG% / ; w)em\* f s nx dfq}xG% eg]To:tf]  
 cj :yfdf sfggn]g}; DaGw lJ R%b u/L a:g ; Sg]cj :yf t]fslbPs]f]  
 % . h:n]ubf{df]g; xG n]:j tGq h]j g latfpg ; S%g\

nf]g]:j f:gIn]; DaGw laR%b ug{kfpg]cj :yfs]af/]hf xdf]dh\$ LPg  
 nf]g]:j f:gIs]dxns]f]bkfi 1 s]j1 / 2 df qmz]Moj :yf u/}f]f% . hf]  
 lgDg ad]f]hd %g\M

Nf]Ugh]:j f:gI; u ; DaGw lJ R%b ug{kfpg]s fggL cfwf/xG

- :j f:gIn]nf]ghf0{lg]hs]f]dh/La]u/ Nfuftf/ 3 j if]j f ; f]eGf a(L  
 ; doblv %ff] Lvfhva/ gu/Lcnu a:g]u/]hf

- Nfllg}sf]Hofg hfg]cua eu xg]jf c? s g}&hf]zf/l/s j f dfgl; s si^ xg]sfd u/df j f hfn kkr u/df .
- :j f:gInf0{lgs f]gxg]ofg ; DaGwL s g}/fu nfu}df
- lj j fx ePsf] 10 j ifleq :j f:gls f] sf/)fj f^ ; Gtfg gePsf] eGg] >L5 sf]; /sf/af^ dfGotf kkt dj\* sn aff af^ kdfl)ft ePdf
- :j f:gIn]k/ k?if; u s /)fl u/fPsf] &x/df

:j f:gLdflg; n]; DaGw laR% ug{kfpg]sfggLcfwf/xz

- nfl]gh]cs l{:j f:gLnofPdf j f /fv}df j f :j f:gInf0{#/af^ lgs fndf j f
- nuftf/ 3 j ifj f ; feGf a(L; dob}v :j f:gls f]vf}hva/ gu/Lnfl]g] cnu a:g]u/df
- OHht cfdb cg" f/ vfg nfp g g]bPdf, :j f:gls f]Hofg hfg]cua eu xg]jf c? s g}&hf]zf/l/s j f dfgl; s si^ xg]sfd u/df j f hfn kkr u/df
- Nfllghf0{lgs f]gxg]u/Lofg ; DaGwL/fu nfu}df j f k/:ql; u s /)fl u/}f] &x/df
- Nfllg]gkzs ePdf .

bj hgfs f]dh/In]; DaGw lj R% ug{kfpg]cfwf/xz

pk/fQmpNny eP adflhd afx\$ nfl]g]:Jff:gLb0hgfs}dh/Leof]eg] ; DaGw laR% ug{kfpg]klg sfggdf Joj :yf % .

; DaGw lj R% s xfa/ s ; /Lug{<

nfl]gh]; DaGw lj R% ug{lb]lgj }g / nfl]g]:j f:gLbj }f] dh/In] ; DaGw lj R% ug{lb]lgj }gMoLbj }sl; dsf lgj }g cfkma; }f]ufp^ lj sf; ; ldtsf]sfoffno j f gu/kflns fsf]sfoffnodf lbgbk% . o:tf] ; DaGw lj R% }sf]lgj }g kg{cfPdf uflj; j f gu/kflnsfn]klg bj}



y/Inf0{ 1 j if{ Dd ; eif0{ aëif0{ e/; s dhldnfk u/fpg] kof; ug{ k%{.

To; flubf{klg dhldnfk xg g; s ]lgj bg k/š f]1 j if{leq cfkngf]; d{ Joxf]f -/fo\_ n\l kft lgj bg ; DalGwt lhNnf cbfntdf k&fpg" k%{. pQmph/L kükl% lhNnf cbfntn]klg nflg]; j f:gInf0{afhf0{; fvk% u/Lpglxç s fl egf0{ n\yf0{; flfl kdf) f aëmh; DaGw lj R%b xg]/ gxg] kñ nf ul/lbG% .

:Jff:gIn]nflg] u ; DaGw lj R%b ug{lb0g]lgj bgMo; ls!; ds fl]lgj bg j ls n -sfgg Joj ; foL áf/f ; DaGw lj R%b ug{cfwf/xç vfhl lhNnf cbfntdf kç ug{k%{. o:tflsl; ds fl] j f:gL dflg; n]lbPsf]; DaGw laR%b s fl]lgj bg k/kl% lhNnf cbfntn] b} } kIfs fl ; ab kdf) f ; flfl ; d{ aëmh ; DaGw lj R%b xg] gxg] &x/f0{ kñ nf u/L lbG% . :j f:gL dflg; n]; DaGw lj R%b ug{lb0g]lgj bgaf^ r f^ }-3 dlxgf leq\_ ; DaGw lj R%b xG% . t/ nflgh]lbPsf]lgj bgaf^ eg]sDtIdf klg 1 j if{l(nf] ; DaGw lj R%b xG% . d]f]lj r f/df xdf]bç k?if kpf g ePs fh]:j fejj h] k?ifn]dlxnfxç dfl y cGofo cTofr f/ u/š f]xG% / pglxç n]gr flxbf] bMv lbg]/ ; DaGw lj R%b u/L cs k]lj j fx ug{kç ng ePs fh]k?ifnf0{ ; fRr } ; DaGw lj R%b ug{k/š f]xf]ls xg egL aëmgnf0{:yfglo :t/ -uflj ; j f gu/kflnsf\_ df s çLa(L; do nfuš f]xf].

; DaGw lj R%b kl% hGdš f]; Gtfgs f]cj :yfM; DaGw lj R%b ePkl% klg aRrf hlGdg ; S% . ; DaGw lj R%b ePs f]272 lbg leq hGdš f]aRrf cGoyf kdf]ft geP; Dd klxnsf }klt sf]xG% .

; DaGw lj R%b kl% aRr fs f]kfng kf]f) f ug]bfloTj M; fdfGot of ; DaGw lj R%b kl% aRr fxç s f]kfng kf]f) fs f] ; d:of kb% . aRr fxç pd] küš f %g\eg]vf; ; d:of kbç, pglxç cfkngf]xs clwsf/ hfGb%g\ . t/ ; fgf aRr fxç hf]kfr j if{dlgs f xG%g\ pglxç nf0{dVo ; d:of xG% . olb aRr f 5 j if{eGb f dlgs f]/x% eg]To; aRr fnf0{/fv g kfpg] klxn]clwsf/ cdfsf]xG%, t/ vr {Joxf]f]klxn]bfloTj eg]afaš f] xG% . olb cdfsf]klg cflyš cj :yf /fdf]eP cdfn]klg a/fa/Lvr { Joxf]f{k%{. olb cdfn]/fv g rfx]Tof]aRr f afañ]kfng" k%{kfr j if{

; DaGw lj R5b

eGbf dflysf]aRr fsf]klg kfg kff) f ug{kfpg}klxnf]clwsf/ cfdfsf] g}xG% . vr \$f]; DaGwdf dfly pNn\ eP adflhd g}afañ]Joxfg{k%{. cfdfsf]klg cfly\$ cj:yf /fdf]eP cfdfn]klg Joxfg{k%{. t/ cfdfn]csff u lj j fx u/ \$L/lx% eg]To:tLcfdfnf0{cfkngf %f]f %f]L kfNg]clwsf/ xbg . afañ]g}kfNg" k%{. afa" cfdfsf]dh/L eP cfnf] kfnf]u/LkfNg klg kfp%g\ o; /LaRrf cdfd afa" h; n]kfn]klg gkfNg] afa" j f cfdfn]klg e\ ug{kfp%g\ o:t]cj; / csff]lj j fx ug{cfdfn] klg kfpl%g\ o; /LaRrf kNbf nflg]vr {h:t]vfg] nfp]g] k(f0{/ cffwLcfbsf]vr {; fdfGotof 0Hht cfdb cg;" f/ afañ]/ cfly\$ l:ylt /fdf]/x% eg]cfdfn]klg aRr fsf]vr {axfg{k%{.

; DaGw lj R%b kl% dlxnsf]; DklQ ; DaGwL clwsf/ s:t]xg]<

xfn)dh\$LPgdf ePsf]; zfwg cg;" f/ ; DaGw lj R%b ePsf]cj:yfdf dlxnf]cfkngf]j] flxs #/ / df0tIaf^ klg cz gkf0{cz lj xlg ePsf] cj:yfdf ; wf/ cfPsf]% . nflg]j f :j f:gL hf] \$ \$f]sf/)fn]; DaGw lj R%b ePsf]eP klg ; DaGw lj R%b xbsf]avtdf g)nflg]:j f:gIaIrcz j)\* f ug{kfg]Joj:yf ul/Psf]% . olb dlxnf]cz gln0{; flj fkt nflg] u dfl; s j f j flif\$ vr {e/f0{ lng rfxdf cbfntn] nflg}\$f] ; DklQ / cfo:tfsf]cfw/df To:t]vr {e/f0lbg]Joj:yf u/\$f]% . o:t] ; lj wf dlxnf]csff]lj j fx gu/} Dd kfpl%g\ tLdlxnf]csff u lj j fx u/} uP klg cz ; DklQ nfg kfpl%g\.

gf^M

dlxnf j f k?ifn]k/k?if j f k/:qL; u s /)fl u/]u/fPsf]&x/df Ps csfá^ ; DaGw lj R%b ug{kfpg]Joj:yf ul/Psf]%

; DaGw lj R5b

# लिखत सम्बन्धी व्यावहारिक ज्ञान



खदल; दहद सलको सगगल! फगसलसेज न|उबल{लनवख; ज फ सहु उबल{  
 u/fpbl lj leG ls!; ds f!; d:ofx; eflu/xg"k/ऽf}खदल; fd":ki^ %  
 t; y{lnavt j f s fuh ubf{lgDg s'fdf Wbg lbgk%}.

; xL%fk ubf{xf} kYofpg"kg{s'fx;

vfNLs fuhM; fdfGotof vfnLs fuhdf ; xL%fk ug{xbg} . vfnLs fuhdf  
 ; xL%fk u/L lbof]eg]c? JolQm]To; df ckrmf0{dg nfu]adflhdsf]  
 lnavt tof/ ug{; S% . To; y{h; nf0{kfof]To; nf0{vfnLs fuhdf ; xL  
 %fk u/L lbg"xbg} . t/ slxnऽfxLj f/L; gdf -d@f btf{ug{j f tfl/v  
 kklfd /xgsf nflu\_ lbg"kg{xG% . To:tf]cj :yfdf pQm; xL%fk u/ऽf}  
 s fuhdf ; xL%fks f]pdf j fl/; gdf egLpNny ug{k%}.

e/ऽf} -n|vPsf] s fuhM o:tf] s fuhdf ; xL%fk ubf{ klg w}} Wbg  
 kYofpg"h?/LxG% . lsgsLslxnऽfxLlj Zj f; df k/LTo; df s]nyऽf]  
 % gk(lsg ; xL%fk u/]ckrmf0{xfgL xg}s'f nyऽf]xg ; S% . h:tf]  
 s; } = 2000÷ -C)f lnPsf]f] ?= 20,000÷- lnPsf] egL pNny  
 u/ऽf]klg xg ; S% . cflyऽ sf/f]f/ ubf{/sd cif/df klg nyg"k%}.

Invt ; DaGwl Jojxl/s 1fg

gfafns, cGwf / nf^fs f]s fuh u/fpbMgfafns, cGwf / nf^fs f]s fuh u/fpg" k/]; #Ifs j f xsj fnf -cfd, afa," sfsf, bfhëf0{ s f]; xL%fk u/fpg" k%{. /f]Lxf] &#ufgdf gePsf JolQm f]s fuh u/fpg" kb f{klg ; #Ifs j f xsj fnf s f]; xL%fk u/fpg" k%{. ; #Ifs j f xsj fnf geP ; h]dgsf dflg; n] eg] adffhdsf j f nf^f cyff\ cGwfn] Ozf/f u/ãdffhdsf dflg; nf0{/fVg" k%{.

s/sfk -hf] hñd\_ ug{gkf0gMs; }s; }f0{ha/h:tLOR%f lj kl/t sfo{ug{nufpghf0{s/sfk elgG% . o:t]sfo{ePdf j f u/df sfggn] ; hfo tff}ff]%. o:t]sfo{ePdf gfln; ug{xbDofb 35 lbg xG% . 35 lbg ; Dd s; }lyg] j f cfkgf]ks \* df /fVof]eg]kms j f ePsf]35 lbg leq eP u/ff]Joxf]f vhf0{gfln; ug{; lsG% .

skfnLtd; \$Mo:t]td; \$ #/; f/df ul/g]lnvt xf. o; nf0{/lhi^z g kf; ug{kbg . of]lnvtdf 100 ?k}fs f]1 j ifdf 10 ?k}f+; os \* f 10 kl tz t\_ eGf a(LJofh lng kf0b . skfnLtd; \$df cfo l^s ^ ^feg" k%{h; df ?= 100 ; Ddsf]lnvt eP ?= 4 sf]l^s ^ ^feg" k%{. ; fleGf a(L/sd lng"lbg"u/ff]eP kTo\$ Ps xhf/ -1000÷\_ ; Ddsf] ?= 4÷4 sf]b/n]l^s ^ ^feg" k%{. l^s ^ g^fz ff] ePklg sfuh sfd gnflg]eg]xbg t/ kl% kfr bfa/ a(L?= aëfpg" k%{. k}f lng] kms fpg eg]10 j if{leq lhNnf cbfntdf gfln; ug{k%{. o; lnvtdf lng]lbgff]ltg k:"t]-gfd, y/ / &#ufgf\_ clgj fo{vhfPsf]xg" k%{.

efl] aGwsLlnvtMefl] aGwsLlnvt eGfn]s; }sfxlaf^ /sd ln0{ cfkgf]crn -#/ hUuf sf]cfDofgLvfg"j f efl] ug{egLn}L/lhi^z g kf; ul/lbPsf]sfuhn0{alef . o; df Jofh ltg{kbg . lng]lbg]bj ff] tlg k:"t]-gfd, y/, &#ufgf\_ :ki^ vhfpg" k%{. lnvtdf s] sg, slt /sd j f hUuf cfib s'f :ki^ vhfpg" k%{. o:t]efl] ug{lPsf]crn -hUuf, #/\_ ; DklQ h:tfsf]t:t}kms fpg" k%{. dfkL gnfu\$ fdf dfkL nufP/ kms fpg"xbg . aGwsLlbgff]; xL%fk u/fpg" k%{. xbDofb 2 j if{ xG% .

/flhgdfMo; df klg lng] lbg]bj ff] tlg k:"t] vhfpg" k%{. s]slt sxfsf]#/ hUuf ; a)/flhgdf kf/fddf eg{k%{. lng]lbg]bj ff]; xL%fk xgk%{. hUuf wglkhf; dfnkft lt/ff]l/; b ; fy}/fVg" k%{. #/sf]

w/Is / It/ḥf]/l; b ; fdh ug{k%{.

b:t/Mc\* \*f cbfntdf sḡ} klg lnt /lhi^ḡ g kf; ubf{ dfnkff  
sfoffon]/lhi^ḡ g kf; u/ḥ j fkt sḡL/sd lng]ub% To; }/s dnf0{  
b:t/ elg% . o:t]/sd hūfsf]dfh cg' / t]s Psf]x% . slxn]  
sflx hūf aḡ]dflg; c\* \*fdf hfg g; Sg]ePdf clws [ j f/] gdf lb0{  
k&Psf]x%, ; f]clws [ j f/] gdf cbfntsf]/f]j /df lng]bg]b} }eP/  
ul/Psf]x% . ls ḡ]dfḡ]c\* \*f cfp g; s ]%fk / dh] kmfgfnf0{  
k&Psf]%"elg n]v k&f% / o; /Lsfuh / %fk k&f ls ḡ]dfḡ]gcfP  
klg dfn c\* \*fn]hūf kf; u/f0{lb% .

lgvḡ]s lxn] sfxL xsj fnf -k?ifs] tkrḡ] 7 k:'tf ; Dds] ; aḡbf  
ghIs s]gftḡ/\_ n]lgvLlng kfp% . lgvḡ]s]nflu hlt df crn -#/  
hūf\_ ; DklQ laqm u/ḥf] . Tolt g)?kḡf/ /flhgdf b:t' ; dḡ aem0{  
lng]bg]k]fnf0{/fvLlgvḡ ; ls% . o; /L; f]/sd df= kfḡ sf= df  
w/f}L/fv} lgvḡ kfp eḡ]b/vf:t ; dḡ lb0{cfkḡ]xs kḡ]; DklQ  
cfkḡ]lng j f lgvḡ ; ls% . o; /Llgvḡ kfp]clwsf/ laqm ug]  
dfḡ]ḥf]pmxsj fnf / ; ḡL; kḡ ; dḡ kg]xḡ" k%{. o; dW]Ps dfq  
eP/ xbḡ . /flhgdf u/ḥf]6 dlxgf leq yxfkf0{yxf kfPs]35 lbg  
leq lgvḡ hfg" k%{. ; ḡḡ]s]dfḡ]; flL ga; ḥf]t/ ; ḡḡ]s]; ḡ]  
gSsn ; f/Lyxf kfPs]/x% eg]gSsn ; f/ḥf]35 lbg leq ph'Lug'  
k%{.

lnt ab/M#/ hūfdf h; s]xs % To; n]dfq laqm /flhgdf ug{  
; S% . Pp^fs]xs s]#/ hūf cs]dfḡ]ḡ]laqm /flhgdf u/ḡPdf  
To:t]/flhgdf pk/ gln; kḡ]eg]Tof]lnt ab/ x% . t/ cfkḡ]  
; lk / ldxḡtaf^ s dfPs] -j cfhḡ\_ ; DklQ ; a)/flhgdf laqm ug{  
; S% . afa," bh," ef0ḡ]lnt ab/ ug{; Sbḡ . t/ afaḡ]:j cfhḡ]s]  
; DklQ aḡ]eg]f]fn]To:t]lnt ab/ u/fpg ; S% . lnt ab/ ug'  
k/ḡ]lhNnf cbfntdf gln; nfU% . o; s]nflu 1 j if{; Dddf yxf kf0{  
yxf kfPs]35 lbg leq}gln; ug{k%{.

/lhi^ḡ g ug{kḡ]lntx; Mcrn ; DklQ lsg aḡ, bfg as; j fhḡ; ḥ]  
t/xn]xs x:t]fGt/)f ug{kḡ]v\* f ul/Psf]lnt dfnkff sfoffodf u0{  
/lhi^ḡ g kf]/t ug{k%{. To:t}wdkḡ]s]lnt, dfgf]s]Ps]j f dfg]

lnt ; Daḡl Jojxl/s 1fg

hf\*Psflnvt, hg; }sl; dsflaGwsL td; }sflnvt, z}fkl%sf] as; kqsflnvt, ; }fks}fsflnvt / cza)\*fsflnvt klg /lhi^k g kf; ug{k%{.

h?/Lsfuhx; x/fP gfl; P s ]ug{<

c\*%f cbfntdf /x}fl]f /lhi^k g kf; ePsf]sfuhx; x/fof]gfl; of] eg]gSsn kf0% . t/ #/ ; f/df u/}fl]skfnL td; } j f cGo sfuh x/fof]gfl; of]eg]tn n]vP cg; f/ ug{k%{.

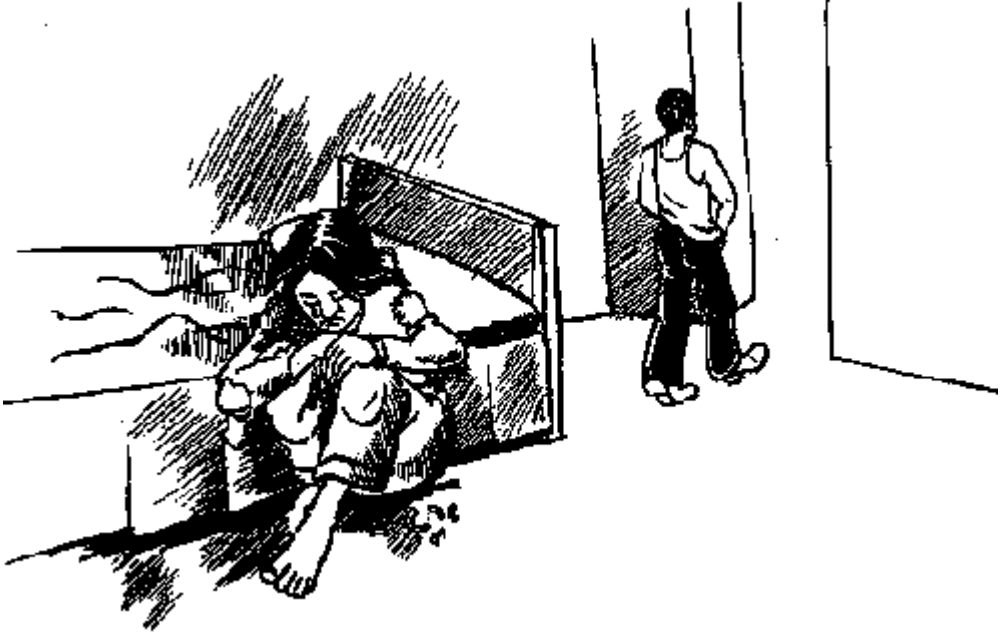
s\_ af^f}f]Dofb afx} ; ft lbg leq}; a}s%f vf]Lghls sf]kx/L sfof]odf b/vf:t lbg].

v\_ To:tf]b/vf:t 2 klt lbg" k%{.

bj}klt b/vf:t df c\*%fsf]%fk nf0% / Ps klt c\*%fdf /xG% csf] klt b/vf:tj fnfnf0{c\*%fn]lbG% . To; kl% To; /L bj]L k\$fk k/}f] Joxf/f n]v csf]nvt u/Lcf; fdlnf0{lbG" k%{/ vfg]xs bf/n]15 lbg leq To:tf]sfuh u/L lbg" k%{. sfuh u/L lbPgeg]15 lbsf]Dofb uhf/}f]35 lbg leq wgn]lhNnf cbfntdf gfn; lbg" k%{.

Invt ; DaGWL Jojxfl/S 1fg

# जबरजस्ती करणी



ha/h:tL s /)fl

ha/h:tL s /)fl egʃ f]s ]xf] <

s g}nfl]g]dflg; n]:j f:gL dflg; nf0{-s Gof, ; wj f, lj wj f\_ p; s] dGh/L  
gln0{j f 16 j if{dlgs lnf0{dGh/Lln0{hg; ʃ}t/x; u hf] hñd u/Lj f  
\*/ wfs b}f0{j f cglr t kəfj df kf/L s /)fl ug!g} ha/h:tL s /)fl  
xf].

ha/h:tL s /)fl ePsL:j f:gldflg; n]s ]ug!kb% <

- s /)fl xbf s]cj :yfdf nufPs]nñf / z /L/ wgxbbg, o; af^  
ha/h:tL s /)fl u/ʃ]kdf]ft x% .
- t?Gt kx/Lr fʃ Idf ph/Lug!k%. o; /Lbg]ph/Inf0{hfx]L  
bv{t elg% .

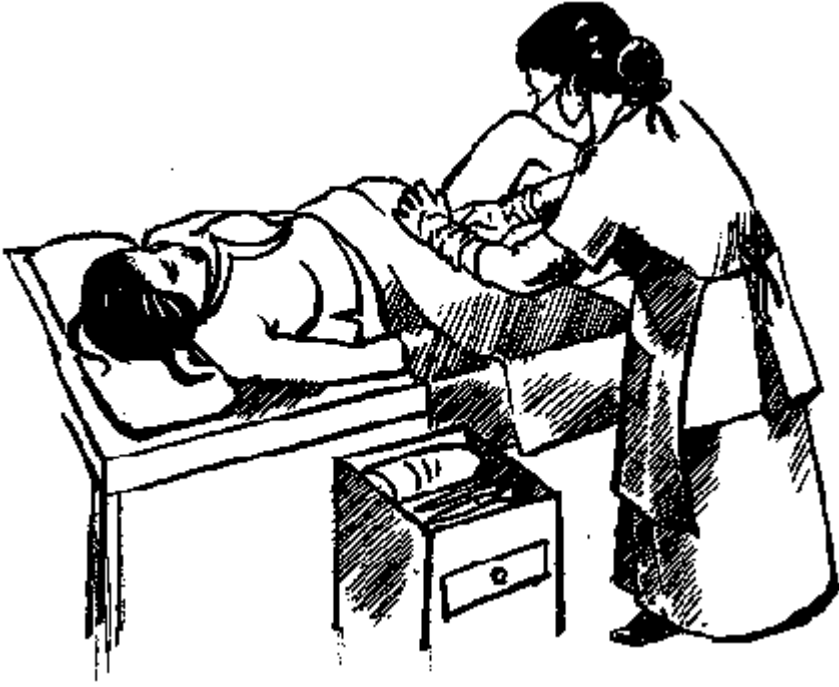
ha/h:tL s /)fldf s ]s:tf]; hfos f]Joj :yf % <

- bz j ifeGhf dlgs Laflns mf0{eP 10 j if{b}v 15 j if{Dd s}b  
; hfo x% .

- bz j if{ j f ; fl eGf dfl y 16 j if{ dgIs Lafns fnf0{ eP 7 j if{ }v 10 j if{ Dd s } xG% .
- 16 j if{ j f ; feGf dfl ys fl dxnfnf0{ eP 5 j if{ }v 7 j if{ Dd s } uef tL cke j f c; Qmdlxnfnf0{ eP dfl y n}vPs f}f yk 5 j if{ s } xG% .
- ha/h:tLs /) fl Ug{ s }f yxf kf0{ p ; } hfg} j f d@t ughf0{ hgxL 3 j if{ Dd s } / yk 5 xhf/; Dd hl/j fgf xG% . 16 j if{ dlgs Inf0{ eP o; s fl b}a/ ; hfo xG% .
- ha/h:tLs /) fl Ughf0{ kl\* t dlxfn} #^gf #^s fl 1 #)^ fleq j f tIsfn df/} j f s } Lu/} s } L; hfo xbg . t/ 1 #)^ f pk}Gf df/} 5 xhf/; Dd hl/j fgf j f 10 j if{ Dd s } xG% .
- ha/h:tLs /) fl Ug{ pBf} dfq ughf0{ ha/h:tLs /) fl Ughf0{ xg} ; hfos fl cfwf dfq ; hfo xG% .
- ha/h:tLs /) fl u/ } fl &x/ } fl ug } fl tkrf^ kl\* tnf0{ cfwf cz lbnf0{ lbgk%}.



# गर्भपतन



uektg

Ue{ktg eGgn]ue{f /x\$ f]e}f :j tGq ?kn]afRg ; Sg]xgsf nflu ; do gkUb}cfk]ue{f^ lgl:s g]cyj f To:t]e}fnf0{hfgLaem ue{f^ lgs fNg] klqmf x] . afhrfnls f] efiidf o; nf0{ue{tlxPsf]j f ue{ txfpg"klg elgG% . lj leGg cj :ydf dlxfx; HfgL aem ue{ktg u/fpg"kg]afWfTds kl/l:yltdf kb%g\ . hfgL aem ul/g]ue{ktgnf0{ s xLcj :ydf xdf]b s]s fgn]s fgl dfgotf lbPsf] % .

s:t]cj :ydf dlxfn]ue{ktg u/fpg ; S%g\<

- uef tLdlxfns f]dh/L ePdf 12 xKff; Dds f]cyff\3 dlxf ; Dds f] ue{ktg u/fpg ; lsG% .
- ha/h:tL s /)fL -anfTs f/\_ j f xf\* gtf s /)flaf^ ue{/xg uPsf] /x% eg]18 xKf ; Dds f]cyff\; f(]rf/ dlxf ; Dds f]ue{f0{ ue{ktg u/fpg ; lsG% .
- uef tL dlxfns f]Hofgdf vt/f kUg ; Sb% j f lghsf]zf/l/s j f

dfgl; s cj :yfdf vt/f kUg ; Sb% eG]s'f dfGotf kfk 3 hgf  
lrlsT; sxz n]/fo lbPdf uektg u/fpg ; lsG% .

- uef /xsf]aRrf lj sné j f ckfé hGdG% eG]lrlsT; sn]/fo  
lbPdf .

lné klxrfg u/] uektg u/fpg xbğ

uef /xsf]aRrf sf]lné klxrfg u/] uektg u/fpg xbğ . lné  
klxrfg u/Luektg u/fpsf]/x% eg]To; nf0{sfgg]ck/fw dfgsf]  
% . o; /Luektg u/]f j f ug{nufPdf 1 j if{ Dd s } ; hfo ug[u/fpg]  
bj hf0{ xG% .

kms fP/ j f s/sfkdf kf/] uektg u/fpg xbğ

s; } klg uef tL dlxnf0{ nnf0{ kms f0{ \*/ wfs wDsL b}f0{ j f  
s/sfkdf kf/] uektg u/fPdf To:tf] ug] JolQmf0{ 3 dlxgfb]v 6  
dlxgf ; Ddsf]s } ; hfo xG% .

uef tLdlxnf sf]dGh/La} / uektg u/fpg xbğ

uef tL dlxnf sf] dh/L ePdf uektg u/fpg ; lsG% . t/ uef tL  
dlxnf sf]dh/L ge0{ha/h:tLuektg u/fpg kf0bğ / xbğ .

uef tLdlxnf0{ha/h:tLbafadf kf/] uektg u/fpg xbğ

s; } uef tL dlxnf0{ bafadf kf/] lghsf] OR%f lj ?S uektg  
u/fpg] k0Tg u/] t?Gt} kx/L j f ; xof] ug] ; # ; yfdf va/ ug]  
; lsG% . lghx; nf0{sfgg]L sf] f}Lxğ ; S% .

ph/L=gfn; sxf+ug]/ slxn]; Dddf ug]<

uektg u/]f yxf kfp]JolQm]ghIs sf]kx/Ir fs ldf 3 dlxgf leqdf  
gfn; ph' ug'kb% . gq gfn; ph' nfbğ .

ph/Ls; n]ug]<

kl\*t dlxnf j f hf]; }h]sfgg]tf}sf]Dofb leq gfn; ph' ug]  
; S% .

ue{ktgdf xg}; hfox <

s; h]ue{txfPdf, ue{txfpg]lgotn]j f ue{tlxg ; Sb% eGg]hfgLhfgL  
s g}sfd ubf{ue{tlxg uPdf lgDg adf]hd ; hfo xG% .

- 12 xkf; Ddsf]ue{ePdf 1 j if; Dd s b
- 25 xkf; Ddsf]ue{ePdf 3 j if; Dd s b
- 25 xkf eGf a(Isf]ue{ePdf 5 j if; Dd s b ; hfo xG% .

s g}klg dlxf uef tL % eGg]hfgL hfgL s ; h] /I; 0j In] s xL u/L  
ue{ktg ePdf xg}; hfox < lgDg adf]hd %g\.

- 25 xkf ; Ddsf]ue{tlxg uPdf 3 dlxf s b ; hfo 25 xkf gf#s f]ue{tlxPdf 6 dlxf s b .
- olb :j f:gL dfg; uef tL % eGg]s %f ghfgL u/s f]cj :yfdf xg] ; hfox <
- 25 xkf ; Ddsf]ue{eP ? 500÷ hl/j fgf
- 25 xkf eGf a(Isf]ue{eP ?= 1000÷ hl/j fgf xG% .

Wfg lbg}kg{s %f

Ue{ktg gu/Lgxg]j z if cj :yfdf afx s gu/f; ug{k/]; %ift &pdf  
bIf / dfGof kfk lrls T; sx &f/f dfq]u/f.

uektg

# लुटपिट



xfdf] ufp#/df kfoMn^lk^ e}x\$ f] xfdL ; Gg] ub%of}. To; y{n^lk^ eg\$ f]s |xf|< To; f]ePdf sfggn]s |ug{; S% < ph/Lsxf\$slxn]s; n] lbG% cflb s'fdf xfdIn]:ki^ xg clt h?/LxG% .

n^lk^ eg\$ f]s |xf|<

xfdf]sfggdf Joj :yf ePadf]hd em\*f ; dt e0{j f s}Lge0{csf\$ f] xs s]j f lhDdfs f] gubL lhG; L wgdfn b]kfof r]kfof hUufs f] afnL ; dt xft xfnL ha/h:tL; u vf] L nhfg]j f s}lsl; d; u gf\$; fg u/f0]bg]sfo{; dt nf0{n^lk^ elgG% . h:tf]MafnLn^g] kvf]h eTs f0{ lb]g] kmkms f]af] sf^Llb]g]cflb .

cfkng]f]xs n]lg]xf]elg s; h]hUuf hldg; ; fw l; dfgf; ; fx"cf; fdL, cz a)\* f, bfg as; , /sd snd; ; GwL; kg, s hf]kfgL afnLr/g, gf; f] w/f} cflb s'fdf %nsk^, egfeg, n%/ k%/ e0{; f]kL&fp;p; hvt df ; fydf /x\$ f]wgdfn gubL lhG; Lv]f] Lnul]j f gf\$; fg k/klg n^lk^ dflgG% . o; f] x]f{ n^lk^ / r f]L Ps}h:tf]klg n]fU% t/ n^lk^df

n]k^

ha/h:t lkg a(LxG% / r f] ldf aØdfg lkg a(LxG% .

n^lk^ ePdf sfggn]s]ug{; S% <

o; ; DaGwdf xdf] sfggdf pNn\ ePadf]hd csff] nufPs] afnL  
gsf^b}n^lk^ ug]u/fpghf0{; f]n^lk^ u/|/fPs]fd lgDg adf]hd  
; hfo tff] % .

1\_ kfs]f] afnL sf^g] n^g] n^fpg] dVo JolQmf0{xs kUg] afnL  
n^h^fPdf dVo JolQmf0{; os \* f la; hl/j fgf xG% .

2\_ gkfs]f]sfr]afnLn^g]n^fpg]f0{xs kUg]eP ; os \* f ; f(|afx|/  
xs gkUg]eP ; os \* f kRrL; hl/j fgf xG% .

3\_ xs kUg] afnL n^] n^fPdf cfk]f] g\$; fgL ePs] lauf] -; fdfg  
n^gh]kfpbg . n^g]f]nflu of]yk ; hfo xf].

4\_ xs gkUg]afnLn^]n^fPdf g\$; fgLlauf]afnLxs kUg]JolQmf0{  
e/f0{lbk"%.}

5\_ afnLn^g hfg]d@tjfnfnf0{klg dVos]xs kUg]afnLn^]f]eP  
dVonf0{xg]4 v)\*sf]1 v)\* / xs gkUg]n^]f]eP dVonf0{xg]  
cfwf hl/j fgf xG% .

c\* \*faf^ /\$sf ePs] afnL kn]j f ge0{ s; h] lng" vfg" xbg .  
lnPvfPdf n^lk^ &x%{/ To; /Llng]f0{ph/Lk/|f c\* \*fn]kqfp u/L  
yg]df /fvL To; af^ pk/ u/f0g] cfwsfl/s dflg; n] lhDdf /fVg]  
ub% . kl% kn]nf xbf h:s]f]&x%{p; h]kfp% . To; /Ln^lk^ ugh]f0{  
hl/j fgf klg xg]sfgg]LJoj :yf % .

n^lk^ ePdf s:n]slxn]/ sxf]ph/L-gfln; \_ ug{k%{<

n^lk^ ePdf kl]\*tn]ePu/}f]ldlt]3 dlxgf leq ; DalGwt lhNnf  
cbfntdf ph/Llbk"%.}

nòkè

# कुटपिट



kl/r oM

s ^lk^ eGgn]em \* f ubf{s g}k\$ f/n}cs f{f0{r f} j f kL\* f kYofpghf0{ g}alef% . o:tf]rf} kl\* f xftxltof/, efnf, rSs," dSsf, nf&L, g^, bft cflb h] s}h]klg kYofpg ; ls% . cfufh]kf]Ng] bft efrg] thfan] kf]Ng] ; a}sf d s ^lk^ xf]/ s ^lk^ ug{sfd klg ck/fw g}xf].

>IdtIpk/ xg]s ^lk^

hg; s}dflg; dfl y s ^lk^ xg"ck/fw xf]. h] s}sf/}f ePklg >Idfgn] >IdtInf0{s ^lk^ ug{klg ck/fw xf]. o; /Ls ^lk^ ug>Idfgs flj ?\$ ph/Lug{; ls% . lxhf]cfh s ^lk^ xg]>IdtIn]nf]lg\$ flj ?\$df ph/L ug{yfln; s\$ f %g\ . kx/lx; n]sf/j fxL ug{yfln; s\$ f %g\ . o:tf]f kfo h; flkx/lx; n]cf0Gbf >IdtInf0{s g}klg k\$ f/n}s ^lk^ ug{ %g

egL>IdtInf0{dfGo xg]; t&ç /fvLsfuh kq tof/ u/L; lx%fk u/L  
ldnfkq klg ug{; S%g\ kñ/ To:tf]#^gf bfxfl/Pdf kñL ph/L ug{  
; lsG% . o; f]ubf{dlxnfnf0{>ldfgñ]lk^g]#^gf klg sd eP/ uPsf]  
b]vG% .

s^lk^ slt ksf/sf xG%g\<

; fwf/)f s^lk^M; fdfGo r f]k^s xg]s^lk^ .

cuew xg] uDeL/ s^lk^M of] dflg; xç sf] ! fg]b]oxç sf] zIQm/)f  
ul/lbg]ulDe/ lsl; dsf]cuew xg]s^lk^ xf]. h:tf]Mcfvf kñfpq" xft  
v\$ f eflr lbg"cfb .

s^lk^ eof]eg]s]ug]<

#fp hfr M sl^gh] cfkñgf] r f] lgn\*fd nfu\$ f]f o; sf] hfr ug]  
sfdnf0{#fp+hfr elgG% . o:tf] #fp+hfr ug]tl/sf sfggn]lgDg  
adflhd tf\$ \$f] % - #^gf #^\$f] hlt; Sbf] r f]f] -7 lbg gs^f0{  
glhs sf]kx/L r f] Lj f kx/L sfoffo j f uflj ; j f d@f xg]c\* \$ fdf  
#^gfsf]dVo lj j /)f vfhL #fp+hfr ul/kfp=egL lgj bg lbg"kb% .  
lgj bg lng]c\* \$ fn]t?Gt}c:ktfn j f l\*:kG; /ldf k&fp% / ToxL hfr  
u/L#fp hfr kñ/fddf r f]k^s sf]gfk ; dt n]vG% . o:tf]#fp hfr sf]  
lgj bg kx/L sfoffo dfrñ \u/fpg"/fdf]xf]. s^lk^ d@fdf ; aeGbf  
dxTj k){#fp hfr xf]of]geP d@f xfg]a(L; efj gf xG% .

gfln; sxf+ug]<

s^lk^ ePdf gfln; ug]&fp; DalGwt -#^gf #^\$f] lhNnf cbfnt  
xf]. slxn\$fxL+w}hgf e0{s^lk^ ePs f]f ; aeGbf w}}cleoQmhg  
&pdf a:%g\Toxfs}lhNnf cbfntdf d@f nfU% .

gfln; slxn]; Dddf ug]

- ; fwf/)f r f]k^s nfu\$ f]f 35 lbg]leq gfln; ug].

- cuew xg]u/L&hf]r f] k^s nfu\$ f]f 3 dlxgf leq gfln; lbg"kb%{.

s^lk^ d@fdf lga]bg b]v clGtd ; Dd sl^Ps f]JolQm]g]s fggLklqmof  
ugk%{. c?n]u/] xbg t/ j fl/; /fv] eg]ug{; lsG% . o; /L d@f

Sòk6

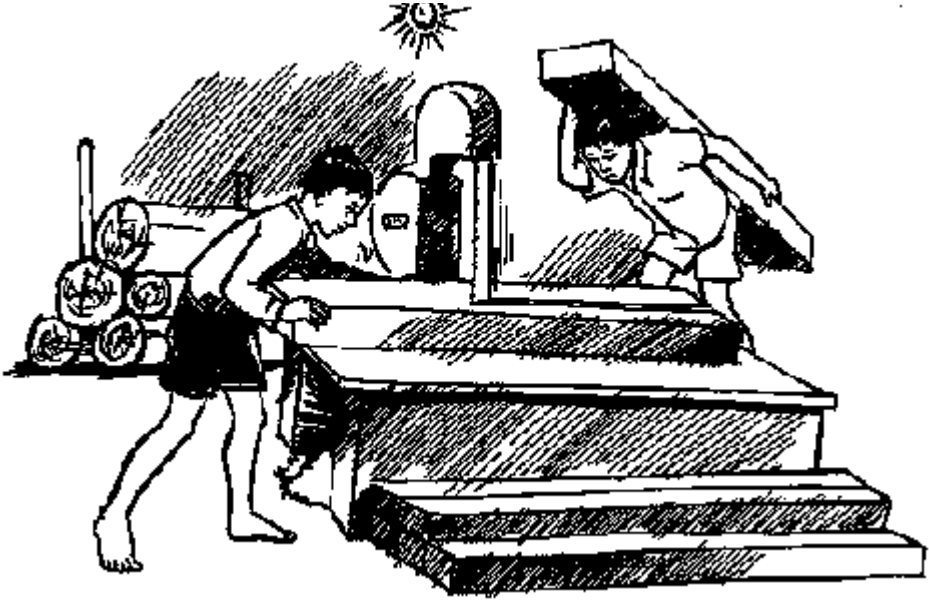
-gfn] \_ u/kl% cbfntn]; Dk)f{kdf)f aëms ^s]f]kli^ ePdf cbfntn]  
s ^g]dfG%hf0{; hfo u%{. rf}k^s cg;" f/sf]sfggn]tf\$ ðdf]hdsf]  
hl/j fgf ; hfo ; dt u%{.

gf}Ms ^kl^ d@fdf #fphfr sf]kdf)f Hofb}dxTj k){xG% . olb kx/L  
dfkrt \#fphfr u/fpsf]%g eg]d@f xfl/g]; DEffj gf xG% .

S6k6



# बालबालिका सम्बन्धी कानूनी जानकारी



afnafnsf ; DaGwL sfggl hfgs/l

afnafnsf egḡf s :tf JolQmxḡ<

; fwf/)ftof afnafnsf eGgn] ; fgf; fgf s ḡfs ḡlxḡ nf0{alef% . t/ xfd]s fgn]16 j if{eGf dlgs f ; a}s ḡfs ḡlxḡ nf0{afnafnsf dfgḡf] % . cGt/fi^ḡ sfgg cg' f/ 18 j if{dlgs fnf0{afnafnsf dfgḡf] % .

afncwsf/ egḡf]s ]xfhf <

hḡ; ḡ}afnafnsfn]efḡr ng ug{kfpG] clwsf/ g}afncwsf/ xf]. afnafnsf hGd; s ]kl% p; n]plr t ; #If) kfpG'k%{ h:t}vfg nfpG kfpG]clwsf/, afa"cfdfaf^ ; dfg ?kdf dfḡf kfpG]clwsf/, nḡk( ug{kfpG]clwsf/ cflb kb%g\

gkfn clw/fḡosf]; lj wfg 2047 sf]wf/f 11 sf]-3\_ df dlxf, afns, j ḡ jf zf/l/s jf dfgl; s ?kn]c; QmJolQm/ cflyḡ ; fdlhs jf z]ḡfs bḡi^n] lk%\*Psf]j uḡf]; #If) jf lj sf; sf] nflu sfggáf/f lj zf Joj :yf ug{ ; lsg% eG] Joj :yf eP cg?k ; fy}afnafnsf ; DaGwL dx; lGw 1989 cgdfḡg eP kZrft\afnafnsf ; DaGwL Pḡ 2048 sf]Joj :yf ePsf] % .

s ffgn]kbf u/ \$ f]afnaflns fs f]xs clws f/x;

hGdg / afRg kfp]clws f/Ms g}klg afns n]cfdfs f]ueaf^ ; s Zn  
 hGdg kfp]clws f/ % . cfdn]k]leq)aRrf df/Luektg ug{x}b .  
 ue{ktg u/df sfggn]; hfos f]Joj :yf u/ \$ f]%. aRrf hGdL; s kl%  
 p; s f]nfng kfng, plrt kf]f, lz If, dgf/~hg, cfw]krf/ cflbs f]  
 Joj :yf ugkb% .

; dfg ; #If) fM %f/f]Idf cdf afaš f] ; dfg Joj xf/ xg" k%{ .  
 pglx; s f]nflu lz If, kfng kf]f, cfw]krf/ dgf/~hg cflbs f]; dfg  
 Joj :yf xgk%{.

s lnnf afnaflns fnf0{s fddf nufpg gxg}M14 j if{pd} gküş f]s g}  
 klg afnaflns fnf0{ s fkl, un}f, pgl wfuf] h:tf s f/vfgfx; df  
 s fdbf/s f]?kdf s fd nufpg xb} . 14 j if{küş f]afnaflns fnf0{laxfg  
 6 ah]b}v ahš f 6 ah]; Dd dfq s fddf nufpg kf0% . Tof]eGf cl#  
 / kl%sf]; dodf s fd nufpg kf0b} .

afnaflns fnf0{ oft gfk}f{ Joj xf/ ug{x}b}M s g}klg afnaflns fnf0{  
 ; 'If ug{/ lz If lbgh]; fw(/)f xks fp] / lk^g]afxš a(L r f) kg]  
 u/Loftgf lbg"xb} . afnaflns fnf0{lhpfHofgdf r f) kUg]/ ghxts \*L  
 nufpg]; fy}Ps fGt s f/faf; df /fVg]h:tf s fo{ug{x}b} .

afačdf; u e} #f^ ug]clws f/Mafačdfsf]; DaGw lj R%b ePs f]/x%  
 eg]cdf j f afa," u ga:g]aRrfn]afa"j f cdf; u e} #f^ ug]{kfp]  
 clws f/ :ki^ % .

dfUg]s fddf nufpg gxg}Mafnaflns fnf0{dfUg]s fddf nufpg j f d\* }  
 hf]L agfpg xb} To; f]u/df ug]f0{s ffgn]; hfo lbG% .

bj lb] tfs f gfddf r (fpg gxg}Mcfkng]f]j f c?s f]f]f %f]Lefs n k/f  
 ug{b] L bj tfnf0{r (fpg xb} r (fPs f]ePklg r (fPs f]gdg]L NofP/  
 cfkng]afa"cdfn]kfNg" k%{.

cg]ts kž fdf nufpg gxg}Mafnaflns fnf0{nfukbfy{a}lavg ug{  
 tyf cg]ts kž fdf nufpg xb} nufPdf s fggaf/f ; hfo xG% .

cGo clws f/x; Ms g}afnaflns fs f]x]r fx ug]{cfkiftx; s f]L geP

kđv lhNnf clwsf/L j f afn sNof) f clwsf/In]To:tf]afnaflns fnf0{  
 kfng kfj)fsf]Joj :yf ldnf0{lbq" k%{. s g}klg afnaflns fnf0{rf/L  
 Hofg, \* fsf h:tf lj leGg kñhf/Ld@f nfu\$ f)% eg]pglxç sfd@f ax;  
 ug]j lsn geP; Dd cbfntn]To:tf]d@f l%Gg xbg . >L5 sf]; /sf/n  
 j lsn sf]Joj :yf ldnf0{lbq" k%{.

afnaflns fxç nf0{; hfo gxg]cj :yf

- gkfn sfggn]ck/fw dfg\$ f]s g}sf d 10 j if{dlgsf afns n]u/đf  
 -afnaflns f Pğ 2048 bkñ 11 n] p; nf0{s g}; hfo xbg .
- 10 j if{küL 14 j if{ggf# \$ f]afnaflns fn]sfggn]hl/j fgf dfq xg]  
 vfns f]ck/fw u/\$ f)% eg]To:tf afnaflns fnf0{xks f0{ ; Deif0{  
 aënf0{k&f0{lbq" k%{.
- olb sđ ug]vfns f]ck/fw u/đf To:tf afnaflns fnf0{s ; ' x/L%  
 dlxgf ; Dd sđ ug{; ls G% .
- 14 j if{küL 16 j if{ggf# \$ f]afnaflns fn]s g}ck/fw u/đf pd]  
 kü\$ f]dfG%hf0{xg]; hfos f]cfwf dfq ; hfo xG% .
- afns s fndf s g}ck/fw u/\$ f]ePklg &hf]ePkl% s g}klg hful/  
 vfgs f]nflu pglxç nf0{cof]o dfGg ldNbğ .
- afnaflns fnf0{s ; ð]nnf0{kms f0{j f l; s fP/ s g}ck/fw ug{pS; f0{  
 ck/fw #^đf To:tf pS; fpghf0{dfq k/f ; hfo xG%, afnaflns fnf0{  
 xbg .

afnaflns f ; DaGWL sfggl hfgs f/L

Afn>d lgdhg tyf /f\$ yfd ; DaGwLcGt/fi^e dxf; lGw tyf /fli^e sfggLJoj :yfsf]; Hfkt hfgsf/L

afn>d eg\$ f]s ]xf]<

hg; S}b}z s]sfggdf Ps lglZrt j if}; Ddsf afnaflns fnf0{gfafns eGg] ul/G% . o; /L sfggdf pNn]vt pd]/sf gfafns nf0{ s}g} klk kf/n]pglxz sf OR%f lj ?\$ Hofnfbf/Isf ?kdf s}g}klg zf/l/s >d xg} sfd ug{ nufPdf To; nf0{ afn>d elgG% . t/ cfkn}f %f]f%f]lxz nf0{#/df ; fgf ltgf #/fo; Lsfd ug{nufPdf To]afn>d ePs]dflgbg} .

gkfnf afn>d z f]f]f xg}sf lglDt lGDg s'fxz xg"kb%

- 14 j if{ eGbf dlgsf afnaflns fnf0{k/f ; do sddf nufPs]xg" kb% .
- lz Iff cfhgaf^ k)f{?kdf al~rt ePs]xg"k%{.
- Hofnfbf/Isf ?kdf s}g} klk hf]vdk)f{ sddf afWb]Tds ?kdf nufPs]xg"k%{.
- >ds]s]f/)fn]afnaflns fs]zf/l/s, dfgl; s tyf af]\$s lj sf; cj ?\$ ePs]xg"kb% .
- s}g}klg ao:sn]afnaflns f dflz lQmj f bafa kof]u u/] s}g}klg kf/sf sfd ug{afWb agfPs]xg"kb% .
- afnaflns fnf0{k(g] vfg] cf/fd ug] dg]/~hg ug[h:tf cfwf/et g} lu\$ clwsf/af^ j l~rt /fv\$]xg"kb% .
- 14j if{ eGbf dflys] 16 j if{ eGbf dlgsf afnaflns fnf0{ b]gs 6 #)^f eGbf a(LHofgn]g; Sg]u/LHofnfbf/Isf ?kdf sddf nufPs] xg"kb% .

s}g}klg afnaflns fnf0{ha/h:tLafn>ddf nufPdf nufpghf0{; hfo xg; Sb% . o; sfhflu ; DalGwt lhNnfcfbntdf ph/L ug{k%{. o:tf] ph/L kl]\*t cfkn}j f kl]\*ts]cleefj s j f hf]; S}h]lbg ; S% .

afnaflnsf ; DaGwL sfggl hfgsf/L

afn>d lgdḥg tyf /fṣyidsf nflu lgldḥ dxTj k)f{ cGt/fi^e  
dx; lGwxḥ nf0{lgDg adfḥnd cWbog ug{; lsG% .

afnclwsf/ ; DaGwLdx; lGw 1989 -Child Right Convention 1989)

lj Zj e/sf afnaflns fsf ; a}kṣf/sf xs clwsf/nf0{; %Iift / ; #If)  
ug{ agṣf] of] afnclwsf/ ; DaGwL dx; lGw 1989 cGt/fi^e :t/sf]  
kyd b:tfj ḥ xfl . o; dx; lGwsf] dfGotf /fi^e sfgg a/fa/ xg]  
ePs fh]dx; lGwnf0{cgḍfḥg ug{/fi^e}o; dx; lGwn]klḥkfbg u/ṣf]  
afnclwsf/sf]cj wf/)ffnf0{cfkḥgf] bṣsf]sfm kl/l:ylt ; ḥfpbf] tyf  
Joj xfl/s xg] u/L /fi^e sfggsf] lgdfḥf ug{ kb% . gagfPdf o;  
dx; lGwnf0{g} sfgg ; /x dfGg"kb% . xfd]f] bṣn}o; dx; lGwnf0{  
x:tfif/ u/L; g\1990 sf]14 ; Kḍa/ df cgḍfḥg ul/; sṣf]%. o;  
dx; lGwnf0{cgḍfḥg ul/; s kl% gkḥndf klḥ dx; lGw cg?ksf /fi^e  
sfgg lgdfḥf ug{1992 df afnaflns f ; DaGwL Pḡ 2048 -1995\_ df  
afnaflns f ; DaGwLlgodfj nL2052 / afn>d -lgifw / lgoldt ug]  
; DaGwdf agṣf]Pḡ 2056 kl/t e0; sṣf %g\.

o; dx; lGwsf]wf/f 32 df afnaflns fxḥ nf0{afn>d z fḥ}faf^ ; #If)  
ugkḥgs %f pNny ul/Psf]%. h; cGtuḥ afnaflns fnf0{; j f:Yo, lz Iff  
j f lj sf; df xfgL kḥg]ls]; dsf sfd ug{u/fpg gxg]/ cflyṣ z fḥ}f  
xḡaf^ ḥfufpg"tyf ; #If) ug{ kb% . /ḥuf/lsf lgldḥ Gogtd pd],  
sfd ug{cj lw / ; j f:Yo j ftfj /)f nufot /ḥuf/lsf cfj Zos z tḥḥ  
nfu' u/fpg" /ḥosf] bḥloTj xfl . h; sf] kḥngsf] lgldḥ j wflgs /  
kṣf; lgs nufotsf ; a}pkfoxḥ ckgfpg"kb%{.

afn>d pGḥg ; DaGwLcfOPncfṣf]dx; lGw 182

lj Zj af^ vt/f Pj #ḥf]vdk)f{afn>dnf0{pGḥg ug{cleofgnf0{cl#  
a(fpgsf nflu lgdfḥf ul/Psf] cGt/fi^e >d ; u&g -cfOPncf]  
dx; lGw 182 lj Zj JofkL?kdf sfofḥj og ul/Psf]%. o; dx; lGwnf0{  
gkḥnn]; dḥ cgḍfḥg ul/; sṣf]%. o; dx; lGwnf0{dfGotf lbg]/fi^e]  
kḥoṣ 2 j ifḥf cfOPncfḥf0{klḥj ḥg aḥfpg"kg] afn>d ; wf/ ; DaGwL  
sfggdf ; wf/ Nofpg"kg]/ kl\*t afn>lds nf0{; xoflḥ lbgkḥg]pNny  
%. lj Zj sf sl/j 25 s/fḥ afn>lds xḥ dWb]ḥf]vdk)f{sfddf ; nUg  
12 s/fḥ 50 nf v afn>lds nf0{dQmu/fpg]nIo lnP/ of]dx; lGwnf0{

afnaflns f ; DaGwL sfggl ḥfgs/l

cf0Pncfh] sfocj ogdf NofPsf] % . o; dx; lGwdf hDdf 16 j ^f wf/fx; %g\h; dW]wf/f 3 df afn>dsf lgs[^ :j?kx; (Worst Form of Child Labour) eGg]zAbn]lgDg s'fx;nf0{; d}b% .

- bf; Tj j f bf; Tj ; dfg Joj xf/x; sf]laqmtyf hlp df:g]aRg] C)f, aw]f / afwf kyf tyf ; :q ; #ifdf koflusfnflu afnsx;sf] anoQmj f clgj fo{egf{nufotsf anoQmj f clgj fo{>d,
- j Zofj IQsf nflu, clZnn ; flxTo pTkfbgsf nflu jf clZnn khz gx; sf nflu afnsnf0{koflu, kflkt jf ck}f,
- u}sfggL lqomsnfkx; vf; u/L ; DalGwt cGt/fli^e ; lGwx;df kl/efiff ul/P adf]hdsf nfu' cf]fwlx;sf] pTkfbg tyf cf] f/ k; f/sf lglDt afnsnf0{koflu, kflkt jf ck}f .
- :j odf j f o; nf0{; Dkfbg ul/g]cj :yfx; n]ubf{afnsx;sf] :j f:Yo j f g}ts tdf xfgLkYofpg ; Sg]sfo{.

**gkfnsf]sfggdf ePsf Joj :yfx;**

gkfn clw/fhosf]; lj wfg, 2047 sf]wf/f 20-2\_

gfafnsnf0{s g} snsf/vfgf vfgL jf o:t} cGo h]vdk){ sfddf nufpg gkfp]Joj :yf u/L afnafnsnf0{lj z if ?kdf ; #If) kbf]g u/}f]%

afnafnsf ; DaGwLPg 2048

- bkn 17 cg' f/ 14 j if{pd} k/f gu/}f afnafnsnf0{>lds sf ?kdf sfddf nufpg"xbg .
- bkn 18 cg' f/ sfddf nufpg xg] 14 b]v 16 j if{ ; Ddsfnf0{ :j f:Yodf klts h c; / kg{vt/gfs sfddf nufpg xbg .
- bkn 47 cg' f/ sfddf nufpg xg] 14 b]v 16 j if{ pd}sf afnafnsnf0{kltlbg 3 #)^f nuftf/ sfd u/kl% cfw #)^f lj >fd / xktfsf]Ps lbg labf lbg"k%{.
- >lds sf ?kdf sfddf nufpg] afnsnf0{lghsf] 0R%flj ?\$ tyf

s fddf nuf0Psf afns nf0{ wd{j) f{ lnu hft hftsf] cfwf/df eþefj ug{gkf0g]Joj :yf ul/Psf] % .

afn>d -lgifw / lgoldt ug] ; DaGwdf Joj :yf ug{agþ f]Pg, 2056

o; Pgn] afn>lds xç sf] xs clwsf/sf] ; #If) ; DaGwdf lgDg s7fxç nf0{ d}þ f] % .

- afn>lds xç sf]xs clwsf/sf ; DaGwdf Joj :yf

- afn>lds xç sf]lg]l/If) ; DaGwLJoj :yf

- b)\* hl/j fgf / kç/fj þg ; DaGwLJoj :yf

- afn>lds sf]lgj f/)f / sNof) ; DaGwLJoj :yf

- hf]vdk)f{Joj ; fo / sfdxç sf]kl/efiff cflb .

o; Pçdf Joj :yf eP adf]hdsf b)\* ; hfo / kç/fj þg ; DaGwLJoj :yf lgDg adf]hd %g\

- s; þ]14 j if{dlgsf afns nf0{s fddf nufPdf 3 dlxgf ; Dd sþ j f 10 xhf/ ?kþf ; Dd hl/j fgf j f b] } ; hfo xç% .

- s; þ]o; Pçsf]cg; r ldf pNn]vt hf]vdk)f{Joj ; fo j f s fddf nufPdf j f lghsf]OR%f lj ?S s fddf nufPdf 1 j if{ ; Dd sþ j f ?= 5000/- ; Dd hl/j fgf j f b] } ; hfo xç% .

- sç}Joj :yfks n] ; j ls [t lbgkg] of]lotfsf]kdf]fkq lng"kg] >d sfoffnodf lj j /)f lbg"kg] kl/>lds / ; lj wdf eþefj ug{gxç] Pçdf pNn] ePadf]hdsf] ; do; Dd dfq s fddf nufpg] afns sf] ; j f:Yo ; DaGwLJoj :yf cflb sfo{gu/þf lghnf0{2 dlxgf ; Dd sþ j f ? 5000/- ; Dd hl/j fgf j f b] } ; hfo xç% .

- sç}Joj :yfks n] Pç kf/De ePsf]lt; lbg leq >d sfoffnonf0{ ; rgf lbg"kg] btf]lstfa /fv"kg] ; rgf ^fz ug{kg]olb o; sf] lj kl/t sfd u/þf 1 dlxgf ; Dd sþ / ltg xhf/ ; Dd hl/j fgf j f b] } ; hfo xç% .

- o; Pç cçtuçsf]ph/L >d sfoffnodf lbg ; lsg] % / ; hfo ug] clwsf/ >d sfoffnonf0{xç% .

afnainst ; DaGwL sfggl hfgs/l

# Afnofg z fff) / afnofgbJof xf/

afnofg z fff) tyf bJof xf/ eg\$ f]s ]xf/<

sfggn] gfafns dfg\$ f afnaflns fx\_ nf0{ pd/ kü\$ f dfG%\_ n] ckn]gf]ofg kof; d]fpgsf lgldt lj leGg k\$ f/n]ofg hGo ?kdf kof]u ughf0{ afnofg z fff) tyf bJof xf/ elgG% . cfh ef]L o:t afnaflnsf dly xg]ofg z fff) tyf ofg bJof xf/s]k\$ [tnf0{xg]xf] eg]w]}dfqdf k?ifx\_ af^ eP klg yf]}dfqdf dlxnf x\_ af^ klg afns tyf aflns fx\_ b] }kll\* t xg]u/ \$ f]kf0Ps f]%

afnofg z fff)fnf0{; Hfktdf lgDg ad]hd pNn} ug{; lsG%

- afnaflns fnf0{kms fP/ ofg ; Dks {ug'j f ha/h:tL anfls f/ ug'.
- b]Jofk/df nufpg"cyf' j Zofj IQdf nufpg".
- afnaflns fs]ofg cu v]hf0lbg"%f0lbg"j f rldlbg".
- pd/ kü\$ f dfG%h] ckn]gf] ofg cfgGbsf nflu afnaflns fnf0{ ckn]gf]ofgcu -ukf é\_ %g nufpg," v]hpg"j f b]fpg".
- pd/ kü\$ f dfG%h] ckn]gf] ofg cfgGbsf lgldt ckn]gf] ofgcunf0{ afnaflns fs]z /L/s]s g}efudf #if}f ug'j f rldlbg".
- x:tdy'g j f dvdy'gsf lgldt afnaflns fnf0{kof]u ug'.
- afnaflns fnf0{ %\*f tyf clZnn kqklqs fx\_ , kn]f] t:j L/ j f rnlrq b]fpg"j f k(g nufpg".
- gftf, ; DaGw k'z f 0Toflbs f]k'fj df afnaflnsf; u ofg lqmfns nfk ug'.
- afnaflnsf; u ^lnkn]g nufot cGo s g}klg &fp'af g/fdf %\*f s'fx\_ tyf clZnn s'fx\_ ug'j f ug{nufpg".
- afnaflns fnf0{afnlj j fx j f cgdh lj j fx ul/lbg".
- afnaflnsf lj ?\$ s g}klg vfn]ofg bJof xf/ ug'0Toflb .

afnaflnsf ; DaGw sfggl hfgs/L



afnafnsf dflj xg]o:tf]ofg sfo{s; af^ xG% <

- lrgsf tyf ckrftx; af^ 80 kltzt
- Ps ; j if) f cg; f/ gkfn clw/fhbe/df 1 j if{ Dd ePsf 20 j ^f #^gf dW]9 j ^f ckrng}bfhëf0af^
- 9 j ^f ckrng}sf sf ddfx; af^
- 2 j ^f ckrng}afaäaf^ ePsf]tYofs k\$flzt ePsf]%. .

; ftMgkfn afn dnb/ ; /f\$ f/ sCb|-l; lj g-

afnofg z flf) f / afnofg bJof xf/ df kms s ]% t <

afnofg z flf) f (Child sexual exploitation)

afnafnsfx; nf0{cfly\$ tyf s g}k\$ f/sf kpfeg b}fP/ ofg ; Dks { ug!j f ofg s pfs nkd f kofu ug!g}afnofg z flf) f xf].

afnofg z flf) f s kL s /f; u ; fl^G% . h:tfM

- clZnn rn lrq, t:j L/ lknD, Sof; j, l; \*L -Pornography): -cfly\$ krfbf ug! ckrng]krf f/ k; f/ ug! pQhgf Nofpg cflb\_
- a}lavg tyf cf] f/ k; f/ -Trafficking)Mufp,+zx/, b}z leq j f b}z afx/ cj w ?kdf afnafns fnf0{ofg p@Zos flnflu cfly\$ tyf s g} k\$ f/sf]lftklt\$ f]kpfeg b}fP/ Nofpg]nfg]ug!. w)}afnafnsf ofg p@Zo tyf b}Jofk/s flnflu a}r Psf %g\.

afnofg bJof xf/ (Child sexual abuse)

ofg ; Dks {ug!dg; fon]s g}klg afnafns fnf0{pd/ kü\$ f dflg; x; n] s g}klg sfo{u%{eg]To:tf]s fo}nf0{afnofg bJof xf/ elgG% . h:tfM

g%f0{ug!bJof xf/

- clZnn r nlrq, t:j L/, lknD cflb afnafns fnf0{b}fpg".
- afnafnsf; u ^lnkrf; nufot cGo s kLklg ckz Ab / clZnn s }f afng".

afnafnsf ; Dagwl sfggl hfgsf/l

- afnainf fx<sub>2</sub> nf0{ ofg lqmfns nfk u/ḥf] bḥfP/ j f s'f ; ḡfP/ l; sfpq"

%fP/ ug]bJof xf/

- ofg cux<sub>2</sub> df %fP/

- r Dag u/]

- ofg cux<sub>2</sub> x]] -sfvdf lnP/\_

- ofgca %ḡ nufP/ xḡ].

- afn clZnn kqklqs f, t:j L / bḥJofkf/

- dḥdyḡ / x:tdyḡ .

wfldḥ ; ḥsf/ tyf ; fdlhs ; ḥsf/áf/f klḡ afnofḡ z f]f tyf bJof xf/ xḞ% h:t]Meñf, bpsL cfb . nḥr fx<sub>2</sub> sf]; ḥsf/df ufps f] uḞ]dfḞ]&hfa\*fa^ klxnf]k^s ofḡ; Dks {ug]r ng % .

ls g ofḡ z f]f u%ḡ <

- z lQmbḥfpg -; w}cfkñh]xkḥ fnf0{dfq u%ḡ\

- abnf lng

- dg]ofḡ lar ng -cfttfoLanf]s f/L

afnofḡ z f]f tyf afnofḡ b'frf/ ugḡ<sub>2</sub> ; fdfḞ tof s:tf xḞ%ḡ\<

- ; fdfḞtof w]h; f]afnofḡ lkkf; ḡ<sub>2</sub> cfkñafns %bf sḡ}g sḡ} cj:yfdf ofḡb'frf/lx<sub>2</sub> áf/f kl\* t ePsf xḞ%ḡ\

- h]j gs f]nfd]cj lw; Dd To:tf]s'fn]pglx<sub>2</sub> sf]dgf]j ! fgdf c; / kf/ḥf]xḞ% .

- w]h; f]afnofḡ b'frf/lx<sub>2</sub> cToḞt :j fyk/ cftds ]Ḟḥ xḞ%ḡ\

- afnofḡ b'frf/lx<sub>2</sub> n]ta; Dd cfkñgf ultlj lwx<sub>2</sub> hf/L g} /fV%ḡ\ ha; Dd pglx<sub>2</sub> dfly afxḞ x:t]fk s \*f0 ; fy nfu'ul/Psf]xbḡ .

- afnofḡ b'frf/lx<sub>2</sub> ; fdfḞtof dgf] } flgs ?kdf lj rInt ePsf

xG%g\ . sltko b'frf/lx;nf0{afnofg zff)f v/fa x] eGg] hfbfhfb} klg pglx; ghflgbf] kf/fn] afnofg zff)f ul//x;f xG%g\ .

- lj b; af^ cPsf sltko ofgko{s / afnofg b'frf/lx; n]k/fksf/ / afnsNof)fsf s'fx;nf0{cfkngf]kfylds tf /x;f]:j fu /Rb%g\ .
- lj Zj f; uglj o:s cyft\18 j if{dflysf, glhs sf]; fyLj f kl/j f/sf ; b:o -hf]aRrf kl t c:j eflj s Joj xf/ u%{ xG%g\ .
- s; h]afnaRrf sf]nflu w})k} f vr {u%{h:tf]aRrf x;h] #/df sfd ugh] l%d;Lcflb .

Afnofg b'frf/sf]sf/)f hGdg]Joj xfl/s ; d:ofx;

- :j feflj s (un]lgGbf gnflg"
- vfg]s'fdf 0R%f x/fpg"
- ; dxdf a:g g?r fpg"
- l/; fpg," em; ls g"
- ; j;hgz ln xg;" bM/Lxg"
- Wbfg lj s]Gt xg"
- \*/fpg," eolet xg"
- ckmf; / cK&of/]dx; ; ug;
- Ps fGt kgnf0{dg k/fpg"
- clg)fsf]alGb xg;"cflb .

afnaInsf ; DaGWL sfggl hfgs/l

# जीउ मास्ने बेच्ने



hlp df:g]aRg]eg\$ f]s ]xf]<

s g}klg JolQmf0{lghs f]0R%flj ?\$ s g}sfo{ug{afWb ug}j f aRghf0{  
hlpdf:g]aRg]elg% . h:tf]sdf/f sdf/L /fVg"j f agfpg"k} f ln0{  
dfg; lsga} ug{cflb xf].

of]#^gfsf]sf/)f s ]xf]t <

ul/aL, clz lff, pnbf]k}g, l; gdfsf]k}fj, lj s t dfg; stf, cefj  
cflb xg .

gkfnaf^ j ifglw})dlxnf a}rPsf %g\ o:tf a}rPsf dlxnf; lj z if  
u/Lef/tsf]lj leGg &pa}f %g\gkfnaf^ j ifgl5,000 b}v 7,000 ; Dd  
dlxnf; a}rPsf] cgdfg ul/G% . xfn gkfnf]1 nfv eGb a(L  
dlxnf; lj z if u/Lef/tsf]aDa} sf]hs Qf, nvgp, j gf/; , dbf; sf]  
lj leGg j Zofnox; df %g\ . o:tf]sfo}f c}k}g] gft}f/ k}k}h d}df,

hlp df:g]aRg]

legfh," bfh," ; fgldf xbfxb}afa"/ nflg]; dt ; nUg ePsf]bVg ; Ggdf  
cfPsf]%

hlp df:g]aRg]sfo{ePdf s ]s:tf]; hfosf]JoJ :yf % <

s; h]s g}dflg; nf0{laqm ug{p@Zon]nnf0{kms f0{gkfn aflx/ nhfg  
j f nuLlaqm ug{ck/fw xG% o:tf]hf sfggn]; hfo tfs }f]%

; hfoM lj b}z df laqm ug{ nfu}f]f aRg gkfpb} kqfp eP aRg  
nhfghf0{bz j if{/ aR; s }f]eP al; j if{s } xG% . ls Ggldflg; gkfn  
leq kmf k/L lghnf0{; dt aRghf0{xg]; /xsf]; hfo xG% . 16 j if{  
gk}f] gfafns nf0{j f s g}pd]sf] eP klg duh lau}f] dflg; nf0{  
sfggL; #Ifs sf]dh/La} / p; sf]; #Ifs Tj af^ %^fpg j f %^fpgsf]  
lgldQ nnfpg kms fpg u/}f klg ck/fw xG% . To:tf] u/}f lgDg  
adflhd ; hfo xg ; S% .

1= dflg; a}lavg ug{JolQmf0{bz j if{b}v la; j if{; Dd s } xG% .

2= dflg; nf0{a}lavg ug{p@Zon]lj b}z nhfgJolQmf0{5 j if{b}v 10  
j if{; Dd s } xG% .

3= :j:f:gL dflg; nf0{ hg; } tl/sfn] ePklg j Zofj IQdf nufpg]  
JolQmf0{10 j if{b}v 15 j if{; Dd s } xG% .

4= hlpdf:g] aRg] sfo}f] r fhf] khf] ldnfpg] / o:tf] sfo{ u/ elg  
psf:ghf0{5 j if{; Dd s } xG% . of]ck/fw ug{sf]; ; u/}f]t/ sfd  
eg; s }f]/x% eg]klg sfgg adflhd hl/j fgf klg xG% .

5= dflg; aRghf0{s } eP/ klg lauf]adflhd hl/j fgf klg xG% .

6= ls Gg}f]yhLe," eP/ hfG% .

7= 16 j if{ gk}f] gfafns j f duh lau}f] dflg; nf0{ ; #Ifs af^  
%^}fpg}f0{?= 500 ; Dd hl/j fgf j f 3 j if{; Dd s } j f b}]; hfo  
xG% .

8= s df/f s df/Lagfpg lsga} u/}f ls Gg]/ aRg]b}h}f0{5 j if{; Dd  
s } xG% .

hlp df:g]aRg]

hlp df:g]aRg]ck/fw ePdf s ]ug[<

1= o:tf]ck/fw ePsf]j f xg nfu\$fl/yxf kfpghg; S h]klg glhs sf kx/L rfsL jf kx/L sfoffnodf ph/L lbg ; S% . ck/fwL vflhg] ck/fwL kQf nuf0{; hfo lbg]; a}sfd ; /sf/ cfkm]u%{. ph/L lbg]ph/Ldfq lbP kU% s g}vr {nflbg} .

2= o:sf]olt lbg leq ph' ug[eGg]xbDofb %g . ck/fwLhlj t x~hh ; Dd hlxn] S }ph/LnfU% .

hlp df:g]aRg]lgoGq)f P g df b]vPsf s xLsdLsdhf/lx z M

- dhSL Pgsf] lhpdf:g] aRg\$fl dxndf lsGg\$fl yhn e; xg% j Rghf0{10 j if{b]v 20 j if{; Ddsf]sb / a] \$fl]y]Ladflhdsf] hl/j fgf ; dt xG% elgPsf]%, h; n]ubf{lsGghf0{; hfoaf^ dQm u/La] \$f]k} fn]ck/fwlnf0{hl/j fgf vr {h^fpg]kqGw sfggn]g} u/\$f]%. / w/f]ldf %^g]; lj wfsf]nflu ck/fwlnf0{vr {hf]\*lbPsf] b]vG% . of]sfgg Joj xfl/s %g . lsGg]aRg]b] }ck/fwLePsf]h] b] hf0{a/fa/lsf]; hfosf]Joj :yf xgk%{.

- ; flflsf]; /Iffsf]s g}Uof/)^L%g .

- b]Jofkf/ / cGo ksf/sf sfo\$ f nflu ul/g]a]lavgdf leGgtf b]v0Psf]g% .

- afnaflnsf ; DaGwL Pgd f ofg z f]f)fnf0{k]hbf/Ld@f ; /x ygdf /fvLd@f rnfpg]kfj wfg %g .

- kll\*tsf]; #Iffs / bnfxx n]ug[a]lavgnf0{cnu cnu ; hfosf] Joj :yf ul/Psf]g% .

- kll\*tnf0{/fxtsf]Joj :yf %g .

hlp df:g]aRg]

# नागरिकता



gful/stf

gful/stf eg\$ f]s ]xf] < eG]s'f hfcg"cl# gful/s eg\$ f]s f]xf] < aenig h?/L% . s g}klg bzd f hlGdPsf j f To; bzd f a; f;f; ug] dflg; nf0{To; bzs f]gful/s elgG% . tLgful/sx; n]cfkng]lr gf/L cyff kl/ros f]nflu cfkma; f;f; u/\$ f]bzd af^ ln0g]kdf) f kq g} gful/stf xf]. gful/stf 16 j if{pd} ku\$ f dlxf k?if b} h} lng" kb% . xfdLgkfnLgful/s xf}.

xfd f]bzs f sltko &fpdf gful/stf k?ifn]lnP xG% cyff s }f dfG%\$ f] nflu dfq cfj Zos xG% dlxfns f]nflu gful/stf cfj Zos g}%g eG] wf/)ff k; :t}?kdf kf0G% . t/ gful/stf dlxf k?if b} \$ f]nflu plQs} dxTj k)f}% .

gful/stf agfpbf Wbfg lbgkg]s'fx;

1= gfd, pd}, hGd:yfgs f]; xLJoxf}f vhfpg"k%{.

gful/stf

2= 16 j if{pd} kü\$ f]xg"kg{.

3= (f^L%nL2÷2 j ^f gful/s tfs f]kdf)f kq lng xbğ .

4= (f^L%nLbfkf]f]gful/s tf lnPdf Pğ adf]hd ; hfo xG% .

5= gful/s tfs f]kdf)f kq x/fPdf j f gfi; Pdf k|tlnlk kfpæelg  
 ; DalGwt lhNnf kçf; g sfoffnodf lgj bğ lbg"kb% / dfq k|kt ug{  
 ; ls G% .

gful/s tfs f]cfj Zos tf slxn]k%{<

1= ; /sf/Lsfoffnodf sfd ug{k/df .

2= a} df vftf v]ng k/df .

3= lj bç df cfkng]kl/ro lbg k/df .

4= hUuf hldg lsg a} ug{ k/df .

5= lgj ff gdf pDdf/ aGg k/df .

6= sğ}klg &fpdf cfkng]cfwsfl/s kl/ro lbg k/df .

7= lj Bfno / lj Zj lj Bfnodf egf{xg k/df .

s:tf]JolQmgkfnsf]gful/s aGg}<

o; ; DaGwdf gkfn clw/f]hos f]; lj wfg 2047 n]lgDg adf]hd Joj :yf  
 u/\$f]kf0G% .

1= sğ}JolQmgkfn df hGd\$ f]cj :yfdf lghs f]afa" gkfns f]gful/s  
 /x% eg]hGd\$ f]JolQmj çhs f]gftfn]gkfns f]gful/s xG% .

2= sğ}gfafns gkfn leq k|nk/df lghs f]afa\$ f]kQf gnfu} Dd  
 To:tf]gfafns j çhs f]gftfn]gkfns f]gful/s aG% .

3= gkfn leq ufleg]u/Lsğ}gofæIfq k|kt ePdf ; f]Ifq leq a; f}af;  
 ug]JolQmklg gkfns f]gful/s aG%g\.

4= lj bç Inf0{lgDg adf]hd gkfns f]gful/s tf k|bfug ug{; ls G% .

s\_ gkfns f]/fi^efiff af]ng / n]vg hfg\$ f].



v\_ gkndf s g}Jo; ; fo u/La; }f].

u\_ cGo b} s f]gful/s tf Tofu}f].

#\_ gkndf s lDt df 15 j if{a; f}f; u/}f].

a\_ cGt/fi^o VoftLkft u/}f JolQmf0{; Ddfgy{gkns f]  
gful/s tf k}fg ug{; ls G% .

r\_ gknl nflg]dflg; ; u lj j fx u/}Llj b}L:j f:gLdflg; n]cfn}f]  
b} s f]gful/s tf Tofu}f gkns f]gufl/s tf kfg ; Sg}g\

gf}M

- s g}klg gknl:j f:gLdflg; n]lj b}Lgful/s; u lj j fx u/}f lghs f]  
>ldfgn]oxfs f]gful/s tf lng rfx}f lng ; Sb} .
- lghs f]aRr fn]klg cdfs f]gdfaf^ gkns f]gful/s tf lng ; Sb} .
- gful/s tf lnbf afa}f]gfdj f^ dfq lng ; ls G%

gful/stf

# परिशिष्टहरू

1= z flGt ; 'Iff u/f0 dfUg lb0g]lgj bgs f] (fr f

>L===== lhNnf kzf; g s foffnodf r (fPs f] lgj b g kq

lj ifoMz flGt ; 'Iff ul/kfp+

=====lhNnf =====g-kf-/ uflj ; j f\* g+=====a:g]j if{=====s f]===== 1 lgj bs

lj ?S

=====lhNnf =====g-kf-/ uflj ; j f\* {g+=====a:g]j if{=====s f]=====1 lj kIfL

d lgj bs ?= 5 s f]l^s ^ ^f;LlgDg lnltv lgj b g ub%".

1= lj kIfL/ d l%d\$ Lxf; lj kIfLem\*fn"kj [Qs f]xg% . ; fgf ltgf j xfgfdf slr un v\*f ul//xg"x% .

2= oxL=====; fn =====dlxgf=====ut] lj xfg=====j h] d]f] #/df cf0 t] dnf0 s ^lk^ xfn\$ f]/x%; t]Tof]d@f lknf{lnG%; sLlnb; 5 lbg leq Tof]d@f lknf{ ln0{gq t]afRg kb\$ elg ; fydf 5-7 hgf dflg; ; d; ln0{cfpg"ePs f]lyof]. d] dnf0{cGofo k/\$ f] d@f lknf{lnGg eGf lt dflg; x; n]lj leGg ufnLunfh ug{yfn] kl% \*/n]#/ leq k; }To; cj:yfdf d]f]#/s f] (f\$ f g)knt]u/Lnft dSsf xGg yfn]kv d@f lknf{glnPdf t]f]Hofg j kQf kf/ lbG%". t]f]#/df cfuf]nuf0 lbG% uP . pQm^gfs f]b]o d]f %/l%d\$L; ah]b]v\$ f %g\

3= cfkng]hlp Hofg wg dfnsf c; 'Iff dx; ' u/Lof]lgj b g ug{cfPs f] %". ctM hlp Hofg / wg dfns f]; 'Iffs f]kGw ul/kfp+

4= n]vPs f]Joxf]f &Is ; fr f]xf]. entf &x/]sfgg adf]hd ; xhf aètfpnf .

lgj bs

0lt ; Dj t =====; fn =====dlxgf=====ut]=====/fh z èd\.

kI/ZIi6x2

2= #fp hfr u/f0 dfUg lb0g]lgj bgs f](fr f

>LlhNnf kx/Ls foffo=====df r (fPs f] lgj bg kq .

lj ifo M#fp hfr u/f0 kfp+

lh=====g-kf=/uf=lj =; = j f\* {g== a:g]j if(= s f]xl/dfof+z df{1 lgj bs

lj ?\$

lh= g-kf=/ uf=lj =; = j f\* {g== a:g]j if(= s f]/fd dfof+z df{1 lj kIfL d lgj bs  
?= 5 s f]l^s ^ ^f7LlgDg lnltv lgj bg ub%".

1= lj kIfL / d l% d\$ Lx f]hUufs f]; fw l; dfgfs f]af/df ; do ; dodf lj kIfL ; u s \$L  
egfeg r ln/xGof] ldlt =====s f]; femsl/j 6 j h]d #/ kms b]lyP ; f]lbg d d]L  
%f]Is f]nflu l; qm / cf&L agfpg glhs \$ f]af]ffs f]f lbPs fh]; f]; fydf ln0 kms bf  
s \$Ll(nf ePs f]lyof].

2= pQml; sL / cf&L ln0 #/ kUg" gkfpb) glhs \$ f]k; ndf d]f]af^f] ( \$L a; \$ f  
lj kIfm]dnf0{PSsf; Lcf0 aNn kmf kf/]c:tLt]L%f]L/ t]dnf0{s]eg\$ f]ly0{  
cfh tnf0{To; }%f] lbg elg eTnof0{ s f]/Lnf&f d\$sf, ( \$fn]s ^lk^ u/Ld]nufPs f]  
l; qm sfgs f]^k, cf&L / d]f]; fydf /x\$ f]l; qm cf&L nufot 5,000 ?-klg n^L  
nlug\

3= lj kIfs f]lk^f0h]ubf{ d]f]cfvf / lgwf/s f] %pdf &hf] r f] nfu\$ f] % z/L/s f  
lj leGg cudf w}]gn\* fd r f] nfu\$ f] %g\ . Pgs f Dofb leq s ^lk^ / n^lk^ d@f  
bfo/ ug{g}%".

4= ctMs ^lk^ ePs f]tTsfm}pkl:yt ePs f]%"#fp+hfr u/f0 kfp+

5= Joxf]f l&s ; fr f]% emf]&x/]sfgg ad]hd ; xhf aemf nf .

0lt; Dj t 2061 ; fn=====dlxgf=====ut]=====/fh z ed\=====

kl/Zil6X2

3= dTo"bt{kdf)k q kfp g lb0g]lgj bgs f](fr f

>LlhNnf kzf; g sfoffo=====df r (fPsf]

lgj bg kq .

lj ifoMdTo'bt{kdf)k q kfp

>ldfg\

? 5 sf]l^s^ ^f7LlgDg lnltv lgj bg ub%".

1= d/f]lktf=====sf]j if{70 sf]pd}df snultn]:j uf{f}f eof]. o;  
s'/sf]kli^ c:ktfn / uf= lj = ; =sf]dTo"kdffkqn]ug{g}% o; sf]kltlnk o; }  
lgj bgsf ; fy % . cGo kdff aëng cfj Zos k/]; f]; dte aëng}% .

2= pk/fQng; f/ dnf0{dTo"bt{kdf)k qsf]cfj :ostf k/þfh]of]lgj bg u/þf]%.  
d/f]lktf =====sf]ldt=====df dTo"ePsf]kdff)ft ul/ kfp+.

3= Joxf]f &ls ; frf]xf]enmf &x/]sfgg adff]hd ; xhf aëmpnf .

lgj bs

0lt; Dj t 2061 ; fn=====dlxgf=====/fh=====z èd\.

kl/Zli6Xç

skfnL td; Š s f] (frf

uflj ; j f\* {g+3 a:g]j if{28 sf /lht s fkmh]# / vr {ugš f]nflu tkf0{  
; fx"pdž af^ ?=20,000÷ lnPs f]&Is ; frf]xf]log ?køfs f]afhs j h  
s ]% eg]oxL2061 ; fns f]df# d; fGt leq pQm/s ds f]; os \* f bz  
kltz tsf b/n]Jofh ; d} nuf0{ltg[aèmpg]%"tfls Ps f]; do leq ltg{  
aèmpg ; lsg eg]d]f]# / #/fgfaf^ c; h pk/ u/LlnPdf d]f]dh/L  
% elg tkf0{; fxš }#/df j f ; flLls gf/fs f /fxj /df d]f]/fhlv;" L; fy  
of] sfuh n]v lbof+0lt ; Dj t 20=====; fn=====dlxgf=====ut]  
lnlvtd wlgsf gfd lhNnf df]é lj /f^gu/ dx/ pk dx/ gu/kfns f  
j f\* {g+2 a:g]/dž sf gflt xl/sf %f]f j if{30 sf]pdž /ldL cfu]  
C)f]sf gfd k]lsf gflt cflzifsf %f]f lhNnf df]é a]haf/L /fh  
z èd\=====

kl/zli6Xž

# मुलुकी ऐन (एघारौं संशोधन-२०५८ को सकारात्मक व्यवस्थाहरू

%f/Inf0{clz of/s f]?kdf :j Is f/ \$ f[M%f/In] 35 j if{k/fu/L clj j flxt /x}df dfq cz kfpq]Joj :yf /x \$ f}f %f/Inf0{klqs ; DklQdf %f/f ; /x hGdg]lj lQs}; dfq cz clwsf/ lbPs f]%

lj wj fnf0{cz df k}{clwsf/Mlj wj f dlxnfn]cz ln0{%l\$P/ a:g 30 j if{kUg"kg]Joj :yfnf0{x^f0Ps f]%. lj wj f dlxnfn]cs f]lj j fx u/df klg cz kms fpg" gkg]Joj :yf ul/Ps f]%

nf]g \$ f]; DklQdf :j f:gInf0{cz df k}{xs Mlj j flxtf dlxnfn]nf]g] u cz ln0{leGg xg cfj Zos kg]lj j fx ePs f]15 j if{/ pd} 35 j if{kUg" kg]z t \$ x^f0Ps f]%

%f/Is f]klg kng kf]f); DaGwL clwsf/Mklxn \$ f]s fggdf %f/fs f]dfq kng kf]f) ug{kg] %f/Is f] kng kf]f) ug] bfoTj s; }f g/x \$ f] cj :yfdf %f/Inf0{klg %f/f ; /x vfg nfpq / plr t lz lff lb lff ; j f:Yo pkrf/ ug{kg]Joj :yf ePs f]%

cz d@df kfj sfl/tfMcz d@f ; DaGwL kn nf sfofj ogs f]qndf b]vg]; d:ofnf0{Vofgd /fv}kn nf sfofj ognf0{kfj s f/L agfpg kn nf sfofj og ug{afw cfj /fv ug}nf0{kfr xhf/ ?k}f; Dd hl/j fgf j f Ps dlxgf ; Dd s \$ j f b]}; hfo xg ; Sg]Joj :yf ul/Ps f]%

; DaGw lj R% \$ ePs Ldlxnfnf0{cz xsM; DaGw lj R% \$ ePs f]cj :yfdf dlxnfn]cfkng]lj j flxs #/ / df0tIaf^ klg cz gkf0{cz lj xlg ePs f] cj :yfdf ; wf/ cfPs f]%. nf]g]j f :j f:gL hf] \$ \$ f]s f/)fn]; DaGw lj R% \$ ePs f]eP klg ; DaGw lj R% \$ x \$ fs f]avtdf g}nf]g]:j f:gLaIrcz j)\* f ug{kg]Joj :yf ul/Ps f]%. olb dlxnfn]cz gln0{; flj fkt nf]g] u df]; s j f j flif \$ vr{e/f0{lng rfxdf cbfntn] nf]g \$ f]; DklQ / cfo:tfs f]cfwf/df To:tf]vr{e/f0lb]g]Joj :yf u/ \$ f]%. o:tf]; lj wf dlxnfn]cs f]lj j fx gu/]; Dd kfpq]l%g\

kl/zli6x2

nf|g|ePsLdlxnf|s}Lcj :yfdf wd{k} j f wd{k}L /fVg ; SgM>ldfg  
 hlj t xg}j f ; f:f tk}f|f|f|f|L ePsLdlxnf|wd{k} j f wd{k}L  
 /fVg gkfp|Joj :yf ePs f|f dh\$LPg 11 cf; z f|vgn>ldfg; u cz  
 ln0{j f dfg| %|S0 leGg a; \$Ldlxnf|cfk}f|f|f|LgeP wd{k} j f  
 wd{k}L /fVg kfp|Joj :yf u/\$f| % .

bffh|s f|cj wf/)ff vf/hM%f|Ldfq xg}h|cfk}f|f|f|Inf0 k)f; Gtfgs f|  
 ?kdf gln0{ bffhL /fVgk| h:t| e|efj k)f{ cj wf/)ffdf cfw|/t  
 Joj :yf x^f0%f|Ldfq eP %f|f ; /x k)f{clwsf/ k|k ug{cj wf/)ffn0{  
 :j ls f/\$f| % .

wd{k}L lbg gkfp|Mpp^f dfq %f|f xg}h| %f|f wd{k}df lbg gkfp|  
 Joj :yf ; /x Pp^f dfq %f|Lxg}h|klg wd{k}L lbg gxg}Joj :yf u/\$f|  
 % .

clj j flxtf %f|In| klg %f|f ; /x cktfnL kfp|M cktfnL kfp|  
 kfylds tfs f|qmdf /x\$ f| e|efj df ; Wf/ ub{ clj j flxt %f|In| %f|f  
 ; /x cktfnL kfp|Joj :yf u/\$f| % .

ue{ktgMs g}klg dlxnf|cfk}f|:j R%fn| 12 xktf ; Dds f|ue{ktg  
 ug{kfp|Joj :yf u/\$f| % . ha/h:tLtyf xf\* gtf s /)flaf^ /xg uPs f|  
 18 xktf; Dds f|ue{ uej tL dlxnf|cfk}f|:j R%fn| ktg ug{kfp|  
 Joj :yf u/\$f| % . t/ e)fs f|lné klxrfg u/} lnés f|cfw|/df uektg  
 ug{gkfp|/ o; p@Zon|lné klxrfg ug{u/fpghf0{3 dlxgf}v 6  
 dlxgf; Dd s} xG% / uektg ug{u/fpghf0{yk 1 j if{s} xg}Joj :yf  
 u/\$f| % .

hlxn]; \$}ue{ktg ug{kfp|cj :yfMuej tLdlxnf|uektg gu/fPdf  
 uej tLdlxnf| Hbfgdf vt/f kUg ; Sg|j f zf/Il/s j f dfg|; s c; /  
 kUg ; Sg|j f las nfa aRr f hGdg]; Defj gf eP lr|sT; s s f|; Nnfxdf  
 hlxn] \$} uektg ug{kfp|Joj :yf u/\$f| % .

ha/h:tL s /)fldf ; hfos f| j |SM gfa|nsf tyf cGo dlxnf0{  
 ha/h:tL s /)fL ughf0{3 j if}v 10 j if; Dd s} ; hfo xg}Joj :yf  
 ePs f|f kl\* ts f|pd|s f|cfw|/df 5 j if{b}v 15 j if; Dd ; hfo xg}  
 Joj :yf u/\$f| % . h; cg' f/ 10 j if{eGf dlgs f afns fnf0{eP 10 j if

b]v 15 j if{ Dd s] 10 j if{j f ; f]eGf dfl y 16 j if{dlgsfnf0{eP 7 j if{b]v 10 j if{; Dd s] j f ; f]eGf dfl ysf]eP 5 j if{b]v 7 j if{; Dd s] xg]Joj :yf u/}f]%

; fdlxs ha/h:tL s/)fL / uef tL c; Qmj f ckf dlnfnf]s/)fldf yk ; hfoM dlnfnf0{; fdlxs ?kdf ha/h:tL s/)fL ug{j f uef tL c; Qmj f ckf dlnfnf0{ha/h:tL s/)fL ughf0{yk 5 j if{s] ; hfo xg]Joj :yf u/}f]%

gfafns; u ckf]ts dygdf ; hfo tyf Iflktkl]Mj w]s n]s; ]s g} gfafns; u s g}lsl; dsf]ckf]ts dyg u/]u/fPdf ha/h:tL s/)fL u/}f]dflgg]/ ha/h:tL s/)fldf xg]; hfodf yk Ps j if{; hfo / plr t Iflktkl{; dt e/f0{lbkgk]Joj :yf u/}f]%

ha/h:tL s/)fL d@fdf lj z]f Joj :yfM ha/h:tL s/)fL d@fsf] cg; Gwfgs]l; nl; nfdf kl\*t dlnfnf] aofg u/fpbf dlnf kx/In] u/fpg"kg]. dlnf kx/L gePdf ; dfh; j L dlnfnf] /fxj /df cGo kx/In]ug{ Sg]Joj :yf u/}f]%. To:t}ha/h:tL s/)fL d@fsf]cbfntdf ; g}f0{x]f d@f; u ; DalGwt ; ldt JolQm]f]dfq pkl:yt xg] kfp]g] Joj :yf u/}f]%

kz s/)fldf dlnf / k?ifnf0{; dfg ; hfoMkz s/)fL s]dxn pNn]vt ; dfg s; % ug{dlnf / k?if b] }hf0{; dfg ?kdf Ps j if{ Dd s] j f kfr xhf/ ?k}f; Dd hl/j fgf xg]Joj :yf u/}f]%

afnlj j fx tyf axlj j fxdf ; hfodf j ]\$Mafnlj j fx u/fpghf0{clws td tlg j if{; Dd s] / bz xhf/ ?k}f ; Dd hl/j fgf xg]u/L; hfodf j ]\$ ul/Psf]%. o:t}axlj j fxnf0{Ps j if{b]v ltg j if{; Dd s] / kfr xhf/ b]v klRr; xhf/ ?kof; Dd hl/j fgf xg]u/L; hfodf j ]\$ ul/Psf]%

(f^L lj j fxdf ; dfg ; hfoM (f^L lj j fx ug{dlnf j f k?ifnf0{; dfg ?kdf bz xhf/ ?k}f; Dd hl/j fgf xg]Joj :yf u/}f]%

k/:qLk/ k?if s/)fldf ; DaGw lj R%]sf]clws f/Mdlnf j f k?ifn]k/ k?if j f k/:qL; u s/)fL u/]u/fPs f]&x/]f Ps cs f^f^ ; DaGw lj R%] ug{kfp]g]Joj :yf ul/Psf]%



dlxnf / k?ifs flj j fx pd}df ; dfgt fMlj wps n]dlxnf / k?ifs flj j fx pd} ; DaGwdf km's km's Joj :yf u/ \$ f}f dlxnf / k?if b} \$ f}nflu cfkngf]dGh"/In]lj j fx ug{eP 20 j if{/ cleefj s s f}:j Is [tn]eP 18 j if{pd} kü \$ f}xg"kg{Joj :yf u/ \$ f}% .

JolQmt #^gf bt{ug}; DaGwdf

JolQmt #^gf bt{ug{s /f klxn]klxn]TotL clgj fo{gePtf klg xfn ; fn cP/ clgj fo{g}e} s \$ }% . To; h]x f dL; ahgf cfkngf]tyf cfkngf kl/j f/sf JolQmt #^gf bt{u/Lcfj Zos k/ \$ f}lavt To; s f]ceefj df kg}; d:ofaf^ ; dod}; r t xg"cfhs f]dfu xfl.

hGd, dTo"tyf cGo JolQmt #^gf -bt{ ug{Pg 2033 tyf hGd dTo" tyf cGo JolQmt #^gf bt{ug}lgodfj nL 2034 df cfwfl/t eP/ JolQmt #^gf bt{ug}kb% .

hGd, dTo," tyf cGo JolQmt #^gf bt{ug}Pg 2033 tyf hGd, dTo" tyf cGo JolQmt #^gf bt{ug}lgodfj nL 2034 nfu' ePkl% hGd, dTo"lj j fx ; DaGw lj R%b tyf a; f0{/f0{h:tf kd v 5 JolQmt #^gf bt{ ug} sfo{ gkfn clw/fHosf lj leGg lhNnf x df 2034 ; fnb}v r /)fj \$?kdf nfu' e} 2047 ; fnb}v clw/fHosf ; Dk){ lhNnf x df ; fng e}x \$ f}% .

1= hGd, dTo" tyf cGo JolQmt #^gf bt{ ug} sfo{ lj leGg lhNnf x df lj leGg ldlt df nfu' ePs f}h}h} lhNnf d h} ldlt b}v ; f]Pg lgod nfu' ePs f}% . ; f}L ldlt b}v #^ \$ f} #^gf dfq bt{ ug}kfj wfg % .

2= hGd, dTo,"lj j fx ; DaGw lj R%b / a; f0{/f0sf #^gf bt{u/fpg cfp g}JolQmf0{/ DalGwt #^gf bt{/ r gf knf/d lgz Ns pknAw xG% .

3= Pg lgodn]tf \$ \$ f}Dofb leq -35 lbg leq\_ ; r s n]e/} k} u/ \$ f} ; r gf knf/fds f}lj j /)f &Is ePdf ; f}lj j /)f bt{ls tfadf r (f0{/ DalGwt JolQmf0{/ #^gf bt{ \$ f}kdf}f kq lgz Ns ?kdf pknJw u/fpg]. #^gf #^ \$ f}35 lbg leqdf #^gf bt{u/fpbf s g}b:t' nfu b}g .

kl/ZlI6X

4= :yfglo klhs flwsf/lx2 n] cfkn]gf] ufp+ lj sf; ;ldlt / gu/kflnsfdf #^gf bt{ePsf ; r gf kni/idx2 x/3 dlxgfsf]5 ut] leq ; DalGwt lhNnf lj sf; ;ldltsf] sfofnodf aen0{ ; Sgkb% . pQmcj lwdf s g}#^gf bt{xg gcfPsf]eP klg ; f]L Joxf]f kl]tj hg lbg"kb% .

5= ; rsn]e/3f]; r gf kni/dx2 ; nUg u/Lqm]j \$ ?kdf kn0n u/] dlxgf lat3f]7 lbg leq lhNnf lj sf; ;ldltsf]sfofnodf k&f0{ ; ]sfofnoaf^ :yfglo lj sf; dGqfno, klhs /)f zfvdf k&fpg" kb% . t/ 35 lbg gl# JolQmt #^gf bt{u/fpg c]Pdf :yfglo klhs flwsf/In]cf& ?kof+b:t' ln0 bt{ug'kb% . sfa"afix/sf] kl/l:ylt afx3 t]sPsf] Dofb leq klg JolQmt #^gf bt{ gu/fpg]h0{ :yfglo kl~hs flwsf/In] a(Idf kr; ?k3f ; Dd hl/j fgf u/Lbt{ul/lbg].

6= JolQmt #^gf bt{ubf]; r s; u ln0g]zNs tyf hl/j fgf b:t' lnbf ; rsnf0{gubL /l; b lbg]/ o:t]/sdsf]kni]j f/Ltof/ u/L kfk /sd t?Gt a3df b]lvnf u/Ln]/kl/I)fsf nflu >]tf tof/ kf/LlhNnf lj sf; ;ldltsf]sfofnodf k&fpg].

7= ; r s n]k( ug{ghfG]eP :yfglo klhs flwsf/In]; r gf kni/d e/L ; f] kni/fdsf] lglb{^ :yfgdf bfof+afof+; rsn]a(L cf]s]f] Nofkr ]; lx%fk nufpg"kb% .

8= ; rsn]e/3f]; r gf kni/fd bt{e} skl% s]d] ug{xbg . n]g" kg]s'f %^ ePdf jf n]g gkg]s'f n]vg uPdf ; f]s'f bt{ lstfasf]s]kmt dxndf n]g"kb% . s]d] xg uPdf ; f]&pdf b:tvt jf Nofkr ]; lx%fk u/fpg"kb% .

9= cg" rL; r gf kni/fd, bt{ls tfa / kdf]fkq snf]d; In]dfq eg' kb% .

10= ; r gf kni/ddf ; r s s]x:t]f]f/ ; xL tyf bfof-j fof+a(L cf]s]f] Nofkr ]; lx%fk nufpg"kb% . n]k( ug{ghfG]; r s s]xsdf Nofkr ]; lx%fk dfq u/fp xG% .

11= gkfnf a; L cPsf lj bZ L gful/s n] cknf aRr fs] hGd btf{ u/fpg cPdf Pgsf]/t k%of0 hGd btf{u/L kdf}f kq lbg" k%{. To; /L kdf}fkq lbf ; f]kdf}f kqdf hg bZ s] gful/s xf] To; bZ s] gfd pNny u/L lbg] ug{k%{.

12= ; DaGw lj R%b #^gf btf{u/fpg cPgf] JolQm u cbfnt s] cfbZ n] ; DaGw lj R%b ePsf] eP To: tf] cfbZ j f kn nfs] kdf} flt gSs n ln0 ; f]gSs nnf0{; r gf kn/d; u /fvL kn nf j f ; DaGw lj R%b s] #^gf btf{ ug}.

13= ; fdfhs /llt/ j fh, k/Dk/ f j f lj j fx btf{Pz 2028 cg! f/ ePsf] lj j fxnf0{btf{ug} kdf} flt lj j fxnf0{klg btf{ug}.

14= Ps)k^s df Ps eGf a(Llz "hGdPsf #^gf btf{ug{cPdf %Sf %S}; r gf kn/fd eg{nuf0{btf{u/L; f]Joxf}f btf{ls tfadf pNny u/L %Sf %S}kdf}f kq lbg}.

15= ; r s s] xs df Pzdf pNny eP cg! f/ ug} / cdfafas] kQf] gnfu\$ f] lz z "hGd\$ f] #^gf btf{ugkb}f] j f dts s] ; r s gePsf] cj : ydf up+lj sf; ; llt / gu/kfns fs] ; DalGwt j \* f ; b:os] l; kn/; sf cfw/df up+lj sf; ; ldtsf cWIf j f pkfWIf, gu/kfns fs kdv j f pkkdvn] ; r s e0 #^gf btf{ug{cPdf : yfgo khhs flws f/In] #^gf btf{u/L kdf}fkq pknAw u/fpg] / ; f]LJoxf}f btf{ls tfas] s] knot dxndf hgfpg}.

16= hGd, dTo," lj j fx, ; DaGw lj R%b / a; f0{ ; /f0sf #^gf btf{ cfuf] kfgL cflbn] Iflt gk%ofpg] / gx/fpg] u/L : yfgo khhs flws f/In]; %lft ; fy /fvgkb% .

17= : yfgo khhs flws f/L ; ?j f e0 uPdf j f cknf] kbaf^ /flhgdf lbPdf j f ; j faf^ x^hf cknf] lhDdf /x\$ f] ; Dk)f{s fuhftx2 / btf{ls tfaf lgodfg! f/ a/aem/y u/L hfg"kb% . ; f]s] Ps klt s fuhftx2 lhNnf lj sf; ; ldts] s] fofhodf k&fpg" k%{.

18= : yfgo khhs flws f/In] #^gf btf{e} s ]kl% tns] lgdgf adf] hds] %fk nuff0{ : yfgo khhs flws f/In] gfd, y/ bhf{nyL b: tvt u/L ; r s nf0{kdf}fkq lbg}.

dlxnf pk/ xg]; a)k\$ f/sf epefj lgdhg ; DaGwL  
cGt/fi^e sfgg (CEDAW)

dlxnf lj? \$ xg] epefj gkfnf dfq geP/ cGo dh\$ x; df klq  
lj Bdfg /x\$ f]%. To; h]o; sf]cGtos f]nflu cGt/fi^e txaf^ g)kxn  
xgk%{eGg]s /f p&h}cfPs f]xf]. o; nf0{dlxnf x; s]dfgj clwsf/sf]  
bfi^af^ x}cGto ugk%{eGg]s /fs f]z? j ft ; g\1948 df ; eQm/fi^e  
; #n]hf/Lu/\$ f]dfgj clwsf/sf]lj Zj JofkL #fi}ff kq ; u}z? ePs f]  
xf]. o; }u/L; g\1966 df hf/L o; ; DaGwL pkn}x; n]klg dlxnf s]  
dfgj clwsf/sf]; #If]s f]s /fnf0{p&fPs f]%. oL ; a)b:tfj hx; n]  
dlxnf / k?ifs f]aR df epefj ug{gkf0g]s /fnf0{; d} \$ f]%. olt xbf  
xb}klg dlxnf x; s]f]; d:ofdf /fi^x; s]f]kof{t Wbf gk; \$ f]dx; ;  
ePkl% %^ \} cGt/fi^e sfggs f] thdf ug] lgis ifdf /fi^x; k; ].  
o; \$ f]km:j ?k ; eQm/fi^e #s f]cu} f0df ; g\1971 df dlxnf pk/  
xg]; a)k\$ f/sf epefj lgdhg ; DaGwL cGt/fi^e dxf; lGw kf]/t  
ul/of]. of]; lGw kq Pp^f cGt/fi^e sfgg xf]. o; sfggn]dlxnf dly  
xg]; a)k\$ f/sf epefj s]cGto ug{ nIf lnPs f]%. o; sfggnf0{  
gkfn]2048 ; fn -; g\1991\_ df g}cgdfhg ul/; s \$ f]%. o; df  
hDdf 30 j ^f wf/fx; %g\ . hg wf/fx; n]dlxnf / k?ifs f]aR df  
/fhg]ts, cfly\$, ; fdlhs, ; f:s ]ts, gful/s / c? s g}klg lj ifo; u  
; DalGwt clwsf/x; df lj e} ug{xb} elg dlxnf x; s]f] clwsf/sf]  
; lg]Zr t ul/Ps f]%. pbfx/)fs f]nflu s xLwf/fx; s]f]; f/ tn pNn}  
ul/Ps f]%. .

wf/f 2 df x/\$ /fHn]; j}wflgs Pj +sfgg LJo: yf u/L cfk; g]dh\$  
leq dlxnf lj? \$s f]epefj lgd h ug{kg] tyf ; dfgt f sfod ug{k g]  
Jo: yf u/\$ f]%. .

wf/f 3 df /fhg]ts, ; fdlhs, cfly\$, tyf ; f:s ]ts If]x; df clwsf/  
kof]us f nflu sfgg Jo: yf nufot cGo cfj Zos s bdx; r fNgk g]  
; DaGwL Jo: yf ul/Ps f]%. .

wf/f 6 df dlxnf x; s]f]s ga} tyf j Zofj [Qdf xg]z fi}fs f]cGto ug{  
cfj Zos sfgg L Jo: yf ug] tyf To; s] sfog] og ug{k g] st}o  
/fHnf0{t \$ \$ f]%. .

kl/Zli6x;

wf/f 9 df dlxnf<sub>2</sub> n] l] j fx u/ \$f] kltn] gful/stf kl/j t<sub>g</sub> u/ \$f] sf/)f kTglsf]/fli^<sub>o</sub>t<sub>f</sub> : j tMkl/j t<sub>g</sub> gx<sub>g</sub>] / afnaflns fsf]/fli^<sub>o</sub>t<sub>f</sub>sf] ; DaGwdf dlxnf k?if ; /xsf] ; dfg clwsf/ k<sub>h</sub>fg ug]Joj :yf u/ \$f] % .

wf/f 15 df dlxnf<sub>2</sub> s] s fggLlfdtfnf0{lgoGq}f ug]vfnsf s /f/ tyf lghLlnvtx<sub>2</sub> ab/ u/fpg] lx\* \* h ug] / cfk<sub>g</sub>]af; :yf tyf af; s] nflu eld ; DaGwL:j tGqs f s'fdf ; dfg clwsf/ lbnfpg]Joj :yf u/ \$f] % .

olb xfdlnf0{ xfd] b<sub>z</sub>sf] sfggn] clwsf/ lbPsf] /x<sub>g</sub>% eg] kl<sub>g</sub> cGt/fi^<sub>o</sub> sfggsf] cfwf/df xfdL cfk<sub>g</sub>]clwsf/ v<sub>h</sub>g lng ; S%f}. gkfn clw/fh<sub>o</sub>sf] ; h wfg, 2047 sf] wf/f 126 cg' f/ ; lGw jf ; Dent<sub>f</sub>sf]cg<sub>h</sub>fhg : j Is t j f ; dygsf]klqmf sfggaf/f lgb<sub>z</sub> g tl/sf cg' f/ x<sub>g</sub>] / To:tf]klqmf k'f u/Lcg<sub>h</sub>fhg e0{ ; s<sub>kl</sub>% /fli^<sub>o</sub> sfgg ; /x nfu' x<sub>g</sub>% . To; }u/L ; lGw P<sub>g</sub> 2047 n]kl<sub>g</sub> gkfn kIf ePsf] cGt/fi^<sub>o</sub> ; lGw ; Dent<sub>f</sub> b<sub>z</sub> leq s}cGo sfgg ; /x nfu' x<sub>g</sub>]Joj :yf u/ \$f] % . P<sub>g</sub>sf] bk<sub>n</sub> 9 df ; lGw Joj :yf sfgg ; /x nfu' x<sub>g</sub>] egL ; # baf^ cg<sub>h</sub>fhg ; lDdng ; j Is t j f ; dyg e0{gkfn clw/fh<sub>o</sub> j f >L 5 sf] ; /sf/ kIf ePsf]s<sub>g</sub>} ; lGwsf]s'fx<sub>2</sub> k<sub>t</sub>lnt sfgg ; a afle<sub>n</sub>sf] xb; Dd k<sub>t</sub>lnt sfgg cdfGo x<sub>g</sub>% / To; ; DaGwdf ; lGwsf]Joj :yf gkfn sfgg ; /x nfu' x<sub>g</sub>% eG]pNn<sub>y</sub> % .

o; af^ xfdlnf0{ s ]:ki^ x<sub>g</sub>% eg] gkfn]lné -dlxnf / k?if\_ sf] cfwf/df ePsf lj e<sub>h</sub> cGto ug]kg{x<sub>g</sub>% . lsgsLo; s]nflu gkfn] x:tfif/ u/ \$f]cGt/fi^<sub>o</sub> sfggx<sub>2</sub> h:tMl; \* (CEDAW) n]kl<sub>g</sub> of] st{<sub>o</sub> tf<sub>z</sub> \$f] % . tL; lGw ; Dent<sub>f</sub>fx<sub>2</sub> gkfn sfgg ; /x dflg<sub>g</sub>%\

## सन्दर्भ सामग्रीहरू

- != dh\$L Pq, P3f/f); zfwg, @)%(  
@= gkfn clw/fHosf]; ljwfg, @)\$&  
#= afnaflnsf ; DaGwl Pq, @)\$\*  
\$= afnaflnsf ; DaGwl lgodfj nl, @)%@  
%= >d Pq, @)\$\*  
^= FWLD sf lj leGg k\$zgx; -dlxnf clwsf/, uektg\_  
&= afnclwsf/ ; DaGwl dxf; lGw @) gfa/ , !(\*(  
\*= l; ljgsf k\$zgx; -afn; /f\$ /, afnof; zffof / afnof;  
b?kofu krf{  
(= dlxnf lj ?4 xg]; a}k\$f/sf ebfj pGdhg ; DaGwl dxf; lGw,  
!(&  
!)= hlp df:g]aRg]sfo{-lgoGqof\_ Pq, @)\$@  
!!= afn>d -lgifw / lgodg ugI Pq, @)%^