

g]kfndf cfly\$, ; fdfllhs / ; f:#s[ts clwsf/M
cj :yf / kj [Q

cjnf\$g cj lw
hgj/l @))! b]v i8;]a/ @))^ ; Dd

; @Qm/fi6«; 3
cfly\$, ; fdfllhs / ; f:#s[ts clwsf/ ; ldltsf]
#*cf]; efdk k|tt

gful/s ; dfh k|tj]bg

clkh @))&



g]kfn uf]dlOf kg]gd]fOf ; :yf -cf/cf/Pg_
0=P; =; l=cf/=; pk-; ldlit ; e]h]s



dfgj clwsf/ ; l@w cgludg ; e]h]g ; ldlit
-Pr=cf/=6l=Pd=; l=; l=, g]kfn

gkfn dcfly\$, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjQ

tof/ ug
0P; =; l=cf/= pk-; ldl, gkfn ufdlOf kglgdf ; :yf -cf/=cf/Pg_

; ofhgM
dfgj clwsf/ ; lW cgludg ; ofhg ; ldl -Pr=cf/=lPd=; l=; l=

ofubfgM
chj j flh] 8lPgPkM
lj Bf rfkuf0{ Pr=cf/=lPd=; l=; l=
hut a:g]; ; lP; =cf/=; l=
k\$z 1j fnl, 0G; \$
/fwlsf kfj/h, km]6 PS; g
/fdk] fb uf]d, cf/=cf/=Pg=
/Tg >]7, PkM8An:Pn=8L=
; d ah] ndGtl

ljzif ofubfgM
sdb] vgn
afns [Of s]h
; j /fh v8sf

kltnlk clwsf/M
cfly\$, ; fdlhs / ; f:slts clwsf/ -0P; =; l=cf/= pk-; ldl
dfgj clwsf/ ; lW cgludg ; ofhg ; ldl -Pr=cf/=lPd=; l=; l=, @))& gkfn

k\$zgz ldlMk'; @)^\$

5flkPsf]kltM!))) klt

k\$zSM
gkfn ufdlOf kglgdf ; :yf -cf/=cf/Pg_
kfa-g+*!#), sf7df8f]gkfn
6]hknfgM \$\$@&*@#÷\$\$#!%
°ofS; M \$\$!* (^÷\$\$#\$(\$
0d]hM rm@rm.org.np
j ; f06M www.rm.org.np

db\$M
:yflkt ckm f k], txfnrn, sf7df8f] knfgM \$@*%&&

Dfgj clwsf/ ; lW cgludg ; ofhg ; ldl -Pr=cf/=lPd=; l=; l= lj leG \$& j 6f dfgj clwsf/ ; w7gxZsf]; -hfn xf]
h; n]dfgj clwsf/sf lfdgf gkfn dcf sfo{t ; DkOf{u}; /sf/L ; :yfxZsf]Ps ; fem d-rsf]Zkdf sfd ub]cfPsf]5 .
o; n]; oQm /fi6«; 3 dfgj clwsf/ ; lWsf]; Dalwdf /fHon] lgj fx ugkgl bflot]sf] af/df cj n]sg, ; Ygf ; Dk]of
ub5 / o; af/df j \$]nks klt]hg ; d] tof/ ub5 . Dfgj clwsf/ ; lW cgludg ; ofhg ; ldl -Pr=cf/=lPd=; l=; l=
dfgj clwsf/sf] /lff / kj4Gsf nflu :yfglo :t/df ; d] nlaa0^a ug] sfddf lqmfzln /x\$F5 . o; cl3 g]
Pr=cf/=lPd=; l=; l=n] ; l=0=cf/=8L= / ; l=P=6L= ; fy] cf0€ l=0P; =; l=cf/=sf] dNof]g klt]hg ; oQm /fi6«; 3sf
; DalGwt lgsfox; df j \$]nks klt]hg sf]Zkdf kZ ul/; s\$F]5 .

o; klt]hgdf pln]vt ; fdullxZnf0{kbpTkfbg, kgbk\$zgz / lj t/Of ug{ ; lsg5 . t/ To; df ; fl:sf]pN]v ul/g'
kg5 . ; fdullsf] kof]usf] af/df xfdlnf0{ cj ut u/fOPdf jf k\$flzt ; fdullsf] gSsn pknAw u/fOPdf xfdl o;
sfohf0{ ; /xgf ug5F.

kf\$syg

of]kljtjhg gkfnf cfly\$, ; fdlhs / ; f:s[ts clwsf/ -0P; =; l=cf/=sf]cj:yf / k\$[t -hgj /
@))! blv @))^_ sf]af/df tof/ kl/Psf]xf]. o; kljtjhg] ; fdlhs / ; f:s[ts clwsf/sf]
; Gbedf /fhsf glitx, lj lwx, sfoqmx / ; yfut Joj:yfx / ltgsf sfoffj ogsf]
kg/fj nfxg / lj Znifof ug] pZto /fv\$]5 . of]gkfnf cfly\$, ; fdlhs / ; f:s[ts clwsf/sf]
cj:yf; DaGwl cfwf/et ; Rgfx 0P; =; l=cf/= ; ldltnf0{ kbfq ug] lj leG dfgj clwsf/jfb
; #7gx / gful/s ; dfhsf ; b:ox, sf] ; eQm kof; xf]. of]kljtjhg lj zifM /fHon] Wofg lbg
g; s\$ j f kof(t dfqdf jf:tf gul/Psf vf; d2fx, df sfbt /x\$]5 .

Ps bzs nfd]; z:q aGaa6 lbuf]zflGtlt/sf]ofqdf cfh gkfn ; emdofsnlg cj:yfdf ulh/x\$]5
. ; fdlhs, /fhgllts / cfly\$ kofnls]c; dfg cj:yfsf sf/of hgtfsf lj leG ; dx, sf]alrdf
; yfut lj ; ault / c; dfgtfx, blv65g\ of]; dodf gkfnl ; dfh ; \$6sf]38ldf 5, hg c; Wo
rgjltx, n]el/Psf]5 . lkt[Qfids ; f / hflitut ; Argdf affwPsf]; fdGtl ; dfhsf]?kft/0fsf]
d2f g)gkfnf]cfly\$, ; fdlhs / ; f:s[ts clwsf/ kllktsf nflu dVo afws dflg65g\

cgsh jftfj/0fsf]sf/0fn]ubf{ cfh cj ; /sf 9f\$fx, vln/xh:tf]nflu/x\$]5 . gkfn ; /sf/ /
g\$-kf dcf]fbl alrsf]axt\zflGt ; Demf, cGtl/d ; lj-wfgsf]3ffoff, kg:yfkt ; #bsf]lj 36g /
dfcf]fbl ; lxtsf]cGtl/d lj wlosf ; #bsf]u7g cflbnf0{ bZdf yftl /x\$ /fhgllts, ; fdlhs /
cfly\$ d2fnf0{ ; dfwfg ug] / tl d2fx, nf0{ dhwf/df Wofpg] sbdsf] kdf lnPsf]5 .
dfcf]fblx, n]klg axbnlo khftflGqs /fhgllt, sfqgsf]zf; g, gful/s ; j tGqtf / cfwf/et
dfgj clwsf/klt cf gf klta4tfx ; fj hlg ul; s\$ 5g\

ol ; a}kof; x, sf]afahb gkfnf]cfly\$, ; fdlhs / ; f:s[ts clwsf/x, sf]kllk Ps 6f9fsf]
; kgf dfq ePsf 5g\ . pRr /fhgllts txdh hgtfsf clwsf/nf0{ ; lglZrt ug] egl ul/Psf
klta4tfx, cem]sfoff]og ePsf 5gg\ c; dfj Z, lj eb, lx, f, czlQms/Of / ; yfut c; dfgtfx,
bZsf]cfly\$, ; fdlhs / ; f:s[ts clwsf/sf]kllktdf cj /vwx, xg\ . /fhgllts cl:y/ / ; z:q
aGaf cj zifx, nf0{ cGo afws tljsf] kdf ln0G5 . ol ; d:ofx, buq 7fpK, df cem a9l Jofkt
5g\ hxfFc; dfg zlQm; DaGw, hldg / cfbfqlsf]c; dfg lj t/Of, cfwf/et ; lj wfsf]cej /
c; dfgtf cflbn]hgtfsf]dof / cfd; Ddfgdf cfF kfof0/fv\$ 5g\

hgcfbfnhsf] ; kmf; E} gkfnl hgtfx, n] /fhgllts ; j tGqtf]cEof; ug] d\$ kPsf 5g\ /
cfly\$, ; fdlhs / ; f:s[ts clwsf/sf] lqdf kmf0bf kl\$]5 . o; sf]lg/Gt/ / dfhn]s; /l of]
cj ; /nf0{pkf, u5{eG} s/fdf lge{ xG5 . hgtfn]gful/s / /fhgllts clwsf/x, sf]ta dfq kOf]
pkf, u/\$]dflg65, ha pglx, sf cfly\$, ; fdlhs / ; f:s[ts clwsf/nf0{ ; lglZrt ul/Psf]xG5 .
ha; Dd JoIQm]ef\$af6 dlQm kfp, ta; Dd p; n]af]g kfp]clwsf/sf]sg}cy{/xG . To; h]
cfly\$, ; fdlhs / ; f:s[ts clwsf/sf]kllktn] hgtfsf] ; fdlhs, cfly\$ / hlj sflfhgsf]
; d:ofnf0{dfq ; dfwfg ub, a? gful/s / /fhgllts clwsf/nf0{ ; d} pkf, ugdf d2t ub5 .

w}JolQm tyf ; #7gx, n]of]kljtjhg tof/ ug] sfddf /xof, kfofpgPsf]5 . d dfgj clwsf/
; emf cgludg ; ofhg ; ldlcGt/ut /xl 0P; =; l=cf/= pk- ; ldltsf tkmf6 of]kljtjhg tof/ ug]
sfddf ; xof, ug] ; fylx, nf0{wGof]fb 1fkg ub5' . o; u/L cfly\$, ; fdlhs / ; f:s[ts clwsf/sf]
cj:yfsf]af/df klxnf]; Rgf lbgx]k/fdz {j}ssf ; xefulx, nf0{d lj zif wGof]fb lbg rfxG5' . of]
kljtjhg tof/ ug]nflu ; Rgf / ; xof, bj}kbfq ug]u; /sf/L ; 3 ; yfx, nf0{klg wGof]fb lbg
rfxG5' . o; sf ; fy}kljtjhg nlyg ; ldltsf ; b:ox / lj zif of]ubfgstfnf0{klg d lj zif wGof]fb

gkfnf cly\$, ; fdlhs / ; f:s[ts clwsf/ Mcj:yf / kjD

lbg rfxG5' . cf/cf/Pgsf sd{f/l ; b:ox, Dfgj clwsf/ ; lGw cgludg ; ofhg ; ldl
-Pr=cf/=l=Pd=; l=; l= ; lrj fno / 0G; \$nf0{ klg wGof fb lbg rfxG5' h; sf] lg/Gt/ nufj /
; dKOfaf6 dfq of]kljtj hg of]cj:yfdf kkt ePsf]5 .

of]dxTj kOf{IhdD} f/l lb0Psfdf cf/cf/Pgsf d]f ; fylx, / dnf0{w}v; L nfu\$]5 . xfdl ljZj:t
5f]s 0P; =; l=cf/= pk-; ldl / c? ; DalGwt lgsfox, nf0{gkfnf] cly\$, ; fdlhs / ; f:s[ts
clwsf/nf0{ a%g / cGt/lii6 ; dbfosf] tkmf6 gkfnf] cly\$, ; fdlhs / ; f:s[ts clwsf/
-0P; =; l=cf/=sf]cj:yf ; wf/df ; xofu ug{of]kljtj hg pkoful l; 4 xg\$.

wGof fb

chj sfl{ kl=Pr=8l=

; ofhs

cly\$, ; fdlhs / ; f:s[ts clwsf/ -0P; =; l=cf/= pk-; ldl, Pr=cf/=l=Pd=; l=
; eflk, cf/cf/Pg / u}; /sf/l ; yf dxf; 3 gkfn

Ij ifo; 'L

kl\$syg	u
; f/-; HfK	r
efu ! M; fdfGo hfgsf/l	
kl/ro	@
efu @M cgaGwsf wf/f !-\$ / ^-!% sf]sfofj og; u ; DalGwt lj z]f hfgsf/lx	;
wf/f ! M cfdlgOf[sf]clwsf/	*
wf/f @ M; dfgtfsf]clwsf/ / clwsf/sf]; AfOf	!@
wf/f # Mdlxf / k?if alrsf]; dfgtfsf]clwsf/	!^
wf/f \$ Mcktsfnlg l:yltsf]; dodf cfly\$, ; dflhs / ; f:s[ts clwsf/sf]cj :yf	!(
wf/f ^ Msfd ug{kfpg]clwsf/	@#
wf/f & Msdfs]; dodf Goflos / ; lj wfngs j ftj /Of pkefu ug{kfpg]clwsf/	@&
wf/f * M6\$ olgog u7g ug{kfpg]clwsf/	#)
wf/f (M; dflhs jldf; lxt ; dflhs ; /lfsf]clwsf/	#@
wf/f !) Mkl/j f/nf0{; AfOf / ; xofu	#*
wf/f !! Mplrt :t/sf]hlj gofkgf]clwsf/	\$\$
wf/f !@ Moyf; Dej pRr:t/sf]zf/l/s / dfgl; s :j:f:Yo pkefu]sf]clwsf/	\$(
wf/f !# / !\$ M lzlf]clwsf/ / clgj fo{lzlfsf]JoJ :yf	%@
wf/f !% M ; f:s[ts hlj g, j]flgs cg'; Gwfg / /rfgfids lqofsnfksf]clwsf/	%&
efu # Mp7]sf hNbfanbf ; j fnx	
Ij ifo ! Mâasf]sf/Of cftl/s ; kdf lj :yflkt JolQmx;sf]cj :yf	^@
Ij ifo @ M k]f; L gkfnl sdbf/x;sf]; j fn	^*
efu \$ Mcg; 'Lx	
cg'; 'L ! MPr=cf/-6L-Pd=; l=; l= sf]; u7gfids 9fFf	&^
cg'; 'L @ M/fli6, lqlo sfozfnf=a7sx;sf ; xefulx;sf]gdfj nl	&&
cg'; 'L # MAfh/fdf vfB ; \$6 Mklxf]kljt lj Dj	*#
cg'; 'L \$ M cgaGwsf]wf/f !^ / !& cGtu€ klf /fi6]kz u/\$f kljtj dgdfly cfly\$, ; dflhs / ; f:s[ts clwsf/ ; ldltsf]lgisiff{ds l6kkoilx	*%
tflnsfx;sf]; 'L	
tflnsf ! Mw}]k\$ f/sf hflt÷; dXsf]/fHo ; Argdf kltlglwTj	!)
tflnsf @ M@))@ sf dfgj clwsf/ pNn^Sgsf klI8tx	!(
tflnsf # Mlzlf]sf]:t/	%#
tflnsf \$ Mgk'ndf cftl/s ; kdf lj :yflkt JolQmx;sf]cgdfg	^#
lrqx;sf]; 'L	
lrq ! M; /sf/l vr{-cfly\$, j if{; g\!((!-@))\$	@)
lrq @ Mbt{ul/Psf gkfnl k]f; L sdbf/x;sf]; wof -; :yfut	^*

gkfnf cfly\$, ; fdlhs / ; f:s[ts clwsf/ Mcj:yf / kjQ

; f/-; HfK

lj=; = @)\$^ -; g\! ()_ ; fnsf]khtfGqs]pbo / ljZj sf dVo dfgj clwsf/ ; lGwx;sf] cgdffhg; E} gkfn dfgj clwsf/; Da6wl d2fx;df ljZj dfglrqdf b\yf k\of]. o:tf c6t/fi60 ; lGwx;sf] cgdffgn]gkfnf0{dfgj clwsf/; Da6wl c6t/fi60 sfGgsf]lj :tfl/t lqdf nllg]dfu{kz:t u\of] h; n] ubf{khtfllGqs zf; g k\fnl / dfgj clwsf/ k46sf] lqdf o; n] u\$ f klt1f; E}o; nf0{ kfgkf]f0f jf k46 u/fpg cem a9l vh] nllg] cj; / k\fg u\of] / h; sf ; fydf bznf0{ tl bflotj x; k'f ug] cleef/f klg cfof]. xfn; Dd gkfn cfly\$, ; fdlhs / ; f:s[ts clwsf/ -cf0; L-P; =; L=cf/= ; lxt @) j 6f /fi6«; 3 -oPg= / ; ftj 6f c6t/fi60 >d ; u7g -cf0Pn=cf; cle; lGwx;sf]klf /fi6«ag\$]5 . gkfn]ol ; lGwx;df Joj:yf ul/Psf bflotj x; k'f ug] ljZj; ul/Psf]5 .

dfgj clwsf/; Da6wl d2fx;nf0{k46 ug]klttaatsf ljkl/t bM/b ; kdf gkfn]/fi60 / c6t/fi60 dfgj clwsf/; Da6wl ; lGwx;kltsf] bflotj k'f ug] / ltgnf0{ ; Ddfg ug]jf ; a\wg ug] ; jfnf pNn\vo pknAwl bt[u/fpg ; s\$]50 . dhSn]Ps bzs nfd]lx;fids /fhg]ts aGa eflu/fv\$] ahf /fho zf; gdf b\fk/\$] ; yfut / Jojl:yt dfgj clwsf/ pNn^Sgnf0{/fhg]ts 36gsf] ; kdf /fi60] b\vfPsf] Joj xf/sf] cgeIt ul/65 . pQm cj lwdf dfgj clwsf/ pNn^Sgsf uDel/ cj:yfx; b\vf k/] h; df : jP5frf/L kqmp, cj\wfgs ygf, akQf, u\Goflos xTof, ckx/Of / oftgf cflb 36gfn] ; z:q a6asf]ahf sfGgsf]zf; gsf]cj f1 fnf0{a9fj f lbP .

s]elg65 eg] cfly\$, ; fdlhs / ; f:s[ts clwsf/x;sf ; fy}/fi6«lj sf; sf]klqmfdf ; xeful xg kfgp]clwsf/nf0{/fHon]; dlrt ; Da\wg ug{g; s\$ sf/Ofaf6 pTk6g cfly\$, ; fdlhs / ; f:s[ts c; dfgtf / vf8n g}gkfnf a6asf]k\bef] xgsf dh sf/Ofx; xg\ hgtfn]ha cfknf0{; fdlhs / cflys cj; /sf]; dfg kxF / lj sf; k\$Paf6 lj e\ ul/Psf] dx; ; u/] oxl uDel/ c; Gt16l g} k\of jf ck\of ; kdf ; z:q a6asf]sf/Of a6g k\of].

ztflAbof]v gkfnl ; s[ht hftdf cfwf/t k\fnl]g]Tj u/\$]5, h; n] hgtfx;df lje\sf/L cEof; x; h6dfPsf]5 . ; Dkof{bz el/ of]lje\sf/L cEof; hft, ju{InE, euf]sf ; fy}lkt[Ofj fbl ; Argdf cfwf/t 5, h; n] gkfn]hg; ^Vofnf0{dlxnf, blnt, cflbjf; L, hghft cflb ; Dkpfodf lje\ht u/\$]5 . of]pglx;sf]cfd; Ddfg, :j fledfg / klxrfgsf]; Af0f; E hfl]Psf]5 . ; dfg cfly\$, ; fdlhs / ; f:s[ts x]; otsf]cfwf/ / b[6sf]faff6 dlxnf, blnt / hghftx; Af9l pk]lft 5g\ . pglx; cf'gf cfwf/et' cfjZostfx; Hf:t} vfgf, af; , ; fdlhs / :j f:Yo ;]f cflbsf] cj ; /af6 al-rt ul/gsf] ; fy}pglx;sf] nflu hlj gofkgf] nflu k[ts[ts ; f]sf] pke\ ug]sd clwsf/ lb0Psf]5 .

cg; Gwfgaf6 s] b]vPsf]5 eg] w}k5f18 kl/Psf ; dbfox;dlw]blnt ; dbfo a9l h\vdff 5g\ h; n]gkfnl ; dfhd fNnf]:t/sf]; fdlhs hlj gofkg ug{k/\$]5 . b0{ltxf0{blntx; clzllft 5g\ / pglx;sf] :j:Yo l:ylt /fi6sf c6o hft ; dbfox;sf] e6f w} tn 5 .¹ ; g\@))! sf] hglf0fgcg; f/ gkfn]blnt hg; ^Vof #! Nfv cgdff ul/Psf] lyof] t/ blnt clwsf/sdl{ ; yfx;n]of]; Vof %) nfv ePsf]bfal ub5g\ k'tf]v blnt ; dbfox; /fhosf cfwf/et ;]faf6 al-rt ul/Psf 5g\ pglx;sf]pQm cj:yfnf0{5} f5t h:tf ; fdlhs s/ltn]cem a9fj f lbPsf] 5 .

¹ oPg=8l=kl=))\$, gkfn dfgj lj sf; kltjhg @))\$ sf7df08f] ; 0Qm /fi6« 3 lj sf; sfoqmd k[^]=

dlxnf / k?if alrsf] ; dfgtf cfh csf] d2f ag\$] 5 / h; nfo{ ; aebf a9L lj jfb / 5nkmdf
Nof0G5 / sd sfofj og ul/G5 . dlxfx; n] bzs] hg; ^Vofsf] w}] efu cfu6g] ePtfklg pglx; sf]
pkl: ylt ; fdlhs, cfly\$ / /fhg]ts l]qdf Psbd} boq / x\$] 5 . ; Dk0f{ kl/l: ylt dlxfnj ?
lj e]sf/l 5 . dlxfnf / k?ifsf] alrsf] ; dfgtfnf0{ ; lgzrttf kbfq ug] ; jfn pkoQm glltut
kxnsf] cej] df ; af]vg xg ; s\$] 5g . tVof]x; n] of] atfp5g\ s, bzd] dlxfnf ; flf/ tf jf lzlf
kl't ug] ; h]df \$@% kl'tzt 5g\ eg] of] k?ifdf ^% = kl'tzt 5 .² elddflysf] : jfldTj klg To: t}
cj : ydf / x\$] 5 . sh eld : jfldTj d]b] dlxfx; n] h]df * = kl'tzt elddfly : jfldTj / Vb5g\
To; u/l dfq \$ kl'tzt 3/ kl/jf/df 3/ / elddf dlxfnsf] : jfldTj 5 . csf] t/ &) kl'tzteGbf a9L
dlxfx; : j/ f]huf/ldf ; lldt 5g\ Hofnf kfp5g\ jf t]n] : t/sf] Hofnfd] cg] k]rfl/s l]qdf ; lqmo
5g\³

6\$ olgog / >lds; E ; DalGwt d2fx; n] klg g]kfn]df plQs} uDel/ ; /f\$] x; p7Psf5g\ . w}]
>ldsx; pglx; sf] 6\$ olgog clwsf/af6 al-rt 5g\ . pglx; dofbt sfd / Gogtd\ Hofnf
kfp]gaf6 al-rt 5g\ dfq !@# kl'tzt uf]x; df j ife/ Gogtd Hofnfd] sfd ug] (kfp]g] Joj: yf 5
hals 7hf] ; wofdf * \$ = kl'tzt >ldsx; Gogtd Hofnfsf] sfd lagf g] latfp5g\ dfq %& kl'tzt
u]ldof hgtfx; n] Gogtd Hofnf/df lbuf] vfn] sfd u5g\ w}] uf]x; ; vf; u/l, eldxlgx; cwf
/ f]huf/ 5g\ h; df # = * kl'tzt eldxlgx; Dfxgdf @% lbgeGbf a9L / f]huf/ u5g\ &) & kl'tzt
dlxgdf !% lbgeGbf sd sfd u5g\ eg] sh \$# = * kl'tztn] dlxgdf !) lbgeGbf sd sfd kfp5g\
sl/a * kl'tzt eldxlgx; dlxgdf !% lbgeGbf sd / f]huf/ kfp5g\ h; df dfq @ = (kl'tztn]
dlxgdf @% kl'tzteGbf a9L / f]huf/ kfp5g\⁴

g]kfn]sf] sf]gn] afn>dnf0{ kl'taW nufPsf] 5, t/ cem] klg afnaf]nsfx; n] lj leG l]qdf >d
ul//fv\$] 5g\ . pglx; : jf: yof] nflu x]f]gsf/s sfdx; - Hf: t, } sf/vfgf, vlgh l]gdf] of, 9j fgl, s]lf
l]q, v]l, x]f]h / f]6/f/ 3/fo; l ; jf cf]bdf sfo{ t 5g\ . ck]Ex; sf] a] f]huf/ l / w]h; f] ; dbfodf
pglx; lj ?4 ul/g] e]efj b]w]b ; kdf cem] j Bdf] 5 . clzlf, ul/al, cr]gf / ; r]gf cf]bg-k]bfq
ug] JolQmx; sf] cej] df ol JolQmx; ; dfhsf] t]n] : t/sf] hljg l]pg af]b 5g\ . ck]E dlxfnf] t
cem w}] lsl; dsf c; lj w]x; E]llg' k/\$] 5 .⁵

; g\ @)) ^ sf] cl3Nnf] hgcf]bf]hgsf] ; km]tkl5 g]kfn Ps ; em]dof s]naf6 ulh/x\$] 5 .
hgcf]bf]hgn]/fn]sf] tfgzfxl zf; gnf0{ k/f: t u]vof]/ lx; f cu]fn] \$] x; b]z / hgt]sf] nflu To; nfo{
To]lg af]b eP . lbuf] z]lGt, /f]hosf] ; dfj z]l / kl'tzln ky; f]rgf cf]bsf] cfzf / kbf; df hg0R5f
/ hgcf]bf]hgsf ef]gfnf0{ ; Af]of ug] lqmf]snfx; cu]l8 a9f0Psf 5g\ . tfgzfxl zf; gaf6
k]hft flGqs zf; g k4lt / acaaf6 z]lGtdf cf]pg] lbzdf ePsf] kl/j tG 7hf] pknAwl ag\$] 5 . cem
dxTj sf ; fy o; n] Ppof ; Gb]z lbPsf] 5 / s] cfzf hufPsf] 5 eg] ef]h]sf] /f]hosf] zf; g k]ltn]
cfly\$, ; fdlhs / ; f: s[ts clwsf/nf0{ ; af]vg ug] .

cem] g]kfn]sf] j t]df] cfly\$, ; fdlhs / ; f: s[ts cj: yfn] s] b]v]p5 eg] /f]hon] ; l]wdf ePsf
kl]j w]f]gsf b]f]oTj x; nfo{ k'/f ug] { c; km ePsf] 5 . g]kfn] c]G cfly\$, ; fdlhs / ; f: s[ts
clwsf/ ; DalGw] c]t/ f]60 cgaW -cf0f; l=0-P; = l=cf/=sf klf /f]6 «ePsf b]z x; Hf: t} klxfn]
cf]j Zost]sf] ; kdf : ki6 ahf / sf]f]j og]sf kbf; x; ; lxt gful/ssf cf]w/et cf]j Zostf kl't
ug] km(n]l]ft x]k5{ . bf] f]s/f, /f]hosf] of] klg b]f]oTj xg cf]5 ls, olb ol clwsf/x; v]f] ; of] eg]
To; sf] l]ft kl't \$] ; lgzrttf ug] 5{ .

² P] k]f] &#
³ P] k]f] %
⁴ hl=; lP=kl= /f]i60 ; -hfn @))% . s; sf nlox; < ; x>f]bl lj sf; nlox; kl't gful/s ; dfhsf] w]f/Of . sf7df8f]
⁵ P]

gkfn d cly\$, ; fdlhs / ; f:st[ts clwsf/ Mcj:yf / kj]Q

gkfn ; l[wsf] klf /fi6«ePsf] pQm ; l[wdf pNny ePsf clwsf/nf0{ ljgfzt{ ; Ddfg ug{ gkfn ; /sf/sf] bflotj xg h[5 . ; l[wsf] G[gt] bflotj eg\$]y[7]} jf G[gt] cfj Zos :t/; Dd /flodf pknAw clwstd ; f[st]pkofu u/l x/\$ clwsf/nf0{ Joj xf/df nfu' ug{xf]. 0-P; =; l=cf/= ; ldltsf] ; fdf[l6k0fl g+# n] s] e[5 eg] hxfG[gt] cfwf/et :t/x[2]nf0{ sfotj og ul/b[8] ; f[st] cfj nf0{pQm klf /fi6\$] ; f[st] afBkrfBsf] ; Gbedf xll'g' kb5 “; Dk0f{ ; f[st] x[2] klyldstsf] cfwf/df pQm G[gt] bflotj nf0{k/f ug[k[8]; df 5g\A

cle; l[wdf pNny]vt clwsf/x[2]nf0{“kultzln sfotj ogA ug{klf /fi6\$] bflotj xf]. clwsf/x[2]nf0{ t?Gt} sfotj ogdf Nofpg g; l[stf klg Pp6f lglZrt ; dofj lweq logsf] sfotj og ul/g' kb5 . tyflk klf /fi6x[2] hit ; Sbf] l56f] o; p2]o k[stsf nflu nluGk5{. klf /fi6x[2]n] ol G[gt] bflotj x[2]nf0{k/f ug{x/\$ k[8]; ug[k5{ hxfFsd vr\$] nllft sfotj x[2] cfj Zos k/df k[8]df Nofpgk5{. olb /fi6x[2] ; l[wsf] G[gt] bflotj x[2] k/f ug{c; lfd eP eg] ; xofu / ; xfofsf] dflldaf6 cly\$, ; fdlhs / ; f:st[ts clwsf/sf] k0f{k[stsf] rfxgfsf] nflu b[2]x[2]nf0{ ; xofu ug{ cfj Zos sbd rllg' c[8]/fi6[8] ; dbfosf] bflotj xg cfp5 .

; g\ @)) ^ sf] hg #) df gkfn ; /sf/n] ; [Qm /fi6« ; Ssf] 0-P; =; l=cf/= ; ldltnf0{ cf0[l=0-P; =; l=cf/=sf] sfotj ogsf] af/df bf] fl cfj lws kl[t]hg k[2] u[8]. pQm kl[t]hg] To; cj lwdf ePsf pknlAw x[2], Hf:t} j t[8] ul/al cj:yfdf s6f]l, sfdbf/nf0{ G[gt] Hofnf lgw[0f, pd]sf] cfwf/df e[8] gul/g] k[8]nl / gkfnl hgtsf] alrdf blvPsf] c; dfgtnf0{ 36Psf] lj ifonf0{ hf[8] lb0Psf] lyof] . o; } ; DaGwdf dfgj clwsf/ ; l[w cgludg ; [8]hg ; ldl - Pr=cf/-6l-Pd=; l=; l=, h; df \$& j6f gkfnl dfgj clwsf/ ; DaGwl sfd ug[u]; /sf/l ; :yfx[2] ; d[8] /x[2]f 5g\ ufdl0f kg:yf[kg ; :yf -cf/cf/Pg_ sf] ; [8]hgdf /x[2]f 0-P; =; l=cf/= pk-; ldltn] of] kl[t]hg tof/ kf/\$]xf].⁶

⁶ x[8]kf] \cg'; Fl !

efu !

; fdfGo hfgsf/L

kl/ro

kj7eId

of]gkfnst]bf] f]cfj lws /fHosf]kltj]hgsf]-o; kl5 /fHosf]kltj]hgsf] elgPsf] cltI/Qm kltj]hgsf] xf]/
o; nf0{gful/s ; dfhsf ; dx{x;n]tof/ kf/l ; eQm /fi6x3sf]cfly\$, ; fdlhs / ; f:s[ts clwsf/
; Da6wl ; ldltdf kZ u/\$f] 5 . o; kltj]hgsf] ; dfj Z ul/Psf ; r'gfn] ; g\@))! sf]hgj /bljv
@))^ sf]l8; l]a/ ; Ddsf] ; donf0{ ; d65 . of]kltj]hgsf] dfgj clwsf/ ; l6w cgludg ; e]fhg ; ldltdf
Pr=cf/-6l=Pd=; l=; l=, h; df \$& j 6f dfgj clwsf/sf]l]qdf sfd ug{u}; /sf/l ; :yfxZ cfa4 5g\
sf]tkm6f6 / o; sf]0P; =; l=cf/= pk-; ldltdf, h; nf0{gkfn uf]dlOf kb]g6f6f ; :yf -cf=-cf=Pg=n]
; e]fhg u/\$f]5, sf]t]j wfgdf tof/ ul/Psf]xf]. o; kltj]hgsf]/fHosf]kltj]hgsf] cltI/Qm sXl vf;
; r'gfn] / gkfn]df ; l6w sfof]j ogsf]cj:yfsf af/]df cfn]r'gfn]ds l6kK0f jf dNof]g cflbnf0{
; dl]Psf]5 . o; n]tlg ksf/sf l/kf]l'nf0{ ; d65M ; du|kl/ro, ; l6wsf vf; wf/fxZ / ljz]f
l; kmf/; xZ . of]kltj]hgsf] dfgj clwsf/ ; l6w cgludg ; e]fhg ; ldltdf -Pr=cf/-6l=Pd=; l=; l= sf]
0P; =; l=cf/= pk-; ldltdf] ; g\@))^ sf] g]e]l]a/df k] {q -lk]} gn_ sfo{ 6f]h]df gkfnst]
0P; =; l=cf/= sfof]j ogsf]cj:yfsf]af/]df kZ ul/Psf]dNof]gnf0{klg d65f]5 .

p27o

o; kltj]hgsf]p27o cf04; =0P; =; l=cf/=sf]wf/f !^ / !& sf]clwgdf /xl gkfn]n]/fHosf]tkm6f6
kZ u/\$f]kltj]hgsf]nf0{dNof]a\$g ug{sfddf 0P; =; l=cf/= sld6lnf0{; xhls/Of ug{/x\$]f]5 .

gkfn]df cfly\$, ; fdlhs / ; f:s[ts clwsf/sf]/lf, kj46 / k]l]tsf]kllgt p27osf nflu ; eQm
sfof]j ogsf]af/]df 0P; =; l=cf/= sld6lnf0{cl/I/Qm ; r'gfn] k]bfg ug{klg o; kltj]hgsf]p27o /x\$]f]
5 .

o; sf ; fy}cfly\$, ; fdlhs / ; f:s[ts clwsf/sf]/lf, kj46 / k]l]tsf]kllgt p27osf nflu ; eQm
/fi6x3 ; lxt /fi6e / c6t/fi6e d-rxZdf gkfn]l dfgj clwsf/j fbl ; :yfxZ sf]P\$oj 4tf / ; eQm
kxnnf0{lbuf]/ dhbt agfpg]klg /x\$]f]5 .

kl]qmf / ; xeflutf

0P; =; l=cf/= pk-; ldltdf, dfgj clwsf/ ; l6w cgludg ; e]fhg ; ldltdf -Pr=cf/-6l=Pd=; l=; l= c6t/ut
gkfn]df 0P; =; l=cf/=sf] sfof]j og / o; df /fHon]kfn]g u/\$f] b]of]j sf] cgludg ug{ul7t Ps
lj ifout ; ldltdf xf]. pQm ; ldltdf k]o]f Zkdf ; ldf]t]s]t ; lawf / cj ; /af6 al-rt ; dx /
; dbfosf] cfly\$, ; fdlhs / ; f:s[ts clwsf/sf] ; Af]of, kj46 / klxrfgsf] l]qdf ; xeful
dfgj clwsf/ ; :yfxZ sf]klt]glw]j 5 .

Jofks l]qdf ; /\$f/jfnxZ Hf:t} tNnf]:t/b]v glt lgdf6f ; Ddsf hgtfxZ ; E l]q]lo / /fi6e
:t/sf sfoZfn] / a]ssf]df]l]odaf6 k/fdz{ul/Psf]5 . kj]f{rn / klZrdf-rn l]qdf @))^ sf]
l8; l]j / !\$ / !^ df qm]ds Zkdf @ j 6f l]q]lo uf]l]7xZ ; DkGg ul/P .⁸ * nueu pQm l]q]sf ; DkOf{

⁷ cg; rL ! df x]x]f] \

⁸ cg; rL @ df x]x]f] \

lhlnfsf klrtglw ; xefulx₂n] lj:t₁ 2 kdf ; l6w sfofj ogsf] l:yf]tsf] af/df 5nkmn u/] . sfofndx₂df :yfglo d2fx₂ / ; /f\$₁f/x₂nf0{uxg tl/sfn]5nkmn ul/of}.

lfglo=:yfglo :t/sf] ; emfj / l; kmf/; x₂sf] cfwf/df s[bllo :t/df @))& hgj/l (df /fi60 :t/sf]k/fdz{a₇s sf7df08f0f ; DkGg ul/of]. pQm ufj7n]s[bllo :t/sf glt lgdf₁fx₂ ; /sf/l lgsfosf klrtglwx₂ , dnb/ ; u7gx₂ , kofustf ; dxx₂ / ; 3x₂ , wld\$; u7gx₂ , u₃ = = km₃/zgsf klrtglwx₂ , ls ; fg ; 3sf klrtglwx₂ , dfgj clwsf/sdl₁x₂ , gful/s ; dfh ; u7gx₂ lj 1x₂ , blnt , dwz₁l , dlxfclwsf/ ; dxx₂ / c? cleofgsf klrtglwx₂sf] ; emfj ; sng u₁of}.

/fi60 :t/sf]k/fdz{sfofnd lfglo :t/sf]d2fx₂nf0{c[llbog ug{/ cfj Zos ; emfj / l6k0fx₂nf0{ j\$llks klrtjhgdf ; dfj z ug{ ; kmn eof]. pQm pk-; ldlt n] ; ldlt sf ; :ox₂ ; E , klrtjhg n₁ys ; E / ; DalGwt ; /f\$₁f/jnf ; E klrtjhg tof/ ug]l ; nl ; nfd f nuftf/ a₇sx₂ cfofhgf u₁of} / klrtjhg tof/ ug{ n₁yg klqmfnf0{ Joj:l:yt ug{ Dfgj clwsf/ ; l6w cgludg ; ofhg ; ldlt -Pr=cf/-6l=Pd=; l=; l= sf] ; l₁rjfnosf] ; ofhs]j df Pp6f dVo 6fhl u7g ul/Psf]lyof}.

tYo ; sng ug]ld ; gn] ; b/kIzrdsf] bu₁d kxf8l lhlnfdf b]vPsf]vfB ; s6sf]cj :yfsf]af/df Ps cllbog ; ~rfng u₁of} .⁹ ol ; Dk0f{ klqmfnsf dVo pknIawx₂ /fi60 :t/sf k/fdz{a₇s ; lxtsf ; emfj x₂nf0{o; df ; dfj z ul/Psf]5 .

cfly\$, ; fdlhs / ; f+s]ts clwsf/ -0P; = l=cf/= sf]cj :yf

gkfn ljZj sf %) cNk-lj sl; t /fi6x₂leq kb5 / dfgj ljsf; ; 's₁f₁df !#^cf):yfgdf kb5 .¹⁰ gkfn₁sf]hljg:t/ dfkg @))\$ _ cg; f/ sl/a #! klrtzt gkfnlx₂ ul/alsf]/yfdlg affB5g\h ; n] lbgdf ! cdll/sl 8n/e0f sd cfbfql ub5g\ . b₁zsf]cfly\$ a14b/ cfly\$ aif{ ; g\@))%=@)) ^ df @=\$ klrtzt cgd₁fg ul/Psf]5 / hg ; /sf/n]cfzf u/\$₁] \$=% klrtzte0f sd /Xof]. cfly\$ a[4b/ lrtfhgs 5 / klrtJolQm cfo)=@% klrtztn] 36bf]cj :yfdf 5 .¹¹ ol ; a} ; 's₁f₁x₂n] gkfnl hgtfx₂n]b] ; fdlhs , cfly\$ / dfgj ljsf; df₁f₁df e]lgk/\$₁]bM/bfol cj :yfnf0{JofVof ub5g\

ul/al gkfn₁sf]uDe/ d2f ag\$₁]5 . ul/al ; a}hft / hft ; d₁x₂df Jofkt 5 h; df u/lasf klg u/la ju₁x₂ h:t}blnt / hft ; dbfox₂ 5g\ . ol ; dxx₂nf0{glit ltdf₁sf cj ; /af6 6f9f /flvg; c; dfg eld / cfPsf]lj t/Of x₂; cfwf/et ; ljwf / e]f]ts kj f₁v/sf]cefj c[bn]ul/alsf]rqmf0 a9l lauf/\$₁]5 eg]hgtsf]dfgj clwsf/nf0{c; / kf/\$₁]5 .

gkfn 0ltxf; b]v g}hft , ju{/ hftlo ; dbfodf ljeflht 5 . of] ; ldf₁ts₁ x₂sf]b₁z x] hxf^) e0f a9l hft / hftdf cfwf/t ; dx 5g\ x/\$; dx₂d cf₁g ; f:s[ts klxrfg 5 h ; n]pglx₂nf0{ kof₁t cfg0b lb65 . t₁kg gkfnl zf; g kof₁nl]gkfn₁df c; dfg hftlo kof₁nlnf0{a9fj f lbPsf]5 . h; df rf/j6f txut jul₁/Of ul/Psf]5 . To; df afx₂g hft kyd >0f₁df , lfglx₂ bf]f] >0f₁df , j₁zox₂ t]f] >0f₁df / zb]cyj f blntnf0{ ; a₁e0f tNnf] >0f₁df /flvPsf]5 . afx₂g / lfglx₂ hg tyfslyt pkn₁nf]hftsf 5g\pglx₂n] /fhosf]zf; gk0f₁nl₁df dlyNnf]lx:; f cf₁u65g\eg]blnt / c6o hft ; ldf₁ts₁ hghftx₂sf]glit lgdf₁ / /fho k₁z; gdf yf]dfq pkl:ylt 5 .

lje₁sf/l cEof; x₂ hftdf cfwf/t gkfnl ; :sf/df ztflAbcf]v h/f uf8\$₁]5 . b₁zel/ lkt[t₁l₁ds ; A₁rgdf cfwf/t lje₁n]w]}gkfnl dlxfx₂nf0{pglx₂sf]cf]d; Ddfg , :j fledf /

⁹ cg; 'l # df x₂g₁] \
¹⁰ o₁Pg-8l=kl= dfgj ljsf; klrtjhg @))% 6o"kf₁{; 0Qm /fi6x₂3 ljsf; sfofnd
¹¹ gkfn ; /sf/ M@)) ^ cfly\$; kl/j]f0f M cfly\$ j if(@))%=@)) ^ sf7df08f]cyf₁qfno

gkfnf cfly\$, ; fdlhs / ; f:s[ts clwsf/ Mcj:yf / kjQ

cfldandf cf3ft\ k%ofPsf] 5 . cfly\$, ; fdlhs / ; f:s[ts clwsf/sf] b[6s[af6
dlxfx; ; a[6bf a9l baf0Psf 5g\ . pglx; cf'gf cfwf/et cfj Zostfx; , h:t} uF, aF,
skf, ; ; fdlhs ; j]fx; , :j:f:Yo ; j]fx; / hlj gofkgf]nflu k[ts[ts ; f[ts]k[of]u cflbsf]cj ; /af6
al-rt 5g\ ; /sf/l tyf u; ; /sf/l ; :yfx; / ; /sf/l lgsfox; sf]l:yltdf kl/j t[6 sg ; s[5]5g .
cem a9l ha; Dd dlxfx; sf] ; fdlhs / cfly\$, ; zIQms/Of l9nf]x65, ta; Dd ul/al p[6dhgsf
k[6f; x; n] lb3[6nlg :yfg kfp[6g\ . w] } ckof[ttfsf afahb klg gful/s ; dfh / ; /sf/l
lgsfoaf6 gful/s / /fhg[ts clwsf/sf] ; Afof / kj 4[6df lgiklf k[6f; x; ePsf 5g\ . t[6g
hgtfsf cfly\$, ; fdlhs / ; f:s[ts clwsf/x; ; Afof / kj 4[6 ug[1bzdf 7f] sbdx; RflnPsf
5g[6 o; cj:yfdf dfgj clwsf/sf]c[6t/; Dal6wt / lj Zj Aofkstfsf] l; 4f[6tsf]lj ?4 xf].

/fhosf] k[6; A[rgf / ; wf/sf] cejdf s[6l d[ve/ d[lyNnf] ju[6f d[fg; x; n] /fh[6 k[6ffnl
/ ; A[rgf ; fydf glt lgd[6fsf] :yfgdf cf'gf] ar[6] sfod /flv/fv[6f 5g\ . pglx; n]
ztlfAbcf[6]v ; ldf[6ts[6 hg; dbfox; sf] cfj Zostfnf0{ a]f:tf u[6f 5g\ . l; ldt cfo,
pTkbgsf ; fwgdf l; ldt kxF / lgo[6of / pln[6o c[6bfgl x[6] /fhuf/sf]cejdf ol ; dbfox; sf]
dfgj lo lj sf; / cfly\$, ; zIQms/Ofd ulx/f]kl[6aw nfu[6f]5 . o; n]lj e[6nf0{ulx/f]agPsf]5 eg]
c; dfgtfnf0{ a9Psf] 5 / alx:s/Of ; dhfsf] k/Dk/f ag[6f] 5 . o; k[6f/sf] c; [6thg /
a]f:tf[n]; fdlhs a[6[6sf]; Defj gfnf0{cem a9fp[6 .¹²

lj ut bzsd[6 gkfnf]dfgj clwsf/ pln[6[6gsf udel/ 36g[6; a[6[6]{k/[6f]lyof] h; nf0{:j]P5frf/l
kqnf, u[6sf]gl ygf, j[6Qf, a[6[6sf]gddf ePsf u[6[6flos x[6f, ckx/Of / oftgfn]cem a9l a9j f
kP . a[6[6sf]d[6o h/f]eg[6f]; fdlhs, cfly\$, / ; f:s[ts c; dfgtfx; x[6]h; nf0{/fhon]hgtfsf
cfly\$, ; fdlhs / ; f:s[ts clwsf/nf0{cfld; ft ug[6; Sg'xf]. ; fdlhs-clfy\$, klq[6fdf ; xeful
x[6af6 al-rt kfl/Psf hgtfx; lje[6 / lt/isf/af6 dIQmsf]nflu ul/Psf]lj b[6[6tkm(c[6slif[6 ePsf
5g\

gkfnf]h:t[6] a[6[6sf]rk[6fdf k/[6f]; dfh, hxfhgtfx; lje[6lht 5gV 8/, 3[6ff, zq[6f jf 0[6ofn]
u[6t ePsf x[65g\ . ToxF; dbfo:t/df ; fdlhs k[6[6sf] lj v08g x[6] ; ? x[65 . zll[6t ; /lff sfod
ug[6]gfddf ; a[6]k[6f/sf :j t[6gtfsf]xgg ub[6] a[6fgj lo ; /lff[6sf] ; S[6 a[6zIQmsf] ; /lff[6n] klyldstf
kfp[6 . o:tf]cj:yfdf ; a[6[6bf a9l k[6f]j t x[6] loxl ; dbfo xf] hf]klxNo[6]v ; fdlhs, cfly\$,
/fhg[6ts / ; f:s[ts dhwf/af6 al-rt, ; ldf[6ts[6 / alxlist[6 /x[6f] 5 . To; [6]
dh ; d:ofnf0{ ; a[6]vg ug[6f nflu cfly\$, ; fdlhs / ; f:s[ts clwsf/ -0-P; =; l-cf/=sf
df[6otfx; sf]c[6wf/df x:t[6[6sf]Ps lj:t[6 sf[6[6]hgsf]cfj Zostf /x[6f]5 .

lj z4 cfly\$, / ; fdlhs ; A[rgf / ; :yf; [6 hfl[6Psf lx[6fsf]af[6]f ; ldt dfq[6df cl[6ogx; ePsf
5g\ . t[6yof]z[6:qsf] efi[6df, o; n] thg[6ds jf ; !ki6 Jo[6of ug[6f s[6]7gf0{ pT[6[6g ub[6] .
cgejx; n]s]b[6]fp[6 eg]ck/fwx; / cj/f[6]x; kl; fdlhs, cfly\$, al[6rts/Of; [6 hfl[6Psf x[65g\
h; d[6b]s[6]l udel/ / lgoldt k[6[6tsf 5g\

; fdf[6o d[fg; x; hlj g lga[6] ug[6]{k[6pg]clwsf/, kof[6t v[6f / ef[6]lj ?4sf]clwsf/, sd[6f, :j:f:Yosf]
clwsf/, lz[6ffsf]clwsf/ / dlxf tyf afnc[6wsf/ ; lxtsf cfly\$, ; fdlhs, ; f:s[ts clwsf/sf]
pln[6[6gsf]lzsf/ ePsf 5g\

abln[6]kl/l:ylt / cfly\$, ; fdlhs / ; f:s[ts clwsf/

xfn[6]hgc[6]b[6]n] ; dhfsf w[6]j]u[6]af6 Jofks ; xof[6] / ; dy[6] k[6]t u[6]of,]h; df >lds, ls; fg,
dlxf, afnafnsf, k[6]z[6]sd[6] w[6]ds / hftlo cNk; wos ; dx[6] ; dfj z lyP / pglx; n] ; fdf[6tl /

¹² oP[6g-8l-k[6]=@))\$. gkfn dfgj lj sf; k[6]t j [6]g @))\$. s[6]7df8f[6] ; [6]Qm/fi6x[6]lo lj sf; sf[6]nd

tfgzfzl /fh; :yflj?4 ; 3if{u/] h; n]ubf{s}blo :t/df zIQm ; Qf / /fhg]ts k0ffnldf kl/j tg
cfof].¹³ ; ldf]t]s[, cj ; /af6 al-rt / alx:s[hgtf, hf]ck/flht 9un]cf]b]h]df ; dfj z eP,
pglx;n] hgtfsf] ; fdf]o aem]0\$] :t/af6 cf]b]h]gsf] ; km]tfn]0{leG tl/sfn] lnP . pglx;n]
cf]b]h]gnf]0{ pglx;sf] cfwf/e't cfly\$, ; fdf]hs / ; f:s[ts clwsf/x; h:t}uf, af, skf; ,
lz]ff, :j:f:yo, /fhuf/ / pglx;sf] hljgofkgsf] nflu cfj Zos c6o cfwf/e't s'/fx; k'/f ug]
lj Zj fl; n] af6f]xltof/sf] ; kdf lnP . pglx;sf] nflu, cf]b]h]g eg]sf] pglx;sf] kxF kgk]kt /
zIQm /fhglt dfl]ysf]lgoGqof dfq geP/ pglx;sf]aiff]v]sf] ; d:of ; dfwfg ug]df]v]d lyof].

; ft kf6L{ ; lDd]nt kl]tlglw ; efsf] kg:yf]gr¹⁴ ; lj>wfg; efsf] nflu ; #bn] u/\$]f] 3f]f]0ff, lj leG
dxTj kOf{d2fx; , h:t} cf]d]sf]gf]da6 gful/stf lng ; Sg] / dl]x]n]sf] /fh]o ; Argdf ## kl]t]z]tsf]
Joj :yf, g]k]fn]0{wd]lg/k]f /fh]o, e]h]efj /lxt /fh]osf]3f]f]0ff / lj =, =@)\$^ ; fns] ; lj>wfg]n]0{vf/]h
u/l cGtl/d ; lj>wfg]sf] 3f]f]0ff nufotsf ; fj h]lgs cleJolQm Pj +kl]ta4tfx; cf]b]h]gsf] a]hf JoQm
eP]sf]efj gf / Dof]8]n]0{Joj xf/df nfu' ul/Psf dVo sbdx; xg\¹⁵

; /sf/sf ol gofFkxn; olb nfu' eP eg] kl, hf] zt]f]b]c]v] l]sf; sf]o]m]d]sf] dhwf/af6
af]xl/Psf jf j]f:tf ul/Psf 5g\ / hf] Ps bzs nfd] ; z:q a]aa]f6 k]fl]t 5g\ pglx;sf]
rfxg]n]0{ ; af]vg ug{cem}ckofft 5g\ . ha of] lbuf] zflGt, ; dfj z]s/of / /fh]osf] cu]v]d
kg; Arg]sf]lj ifo aG]5, ToxfFcem]w]7]hf sfdx; k'/f ug{af]L g}5g\

lnE, h]lt, z]f]of, /fh]g]ts ; xeflutf / ; dfj z]s/of cf]b]df cfwf/]t ; Arg]f]ds lj e]h]x;n]0{x6f]pb}
; fdf]hs, cfly\$ / ; f:s[ts Gofosf] ; lgZrt]f lbn]fpg]sf nflu sf]o]v]l /fi60 ; e]G]sf]cefj sf]
sf/of 0=0:f; l=cf/=sf]sf]of]j ogdf c; / k/\$]f]5 . ; DkOf{/fh]o ; e]G d]Ve/ JolQm;sf]j l/k/ s]b]t
5 / pglx;n] h]x]n]kg b]z]sf] zIQm /fh]g]l]tdf k]t]j hdf]0/fv]\$]f 5g\ . h; n]ubf{ ; ldf]t]s[,
alx:s[, cj ; /af6 al-rt ; d]x, dl]xn] / blnt ; db]ox;sf] lfd]tf / /fh]osf]cf]j Zostfn]0{j]f:tf
ul/Psf]5 .

cfo / eldsf]c; dfg lj t/of, cfwf/e't ; lj>wf / e]f]ts k]f]v]f/sf]cefj x; c6o sf/s t]j x; xg\
h; n]0{0=P; =, l=cf/=sf]sf]of]j og]sf] ; G]be]df u]b]e/ ; kdf ln]0g' cfj Zos 5 . Jof]kt ul/al, eldsf]
c; dfg lj t/of zIQm]sf] ; f]t, cj ; / / zIQm]df kxF / lgoGqof]sf]cefj, ; fdf]hs c]ofo, alx:s/of,
z]f]of / lj e]h] b]z]sf]v] Jof]kt 5g\ . Itgn]:j e]f]s ; kdf ulx/]h/f uf8]f 5gV hl6n kl 5g\

tNnf]:t/sf]hgtfsf] ; fdf]hs, cfly\$; d:of pglx;sf]gl]t lgdf]df ; xeflutf]sf]df]v]d]af6 ug]kg]
7hf] cfj Zostf 5 . o; n] pglx;sf] zflGt]sf] nfe]z]df lx; ; f / kh]ftGq / zflGt lgdf] k]q]m]df
; dfj z]s/of]sf] ; lgZrt]f k]b]g ub\$. o]b]k kh]ftGq / lbuf]zflGt]sf af6fx; w]k]k]f/sf jf axd]v]
eP]klg hgtfsf cfwf/e't cfj Zostf k'/f ug{ ; lsP]df Itglx;n]0{ ; xh ag]fpg ; lsG5 . w]h; f]
cfwf/e't cfj Zostfx; cf]o=, l=0=P; =, l=cf/=sf] kl/lw]eq kb5g\ h; sf] g]k]n kl] /fi6«ag]sf] 5 .
3f]f]0ffx;n]0{j]f:tl]s Joj xf/df ; k]kt/of ug{j]f pglx;sf]cfly\$, ; fdf]hs / ; f:s[ts clwsf/sf]
cEof; / pke]f]v] ug{clek]v]t ug{pl]Qs}dx]J]k]0f{sfd ag]sf]5 .

ha; Dd ; fdf]hs cfly\$; d:ofx; h:t}; f]t]sf]j]f]8]k]f]B]df c; dfg]tf, eld ; f]t]sf]:j]fd]t]j]df ; fdG]t]
k]0]ff]n], h]lt, wd{ lj Zj f; , cf:yf e]h]f]hs cj:yf, cfwf/]t ; Arg]fut lj e]h] / /fh]uf/, v]gf lz]l]fd

¹³ cf/=cf/=Pg=, @)) ^ . b l/sG:6&; g, e]h]d !), hf]8]0 0:o' !-# -hgj/l-18; l]j/_ . sf7df]08f]M g]k]n u]d]l]of
kg]lg]df ; :yf
¹⁴ @\$ cl]k]h @)) ^
¹⁵ 0G; \$, @)& . g]k]n df]g] clwsf/ j if{k':ts @))& . sf7df]08f]M cg]f]k]r]f]l/s l]q ; j]f s]b]l. k[(^--!! ^

gkfnf cfly\$, ;fdlhs / ;f:s[ts clwsf/ Mcj:yf / kjQ

ljeþ / zf;g kffnldf alx:s/of cflbnf0 ljj\$kor{ 9un} ;jfwg ul/bð ta;Dd dfcfj fbl åå
;dfwfg ug{c;Dej blv65 .

gful/s / /fhg]ts clwsf/x¿sf] sfoffj ogsf] ;Gbedf csf] pln]vglo s/f xf] xfnf unt
sþfsnfkx¿ . ta;Dd dfgj clwsf/nf0{ kor{¿kdf Joj xf/df ptf{ ;lsbð, ha;Dd ltgnf0{xfdlN]
Psf^ul ¿kdf xð5f}. To; h]gful/s tyf /fhg]ts clwsf/ / cfly\$, ;fdlhs / ;f:s[ts clwsf/
alrsf]b/L sd ugðf kpf; x¿ s]bþ xgk5{ h; nf0{gful/s / /fhg]ts clwsf/x¿sf] sfoffj og
ul/6f j]f:tf ul/65 .

Ps bzs nfd]dfcfj fbl ååån]u]t ;dfhdf lbuf]zflgt kkt ug] / khftGqnf0{ ;yfut ug]s/f Ps
gofCj ; / / rbf]tsf] ¿kdf b]yf k/¿f] 5 . al-rits/of, alx:s/of ;ldfGtls/of h:tf al-rt
;dbfosf dh d2fx¿nf0{plrt ¿kdf ;afwug ug{g;lsPdf jf ;dfwfg ug{19nf ul/Pdf @)\$^
;ndf kg:yfkt khftGqs] kll/Des :j fb rfv; s¿f]cj:yfdf h:t}hgtdf c; Gt16L, 30ff / l/
kðf plAhg ;S5 . h;n]ubf{clxn\$åå/t /fhg]ts bnx¿n] cf gf c; Gtli6x¿nf0{ ;Den]fdf
6^0oP eg]klg c? k\$ /sf lj b]x¿ hlGdg ;S5g\ gkfn ca khftGqs]nflu eg] elj iodf csf]
hgcfbfnhgnf0{y]lg ;Sg]cj:yfdf 5ð . h;/L /li60 ;/sf/ ;1d d2fx¿ ;dfwfg ug{tTk/ blv65,
To; ð/l u}; /sf/l ;yfx¿, gful/s ;dfhsf ;yfx¿ / :yfglo ;/sf/l sfoffox¿n]:yfglo :t/sf
hNbfanbf d2fx¿nf0{pglx¿s}; lqmo ; xeflutdf ;dfwfg ug{køfj sf/l eldsf lgj fx ug{kð5 .¹⁶

¹⁶ cf/-cf/=Pg=@))& 8þnld]6 :6f]hl km' c lo"gkfn Mc lof; gn l8jð sf7df08f]M?/n l/s6:6xg gkfn .

efu @

cg'aGwsf wf/f !-\$ / ^-!% sf] sfofGj og; ũ
; DalGwt lj z]f hfgsf/lxç

cfTdlg0f6sf]clwsf/

cj:yf

gkfnsl] @)^\$; fnsf] ; ljwfgn] ; dfhsf x/\$ cwsf] ; dlrt ; dfj zls/0fsf] ; lglZrttf u/0 .
dfgj clwsf/j fbl ; dbfo, vf; u/L blnt, hghflt dwzl / cflbjf; l hgtfx;n]o; sf]Jofks 2kdf
cfnf]gf u/\$f lyP . lsggeg]pQm ; ljwfgdf gkfnf0{Ps lx6b' /fHosf] 2kdf kl/eflft ug\$]f; fy}
; Argfids 2kdf ; ldfctlsf, baf0Psff / k5fl8 kf/Psf gful/ssf]cfdlg0f6sf]clwsf/nf0{; Ddfg,
k446 / /lf ug]Jo]yf / flvPg . c6o dfgj clwsf/x 2 hg klolf 2kdf ol clwsf/x 2; 6 ; Dal6wt
5g\ tl xg\ :Jzf; g, :joQt / cf'gf]eld / ; ff]sf] pkef] ug{kfpg]clwsf/ . cfd 2kdf s]
ljZjf; ul/65 eg] gkfnf] ; z:q 66asf] ; ?jft xg\$]Ps sf/0f hflt, hghflt, blnt, dwzl /
dlxfx 2nf0{ltglx 2sf]clwsf/af6 al-rt u/f0g'xf].

cfh gkfnf] a9L ; dfj zl /fhg]ts k4lt / /fho zf; gsf] rfxgf a9\$]f]5 . ; /sf/ / dcf]f] fblx 2
Ps cfk; df Ps bzs bl]vsf] lx+ffds 66anf0{c6t ugdf ; xdt ePsf 5g\ / lbuf] zfl6t /
nf\$tfllqs ; /sf/sf] :yfkfdf kl]ta4tf JoQm u/\$f 5g\ hg cfw/e't dfgj clwsf/ / sf]gsf]
zf; gdf cfw/t xg\$5g\ . o; u/L klxn\$ /fHozf; g k0ffnldf bl]vPsf sdhf]lx 2nf0{x6fpg sf]gl
Jo]yf / ; yfx 2 tk/ /x\$]f]s/f ; /sf/ / /fhg]ts k6lx 2n]p]n]v u/\$f 5g\

kg:yf]kt kl]tlgw ; efn]gkfnf0{Ps wdlg/k]f / 5j f5tdQm /fHosf] 2kdf qmz]M d]* / hg %
)^ ; fndf 3f]f0ff ul/Psf]5 / a6t\zfl6t ; D'f]fdf x:tlf/ ul/; lsPsf]5 . km:j 2k c6t/d
; ljwfg / nfd]f; dob]v kl]tlf/t c6t/d ; /sf/ kl]g alg; s\$]f]5 .

c6t/d ; ljwfgsf] wf/f !# n]:j t6qtf]sf]clwsf/nf0{; lglZrt\ u/\$]f]5 .¹⁷ tk]g w/ftnlo oyfydf
lallsh le6gtf /x\$]f]5 . w}]sf]g]x 2 lj e]sf/l 5g\ / tlg]c `}kl]g blnt hltx 2nf0{; fdf]hs /
; f:s]ts clwsf/ pkef] ugdf6 al-rt ub5g\ . hflt, hghflt / hftlo ; dbfo, blnt / ltsf
; u7gx 2n]o; sf]ubel/ lj /w ; ? u/\$f 5g\ . t/0\$]f lj le6g ; fdk]flos jf hftlo z]Qm 2 Hf:t]
Hjfnf / uf0t cflbn]lj Bdfg /fhg]ts lj sf; sf]lj ?4df c6b]h]gsf]; ?jft u/].

ol tla]lj sl; t /fhg]ts 36gfqmd / /fho ; +rfngsf alrdf gofF 2kdf 3f]f0ff ul/Psf] c6t/d
; ljwfgdf ; +f]wg ul/of] h; sf]p2]o /fHonf0{; 3lo k0ffnldf kg; +rgf u/L lj Bdfg ; d:ofnf0{
lgsf; 'lbg' xf].¹⁸ c6t/d Jo]y:ylksdf gofFrgfj ; Da6wl sf]gl lj rf/fwlg cj:yfdf 5g\ h; nf0{
gful/ssf clwsf/nf0{; Ddfg / ; Af0f ug{ lj jfbx 2nf0{lgj fl'rt u/L /f66f0{zf; g ug{pkoQm
df]l]bdsf] 2kdf ln065 .

¹⁷ wf/f !@ M :j t6qtf]sf]clwsf/

- !_ k]o\$ Jo]Qmf0{; Ddfg]f \$ affg kfpg]xs xg\$ / d]ob08sf]; hfo
xg]u/L sg]sf]gg agf0g]50 .
- @_ sf]gg ad]hd afx\$ sg]Jo]Qmsf]j 0]Qms :j t6qtf c6x/0f xg]50 .
- #_ k]o\$ gful/snf0{b]xfosf]; j t6qtf xg\$ M
- s_ lj rf/ / cleJo]Qmsf]; j t6qtf
- v_ lj gf xftx]tof/ zfl6tk]f \$ ehf xg]; j t6qtf
- u_ /fhg]ts bn v]lg]; j t6qtf

¹⁸ lb lxdfn0 6f0D; , !) dfr{0}&

dVo cGt/fli60 dfjclwsf/ ; lGwx, h:t} gful/s tyf /fhgllts clwsf/; DaGwl cGt/fli60
cgaGw -cf0€ l=; l=kl=cf/= / cfly\$, ; fdlhs / ; f=s[ts clwsf/; DaGwl cGt/fli60 cgaGw -
cf0€ l=0=P; =; l=cf/=, h; n]:j tGqtf / cfldlg0f6sf]clwsf/sf]af/df j sfnt u5G\ltgsf]gkfn klf
/fi6«xf]. tyflk of]Joj xf/df nfu'xg]s/df eg]sd]lj Zjf; ug{; lsG5 .

; + flvgdf dwzL hgclwsf/ kmf/d / hghfltsf]lj /fw

cGtl/d ; ljwfgdf ePsf] klxnf] ; +flvgnf0{dwzL hgclwsf/ kmf/dn]lj /fw u#of] h; n]hgj/L /
kmf] /ldf lx#fids t/f0{cfbfnhgsf]g]tj u/\$f]lyof]. “Ifhlo / hftlo :jfo0tf gePsf] ; 3lo
/fhok0ffnlsf]sg]cy{5g,Æ kmf]dsf]dx; ; Irj /fhshf/ zdfh]atfpgeof].

kmf]dsf]s]b]lo g]fx, sf]a]skl5 Ps j Qmlo k\$flzt ub]zdfh]eg]– “; ljwfg ; zflvgdf pln]v
ul/Psf] ; 3lo 9fFf Ps ; sf/flds kf0nf xf] t/ o; df ; ljwfg; ef ; lxtsf] /fho ; Argdf cem]j
dwzL dhsf hggt, blnt, k5fl8 kfl/Psf ; dbfo / cNk; W0sx, sf] ; xelutfsf] ; lglZrtsf]cefj
bljvG5 . “; dfgkflts kl]t]glw]j ; lxtsf] rgfj k0ffnla6 dfq}ol ; d:ofsf] ; dfwfg xG5g\,Æ
kmf]dsf]j Qmlo df elgPsf] 5 . kmf]dn] c? hftlo ; dbfonf0{klg ; 0Qm cfbfnhgsf nflu cfXjfg
u/\$f]5, h; af6 cfbfnhg gofFprf0df klG ; sf] \

pQm ; dxn]kmf] /L (df kwfgdGqlsf]jftf\$]nflu ul/Psf]cfXjfgnf0{; j fut u#of] t/ jftf\$]nflu
u#dGql s[0fk] fb l; 6fnfsf]/fhlgdfnf0{k] zt\$]z kdf cl3 ; f#of]. pQm ; dxn]t/f0df kmf] /L @^
bljv kgM cfbfnhg ; ~rfng u#of].

To; u/L gkfn cflbjf; l hghflt dx; 3 nufot rf/ hghflt ; dxaf/f cGt/d ; ljwfgsf] klxnf]
; zflvgkl]t cf]gf]lj /fw JoQmu/] hg cGtl/d Joj :yflksaf/f zqmaf/ kfl/t ul/Psf]lyof].

dx; 3, /fli60 cflbjf; l dxnf ; 3, gkfn cflbjf; l ljBfyl{; 3 / cflbjf; l hghflt ; 0Qm ; 3if{
; ldtx, n] ; /sf/nf0{; zflvgsf]lj?4 cfbfnhg ug]s'/sf]hgfp lbP . . !) dfr{@})& df Ps ; 0Qm
lj 1lkt k\$flzt ub] pglx, n] cfkx, nf0{jftf\$] gddf wf\$fbPsf] / ; ljwfg ; zflvgsf] ajhf
cfkx, nf0{jf: tf gu/\$f]cf/flk nufP .

“xhdlx, ; zflvgsf]lj?4df 5fF hg leGg clek]on]ul/Psf] 5 ,Æ ltglx, n]cf]gf]j Qmlo df eg\$
5g\ pglx, n] ; /sf/nf0{bjfj lbg / cf]gf dfux, k/f u/fpg l5\$}g}csf]cfbfnhgsf] 3f]f0ff ug]
s/f pln]v u/\$f 5g\

pglx, n] ; zflvgsf]lj /fw ug]sf] sf/0f pln]v ub]s]eg]eg] o; n] pglx, sf Gofos / jwflgs
dfunf0{h:t}; Dk0f{hftlo ; ljwfg; efd] sDtdf Ps l; 6sf]lof/06l ul/gkg]/ af5l l; 6sf]nflu
bz]sf]hftlo ; Argfsf]cfwf/df ; dfgkflts kl]t]glw]j xgkb\$. gofF; ljwfgsf Joj :yfx, nf0{tl
; dbfox, n] cfnf]gf ug]sf sf/0f s] x] eg] o; n] pglx, sf] cfldlg0f6sf] clwsf/sf] dfu /
; /f\$]/nf0{; a]vg ug{; sG .¹⁹ pglx, nf0{s]lj Zjf; eof]eg] pglx, cem]klg /fhg]ts, cfly\$,
; fdlhs / ; f=s[ts cfwf/df lj e]df kfl/Psf 5g\²⁰

¹⁹ !(lb sf7d08' kfi6, !! dfr{@})&
²⁰ @) ; flkf dfl; s /fli60 klqsf, l8; 0j / @)^^

gkfnf cfly\$, ; fdlhs / ; f:s[ts clwsf/ Mcj:yf / kj]Q

cfbjf;L hghflt / dwzl hgtfx[sf]s]dfu /x\$[5 eg] /fHon]cem:ki6 / axt\; jwflgs / sfggl kfj wfgsf]Jo: yf u/f] \h; klt alnof]/fhg]ts k]ta4tf klg xf] \h; n]ubf{tl Jo: yfx[0dfbf]/tfsf ; fy Joj xf/df nfu'xg ; sf] \

dwzl hgclwsf/ km]d dwzsf dfux[; lxt cf^gf] bf] f] r/Ofsf] cfbf]hgdf 5 .²¹ To; y/L blnt ; w7gx[sf]Ps ; eQm; 3n]cf^gf dfgj clwsf/sf]; Da6wdf ; /sf/; E Ps 1fkg-kq aemPsf]5 . b0{; z:q ; dxx[; pglx[sf w]}dfux[Vff; u/L cfdlgOf[sf] clwsf/nf0{cuf]8 ; f/] t/f0{ lfgdf ; lqmo 5g\.²² cfdlgOf[sf] clwsf/nf0{ lnP/ ePsf lj /fw / d7e\$[x[; km's blvPtfklg ltgsf ; f/tj Pp6]5 .

j tdfg cj:yfdf cfbjf;L / hghltx[n]dh'ssf]sh hg; ^\ofsf]#&= kltzt lx:; f cf]u65g\eg blntx[!@=(kltzt 5g\ . bj }u/] sh hg; ^\ofsf] cfwfebf a9l lx::f cf]u65g\.²³ # tklg pglx[sf]j tdfg ; #b / sdf/lTqdf kltlgwTj gu6o dfqdf 5 .

tflnsf g+! Mw}]k\$[sf/sf hflt÷; dXsf]/fHo ; Argdf kltlgwTj

cGtl/d Jo: yflksf ; #b ; b:ox[e))&*	Hflt	lghfdtl ; j]df /fhkq]st t[lo >]flsf clws[tx[sf]; Argf -e))!÷e))@_**
; Wof	kltzt	; Wof
@^	&=(!^
%*	!&^ c? hghflt	!
&\$	@@% dwzl	&***
!&!	%@=) Vf;	!^!
#@(!)) sh ; Wof	!*%
		!))

* ; f] M; #b ; lrj fno e))&
** ; f] Mgkfn dfgj lj sf; e))\$, oPq=8l=kl= kh !&*
*** ; f] MdZnld ; d] -/fxdlg, /fhkt / blnt afx\$ _

; /sf/sf cfn]rgf]ds lfg

tby{; dfwfgM cfdlgOf[sf] clwsf/sf]d2fnf0{; dfwfg ug]; /sf/l glt tby{fdf cfwfl/t /xg]u/\$f 5g\ o; n]tl d2fx[nf0{ta dfq Wofg lbG5, ha ltQm / lx#f]ds lj /fwx[; b]yf kb5g\ . ; /sf/n] w]kN6 ; d:of ; dfwfg ug[k]ta4tf JoQm u/]fklg To: t}k\$[sf/ sf c6o ; d:ofx[; b]yf kb5g\ o; af6 of]kli6 xG5 eg] ; /sf/ hgtfsf] cfdlgOf[; Da6wl clwsf/sf]d2fnf0{vf; [kdf ; dfwfg ug] c; km ePsf]5 .

:yfglo lj lj wtM Pp6f s]b\$[t cjwf/Off h; df Jo]ks hflt, hghflt / blnt ; dbfox[nf0{; d6g] s/f k6f]sf/l ePsf]5g . km's-km's [kdf lj eflht hg; ^\ofnf0{pkoQm [kdf ; dfj z]ls/Ofsf] cfjZostf 5 .
cf]krl/s ; dfgtM ; ldfc]ts[cf]bjf;L, hflt, hghflt, dwzl / blnt ; dbfonf0{b]zsf]/fhg]ts, cfly\$, ; fdlhs / ; f:s[ts dfdnfsf]dhwf/df No]pgsf]nflu ; /sf/sf cf]krl/s ; dfgtf; Da6wl cjwf/Ofx[; kof]t 5g\

²¹ Pd-hPkm= n]cfbf]hg z? u5{ . <http://www.nepalnews.com.np/archive/2007 march 06 /news 01.php>
²² hgtflqs t/f0{dlQm df]f{-uf]t_ / hgtflqs t/f0{dlQm df]f{-Hjfnf l; x]
²³ oPgl8kl e))\$. gkfn dfgj lj sf; kltj]g e))\$. sf7df08f]M; eQm /fi6«; 3lo lj sf; sfoqmd

;dfj zls/of / kljlgwtj M /fhoqsf ;a} :t/ / lfxzdf ;ldfcls / al-rt ;dbfosf
;dfgkflts kljlgwtj n];dfj zls/ofnf0{k4ub5 . Pp6f ;dfj zls 9ffsf/fho kffnl cfh ;DkOf
cflbjf;L, hghft, dwzl, blnt / c6o ;ldfcls / kl/Psf ;dbfoxz dfu /xsf]5, h; sf]/fosf
glt lgdf, sfofj og / ;k/lj]fuf ug]lgsfodf kljlgwtj sf];lgZrttf /xsf]5g .

sfggl Joj:yf M sxl sfggl klj wfgx 5g\h;nf0{cfdlgofsf]clwsf/ ;lgZrt ug]Joj:yfsf]
z kdf lng ;ls65 . t/ tl Joj:yfxzsf]Jojxfl/s kofu Psbd}sdhf] 5 .

;f]x M cfdlgofsf]clwsf/ klolf z kdf ;f]sf]kxF / o; sf]kofu; E uif Psf]5, h; sf]p2o
;Dalwt ;dbfonf0{kmof k%ofpg'xf]. cflbjf;L, hghft, dwzl, blnt / c? ;ldfcls / k5f8
kl/Psf ;dbfosf] kfs[ts ;f]df lj/n}kxF / lgoqof 5, h; nf0{pplxzn}cf gf] kmofbsf] nflu
kofu ug; sg\

l; kmf/; x M

- hgtfsf]cfdlgofsf]clwsf/; Dalwt j f:tlj s ; /f]sf/ / d2fxznf0{;afvg ug{/sf/n]7f]
sfoqnd ;lxt cfpqk5{. tl sfoqndx ;yfut ul/gk5{ hxfPs alnof] / kefj sf/L
cgludgsf]Joj:yf ;lxtsf]sfofj og ;oq xf] \
- ; /sf/sf]tkmf6 lj s]bls/ofsf]lfxdf ul/Psf]klta4tfnf0{Jojxf/df sfofj og ul/g' kb5 .
of]hgtfsf]cfdlgofsf]clwsf/nf0{Wofgd /fv] ul/gk5{.
- ; DkOf; ldfcls / al-rt ; dxzsf]; f]df kxFsf ; fy}/fhg]ts :t/df ; d] glt lgdf
klqmfdf pplxzsf];dfj zls/ofnf0{;lgZrt ug]sf nflu ; /sf/n]/fho ;+rfngdf tnb]v
dflylt/sf]cjwf/Offnf0{Jojxf/df ptfq{k5 .
- ; /sf/n];dfgtfsf]pkoQm gdgnf0{Wofgd /fv] Ps lj zif sbd rflgk5{ hxf; ldfcls
/ k5f8 kl/Psf ; dxznf0{/fhg]ts, cly\$, ;dfllhs / ;f:s[ts dflnfsf] dhwf/df
;dfolhg ug; lsof] \
- ; /sf/n];jwflgs tyf sfggl klj wfgxznf0{;zfv ug{k5{ h; n]cfdlgofsf]clwsf/nf0{
cj /w ug]/ xtf]; flxt kfg]ub5gV cfbf]hg/t ; dxsf dfuxznf0{pkoQm tl/sfn]; afvg
ug{k5{.
- ; /sf/n]cflbjf;L, hghft, dwzl, blnt / dlxf ; dbfosf] kfs[ts ; f]dflysf] kxFsf]
clwsf/nf0{;lgZrt ug{k5{. o; sf ; fy}; /sf/n]; Dalwt ; dbfo / lgsf ; b:oxzsf
nflu kfs[ts ; f]af6 k]kt xg]kmofbnf0{;lgZrt ug{kfg TolQs}dxj kof]5 .

; dfgtfsf]clwsf/ / clwsf/sf]; A l f0f

cj:yf

lj lj wtfn]el/Psf]dhs gkfindf nfd]; dob]v hft, lfg, wd{xju{/ lnEdf cfwf/t lj leGg lsl; dsf] lj eP / zff0fx; lj Bdfg /x\$5g\ kl/0fd:j?k nuff/ ; kdf ; fdlhs cGof Joft 5 . hftlo cfwf/df lj ePdf kl/Psf; cfh ; dfhdf tlnf] :t/sf] /fhg]ts cfly\$, ; fdlhs / ; f:s[ts hlj gofkg ug{afnb agf0Psf]5g\

kg:yf]kt kl]t]glw ; efsf] ; j{Ddltdf hg %, @))^ df gkfnf0{Ps 5j f5t dQm /fi6«3ff0ff ul/of]. ; f]lGts ; kdf of]; /sf/sf]tkn]f6 ; fdlhs Gofonf0{; lglZrt ug{/ c? k5f8 kl/Psf ; dbfonf0{/fi6 dhwf/df Nofpgsf nflu Ps lj :tfl/t kpf; sf] ; kdf lng ; lsG5 . o; n] ; a} k\$f/sf hftlo lj ePsf]pGdhgsf nflu cGt/fi6 cle; lGw -cf0; l=0cf/-8l= / cfly\$, ; fdlhs / ; f:s[ts clwsf/; DaGw cGt/fi6 cGagw -cf0; l=0P; =; l=cf/=sf] wf/f @ sf] ddhf0{ cfd; ft ub5, h; n]hftdf cfwf/t ePefj lj?4 cfj fh ahG ub5g\

cGt/d ; lj wgn] 5j f5t / hftlo ePefj lj?4sf] ePefj nf0{ cfwf/e't clwsf/sf] ; kdf :yflkt u/\$f] 5 .²⁴ t]kg o; n] JolQmut 7fPdf ul/g] ePefj nf0{; af]vg u/\$f] 5g . To; h] lj eP; w/} k\$f/sf / w/} txsf 5g\ h:t} blnt / u/ blnt alrsf] ePefj, blntx; leqs} ePefj, cflbjf; l hghft / dlxf alrsf] ePefj .

ePefj sf/Lsf]; kdf Gofolwz

bE lhNnf cbfntsf Gofolwz xl/k] fb j]lnh] hftotf / n]us ePefjnf0{k}o lbP . pgsf]lgjf; df pgsf :j ulG abfsf]; Demgdf ul/Psf]Ps wld\$ sfoGnd -; lG]a/ !!, @))^_ sf]cj; /df pgn]cf gf 3/fo; l ; xof]ul ; ltf/d rfw/lnf0{eQmaxfb/ lj Zjsdf{/ x:taxfb/ gkfnl, hf]cbfntsf lgoldt sdf/l xg\ pglx;nf0{k]h ckQf ug{glbg cxP . lsgeg]pglx; blnt ; dbfosf lyP . Gofolwz]cf^gf]; xof]ulnf0{ dlxgfj/l ePsf dlxfnf0{klg k]h ckQf gug]egl cfbz lbP .

Dfg]clwsf/ ; lGw cgludg ; af]hg ; ldt -Pr=cf/-6l=Pd=; l=; l= ; lG]j / @\$, @))^ ^

²⁴ wf/f !\$ 5j f5t tyf hftlo ePefj lj?4 xsl

- !_ sg]klg JolQmf0{hft, az, ; dbfo jf kZfsf cfwf/df sg]lsl; dsf]5j f5t tyf hftlo ePefj ul/g]5g . o:t]ePefj kOf]Jo]x/ b08glo xg\$ / kl]8t JolQm]sfGgaf/f lGwfOf eP adf]hd lftkl't{kfpg\$.
- @_ sg]klg JolQmf0{hft=hftsf]cfw/df ; fj hflgs kOf]udf /x\$; jf ; ljw jf pke]usf s/fx; kOf] ugaf6 jf ; fj hflgs :yn jf ; fj hflgs wld\$:yndf kjz ug{/ wld\$ sfo{ugaf6 al-rt ul/g]5g .
- #_ sg]j:t' ; jf jf ; ljw p]kfbg jf lj t/Of ubf{to:t]j ; jf ; ljw jf j:t'sg}vf; hft, hftsf]JolQmf0{ vl/b jf k]kt ugaf6 /f\$ nufpg jf to:t]j:t' ; jf ; ljw sg}vf; hft, hftsf]JolQmf0{dfq lalqlj t/Of ul/g]5g .
- \$_ sg]hft, hft jf p]k]tsf JolQmjf JolQmx;sf]; dXsf]pr-glr bzffpg] hfthfltsf]cfw/df lj ePnf0{ Gofolwz t 7x/fpg]jf hftlo ; j]rtf jf 30f]df cfwf/t lj rf/sf]krf/k]f/ ug]jf hftlo lj ePnf0{sg}klg lsl; dn]k]f]; fxg ug{kf0g]5g .
- %_ pk]w/f @_#_ / -\$_ lj kl/tsf]sfGg sfo{adf]hd b08glo xg\$.

8f6L lhlnfdf blnt / u7blntsf 5\$-5\$}wf/f

8f6L lhlnfsf]l; nu9L gu/kflnsfn]; eOm /fi6x3lo lj sf; sfo6mdsf]cflf\$; xofludf uldlOf zx/L ; xsfo{ sfo6md -cf/-o3kl=kl= ; #fng ul//x\$}f] 5 . o; sfo6mdc6t6t gu/leq} 0gf/x2 / vfgkfglsf wf/fx2 sf lgdf6f ul/Psf 5g\

^ 08}e) c6f kfgl\$ wf/f / 0gf/x2 cf/-o3kl=kl=sf]; xofludf gu/kflnsfleq lgdf6f ul/Psf 5g\ w7h: tf] 7fp6; df b0] 6f wf/f / 0gf/x2 lgdf6f ul/Psf 5g\ Pp6f 7hf] / csf]; fgj]. 7hf] rflxf u7blntsf] nflu lgdf6f ul/Psf] 5, hq /fd] :t/sf] h: tf] nflu5 eq]; fgj] rflxfblntx2; sf] nflu lgdf6f ul/Psf]xf] hq clt tlnf]:t/sf]h: tf] nflu5 .

l; nu9L gu/kflnsfdf u7blntx2; sf] nflu lgdf6f ul/Psf] wf/f / 0gf/x2 k6f] ug{ blntx2; nfo{ kl]ta6w nuf0Psf]5 . lsgeg] To; 7fp6f ax; Vos hgtfx2 c^ kl6 blntn]kfgl 5f]df jf kfglsf] qlhs cfPdf kfglnf0{cz4 agfp65g\eg]s/fdf lj Zj f; ub5g\ pglx2; hftdf cfwf/t e6efj df lj Zj f; ub5g\ d]\$, @))% df gkfn\$; a7r cbfntn]Ps c6z d6k6t blnt / u7blntsf] nflu 5\$ 5\$}wf/f jf 0gf/x2; gaqfpq eq\$]lyof]. hq c6z; Dk0f{gkfnl hgtfsf]nflu plQs}nflu' x65 . t/ 8f6Ldf To; lsl; dsf le6-le6 k\$ /sf wf/fx2 c^ }kl6 alg/fv\$ 5g\ . l; nu9L-% auwftsl sdnf lj Zj sdf{el65g\ axfdlx2 tlnf] hfts sf ePsf sf/Of ; wFzflift 5f;. xfdln] of] ; d:of aiff]v efl]b}cfPsf 5f;, xfdl blntx2; ; Ddfgsf ; fy kfgl lkpg kfp6gf]eg]To:tf sfqgsf] s]cy{x65 . oxfblntsf]cfj fh ; Gg]sf] 5g A

gkfn\$ hgtfx2; Hfft / azsf]cfwf/df e6efj ub5g\ t/ 8f6Ldf blntx2;n]:yfglo ; /sf/af6 g} e6efj ; xg' kl//fv\$]f] 5 . :yfglo blntx2;n]xfdlnf0{eg}“gu/kflnsfn]blnt / u7blntnf0{e6efj u7} wf/f / 0gf/x2; agfp6g\ . blntx2; sf] nflu pglx2; 0gf/ dfq vlg]b65g\eg] u7blntsf] nflu 0gf/ vlggsf]; fy}; d[6n]9nfg ; d] ul/65 A

olb blnt aRrfx2;n]ulntln]u7blntsf]wf/f / 0gf/x2; 5f] eg] pglx2; nfo{56 xfo}g ; hfo x65 . ; g\@))% sf] cui6 !& df auyf8fsl !\$ aifl6 hof lj Zj sdfn]u7blntsf]0gf/nf0{5f]sf sf/Of pgnf0{d/Of; Gg x6] u/L sl6of] . To; kl5 u7blntx2;n] lbzf, lk; fa, skm / 9Efx2; blntx2; sf] 0gf/df leq kmflnlp . of] 36gf s/la cf7 k6s; Dd rNof]. clxn]auyf8fsf blntx2; kfgl lngsf] nflu ^ 306f k6n lx8xk5{/ c? # 306f kfgl eq{; do nflu5 . o; }; Gbehf0{lnP/ lhlnf blnt ; -hfnn]lhlnf kzf; g sfo6odf ph/L bt{u/fof] t/ pOm sfo6on]sg}kl]tlqof hgfPg . 8f6Lsf k6v lhlnf clwsf/L efl]b] sdf/ lfgln] of] ; d:of ; dfwfg ug\$] nflu kln; zIQmsf] k6f] ug{ g; Sg]s/fsf]hfgsf/L u/fP . pgn]eg] u7blnt ; dbfonf0{blnt / u7blntx2; ; dfq x6v blntnf0{ ; dfq Joj xf/ ul/gk5{egl ; Denfpg dfq ; ls65 .

@))% sf] cui6 @& df ha hfuf/Of ldl8of ; [6/n]k6v lhlnf clwsf/Lnf0{lsq gu/kflnsfn]b0{5\$ 5\$}wf/fx2; agf0/fv\$]f]5 egl kZg ufof] t/ pgn]sxl hjfkm lbPgg\ . pgn]dfq of]s/f eg]- of] cEof; blnt ; dbfosf]nflu 6ofos 5g, t/ oxf6f]; dfh k/fgf] / k/Dk/fut efj gfsf]5 . pgn]eg] ls, hgtf lzllft a6b}uPk15 c6bf j ifx2; df of]Joj xf/df sdl cfp6\$.

blnt u7; /sf/l dx; 3 @)) ^

gkfnf clyš, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjQ

; /fšf/sf cfnfjrgfids klfx

ulx/fj E h/f ufl9Psf] hltkyf M gkfnf hltkyfsf] pğdhg ePsf] ePtiklg hftdf cfwf/t ePefj x; ; dfhdf cem] Jofkt 5g\ . sfggsf] kfej sf/l sfoffj og xg ; sšf] 5g . cga0w cg?k ; fj hlg sfggnf0{ldnfpj] s'fsf] ; lglZrttf /fHon] kpfj ug[kg] bflotj 5 . t/ oyfydf To; sf] pN6f] /fHosf lgsfox; df klg hltdf cfwf/t ePefj sf] efj gf kf065 . yf] }dfqdf blnt ; dbfosf JolQm; ; of / kx/L ; jdf kəz ug[cj ; / kPsf 5g\ . t/ Itglx; nf0{ ; Ešf] ; fyl ; /x vfgf Nofpg] / kfgl lkpg] cgdlt lb06g .²⁵ w} ; fj hlg lJ Bfnox; df blnt afnafnsfx; leG s' ldf a:g afNb 5g\vf; u/L slf sf] fsf] kl5Nnf] efudf .

JoJxf/df lj /fvef; M hltdf cfwf/t ljePsf] kfofhg ; xofu / ; Af0f gug{ /fHosf] bflotj xf] . t/ JoJxf/df To; sf] pN6f] e0/fvšf] 5 .

sfggl lj eP M ljePsf/L sfggnf0{ ; #fvg ug{ / Itgnf0{cdf0 3flift uGf{ /fHosf] bflotj xf] . t/ oxif hltdf cfwf/t ljePnf0{ kəo lbg] sfggx; cem] ; dfhdf lj Bdfg 5g\ . cem dhsl Pğsf] k] tfj gfd} hftlo ; Argfnf0{ jwlgstf lb0Psf] 5 . dnsl Pğ dxn !) sf] lj lw eg] zlifšdf wldš ; #sf/sf] gddf hltdf cfwf/t ljePnf0{ a9jf lb0Psf] 5 . gful/s clwsf/ Pğ ! (%\$ sf] efu @ -s_ n] 66 ; Da6wl sfggsf] gddf ljePnf0{ kəo lbPsf] 5 eg] ; Af0f; Da6wl Pğ ! (%% n] k/Dk/fut cEof; sf] gddf wldš 7fpdf kjz ugaf6 al-rt ub5 .

; /fšf/j fnfx; sf] alrdf ; djo M /fHon] blntx; sf] dfj clwsf/sf] af/df kpf{t klj wfgx; sf] Joj :yf / ; dfg pkefusf] ; lglZrttf ušf] 5g . /fli60 dfgj clwsf/ cfofudf blntsf] dfgj clwsf/ xggsf] d2fnf0{xg] / ; /fšf/j fnfsf] alrdf ; djo ug[5š] lj efu 5g .

; jfoQtfsf] kZg M /fli60 blnt cfofu bžsf] ; jwlg sfgsfosf] ; kdf :yflkt xgk5{ . ha of] :j foQ ; kdf ; jwlg sfgsfosf] ; kdf :yflkt x65 , ta dfq o; n] blntsf d2fx; / dfgj clwsf/sf] ; jfnf0{ kfej sf/L 9+n] ; afvg ug{ ; S5 . t/ of] dtkfom ePsf] 5 , lsgeg] ; /sf/n] o; sf kbflwsf/Lx; lgoQm ug{/ cfj Zos ; fšf] Joj :yf ug{ ; sšf] 5g .

; 'enfj x

- /fHon]/fli60 blnt cfofufnf0{ ; jwlg sfgsfosf] dfbotf kpfj ug[kb5 .
- 5j f5t ; Da6wl JoJxf/nf0{ kltal6wt ul/Ptiklg ; /sf/L clwsf/Lx; n] :jo+of] JoJxf/ ušf] kf0Psf] 5 . To; h] Ps yk sfggl ; hfosf] JoJ :yf sfggdf ul/gk5{ h; n] ubf{o; sf] pNn^ašg ug[; /sf/L clwsf/Lx; / ; /sf/af6 ; xofu kft lgsfox; nf0{ ; hfo ug{ ; lsof] \
- w} sfggx; o:tf 5g\ h; n] hltdf cfwf/t ljePnf0{ kəo lb65g\ . ; /sf/n] To:tf sfggnf0{ ; #fvg ug[jf vf/h ug{cfj Zos sfo{tIsfn ; ? ug[k5{ .
- hltdf cfwf/t ljeP; Da6wl sf] sf/jxlsf] nflu 5š] sfggx; agfpgk5{ . To; u/L /fi60fkl ; kdf To:tf sfggnf0{ nfu' ug{leG sfggl lgsfosf] :yfkf ug[k5{ . ; /sf/n]

²⁵ h]o=k=)!)! gkfnf blnt / jšNks kltjğ 8Jn'l; #=cf/ @))! , sf7df8fM hg pIyf klt:7fg, k]e^=

blntx₂sf] cfly\$, ; fdfilhs / zlfis lj sf; df ; xofu ugk5{ tfls pglx₂sf] ; dfgtfsf]
clwsf/sf]; lglZrttf xf] \

- k]o\$ lhNnf kzf; g sfodf blntx₂nf0{ nllft u/l Nof0Psf sfodf] dNof^asg /
ltgnf0{; xofu ug{Ps lj zlf cgludgsf/l lgsfosf]: yfkgf ul/gk5{.

dlxnf / k?if alrsf]; dfgtfsf]clwsf/

cj:yf

gkfnsl] hg; ^avofsl] %) = kl|tzt dlxnf; n] cfl] 6\$ f 5g\.²⁶ tklg b}zdf dlxnf lj?4sl] e}efj sfod} 5 . dlxnf / k?if alr ; dfgtf sfod u/fpg pkoQm glit tyf sfoqmdx;sl] cej 5 . lkt[Qfids ; Argdf cfwfl/t e}efj sf sf/Of clwsfz dlxnf; cfd; Ddfg, :j fledfg / lj Zj f; sl] jftfj /Ofaf6 al-rt 5g\ dlxnf; 0-Pr=; l-cf/-sl] bll] 6sf] fdf clt g}lk518Ps] j] u\$ f ; kdf 5g\

dlxnf; ; flf/ff / lzlf kll] tsf] l] f] df k?ifebf w}] k5fl8 5g\ . k/Dk/fut lnEdf cfwfl/t >d lj efhgsf] cfwfl/df dlxnf; klhgg sfo{ j fhDd] f/Ldf g}a9L ; dlk{ 5g\ eg] k?ifx; ptkfbg sfo{ h:t} cfo cfhgsf] l] f] df sll] bt 5g\ . dlxnf; sl] sfo{ f}em -lbgdf !^ 306f lj Zj sl] cfl] t df}otfebf w}] dfl] y 5 .²⁷ dlxnf; sl] ; /sf/df / /fhg] ts l] f] df kl|tlglw] lo} 5 . cem a9L dlxnf / s}lx; kof] t kfl] foQm vfgf vfgaf6 klg al-rt 5g\ hf] c]olws >d u5g\ / ; ldt dfqdf :j f:Yo / kl/jf/ lgo] hgsf] ; j] df kxF 5 . gkfnl dft [-; Ts] l dlxnfsl] d] ob/ lj Zj sf c? pRr dft d] ob/ xg] b}z x; sl] ; /x g} 5 .²⁸

; dfgtfsf] dfu cfh dfgj hfltsf] cfwfl/et clwsf/sf] ; kdf ln065, lsgeg] of]; DkOf{ dfgj hfltsf] dlQmsf]; ?j ftsf] lj Gb' j f cj:yf xf].²⁹ ; dfgtfsf] clwsf/n] /fHoaf6 ; lglZrt ul/Psf clwsf/x; sl] pkef] u / cEof; ug{ cfwfl/ tof/ u/\$f] x65, rfx] tof] hg; s} lnEsf] xf] \ o; /L dlxnf; lj?4sl] e}efj ; fdlhs / ; f:s[ts df}otfx; df dfq geP/ /fHoaf6 lglde} sfggdf klg 5 . o; n] c; dfgtf k}f u/\$f] 5 / dlxnf; n] f0{ clwsf/lj dVsf] l:yltdf /fv\$] 5 / pglx; n] f0{ lx=fsf] hf] vdl tkm(wsl] nPsf] 5 .

; g\ @)) ^ sl] d] #) df kl|tlglw; efn] Ps k|tfj kfl/t u}of] h; n] /fHosf ; DkOf{ ; e}qdf dlxnf; sl] ## kl|tzt l; 6sf] Joj:yf u}of] / To; n] cdfsf] g] daf6 gful/stf k}fg ug{ cgd] tl k}fg u/\$f] 5 . of] dlxnf lj?4sl] e}efj c}t ug{ Ps dx] j kOf{ sbd lyof] . t/ To: fff k|tfj sfof] j ogsf] l] f] df logsf] dd{/ efj gf lj kl/t sfo{ ; e0/fv\$] 5g\ . pbfx/Ofsl] nflu dlxnf; n] c}tl/d ; lj wfgsf] d:of}f tof/ ug] ; ldt df cf^gf] pkl:ylt lglZrt ug{ ; 3if{ ug{ k}of] / sf] l dlxnf klg zll}t jftf{ 6f] hldf ; dfj z ul/Pgg\ . n] Es ; dfgtf; Da6wL lj w}psn] lj le}g %^ j 6f sfggl k]j wfgdf ; wf/ NofPsf] ePtflkg cem} ToxF!!& j 6f dlxnf] ?4 k}of] ; kdf lj e}sf/ l k]j wfgx; af}l /x\$] 5g\

c}tl/d ; lj wfg @)) & n] lnEsf] cfwfl/df s; n] f0{ lj e} ul/g] 5} eg] pNn] u/\$f] 5 .³⁰ tyflk lnEsf] cfwfl/df ul/g] lj e} n] f0{ lgi] w ug] s/ f afx\$ lj e} sf] lj :t} kl/efiff g t ; lj wfgdf ul/Psf]

²⁶ l; =j P; , /fli60 uOfgf Msf7df8f] M sll] lo tYof] lj efu
²⁷ cf0=j-cf0= l8=k-%!-%@
²⁸ oPg= l8=k= @)) \$, k\$ % \$
²⁹ nfp6/kfr, ; / x] l, l; Pkm= lj =h= /fdr/Of !(*!= a; dfgtf / clj e} a; n0; x] s; -; Dkfbg_ c}t/fll] 60 clwsf/x; sl] lj w}ps Mgful/s / /fhg] ts clwsf/ ; Den] f M Gof} \$ {M sf] h] Daof, olge; 6l k] k\$ @ \$ &
³⁰ wf/f !# ; dfgtfsf] xs M
!_ ; a] gful/s sfggsf] bll] 6df ; dfg xg} \$ g\ s; n] f0{ klg sfggsf]; dfg ; AfOfaf6 al-rt ul/g} 5 .

5, g t cfo sfggx;df . km:j zk cfhklg dlxfx; nuff/ ; kdf cfly\$, ; fdlhs / ; f:s[ts
clwsf/sf]pkfj ugaf6 al-rt 5g\ . gkfnf]cGtl/d ; ljwfgn]d]#), @))^ df kl/t 3fj0ffsf]
dd\$]klfdf vf; kljwfgsf]Jo: yf ug{; s; .

; /f\$]/sf cfnf]rgfids klfx;

dlxf lj?4sf lje;sf/l sfggx; M dlxf sfgg tyf ljsf; d-r -Pkm8An=Pn=8l=n] f;gkfnf
lje;sf/l sfgg tyf ltgsf]; dbfodf kefj @))^ zlif\$df u/\$]Ps clwogn]*# j 6f P; lgodx;
-; ljwfg / dhsl P; @)^# ; lxt_ sf !&# sfggl kljwfgx; k;olf ; kdf dlxfnj ?4 lje;sf/l
5g\.³¹ lje;sf dVo lfx; ; DklQ, lj fx, kl/j f, /fi6;tf, sfggl / cbfntl klqmf, a;lavg /
of;zf]f, /fhuf/l / lzlf /x\$ 5g\

dlxfnf0{; dfg gful/ssf]x; ot lb0Psf]5; M gkfnf]; ljwfg / gful/stf; Da6w sfggn]dlxfnf0{
; dfg gful/s ; /xsf]x; ot kbfg u/\$]5; . bf] f]hgcfb;hgkl5 3fj0ff ul/Psf]; ljwfg / gofF
gful/stf; Da6w P;gn] dlxfnf0{ cf'gf ; Gtgnf0{ gful/stf kbfg ug{; j t;g ePsf] egl pln;v
u;/fklg of] cem] lj jxfsf]; Da6wdf lje;sf/l 5 . lsgls o; n] gkfnl dlxfnf0{ pgsf j;ljz
>ldfgn0{ gful/stf kbfg ug{c;gdl lb; .³² Pp6f lj b;zl /fi6;tf ePsl dlxfnf]gkfnl clust
gful/stf kfg; ; l5g\.³³ t;kg of] kljwfg lj b;zl k?ifdf nfu' x; . Pp6f gkfnl dlxfnf]lj b;zl
k?if; f;sf]lj jxfaf6 hlGdPsf]aRrfn]clust gful/stf kfg; ; S5 . t/ To; sf nflu b0[6f zt{5g\
tl xg\ aRrfsf] gkfnf : yfol a; f;f; xg' / aRrfn] p; sf] afafsf] gful/stfsf] cfw/df lj b;zl
/fi6;sf]gful/stf gkPsf]c; yf xg' /x\$ 5g\

dlxfnj ?4 lx+f M gkfnf nfd]; dob]v dlxf lj ?4sf] lx+f lj le;g : j ; kdf b;vf k/\$]5 . t/
dlxfnj ?4sf] lx+sf] kl/efiff / To; ; Da6w sfggl kljwfgsf] Jo: yf g t ; ljwfgdf g t cfo
sfggx;df g]ul/Psf]5 . kl/0fd: j ; k dlxfx; JoIQmut / ; f;h;gs l;df lx+sf]lzs/ a;g
af; 5g\ b;psl kyf, afbl kyf, 5fpk8l kyf, af; ; l kyf nufotsf lj ljw ; ksf 3/h' lx+f; ; fdlhs
/ ; f:s[ts lx+fx; xfd]; d;ndf lj Bdfg /x\$5g\ ol d2fnf0{; af;v ug]pkoQm sfggsf]cefj df
dlxfx; hf]vdk0f{c; yfd /x\$ 5g\ . pglx;nf0{pkoQm sfggl pkrf/af6 al-rt u/f0Psf]5 .
3/h' lx+f; Da6w lj w;ps cem]cltd k;titf]kl;lfdf sfgg d;gfnodf /x\$]5 .

dlxfx;nf0{ j;ljz /fhuf/Ldf kl;ta6w M ; dfgtfsf] xs; Da6w ; j;wfgs Jo: yfsf] afj hb gkfnl
dlxfx; j;ljz /fhuf/df hfgaf6 kl;ta6wt 5g\ . j;ljz /fhuf/; Da6w sfggn] Ph; ; lx;nf0{
dlxfx;nf0{lj b;zl k7fpaf6 al-rt u/\$]5 . ha; Dd dlxfx;n] pglx;sf] cleefj s, >ldfgv/
; /sf/af6 pQm s'/sf]: j l;[t kfp;g\ pglx; j;ljz /fhuf/df hfg kfp;g\ o:tf]c; yf k?ifdf
b;vPsf]5; . o:tf] Jo: yfn] dlxfx;nf0{ /fhuf/sf] clwsf/, k;f /f;g kfgp] clwsf/ / cfj t-
hfj tsf]clwsf/af6 al-rt u/\$]5 .³⁴

@_ ; fdf; sfggsf]k;f;df sb;klg gful/sdfly wd{x of{x hft, hflt, ptklQ, effif jf j;f]l/s cf:yf jf tl dWb]
sg}s'/sf]c;fw/df e;efj ul/g; .
#_ /fhon]gful/sx;sf alr wd{x of{x hft, hflt, lnE, ptklQ, effif jf j;f]l/s cf:yf jf tl dWb]sg}s'/sf]
c;fw/df e;efj ug; t/ dlxf, blnt, cf;bjf; l hghflt, dw;zl jf ls; fg, dhb/ jf cfly\$, ; fdlhs jf
; f:s[ts bl;6n]lk5l8Psf] ju;f afns, j; tyf ck;E jf zfl/l; jf dfgl; s ; kn]czQm JoIQmsf]; Af;of,
; zIQms/Of jf lj sf; sf]nflu sfggaf/f lj zif Jo: yf ug{/f; nufPsf]df;g]5; .
\$_ ; dfg sdfs]nflu dlxf / k?ifalr kl/>ds tyf ; fdlhs ; /l;df e;efj ul/g; .
³¹ Pkm8Ano=Pn=8l=n))^ . gkfnf lje;sf/l sfggx; / dlxfx;dfly kg]ltgsf kefj x; . sf7df8f]Mkn; d km/
lj d; , n P08 l8enkd06
³² gkfnf]cGtl/d ; ljwfgsf]@))& sf]wf/f * -@_ , #_ / gkfn gful/stf P; @))^ sf]v08 # -!_ #_
³³ gkfnf]cGtl/d ; ljwfgsf]@))& sf]wf/f * -^_ / gkfn gful/stf P; @))^ sf]v08 % -!_
³⁴ j;ljz /fhuf/ P; , !((* . v08 !@

gkfnf cly\$, ; fdlhs / ; f:s[ts clwsf/ Mcj:yf / kjD

cbfntsf]cbfzsf]kfnf M h?/L n; ; dfgtfsf d2fdf ul/Psf]cbfntL lg0f6x;df Ps;ktf 5g .
To; u/L g}dlxf;sf]xslxtsf klfd ePsf ; sf/flds cbfz;sf]kfnf clt g}6g 5 . cbfntL
cbfzsf]cfwf/df dlxf;sf]klfd ul/g]kl/j t;sd dfqdf ; yfut ul/Psf 5g\ . To; h]
cbfntsf]cbfzsf]kfnf]hDd]f/lk] s fof]ogsf]cfj Zostf dx; ; ul/Psf]5 .

zt{; lxtsf]cgdf M kl|glw; efn]; /sf/af/f k|tt dlxf?4sf ; a}k\$ /sf lje p;dhg; Da6wL
dx; ; l;wsf]P]R5s cfn] !(((nf0{kf/t u;of]. t/ o; n]pQm; l;wksf]wf/f * / (df cf'gf]zt{
/f'of]. gf]a/ @& df ; /sf/n]P]R5s cfn]sf]wf/f !) -!_ cg' f/ wf/f * / (kof]hsf nflu
Joj :yf ul/Psf]dlxf?4sf]lx+f p;dhg ; ldt sf]lfdtfnf0{:j ls/ u/g .

lj /f]vfeifk0f{/fli6 dlxf cfof] P; M dlxf afnafnsf tyf ; d;hsNofOf d;qfnon]; g\@))@ df
dlxf; Da6wL gltx;sf]lgdf, sfof]og, cgludg / ; dlff ug{/fli6 dlxf cfof]sf] :ykgf
u;of]. t/ pQm P; dlxf;nf0{sfgl, /fh]ts / ; fdlhs ; kdf ; AfOf ug]s/fdf cfof]sf
eldsf]; Gbedf df; /x\$]5 .

; 'enfj x; M

- ; /sf/n]dlxf?4sf ; a}lje;sf/L sfgx;nf0{vf/h ugkb5 .
- dlxf;n]cf'gf cly\$, ; fdlhs / ; f:s[ts clwsf/x; pkef] tyf cEof; ug{; dhdf
Jofkt ; fdlhs / ; f:s[ts cEof; x;n]afwf c8kg k;ofPsf 5g\ . To; h] To:tf afwf
c8kg;sf]p;dhg xg'cfj Zos 5 .
- cly\$ tyf /fhuf/l]sf]l;df lnEs]cfwf/df xg]e;efj sf]c;to ul/gk5{. /fhuf/l]sf]l;df
; lglZrttf k;fg ug{; dfg lsl; dsf cj ; /x;sf]v]hl ul/gk5{.
- dlxf;sf]k/Dk/fut eldsdf kl/j t; ug{gof]sfo;md / gltx; agf0gk5{.
- dlxf?4 xg] 3/h' lx+f / unt ; fdlhs cEof; ; Da6wL ; d:ofnf0{; Daf]ug ug]sf]nflu
5\$}sfgsf]cfj Zostf 5 .
- ; /sf/n]nEs ; dfgtfsf] ; lglZrttf ug{c;g/fli6 dfgj clwsf/ sfgsf]kfnf ug{
; /sf/sf]bfo]j x].
- nEs ; dfgtfsf] b]6sf]sf]cfwf/df lg0f6x; ug]sf]nflu Gofokfnsfnf0{ ; r] u/fpg]
vfnf sfo;md;sf]cfj Zostf 5 .
- cbfntaf6 ePsf ; sf/flds lg0f6x;sf]k;efj sf/L sfof]ogsf]; lglZrttf ul/gk5{.
- ; /sf/n]dlxf?4 xg] ; a}lsl; dsf e;efj p;dhg; Da6wL dx; ; l;wsf]wf/f * / (df
/fv\$]k]s dtnf0{t;sfn lkmtf{lngk5{
- /fli6 dlxf cfof]sf]:j t;g eldsfnf0{; lglZrt ul/gk5{.

cfktsfnlg l:y|t\$]; dodf cfly\$, ; fdfhs / ; f:s[ts clwsf/sf]cj:yf

cj:yf

gkfn\$]0ltxf; df bzn]b0]6f ; dodf cfktsfnlg cj:yf efl\$]5 . klxnf]g}dlxgfsf]cj:yf hg ; g\@))! sf]gfe]a/sf]cl6td xktfa6 ; ? eof]/ bf] fl]tlg dlxgfsf]cj:yf ; g\@))% sf]cl3Nnf] dlxgfd nfu' ul/of]. klxnf] cfktsfnlg cj:yf lgj flrt ; /sf/n]nfu' u/\$f]lyof] hg dcf]fblsf lx+=fids lqofsnfknf0{lgogqof ug{t/ nllft lyof]eg}kl5Nnf]cj lw /fhg]ts kf6lhf0{bdg ug{ /fhaf/f nfbPsf]lyof]. t/ bj}cfktsfnlg cj:yfx; ; ?df ck]ff ul/Pcg'f/ cf'gf nlfx; kkt ug{c; lfd /x\$] lyP . a? ltgsf]kl/0ffd:j?k ; dfhdf g; f\$] lx+=sf 36gfx; 36g ku] . dfgj clwsf/sf]xgg eof]/ cfly\$; fdfhs / ; f:s[ts clwsf/nf0{Jofks dfqdf ; lldt ul/of].

cfktsfnlg cj:yfn]hgtfsf]cfj t-hfj tnf0{Jofks dfqdf c; / u\$of]. ; /lfnf0{s8f agfpg s8f sfgbx; , h:t} cft^a\$sf/l ultlj lw /f\$yfd / ; hfo; Da6wl clwbz nfu' ul/of] h; sf sf/of ofqx; sf]lj lelg ; /lff hfF ug]7fpK; df cgj Zos vfgtnf; l ul/P / h; sf sf/of cfj thj tnf0{ a9l sl7g agf0lbof]. o; n]lj:tf/}blgs pker]sf ; fdfgx; ; d; hgtfsf]alrdf kl; s; . zlQmsf]Jofks kof], khlf]gfsf lu/^tf/, kl8f, cdfg]lo Jof xf/ / u;6oflos xtof cflbn]hgtfsf] hljgofkg h:tf s/fx;nf0{; d; pQm cj:yfdf baf0of]. d[ob/ a9df]/ To; sf]hgtfdf gsf/flds c; / k\$of]. h; n]ubf{pglx;sf]blgs hlj g yk si6s/ a6of].

; g\@))! blv @))@ sf]cfktsfnlg cj:yfdf /fhsf]; /lff lgsfoaf/f hDdf ((@ dflg; x; dfl/P . h; dlv)% (hgf !* jif6bf dlgsf aRrfx; lyP . ; g\@))% sf] cfktsfnlg cj:yf dfq tl; dlxgfsf]ePtfkig sdtdf /fhoaf6 ### dflg; x; dfl/P, h; df !# hgf aRrfx; lyP .³⁵

tfInsf @ M @))@ sf dfgj clwsf/ pMn^\$gsf kl18tx;

; l6w=cle; l6wx;	k6flj tx;sf]; Wof				
	36gfsf]; Wof	k?if	dlxnf	yxf 5; <<	hDdf
; l-P=6l=	\$\$*	^&%	^(%!)	&(%
; l=0=8l-P=8ANo="	%^#	!^	&\$^	!	&^#
; l=0=cf/=8l=	#%	#!	!@)	\$#
; l=cf/=; l=	@!*	!@&	!\$^	*!(!)(@
cf0=; l=; l=kl=cf/=	^,) \$&	(,! (%	(!!	#, \$!@	!#,%!*
cf0=; l=0=P; =; l=cf/=	!,%^&	\$@*	@(\$\$,!^	\$\$,*&#
hDdf	*,*&*	!,\$&@	!,(!#	*^((\$\$,*&#

gflM sg}sg}cj:yfdf k6flj tx;nf0{b0}j f b06bf a9l dfgj clwsf/ ; l6w=cle; l6w<<<x; u0fg ul/Psf]5 . k6flj tx;sf]vb ; Wof rfxFhDdf !*,&^# xf].

; fMdfgj clwsf/ j if{k:ts @))#, 06; \$, kh iii

³⁵ 06; \$af6 kkt tYofa\$, (dfr{@))&

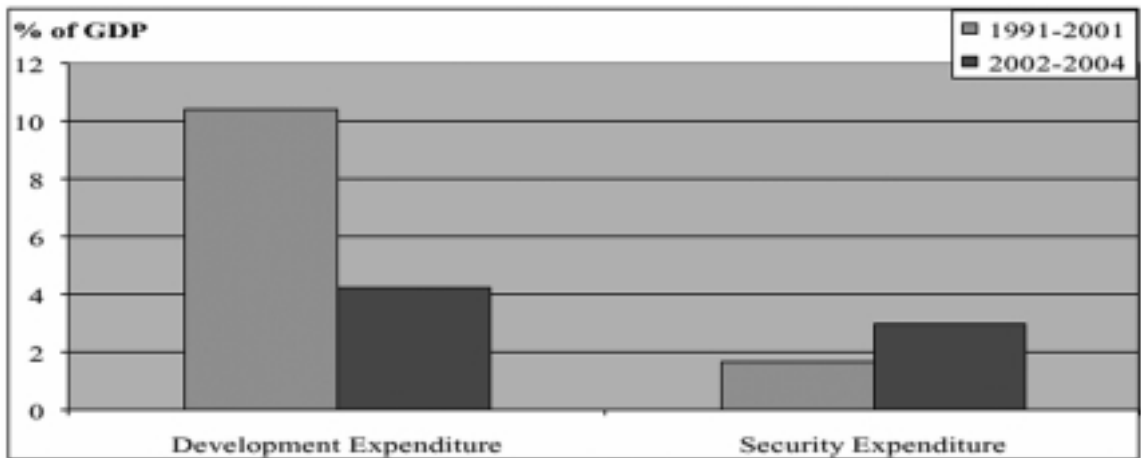
gkfnf cly\$, ; fdlhs / ; f:s[ts clwsf/ Mcj:yf / kjQ

cfktsfnlg cj:yfdf hgtfn] cf'gf] af; ;yfg 5f8g] sfo{7hf]; wofdf bljvof]. xhf/fj-gful/sx
lj:yflkt ul/P . pglx;sf]elj io cfofnf /xof]. pglx;dwb]w7h; f]cft/s ;kdf lj:yflkt eP .
b;sf c? efux;df :yfgf/t/of eP / w7]hgtf glhs\$fi 0l68og :yfgx;df a; f0{; /] / km:j ;k
b;sf oj fx; Hf]cly\$;kdf zzQm lyP, pglx; /f]uf/sf]vfnf c? b;df :yfgf/t/of eP .

lj sf; / ; /Iff vr{le6g lbzdf cufl8 a9]. ; z;q a6asf]j [4; 6]lj sf; vr{s6fl / ; fww/of vrdf
j [4 ug[k] Q ; ? eof]. lj sf; vrdf s6fl ePk15 /f]osf] cyf[6qn]; d:of eflg' k'of]. hg ; g\
)! blvg}k5fl8 k/\$f]lyof]. cly\$ j if{e})@/\$ df lj sf; vr{\$@ kltztsf b/n]36df]. hg
; g\((!-e))! sf]ahf !)-\$ kltztn]a[4 ePsf]lyof]. cly\$ j if{e})\$ df ; /sf/sf]lj sf; vr{
sh ufx:y plkfbgsf^ kltzt sfod /Xof]. hg ; g\@))! Df (kltzt lyof]. -cf58f !_ To; sf]
cnjff Toxl ; dodf ; /Iff vr{nueu b]ja/ a[4 eof]. hg !=^ kltztaf6 tlg kltzt k'of0of].³⁶

lj sf; sf sfo{x; h:t}af6f]lgdf, oftoft / ; -rf/ Iqdf pNn]lgo dfqdf s6fl ePk15 To; sf]
k'olf c; / /f]uf/sf]cj ; / / hlj gofkgdf k'of].

lrq ! M ; /sf/L vr{-cly\$ j if{; g\((!-e))\$ _



; ff MP-8-j =

aa / ; f:s[ts cEof;

; z;q a6asf]gsf/fds c; / ; j} Iqdf /Xof]. o; n]b;sf]hg; a'vof lj t/ofdf c; [thg Nofof].
df]g; sf]sfd ug[kfpg]clwsf/nf0{al-rt u'of]. ; fdlhs c; /Iff a9fof]. :j f:Vo; Da6wL clwsf/ /
ef\$af6 dlQmsf]clwsf/af6 hgtfnf0{al-rt u'of]. ; fy}afnafnssf clwsf/ h:tf s'/df uDel/
;kdf cfqndof ul/of]. ; z;q a6asf sf/of hgtfn] cf'gf] cly\$, ; fdlhs / ; f:s[ts clwsf/sf]
pkf]udf Jofks s6fl ul/of]. dfcf] fbl / gkfnl ; gfn] u}; /sf/L ; yfsf] ufdLof Iqdf ePsf]
kxFdf ult/f]v Nofof]/ vfB kbfsf]cej / ; j:yfkrf/sf] Iqdf ub{cfPsf]sfodf afwf k'ofP .
cfktsfnlg cj:yfdf o:tf ; d:ofx; cem a9L ;kdf bljv k/]. ; g\@))@ sf]hg * , zlgaf/sf lbg
@) j il6 yf? Hltsf ls; fg v'; L/fd rfw/Lnf0{lbgbxf8}; /Iff lgsfoaf6 ufhl xfgl xTof ul/of]
hgahf pgl cf'gf] v;df sfd ul//x\$f lyP . kln; n] cf'gf] uNtlnf0{dx; ; u'of] t/ d[z/L/

³⁶ P-8l-al= @))% . a6asf]cly\$ fltsf]dNofasg Mlv6bl]lj sf; vr\$ c; /x; -sfo{k q >P\vf, cs @_ .
sfdf8fMP-8l-al= gkfn cfjzlo ldzg . kh !

d[ssf kl/j f/nf0{lbgsf} ; \$f l6sfk/sf]hüandf Pp6f vñ8f]f kñlnlbof]. .8/sf sf/0fn]xhdln]pQm
d[z/L/nf0{vflg hfg ; s[; s; ð]klg xhdlnf0{; xofu ug{tof/ /xgg\pgsf kl/j f/hgn]eg].
.xhdln]p; sf]bfx; :sf/ yf? ; dbfosf]; :s[tcg; f/ s'; sf]; f[ts d[z/L/ agfP/ ; DkGg u%of]u

ch[s[sl{/ ljgfb e6x/f0{-; Dkfbg, s; f]o4 < g[kfnsf]; /sf/-dfcf] fbl äläsf cfly\$; fdfhs-
; f:s[ts k[; x, u}; dxf; 3, sf7df8f; k[h !)* *

cGwfwGw xTof

; g\@))@ sf]kñt/L @\$ df ; /Iff kñhåf/f sfnsf] lhNnfsf] sf]j f8f uf]j =; = df xj f0{ d[fgdf
sf]d ul//x\$ # @ hgf lqdf]f dñb/x; nf0{dfcf] fbl ePsf]cfz\$df dfl/of]. pglx;nf0{zè s[sl{
lgdf]f ;]fn] sfddf nuPsf] lyof]. dfl/Psf dWb] !* hgf wfbE lhNnfsf] hfludf/f eG] 7fpE
af]; Gb] lyP . To; lsl; dsf]cGwfwGw xTofdf @ hgf dfq afkq ; km ePsf lyP .

0Gkm/dn efb]d !@, g+@, h[@))@, 0G; \$ sf7df8f; k[7 @&

/fHo dfcf] fbl / hftlo k[ffnl]r[k]j df

; g\!((^ df klZrdl lhNnfs] /rgf -gfd kl/j t[gfd u/\$l Ps dlxf dfcf] fblsf] lj Zj f;
; f:s[ts kl/j f/ gfd; f:s[ts 6fh]df elt{e0gV pgn]Ps g[osf/sf]; kdf ToxF\$ j if{Dd sf
ul/g\ . ToxFpgn] sdf/ gfd u/\$f] Toxl 6fh]sf]Ps ; b:o; E df of uF; g\ . /rgf ue] tl ePk15
/rgf / sdf/ b] ð]pQm ; dX kl/Tofu u/].

; g\@))! Dff cfktsfnlg cj:yf nfu"ePk15 pglx;sf bM/sf lbx; ; ? eP . lsgls ; /Iff kñh
pglx;sf 3/df pglx;nf0{ vflb} cP . æ; a}3/df vfl] w]; yfql af]; Gbfx;nf0{sblk6 u/] /
; Dk0f{; dbfox;nf0{g}cftlst agfP . pglx;n]xlt of/ sxfFnsfPsf 5g\egl kZg u/]. pglx;
cfPsf]a]hf d 3/df gePsf]x[fn]dnf0{lu/^tf/ ug{; s[; g\ ð]sMkgf ug{; lsbq ls ToxFs]xg
; S\of]olb d ePsf]eP Æ /rgf]elgg\

/rgfsf]>ldfgn]csf]; f:s[ts ; dXdf eqf{eP/ pql /rgfnf0{5f]l cfkñ]a]hfot uP . dfcf] fbln]
pgnf0{; /sf/sf]hf; ; eG yfn]eg]; /Iff kñh]n]pgnf0{dfcf] fblsf]sfo\$tf{egl zsf ug{yfn].
ufpF]; n]pgnf0{af]xof eP/ blnt; E lj jfx u/\$f]eq] lt/:sf/ ug{yfn]. pgsf]sdf/; E lj jfx
ePk15 pgsf dflyNnf]hftsf aaf cdf / cfkñt;x;n]klg pgnf0{alx:sf/ u/].

/rgfn]cf^gf]kl/j f/nf0{cf^gf]aaf d/\$f]a]hdf klg e[; u0gg\ cf^gf]aafsf]sfh]qmf jf clt d
; :sf/sf]a]hdf klg d[0tlnf0{e[; hfg]; fx; ul/gg\ lsgg]pgdf cfkñ'ckdf]gt xg]jf lkl6g]
8/ lyof]. pgn]pgn]atf0g\ pgnf0{clxn]rf/j6f zqtfk0f{tj x; sf]alrsf]rk[df k/\$f]dx; ;
ePsf]5 . tl xg\ /fHo, dfcf] fbl, lxb' hftlo k[ffnl / ul/al . pgl; E ol ; d:ofnf0{s; /L ; dfwfg
ug]eGdf sg}pkfo 5g .

pgn]elgg\ædfcf] fbln] pgnf0{zqtfk0f{Joj xf/ u/] lsgg] pgn]; df]o gful/s ; /x hlj gofkg
ug{rflxg\ . /sf/n]pgnf0{x/\$ sbddf nv]b/x\$]5 . ; dfhn]dnf0{alxisf/ u%of,] lsgg] ðh]
cfkñ] rfx\$]df]g; ; E lj jfx u/F. d[]n]l]g]6f9f j]hfot df xgX65 / ðh]oxfFaRrf x\$fg'k/\$f]
5 Æ

s[sl{ch[/ ljgfb e\$/f0{-; +s; sf]n8f0F< g[kfndf ; /sf/-dfcf] fbl äläsf cfly\$; fdfhs /
; f:s[ts k[; sf7df8f]Mu}; dxf; 3 k[(@

gkfnf cfly\$, ; fdlhs / ; f:s[ts clwsf/ Mcj:yf / kjQ

; /f[sf/sf cfnf]rgfids klfx

df]ns clwsf/sf ; kdf cfly\$, ; fdlhs / ; f:s[ts clwsf/ M gkfnf]cgtl/d ; lj-wfgn] cfly\$,
; fdlhs / ; f:s[ts clwsf/nf0{pLn} t u/\$f]5, t/ ol clwsf/x; nf0{cfwf/e't clwsf/sf] ; kdf
xV/Psf]5g .

kg:yfkgf / fltklt{M cft/s ; kdf lj:yflkt xhf/f]JolQm; sf] kg:yfkgf ug[sfo{cfh rg]tsf]
; kdf pkl:yt ePsf]5 / h; df ; /sf/sf]Wofgfsif]f xg' h?/L 5 . vf; u/L uf]clOf l]af6 lj:yflkt
JolQm; nf0{fltklt\$]Joj :yf ul/gk5{lsgeg]pglx; n]cf'gf kzf Joj ; fo Tofu\$ 5g\

dfgl; s kl8f M dfgj clwsf/ xgg / pln^asgsf lzsf/ ag\$ f xhf/f]gful/sx; Vff; u/L lj:yflkt
JolQm; n]cfh dfgl; s kl8f e]g' k/\$f]5 . pglx; nf0{:j f:Yof]krf/sf]j f dfgl; s pkrf/sf] l]df
; xof]sf]cfj Zostf 5 .

; 'enfj x; M

- cfly\$, ; fdlhs / ; f:s[ts clwsf/nf0{ljgzfz{df]ns clwsf/sf] ; kdf :yflkt ul/gk5{. ol
clwsf/sf]lj?4df /x\$ f lj Bdfg zt{ ; j f klj wfgx; nf0{; zfwg ul/gk5{.
- ; /sf/n] lj:yflkt kl/jf/ / ; z:q aãa kl8tx; , pglx; sf] wld\$, ; f:s[ts clwsf/ /
dfgotfnf0{; Ddfg ub]pkoQm gllt tyf sfoqnd agf0{nfu' ugk5{.
- ; /sf/n]lj:yflkt JolQm; ; z:q aãasf kl8tx; / cfktsfnlg ; dosf kl8tx; nf0{:j f:Yo /
dfgl; s ;]sf]lj :tf/ j f k]fg ugk5{.

sfd ug{kfpg]clwsf/

cj:yf

cGtl/d ;ljwfg @))& n] hgtfkl't pQ/bfol Ps sNof0sf/l /fHosf] kl/sllkgf u/\$f] 5 . o; n] dnb/sf clwsf/xz, vf; u/l pkoQm sfdsf] clwsf/, 68 olgog u7g ug[clwsf/, ;u7t xg] clwsf/ / sfggsf] kl/lwdf /xl pglx;sf] clwsf/sf] /lffsf nflu ;fdxs ; f]fj fhlsf] clwsf/ cflbnf0{;lgIZrttf kbf]g u/\$f] 5 .³⁷ wf/f !# -\$_ n] dlxnf / k?if alr Ps}k\$]/sf] sfdsf]; dfg kfl/>lds / ;fdflhs clwsf/sf]; lgIZrttf ub5 .³⁸ /fHosf glitx; cGt/ut, wf/f #-&_ n]/fHon] pBflusf] Joj:yfdf >ldsx;sf]; xeflutf a9fpg]; Da6wdf glitx; to ug5, h; df /f]huf/Lsf] Joj:yf, sfdsf]clwsf/sf]; lgIZrttf / pglx;sf]clwsf/ / cfj Zostfsf]; Af0f cflb kb5g\

>lds sNof0f; Da6wL w]}P0x; vf; u/l >d P0 !((@, oftfoft P0 !((@, afn>d; Da6wL P0 !((@, >dhjl kqsf/ P0 !(((\$ / >d cbfng lgodg P0 !((% cflb ;/sf/sf sfd ug[clwsf/nf0{ ;lgIZrt ug[ldfnfd; sf/flDs kbf; x; xg\ j t0fg >d P0n]; g\!(% (sf]gkfn sf/vfgf tyf sf/vfgf dnb/ P0nf0{ab/ ub5 . /, Jofks ;kdf dnb/nf0{sfgbl clwsf/ kbf]g ug[kbf; ub5 . o; P0n]!\$ j if{dlgsf afnafnsfnf0{!\$ blv !* j if{alrsf gfafnsnf0{sfdff nufpg]s}/nf0{ alhf ub5 . dlxnf dnb/nf0{;% lbg ; Ddsf] tnal ljbf kfpg]Joj:yf u/\$f]5 . P0n]sfdsf]; do xktfdf a9ldf \$* 306f ; E}sdTldf Ps lbgsl]ljbf t\$5f]5 . c? Joj:yfx; h:t}- /li60 G0gtD Hofnf, :jf:Yo / ;/lffsf]G0gtD :t/, lgj]Qe/Of sflf, s0l0 >d; Nnfxsf/ ;ldtsf]Joj:yf, >d ; Da6w ;ldt, cflBflus ljjfb ;dfwfg ug{>d cbfnt cflbsf]u7gsf af/0f pQm P0df Joj:yf ul/Psf]5 .

t]kg pQm P0df ePsf sdhf]Lsf sf/Of sfdsf] clwsf/ ;lgZrt ug{To; ; Da6wL klj wfgx;sf] sfof]og ug{cj/f]x; cPsf 5g\ ; g\ @))^ sf]hgj/ldf ;/sf/n]>d P0df Ps clwofb; dflm\ ;zflvg u\$of] h; df ehf xg] clwsf/nf0{s6f]l ug[/ >ldssf] /f]huf/nf0{rgfl't lbg] h:tf klj wfgx; lyP . @))^ sf] clk @ \$ df n\$]tGqsf]: yfkfkl5 klg cl3Nnf]; /sf/n] nfu' u/\$f] clwofb;nf0{ ;/sf/n]vf/h u/0 . ;/sf/n]!% d]@))^ df k0v 68 olgogx;sf]s8f lj/f]v / !) d] @))^ df &@ 306]clN6d0d lbPk15 dfq pQm clwofb;nf0{ ;/sf/n]vf/h u/0f] . ; g\@))^ sf] cklkl5 ;/sf/n]lghfdtl ; Jf P0df ul/Psf]; zflvgnf0{klg lkntf{lnof] . ; f]; zflvgn]; /sf/L sdcf/lx;nf0{sg}klg k;fut ; 3x;df ; Mlg xgaf6 /f]gsf ; fy}lgolQm klqomfnf0{rgfl't lbPsf] lyof]. o; u/L pQm ; zflvgn]sdcf/lx;sf]; u7t xg kfpg]clwsf/nf0{lf't k'/0fpgsf ; fy}kl; g klf't ug[Joj:yfnf0{hflvddf k'/0fPsf]lyof]. pQm ; zflvgsf]Pp6f cflQhgs kl/0fd s]/Xof]eg] To; n]dlxnf, hghlt / cflbjf; Lsf]nflu ; /sf/L ; j]sf]lqdf cf/lf0sf]klj wfgnf0{x6of] .³⁹

³⁷ wf/f #) -!_ k]o\$ sdbf/ / sdcf/lfnf0{plrt >d cEof; sf]xs xg5 .
-@_ sfggdf Joj:yf eP adflhd k]o\$ sdbf/ / sdcf/lfnf0{cf-cf'gf lxt /lffsf]lgld0 68 olgog vfl]g] ; u7t xg]/ ;fdxs ; f]fj fhL ug[xs xg5 .
³⁸ wf/f !# M ; dfgtsf]xs M-\$_ ; dfg sdsf nflu dlxnf / k?ifsf alr kfl/>lds tyf ;fdflhs ;/lffdf e]efj ul/g]50 .
³⁹ gkfn lghfdtl sdcf/l ; u7g -Pg-hl=cf] n]lghfdtl ; Jf P0sf]; zflvgsf]lj/f]vdf cg\$]kN6 k0z0 u/\$f] lyof]. pQm ; u7gsf cg; f/ o; ; zflvgn]lghfdtl sdcf/lx;sf]efjgdfly 7] k'/0fpgsf ; fy}of]cGt/fli60 >d ; u7g -cf0Pn-cf] sf]cle; l6w g+*&, (*, !\$\$ / !%! sf]klj wfg ljkl/t /x\$]5, h; n]; u7g :j tGqtf / ; u7t xg kfpg]clwsf/ ; fdxs ; f]fahlsf]clwsf/ / lghfdtl ; j]df kj;sf nflu lg0ff0s zt{Da6wL

gkfnf cly\$, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjQ

; g\@)) ^ sf] >lds / /fhuf/ gltn]; g\!(((sf] >lds gltnf0{klf:yfkg u\of]. pQm gltsf] lb3\$fnlg p27o eg\$fnufglsf]nflu pkoQmjftfj/Of agfpg]xf]. h; df >ldssf]pTkfbg lfdtdf a[4 ug]/ plrt / pTkfbgdhs /fhuf/sf]cj; /x; ; hgf u/] sfd ug[clwsf/sf]; lglZrttf kbfug ug{cflb ; dfaZ ul/Psf 5g\ . l jzif cly\$ lq;x; / lgoftdf slbt pBflux;sf] :yfkgf u/L cftl/Qm /fhuf/sf]Jo: yf ug] s/fnf0{pQm gltn] dxlj lbPsf] 5 . pQm gltn] dlxf, blnt, hghft / afaaf6 kefij t hgtfnf0{/fhuf/df kxF a9fpg' /x\$]5 . afn>dsf]p6dghg ug{klg pQm gltsf]p27o xf].⁴⁰

/fhuf/sf]cj; /x; 7hf]dfqdf cgrfrf/s lqdf ; lldt 5g\ . j /fhuf/ln] hlj gofkgf] cem)^ & klztzefbf a9l lq; d65 . pQm :j /fhuf/sf] lqleq kl &* klztz hgtf slfdf lge{ 5g\ cw{ a7fhuf/L sl/a #@# klztz kl\$]5 . cema9l &## klztz u\slf] >ldsx; cgrfrf/s lqdf sfd ub5g\ . To; h]cgrfrf/s lqsf /fhuf/L (#^ klztz /x\$]5 .⁴¹ bZsf]j tdfg sfhg / gltx; o; /l 7hf]; wofdf /x\$]cgrfrf/s >lds zlQmf0[j]f: tf u/\$f 5g\

ufldOf a7fhuf/L, sd Hofnf / eldxlgtf cfh u/la / lk5l8Psf ju\$]dVo d2f xf]. pglx;df ljBdfg cj; /x;af6 knObf lngsf] nflu cfjZos l; ksf] cefj 5 . pglx;dWb] wjh; f] cbf >ldssf] ;kdf sdfs]vfhldf ljblzg aflb kf/Psf 5g\ . o:tf hgtfnf0{cfjZos l; k l; spg, kFl / c6o ; xofu kbf pknAw u/fpg' g} cfh rbf]l ag\$]5 . To:tf] l; k / ; xofu h; n] pglx;nf0{al-rtls/Of jf ul/alsf] rmaf6 aflx/ lgsflg ; lsof] \.⁴² ; dfhdf Joft a7fhuf/Lsf] l:ylt ; hgf ugdf dly plnlvt tJx; lhDj]f/ 5g\ . ; /sf/sf] sdhf] sfof]og klf, sdcf/ltdqdf lge{tf / /fhg]ts OR5fzlQm / bl6sf]sf]sdl cflb c? tJx; xg\hg sdfs] clwsf/ ; lglZrt ugdf jf of]l:ylt kb ugdf rbf]sf] ;kdf b\vk/\$f 5g\

&%Ü k?ifsf]thgdf (%Ü /fhuf/ dlxfx; slf lqdf ; lldt ul/Psf 5g\ ^Ü ebf sd JolQmut / ; fdbfos ; j]df 5g\h; df @Ü Jofk/df / Ps klztz lqdf lqdf ; mlg 5g\⁴³ dlxfx; lj/n} dfqdf Joj; flos / klj lws sfodf ; mlg /x\$] kf065 . pglx;dWb] wjh; f] cw{bf jf sd kf/>lds kfg]sddf Jo: t 5g\ dlxfx; ; -rf/ lq / sfgl lqdf w]kl5 kf/Psf 5g\ hldf 5 klztz clwst :t/sf]kbf lghfdl ; j]df sfo{t /x\$]kf0Psf]5 .⁴⁴

sfhg]afnaflnsfnf0{sddf nufpg klta6w nufPtklg @^ nv afnaflnsf;nf0{lj leG lqdf sddf nuf0Psf]5 . sl/a !& nv afnaflnsf cly\$ lqdf sfo{t 5g\eg]!\$ nv afnaflnsf; Hofnf gkfg]sddf ; mlg 5g\ . kl6 bzhgf afnaflnsf dWb] \$ hgfefbf a9l >d u5g\ . afn>dsf] ; xeflutf \$!& klztz /x\$]5 . ljZj >d ; u7gn]; g\@))! Df u/\$]Ps clwogdf sl/a \$,)) afnaflnsf; kxf] lrh l6kg]sfodf ; mlg 5g\hg lgs[6 afn>dsf] ;k xf]. tldWb] ** klztz sfx; / !@ klztz s6lx; /x\$] 5g\ ol kxf] ; sng ug]afnaflnsf; cf] tdf 5

klqmfxf;nf0{; lglZrt u/\$]5 . <http://www.kantipuronline.com/kolnews.php?&nid=46406> 8fpgn8 ul/Psf] ldt ! dfr(@))&
⁴⁰ Pg=kl; L@)) ^ . bz]ofhgfsf]sfof]j ogsf] ; dlIf=kl=cf/P; =kl= . sf7df8f]ml/li60 ofhg cfof]usf] ; lrj fno . k]h !&
⁴¹ oPp-g-8l=kl=@)) \$. gkfn dfj lj sf; kljhg @)) \$. sf7df8f]ml; @Qm/fi6x 3lo lj sf; sfodm . k]h \$@
⁴² Pg=kl; L@)) ^ . bz]ofhgfsf]sfof]j ogsf] ; dlIf=kl=cf/P; =kl= . sf7df8f]ml/li60 ofhg cfof]usf] ; lrj fno . k]h &
⁴³ Pj k]h !)-!)@
⁴⁴ lj Gf kf08] @))% . agkfnf dlxf cfbfhgfsf]emsf . lj iOf l/dfn -; Dkfbg_ gkfnf >d ; #f/sf d2fx; . sf7df8f] gkfn 68 olgog dxf; 3 . k]h !)

306f sfd ub5gV lbgdf * & 2 kdfFsdfp5g\ pQm clwogn]yk s]s/f b\yfof]eg]sl/a %%,))
afnaflnsfx 3/h' sdbf/sf] 2 kdf sfo{t 5g\eg}\$^,)@ (hlt afnel/ofsf] 2 kdf sfd ub5g\ 45

; g\@)) sf] hfh0df ; /sf/n] sdof 46 kyfsf] pGdhg u\of]. t/ pQm dxTj kOf{3f]f0ffkl5 klg w}]
k] \$dof afnaflnsfx 2 cem]zx/L Onfsdf 3/h' sdbf/sf] 2 kdf 5g\ sltko k] \$dof dlxfx 2
:yfglo hldgbf/sf] 3/df Hofnf gln0{sfd u5g\ . w}] dfg; x 2 Toxl >d ; Da6wdf knsPsf 5g\
hxrf6 pglx 2 dQmul/of]elgPsf lyP . 47

; /f]sf/sf cfnf]rgf]ds klfx 2

; 0qsf] :yfgf M pkoQm sfd ug] clwsf/nf0{ ; lgzrt ug] / pBfux 2 df >dziQmsf] a9bf]
; xeflutfx 2 nf0{Jo] :yf ug{cem] ; 0qsf] lj sf; ul/Psf] 5g . dlxf / k?ifnf0{ ; dfg ksf/sf]
sddf cem] klg Hofndf epefj 5 . To; h] ; jw]f]gs klj wfgsf] pkoQm kofu dVo ; /f]sf/sf] lj ifo
xf].

cgf]rf]l/s lq] ; fusf] Joj xf/ M j tdfg sfgbl klj wfgn] ; lldt ; w]7t lq]nf0{dfq ; d65 . h; n]
7hf] lq]df /x\$]c; w]7t / cgf]rf]l/s lq]nf0{a]f:tf u/\$]f] 5 . cem ePsf klj wfgx 2 nf0{ ; d]f
s/n]dfq nfu' ul/Psf 5g\ 48

/f]huf/sf] cj ; /sf] ; hgf M lq]lo s]b| tyf ahf/ s]b]x 2 af6 ufdLof lq]lt/ kof]t dfqdf cfly\$
ultlj lwx 2 ;] fx 2 sf]k] fx xg ; s\$]f] 5g, lsgeg] cyf]c]qsf]Pslst ; fdlhs cgt/ ; Da6w alnof]
5g . /f]huf/l]sf] cj ; /x 2 sf] ; hgf ug{ / ; fdlhs ;] fx 2 sf]lj :tf/ ug{k]ef]s/l of]ubfgx 2 ePsf
5gg\ cw/f]huf/L , >ddvl gltsf]cefj / u/la hgtfnf0{ufdlOf lq]sf]lj sf; sfo6f6 cnu ul/g'
dVo ; /f]sf/sf lq]x 2 xg\ . To; w]l s]f / u]s]f lq]df /f]huf/l]sf cj ; /sf] ; hgf ; dfg Hofnfsf]
; lgzrt tf, >ldssf]kl/ >ldsd f a[4 cflb lj z]f wofgsif]sf lj ifox 2 xg\

Afn>d; Da6wL d2fx 2 sf] ; af]vg M ul/al / afn>d; Da6wL d2fx 2 df ; /sf/L kxnsf] cefj g] cfh
Jofkt afn>dsf sf/0fx 2 xg\

sdof >d -lgifv_ P]gsf] ; #f]vg M sdof >d -lgifv_ P]g @))@ n]sdof >d kOfnlnf0{b08glo
agfPsf]5 . t/ o; n] plrt 2 kdf a]f]huf/L tyf pglx 2 sf] ; f]dfl]ysf] kxF, lgo6of / kg; yf]kgf
h: tf d2fx 2 nf0{ ; Da]vg ug{ ; s]g . hlj s]k]h]gsf nflu j \$]nks ; fwg, sfdsf]clwsf/ ; lxt cfly\$
z; lQms/of lj gfsf]dlQm] k]f' s]dof]x 2 nf0{gofF: j ?ksf] z]f]f]f]t/ kmsPsf]5 . Itglx 2 a]f]huf/L /
cefj sf]gofkl/l:yltdf af]wg ku\$5g\

!)cf]of]h]gsf]nlf k]ktl M a]f]huf/Lnf0{s6f]L ug{/ /f]huf/L ; hgf ug]sf nflu ; 0qsf]lj sf; ug]
!)cf]of]h]gsf dVo rg]f]tx 2 xg\ . o; sf nflu /fhg]ts :yflotj ; ; zf; g / dlxf, blnt, dwzL /
c6o ; ldf]t]st j u{lj ?4sf]e]pefj nf0{lq]d]ng ug{k]lg ToQs}dxTj kOf]5 .

45 http://www.cwin.org.np/press_room/factsheet/child_labour_in_nepal.htm, 8fpgnf] ul/Psf]ldlt ! dfr{
@))&
46 Ps hl6n s]f >d kOfnln, h; cgt/ut s/la @,))) 3/klj f/ ; fx]6o] v]Bf]gsf]nflu cf`gf]klj f/sf] >d
k]f]g ug{af]w kfl/Psf lyP . o; sf ; fy]hlj g w]f]gsf]nflu c]k]h]lnPsf]C0afakt aW]f a:g af]w kfl/Psf lyP .
47 Pg-Pn-P=, @))# . o]Pg=8l=kl= @))\$. g]k]n df]g lj sf; kl]t jhg @))\$. sf7df8f]M ; 0Qm/fi6x 3lo lj sf;
sfo6nd . k]h ^@
48 b]xfn, b] /fh . !(((. 0g]k]ndf lj Zj Jof]ks/ofsf]k]ef] M6] ol]gogsf]b]l]6df] . b]xfn, dbg sdf/ -; k]bg,
g]k]ndf lj Zj Jof]ks/of . sf7df8f]M g]k]n; -k]l/s 0a6{l:6^6^ . k]h !)#-!@#

gkfnf cly\$, ;fdflhs / ;f:slts clwsf/ Mcj:yf / kjlQ

; 'enfj x 2 M

- sdfs] clwsf/nf0{ ;lglZrt ug{ jf k46 ug{ / c6t/f60 >d ;u7g -c0Pn-cf]sf cle; l6wx 2; E dh vfg]agfpg j tdfg >d sfggx 2nf0{; zfvug ugk5{.
- c6t/f60 >d ;u7gsf] ;Dk0f{cfj Zos cle; l6wx 2, vf; u/L cle; l6w g#@, *! / *& nf0{ ;/sf/n]cgdffg ugk5{.
- Gogtd Hofnf / /fhuf/; Da6wl glltx 2 agf0gk5{/ nfu' ul/gk5{. ; dfg :t/sf] sdfs] nflu ; dfg Hofnf k6fg ul/gk5{.
- /Hosf] l]sf; gllt / ;f]sf] afBkmfBdf sdfs] clwsf/nf0{; dfa 2 ul/gk5{. lglZrt txsf hgtfsf] nflu lglZrt ; dosf nflu ; a) l6df cgbfg / cf/l0fsf glltx 2 agf0{ sf0f] og ul/gk5{.
- /fhuf/l / >d sfgg / glltx 2sf] sf0f] og ug\$f nflu >d ahf/nf0{hftlo, n]Es, /fhg]ts, wld\$, j } flxs xl); ot, pTklQ / /u nufot ; a)sl; dsf kj'fux / lj e6af6 :j t6q /flvg' kb5 .
- sf0yn0f z]f0fdhs >d cEof; x 2, h:t} ha/h:tl >d / afn>d h:tf s'fx 2nf0{s8f0sf ; fy kl'tal6wt ul/gk5{. o; df b]fl kf0Psf 2nf0{bl08t ul/gk5{.
- ; /sf/sf]gllt tyf sf0mddf c6fkrfl/s lfg; E ; Da6wt >dd'vl pTklbg klj lw / l; k l]sf; sf0md / s]f lfg]sf]j ; lNks /fhuf/Lsf]Joj :yfnf0{kfyldstf lbgk5{.
- dlxf / k?ifsf]alrdf /fhuf/Lsf]; dfg cj; /; ; dfg sdfs]nflu ; dfg Hofnf, ; fdflhs ; /lf / km0bf cflbsf]; lglZrttsf nflu k6fj sf/l ; 6qsf]Joj :yf ugk5{.
- >d cbfntn] k0f{ 2kdf sfd ugk5{ h; nf0{ >d / sfd; Da6wl d2fnf0{x6f] nflu Jofks l6flwsf/ jf clVtof/l k6fg ugk5{/ h; df bzel/sf >ldssf]kxF xgkb5 .

sfdsf]; dodf Goflos / ; lj wfhgs j ftfj /0f pkefju ug{kfpg]clwsf/

cj: yf M

cGtI/d ; ljwfg @))& n]bf; tf, sdøf kyf, a]llofTds >d, sdøf >d jf sg}klg ; kdf dfgj
a]lavgnf0{kl]talGwt u/\$f]5 .⁴⁹ ; ljwfgn]dlxnf >lds / sdøf dnb/ cflbnf0{; fdf]hs ; /Iffsf]
Uof/06l u/\$f]5 . ; fdf]hs ; /Iff; DaGwl d2fnf0{>d Pø / To; ; E; DaGwt lgodx;âf/f ; a]lv
ul/G5g\ >d ljefun]; fgf c]krf/s l]q]df xg]a]llofTds >dsf]lj?4 sfgg sfot]j og u5{. ha of]
; Dk0f{l]q]sf]nflu nfu'x65, o; n]a]t ; kdf /x/\$f]cg]krf/s l]q]nf0{; dfa]z ug{; Sbg .⁵⁰

>d Pø !((@ df ; fdf]hs ; /Iff; DaGwl yf]) klj wfgx; ; dfa]z ul/Psf 5g\ . ; fdf]hs ; /Iff
>ldssf]: yfloTj ; E}nfu'x65 . pQm Pø]n]w]k]j wfgx; , h: t} k]z]fut ; /Iff / :jf:Yo, lj /fdl ljbf,
\$% lbg ; Ddsf]k] t]l ljbf, >ldsnf0{l]ftkl't{ ; #o sf]f, pkbfg / j] cj:yfsf]; lj wf cflb 5g\
sd]f/lx;nf0{c]krf/s] vr{ pkrf/sf]a]h] tna, ck]E ePdf l]ftkl't{ d[0' ePdf l]ftkl't{ lj df,
:jf:Yosf]c]w]f/df /]huf/ 5f]ø]g k/]df l]ftkl't{ 3/ agfpg sf]f, sllof0sf/l sf]f, klj; g -lgj Qe/Of
/ ; fdlxs ; f]f]f]h] cflbdf ; ljwfx;sf]Jo]j:yf sd]f/lx;sf]nflu ul/Psf]5 . ; /sf/l ; j]f / s]k
; fj h]lgs ; #yfgx;df klj; gsf]Jo]j:yf ul/Psf]5 . lzz:ofxf/ s]l]b]x; , rd]q]fux; / x/\$ pB]l]x;df
Pp6f sllof0sf/l clwsf]sf]Jo]j:yf; c]6o klj wfgx; xg\

t]klg 7hf]; wofdf >ldsx; ; /Iff ; -hfna]6 6f9f 5g\ . >d Pø]n]!) e]bf a9l >lds ePsf] /
c]f]l]us l]q]nf0{dfq ; d]6]sf]5 . To; h]o; sf]l]q]lwsf/ ; fx]l; ldt 5, h; sf]sfot]j og b]z]6f >d
sfot]fox; / l; ldt sf/vfgf lg/l]fsx;df lge] 5 . pB]l]x;df ; /Iff ; ldt]sf]u7g ug] klj wfg
/x/\$f]5, t/ w]h; f]f; ldt]x; u7g ePsf 5g]gV hx]f]ePsf]5, l]t]gx; lq]mofzln 5g]g\

>d Pø]sf]Gø]td j]g; DaGwl Jo]j:yfn]s]n c]f]l]us p]k]f]b]gsf] l]q]nf0{dfq ; d]6]sf]5 . lrof
aufgdf sfd ug] >ldsx;sf nflu 5\$] Gø]td j]g t]f]sPsf] eP]t]klg of] c]f]l]us p]k]f]b]g
l]q]s]f]e]bf cem y]f]5 . o; u/l ; g@)) df ; /sf/n]s]f]f dnb/x;nf0{klg Gø]td Hofnf t]6]sf]
lyof].

o; af6 of]e]g ; l]65 eg] afn>dsf sf/0fn]ao:s a]h]huf/l]nf0{a9fPsf]5 .⁵¹ sf/vfgf / sf/vfgf
dnh/ Pø !(%(n]afn dnb/nf0{:j]f:Yodf xgl k]ofpg]7f]p]f] sfd nufpg kl]ta]w nufPsf]5 .
k]h]ftGqs] kb;yf]k]gf kl5 g]k]fnn] w]f} c]t/f]6o ; l]w ; Dem]f]fx;nf0{cg]d]f]g u]of] . afn
clwsf/; DaGwl cle; l]w / cf0-Pn= cf] cle; l]w !#* x; afn dnb/sf]clwsf/sf]; DaGwdf dxTj kOf]
cle; l]w;x; xg\ . ol cle; l]w;x;sf]c]w]f/df g]k]fnn]>d Pø !((* / afna]f]nsf; DaGwl Pø !((@
nfu' u]of] / !\$ j]if{ e]bf dlgsf afna]f]nsfnf0{sfddf nufpg] s/fnf0{u}sf]g]l 3f]f]off u]of] .

⁴⁹ wf/f @(-@_ / #_ g]k]f]nsf]c]t]l/d ; ljwfg @))&
⁵⁰ a8fn, /d]z, @))% . ag]k]f]ndf ; fdf]hs ; /Iff k]f]f]n]l]E . l/dfn, lj i0f'-; Dk]fb]g_, g]k]f]ndf >d; #f/sf d2fx; .
sf7df8f]g]k]f]n 6\$ olgog dx]f; 3 . k]h] !^#
⁵¹ l/dfn, lj i0f', @))% . aP]Ssf0; f]z]t]f]b]ldf 6\$ olgog;x]sf]e]ld]sf]E . l/dfn, lj i0f'-; Dk]fb]g_, g]k]f]ndf >d; #f/sf
d2fx; . sf7df8f]g]k]f]n 6\$ olgog dx]f; 3 . k]h] \$&

gkfnf clyš, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjD

tyfik ; Dalwt lgsfon] gt sfggsf] kfej sf/L sfofj og g} u/\$f 5g\g t afnsNof0f /
afndhb/xzsf]kg:yfkgf; DaGwl kfej sf/L sfo{ofhg to u/\$f 5g\

; /sf/n] cBflus / ; u7t lqdf Gogtd Hofnf / kfl/>lds sgkig nE's lj eblj gf t\$ \$f] 5 t/
Joj xf/df To:tf lj ebsf cEof; xz kf0G5g\gkfnf dlxfx; ; fdlotof k?ifeGb a9L ; do sfd
u5gV ufdLof dlxfx; zx/L dlxfefb a9L sddf ; dlkx xG5g\ >lds zLQmsf] xsdf dlxfx;
/fhuf/af6 af t u/f0Psf 5g\ dlxfx; cBflus sdfs] nflu offo / pkoQm tlnf kkt ePsf]
dfgbbg\

; /f:sf/sf cfnf]rgf]ds klfx; M

; fdlhs ; /lfsf] nflu kOfnlsf]:yfkf M lj Bdfg >d sfggn]; fdlhs ; /lfsf] nflu sg} kOfnl
:yfkf ug] kof; u/\$f] 5g . sfgbl klj wfgx; n] >ldssf] lftkl't \$f]; DaGwdf pglx; sf] ckfEtf /
lftsf]:t/sf cfwf/df tflsPsf] 5 . t/ of] pd]sf] cfwf/df ge0{kfl/>ldssf] cfwf/df ul/gk5{.
cfbfglsf] lfdtdf xf; cfpghf0{Hofnf jf kfl/>lds; E dfq uff; g' xEg . of] j tdfg >d Pgsf]
uDel/ ql6 xf]. To; u/L j tdfg sfgbl klj wfgn] ptkfbg / ; jf s6f]tsf]; lj wfnf0{ Ps csf\$]
lj slksf] ; kdf lng5 . oxkFk0f{; fdlhs ; /lfsf] kOfnlsf] cefj 5, g t cgrkrfl/s lqsf] nflu
7f] ; /lf Joj:yf g}ldlff0Psf] 5 .

plrt kfl/>lds lgwf{Of M kfl/>lds ; Argf w}sdhf / l; ldt 5 . kfl; fxg cfhg]sf] Joj:yf sXl
yf] klti7fgx; df dfq l; ldt 5g\ . j tdfg Gogtd j]gn]; u7t 0sf0nf0{dfq ; d\$ \$f] 5, h; n]
; kof{>ldssf] & blv !} kltzt lx:; f dfq cfu65 . pQm klj wfgn] 7hf]; Wofdf /x\$] c; u7t
>ldsx; nf0{; afvg ubg . ; /sf/n] Gogtd kfl/>lds t t\$of] t/ /fhuf/bttsf sf/of of]
sfofj og ug{sl7gf0{ePsf] 5 . ; /sf/sf] tkmf6 sfofj og ug] kOfnl / kultsf] c]nf\$g ug]
; eGqsf] lj sf; ul/Psf] 5g .

cgrkrfl/s lq / slif >ldssf d2fx; sf]; afvg M j tdfg sfgg, gltx; / sfoQmx; >ldssf
d2fx; nf0{; Dafvg ug\$ nflu kofkt 5gg\ . 7hf]; Wofdf cgrkrfl/s / slif >ldsx; nf0{; Dafvg
ul/Psf] 5g . lj Bdfg sfggn] slif >ldssf clwsf/nf0{; d\$g ; s\$] 5g .

kofkt sfoynf] jftfj /Ofsf]; lglZrtf M lj Bdfg >d Pgsf klj wfgx; kfej sf/L 5gg\ / ax' Wos
hgtfnf0{ltgsf] af/df cem; r] u/f0Psf] 5g . tna eQf afx\$sf c6 ; lj wfx; h; t} cfjf; ,
eQf, afnafnlsf] nflu cfwfkrf/ / z]fs ; lj wf, oftfoft, /f; g, dgf]-hg, hljg lj df, C0sf]
; lj wf cfb ; yfkf kl; E dfq l; ldt ul/Psf 5g\ / Itglx; w} pBfl / ; jdf sid ug]
dhb/xzsf] kxFaf6 6f9f 5g\ . cgludg ; Argfsf]:yfkf / Itglx; sf]; ~rfng sfggsf]
sfofj ognf0{; xlhs/of ug{dxlj kof{xG5 . ; bQ >d kzf; g / kfej sf/L sfofj og ; eGqn] >d
lqnf0{lgogof / lgodg ugdf ; xoful xg ; S5 .

; 'enfj x; M

- Ps ; fdlhs ; /lf kOfnl ckl/xfo{5 . xfn >d-dQl ; fdlhs-clys gltx; / pkfox; sf]
cfj Zostf /x\$] 5 . ; fdlhs ; /lf slf :yfkf / lj lw ofhg to ug\$] nflu j tdfg >d
sfggdf ; zfvug ul/gk5{.
- Vf; u/L dlxf >lds afn>lds / sQf >ldssf] xsdf ul/g] c;j:y >d-cEof; nf0{ sd
ul/gk5{.

- sdfs]clwsf/nf0{df]ns clwsf/sf]kdf llof/l6l ug{j tdfg sfgbl klj wfgx; cft/f6 >d ; #7gsf]cle; l6w g+*& / (* -; #l7t xg]/ ; fdlxs ; #fafhl ug[:jt6qtfx; / g+!#* / !*@ -sdfs nflu 66gtd pd] ; # cgsh xgk5{.
- cfrfl/s / cgfrfl/s lfgx; efl]ns lfgx; btf{ePsf >ldsx; lj leG :t/df cdfbfgl ugI >ldsx; ; a\$ nflu Ps kefj sf/l ; fdflhs ; /lffsf]of]hgf nfu'ul/gk5{.
- j tdfg dbll:kmt b/nf0{lj rrf/ u/] dnb/sf]66gtd j]g lgwffOf ul/gk5{. Hofnf b/nf0{; do ; fkl]f kg6nlof]g ul/gk5{/ Hofnf ; #sf] lj leG lfgsf]nflu leG kdf tof/ ul/gk5{.
- cf0=Pn=cf] cle; l6w g+!#* cg; f/ k|lt lj bf / ; lj wfx;sf]Joj:yf ul/gk5{. dftTj ; /lff, a4j:yfsf] ; lj wf, sfoynf6f 3f0t] ePj fkt kfg] ; lj wf, cfl>t JolQm] kfg] ; lj wf, lj /fdl ; lj wf / clud kdf sfd 5f8] fkt kfg] ; lj wf j f pkbfg h:tf s/fx; cf0=Pn=cf] cle; l6w cgsh agf0gk5{.
- 66gtd Hofnf / >lds clwsf/nf0{ ; lglZrt ug\$ nflu >d sfof]ox;sf] /fdl] ; ~hfnaf/f lj :t# >d ; kl/j]f0f ; #6qsf]:yfkf ul/gk5{.
- >ldssf]clwsf/nf0{pRr klyldstf lb6}sf]gdfkmt \k] ; fxgcfhg, lj s]bls/Of / ; fdflhs sf]fx;sf]clwstd kof]uaf6 >ldsx;sf] ; #f0fnf0{ ; lglZrt ul/gk5{.

68 ol'gog u7g ug{kfpg]clwsf/

cj:yf M

c6tl/d : h>wfg @))& n]; 3 ; u7g vllg]/ To; df ; #lg xg kfg]: j t6atfnf0{; lglZrttf k6fg
u/\$f]5⁵² %# / >ldsx;sf nflu ljlzi/ clwsf/x;sf]uof/l6l u/\$f]5⁵³ tklg cl3lnf; h>wfgdf
eP adfllhd o; n] klg olgognf0{Wj z, /fhhf / To:t}cj:yfdf olgognf0{kl]tal6wt ug{c6dtl
k6fg u5{. o; n]dhh/ ; u7gsf cf'gf]kzf; g lgw{Of, sfo6md / lqmfnsf]lgwf{Of ug{/ /li60
/ c6t/fi60 ; kdf dxf; 3 vllg / ; b:o a6g]h:tf s'/fnf0{o; n]; Daf]vg ub6 . ; g\!(() sf]
/fhg]ts kl/j t6kl5, k]hft6qsf nflu ; 6md0sf]cj]wdf 68 ol'gog clwsf/ xfl; n ug\$ nflu dfu{
k] :t eof].

68 ol'gogx; >ldsnf0{; u7t ug{; fdxs ; f6fj fh] ug{/ >lds lzlf sfo6md ; #fng ug{cem}
kzf; lgs ; #rgsf]lj sf; ul//x\$]5g\ pglx;n]Jofks ; kdf /x\$]s]lf dhh/x;nf0{; u7t ug{
kg] 5 / pglx;sf] nflu :ki6 sfgl k]jwfg 56 . cyf6g s]l]df cfwl/t ePsf] s]fnf0{
Jofj ; fols/Of ug\$ nflu klg c; u7t s]lf dhh/x;nf0{68 ol'gog c6b]h]gsf]5ftleq Nofpgk5{.

gk]ndf ; g\!((@ sf]68 ol'gog P6 cg; k 68 ol'gogx;sf]btf{kl]mf !((# b]v ; ? ePsf]xf].
; g\!(# b]v !(((; Ddsf]; donf0{68 ol'gog cleofgsf]nflu pkn]jwdhs cj]lwsf]; kdf ln065
eg]; g@)) b]v @))@ sf]; do cleofgsf]nflu Ps 8/nfl]bf]; dosf]; kdf /x6f].⁵⁴ ; g@))
b]v @))@ sf]zfl kl]tufdl zf; gsfndf clwobz nfu' ug]sfo{Jofks ; kdf /Xof]. h; leq dhh/
; u7gsf clwsf/nf0{s6f]lsf nflu ; DkOf{ P6 sfgg ; zfv]g / gof'k]j wfgsf] Joj:yf ul/of].
cl3lnf]; /sf/sf]gSsnl ol'gogx; lgdff ug]/Ofgl]t g]s; /l p; n]68 ol'gog ultlj]lw;nf0{
of]h]ga4 ; kdf a\$]df agfpg nflu/fv\$]lyof]e6g]s/f ab]nfnf0{kof]t 5⁵⁵.

; g\ @))^ sf]kl]lgw ; efsf]kg:yf]kf kl5 klg ; /sf/n]68 ol'gogx;nf0{alnof]agfpg]sfo{nf0{
cufl8 a9fPg . ; #bn]lghfdtl sd'f/lnf0{68 ol'gogdf cfa4 xg c6dtl lbof]/ ; a]afle]g]sfggl
k]jwfgx; / !((() sf]; h>wfg ; d]nf0{ab/ u6of]. t/ >d clwobzsf]af/d]f eg]df6 a:of]. d]!%
df ; /sf/n]68 ol'gogx;sf]@ 306]cln6d6d kl5 >d clwobz vf/h ul/of].

cf]krl/s l6df dhh/ ; u7gx;sf]pkl:ylt pln]y]glo 5 . t/ o; n]>d zIQmsf]; fg]lx::; fnf0{dfq
; d65 . ; g\!((@ df ; #bn]>d P6 / 68 ol'gog P6 kfl/t u6of]. ; fy}cfj Zos lgodfj nlx; klg
tof/ eof]. oftoft P6 !((# , afnaf]nsf P6 !((@ , >dhljl kqsf/ P6 !((% , >d cbfnt
lgodfj nl !((^ / a6; P6 tyf c6fl]us klzlfyl{P6 cflb j t6fg sfgbx; xg\h; n]>ldssf
clwsf/; Da6wl d2fx;nf0{x6]u5{. t/ ; /sf/n]ltglx;nf0{kOf{kfngf ug{; s\$]56 .

⁵² wf/f !@ #_ -3_ -r_ gk]nsf]c6tl/d ; h>wfg, @))&
⁵³ wf/f #)@_ gk]nsf]c6tl/d ; h>wfg, @))&, k]o\$ sd'f/l / >ldsx; 68 ol'gog u7g ug{cfk]nf0{; u7t ug{
/ sfgg]cg; f/ cf'gf]lx]tsf]/l]fsf nflu ; fdxs ; #fahf] ug{kfpg]5g\
⁵⁴ lhkn06, @)%(. c^76f/f]kl/l:yltdf gk]nl 68 ol'gogx; -68 ol'gog clewf/ @)%(. sf7df8f]M gk]n 68
ol'gog dxf; 3
⁵⁵ lhkn06, @)%(. gk]n Mj t6fg /fhg]lts ; 6bedf >lds clwsf/ . sf7df8f]M gk]n 68 ol'gog dxf; 3

; /f/sf/sf cfnfjrgfids klfx

sfggsf] sfofj og M cfrfl/s lqdf dnb/ ; u7gsf] pNn\o ; xeflutf 5, t/ o; n] >d zIQmsf] ; fgf] lx: ; f dfq ; d5 . j tdfg sfggx ; hg >ldssf clwsf/; E ; lDaGwt 5g\] f pglx ; sf d2fnf0{ ; a\vg ug{agf 5g\ltgsf]kfej sf/l sfofj og xg ; sf]5 .

c; u7t lqnf0{; u7t ug{M 68 olgogx ; sf]vf; d2fdf ksfz kfgsf nflu 68 olgog Pqdf !(((df ; #fvg ul/Ptf klg c; u7t lqnf0{; u7t ug{gofFJoJ :yfx ; cen\koff(t 5gg\ a] u l] Qlo / c6o ; fj hlg ; #yfgx / cgfrfl/s cy{qsf sdbf/x ; 7hf; Wofdf c; u7t 5g\

lj ehsf]cGto M 68 olgog Pqn] 68 olgog ; b:o / ; u7s lj ?4 lj ehsf] ug{f6 /fhuf/bftfnf0{a] h u/\$f]5 . tyflk pglx ; lj ?4 kj6 lj ehsf] xg]ul/Psf ph/lx ; pNn\o ; kdf cPsf 5g\

; fdls ; f]fj fhlnf0{JoJ l:yt ug{M Pqsf kfj wfgx ; nf0{ sfofj og ug] ; fu7lgs ; eGqsf] :yfkf gePklg 68 olgog sfggn] ; fdls ; f]fafhlsf]JoJ :yf u/\$f] 5 . ; fdls ; f]fafhlsf] ; Demf]fn] ; u7t lqsf] cgdflgt @) klzt Hofncfhx ; nf0{ ; d5f] 5 . xfn ; fdls ; f]fafhlsf cEof; x ; klti7g :t/df dfq l; ldt /xsf 5g\ . j tdfg sfggl kl/lwleq cf]flus :t/df ul/g] ; fdls ; f]fafhl; DaGwl kffnl l] sl; t ePsf]5 .

l; kmf/; x

- sfgg / lgods]kfej sf/l sfofj og ul/g'kg] / j tdfg >d sfggdf ; #fvg ul/g'kg]. Ps 5\$} cf]flus ; DaGw Pq agf0{nfu' ul/gk5{ h; n] 68 olgogx / JoJ :yfkf alrsf] ; DaGwnf0{ lj sf; ug{ ; lsof] \
- gofFPsn 68 olgog lgdf uf ug{sf nflu gofFsfggsf] lgdf k5{ / To; sf nflu pkoQm kl/l:yltsf] ; hgf u/l pglx ; sf]clwsf/nf0{ ; lglZrt ug{ ; a} 5l/Psf 68 olgogx ; nf0{Pp6} 5ftf ; u7gsf]lgdf ul/g'kb5 .
- /fhosf w] ; eGqx ; df dnb/ ; u7gx ; sf] ; xeflutf ; lglZrt ul/gk5{ . ; lj wfg ; efdf dnb/ olgogx ; sf] kl]t]glw]sf] ; lglZrttf ul/gk5{ .
- 68 olgogx ; /fhg]ts kf6x ; af6 :jfoQ xgk5{ . ; /sf/ pglx ; sf]cfj Zostf / clwsf/sf] nflu cfj Zos 5 / p; n] pkoQm sfggx ; sf]lgdf ug{k5{ h; leq kl/>lds ; ; fdflhs ; /lff, sfd ug]j ftj /of / c? ; lj wf ; dfj z xg5 .
- ; fdflhs, /fhg]ts / z]fs sf/ofx ; n] ubf{ sdhf] ; fdflhs x] ; otsf sf/of ; fdflhs c; Gthgsf lzsf/ agf0Psf >ldsx ; sf nflu ; #nt / Goflos ; f]fafhlsf] :yfg :yflkt ul/g' kb5

wf/f (M

; fdfllhs jldf; lxt ; fdfllhs
; /lffsf]clwsf/

cj:yf M

gkfnsl]cgtl/d ; l;wfg @))&⁵⁶ sf]wf/f !* n]/fhuf/lsl]xs / ; fdfllhs ; /lffsf]xsnf0{cfwf/et
clwsf/sf] ; kdf ; lglZrt u/\$f]5 . ; /sf/ b]zsf]Ps 7hf] /fhuf/bftfsf] ; kdf >lds / c?nf0{
; fdfllhs ; /lff kbfg ugdf dxlj kof{ ; fembf/sf] ; kdf /xsf]5 . gkfn ; /sf/n] hldf \$ nfvegbf
sd JolQmf0{/fhuf/l lbPsf]5, hg sh sdbf/ ; Wofsf]\$ kl|zt ebf sd 5 .⁵⁷

; /sf/l sdf/lx ; sf] ; fdfllhs ; /lffsf] l:ylt klq w}} sdhf] 5 . lghllf] hg w}} ; Wofdf
dnh/x ; nf0{/fhuf/ ; hgf u5{ To]klq sl/a ; /sf/l lff]sf]a/fa/ g}5 . tklg Hofnf, cltl/Qm
kmf0bfx ; / ; fdfllhs ; /lffsf xsdf pglx ; alr Ps ; ktf 5g . Hofnf / kl/>lds kl|t ug] ; fgf]
lx ; f dfq sfgbl klj wfgaf/f ; fdfllhs ; /lffeq /flvPsf]5 . j/fhuf/x ; cfl>tx ; / Hofnbf/Lx ;
; fdfllhs sfogmdx ; / lgoldt kxn ; (regular initiatives) af6 afx/ 5g\ ; fdfllhs ; /lff kofnl
/ c? ksf/sf sfogmdaf6 ; dfj z ul/g] ; Wof w}}og 5 .⁵⁸

ljleG zlifsd / xsf ; fdfllhs ; /lffsf sfogmdx ; hgtfsf] alrdf ; fdfllhs ; /lffsf] efjgf /
/Hosf]rf; f]clfb kbfg ug{kof|t 5g, rfx]To]sfd ul/fv\$]jf gu/\$f]j u{x} \⁵⁹ h; n]/fhuf/l
lbG5, pxl g} ; fdfllhs ; /lff ofhgf kbfg ug\$] nflu lhDd]f/ dflg5 . gkfnf l; ldt ; Wofsf
; u7gx ; n] dfq ; fdfllhs ; /lffsf] ofhgfx ; cufl8 ; f/\$f 5g\ . t/ beffoj ; \tl ofhgfx ;
; #osf]sf] ; lj wdf dfq ; lldt ul/Psf 5g\ ; dhn]cfj Zos lx ; ; nf0{ ; fdfllhs ; /lff kbfg ug{
:yfglo lgsfo a9l kefj sf/l xg ; \$5g\ t/ To:tf kefj x ; l; ldt ul/Psf 5g\ lsggeg] ; fdfllhs
; Af0sf] r]gf yf] dfq 5 . :yfglo lgsfox ; /sf/sf snof0sf/l / ; Af0sf ofhgfx ; dfq
sfoff]og ugdf cf gf] :t/af6 nfu\$ 5g\ kof|t ; f]sf]cefj df ltlx ; fdfllhs ; /lff k|ofelt
ug{c; lfd 5g\ g t pglx ; nf0{ ; a}k|t ; f]sf]afBk# ug{clwsf/ g}lb0Psf]5 .

lghl lff]sf]nflu ; fdfllhs ; /lff ofhgnf0{vt/fdf kfg]vnsf w}} ; d:ofx ; ? ePsf 5g\ >d
s/f/ / vbf eQmgl lbg]cEof; n] Hofnbf/L dnh/nf0{kbfg ul/g] ; fdfllhs ; /lffnf0{uDel/ ; kdf
j]f:tf u5{ . >ldsn]lgoldt ; kdf kl/>lds kf0/fv\$ 5g\ sl/a %\$ kl|zt pBflx ; n] ; fgf]
; Wofdf dnh/x ; nf0{s/f/df sfd nup5g\ t/ clxn]of]sl/a ^! kl|zt pBflx ; df ku\$]5 .⁶⁰

⁵⁶ /fhuf/lsl]clwsf/ / ; fdfllhs ; /lff M
-!_ k|o\$ gful/snf0{sfgbl klj wfgcg; f/ /fhuf/lsl]clwsf/ 5 .
-@_ dlxnf, >ldsx ; kfsf gful/sx ; ckf^ux ; / hf]vddf k/\$f / c; xfox ; nf0{sfgbl klj wfgcg; f/
/fhuf/lsl]clwsf/ clwsf/ 5 .
#_ k|o\$ gful/snf0{sfgbl klj wfgcg; f/ vfB ; ketfsf]clwsf/ 5 .
⁵⁷ pkflbfo, pdz . ægkfnf ; fdfllhs ; Af0f MPs bl6Æ, www.labournepal.org/issues/social_security, @# k#] /
@))& .
⁵⁸ P#
⁵⁹ P#
⁶⁰ P#

Pp6f a[xt\; fdfhs ; /lfsf]of]hgfn]gful/ssf]w]lx: ; f cfu65, h; nf0{/fhon]; xofu u/\$f]x65 . gkfn]sf] ; Gbedf lgs} ; dxn{nf0{pglx; sf] hlj sf]kfhg]sf] nflu /fhosf] ; xofu cfj Zos 5 . o; kljtj hgn]Ho]7 gful/s, a7f]huf/ / ckfEx; sf] ; fdfhs ; /lff; Da6wL d2fx; nf0{5f6s/Ldf 5nkm ub5 .

Ho]7 gful/s M

kfsfx; sf]hg; ^aWof (aging population) e6gn]sh hg; ^aWofdf Ho]7 gful/ssf] ; Wofdf a[4 xg' xf]. of]hg; ^aWof / cfly\$; fdfhs ; kft/0fsf]axcfofids klqmof; E lgs6 ; kdf hf]8Psf]5 . gkfn]sf]hg; ^aWof oj fj u{#(kljtzt ePsf]df]lg65 / dfq \$= kljtzt hg; ^aWof ^% j ife6bf dflysf] df]lg65 .

gkfnl ; dfh cfwlgstfsf]r/0fdf ulh/fv\$]f]5 . k/Dk/fut ; eQm kl/jf/nf0{cfh zx/L lfd]f Psn kl/jf/n]kljt:yfkt ul//fv\$]f] 5g\ o: tf]k] [0sf sf/0fn]kl/jf/sf a4 ; b:ox; PISn/x\$]f] 5g\ a4 hg; ^aWofsf]x7lj rf/ cfh 7hf] ; d:of ag\$]f]5 . ; fdfhs df]otfdf cfPsf]kl/j t6n]a4x; sf nflu gkfn]sf]k/Dk/fut kl/j fl/s ; xofu k0ffnlnf0{c^7df/f]kl/lbPsf]5 .

a9df]hkg gkfnl ; dfhsf]Ps ; d:ofsf] ; kdf ln065 . a4 gful/sx; nf0{cem kl/jf/sf]af]emsf] ; kdf ln065 . a4 gful/sn]cfd; Ddfg / uf]j ; fy lj gf zff]of, zf/l/s / dfq; s kl8f / plrt Jojxf/sf ; fy affg kfpq' kb5 5 . pglx; sf] hljg:t/ psf:g' cfj Zos 5 . pglx; sf] :jf:Yo, laubf] ; fdfhs :t/, c; /lff ; dfj zLs/0fsf] ; d:of, blgs tlnsf of]hgdf kl/j t6 / ; fdfhsLs/0f xg g; Sg] ; d:of cflb h:tf lfd]f Wbfq lb0g' cfj Zos 5 .

; /sf/n]ev{dfq Ho]7 gful/ssf] ; Af0fsf nflu Ps gofFsf]g kl/t u/\$f]5 .⁶² t/ pQm sf]g ce] k0f]udf cfpq ; s\$]f]5g .

zflGt k0f{d/0f a4x; sf] rfxgf

km8j|b|u8\ f]f

sf7df08f} dfr{\$. wgsdf/L 9sfn ; txQ/ jif\$] l5g\ pgl kzkltgfy d6b/ kl/ ; /df cjl:yt a4f>ddf zflGt k0f{d/0fsf]kljt lff ul//fv\$] l5g\

sl/a @#) hgf a4 JolQmx; ; /sf/af6 ; #flnt pQm a4f>ddf a; f]f; ub]cfPsf 5g\ pglx; dWb] w]h; f]h]cf]gf]kl/jf/nf0{; lDem rfx6g\lsqLs Tor]pglx; sf]nflu wf\$] / kl8fsf] ; f] ag\$]f]5 . pglx; e65g\ o; n]pglx; sf] ddfq k\$6 ub5 . wgsdf/L e65g\ xof] cf>d d7f] 3/ xf] .A wgsdf/L sf7df08f}pkTosfsf]pQ/L ; Ldfaf6 To; cf>ddf Nof0Psl xg\ . ad kzkltdf zftk] \$ dg{rfx65' A

pgl kfF ; Gtfgsl cdf xg\ t/ tldWb]Ps ; Gtfg dfq hljt 5g\ pgsf]Ps dfq hljt 5f]fn] pgnf0{ToxfFk7ofPKl5 wgsdf/L lj ut !% j if6]v To; cf>ddf al; /fv\$] l5g\ pgl #) j if\$]x6f pgsf >ldfq\$]d[o' eof]. pgsf \$ hgf c? 57fx; sf]klq c1ftv]usf sf/of d[o' e0; s\$]f lyof]. pgsf] kfF] 57f pgsf] >ldfq\$] d[o'sf] cf7 dlxgfk15 hlgdPsf] lyof] . To; h] pgnf0{ cjw ; Da6waf6 ue[tl ePsf]cf/f]kdf ; dfhaf6 alx:sf/ ul/of].

⁶¹: =alP; =@))! . /fli60 hgu0fgf . sf7df8f]M s]b|p tYoP's lj efu

⁶² Ho]7 gful/ssf]x7lj rf/sf nflu sf]g ag] www.kantipuronline.com/kolnews.php?&nid=28823 8fpgnf] ul/Psf]ldlt M@% k]h] /L @))&

To; kl5 pgl cf>gf] 5f]fnf0{ ; fydf lnP/ kzklt]sf] glhs ufzfnfdf cf0g\ . ToxfFpgn] 3/ħ'
; xfossf] ĸ kdf sl/a !& j if{sfu ul/g\ pgsf] 5f]f sfd]sf] v]ħ]lsf] nflu lbNnl hfgrcl3; Dd pgn]
ToxfFsfu ul/šl ly0g\ . pgsf 5f]f b; j if{kl5 : j bž kmskl5 wgsdf/Ln] ; f]šl ly0g\ ca pgsf]
; lbg lkmgš . t/ o; sf] pN6f] pgnf0{ pgsf cf>g} 5f]f-axf/Ln] kħ6Esf] 3/af6 lgsfnf ul/lbP .
To; kl5 pgl cf>ddf a:b}cfPsl l5g\

cf>ddf egf{xqsf] nflu sDtldf ^% j if{kušf] xq'k5{. sl/a @#) aħ÷aħf dWb]@% hgf ; /sf/áf/f'
; ĩfnt kzklt lř ĸsf; sf]fa6 l; kmf/; ul/Psf 5g\ . ; f] aħf>d /fhf ; /ħb] ĸ qmd zfxsf]
kfnfdf ; g\ **! -lj =, #! (#*_ df : yfkgf ul/Psf] lyof] h; sf] p2ħo /fhf ĸ sf cjwflgs ; ĸtfg ĸ,
bf; x ĸ, u}sfqbl >ldt / 6x/f sħfslnf0{a; fħf; u/fpg] lyof] . pgl ĸ, sf] kfngrf]f0f /fhb/af/n]
Jo j : yf ug] ulvof] .

; fdfgx ĸ, sf]rfħ

cf>dsf sħl aħ÷aħf ĸ ĸ; Ē}a:g}c? aħ÷aħf ĸ, n] pgl ĸ, sf ; fdfgx ĸ, rfħ ul/šf] ubf; f] u5g\ .
c7f; l j ifšl g] fsħsl dgšdf/l culit ĸ ut ; ft j ifħ]v To; cf>ddf a:b}cfPsl l5g\ . pgn]
elgg\ pgsf] Psdfq lrofVfg] lunf; rfħ ePsf] 5 . æclxn] d cf>dn] lbPsf] kfglvfg] huaf6 lrof
lkp5' . Ā pgn] lgwf/df rħbgsf] l6sf nufPsl l5g\

tħlg cf>dsf kħv af; b] bħhfsf cg' f/ ; fdfotof oxhf; fdfgx ĸ, rfħ xħgg\ . æjf:tj df
pgl ĸ ; fdfgnf0{unt 7fħf /V5g\ clg la; ĸ5g\ lsgsl pgl ĸ, df pd]sf] sf/0fn] : d/0f zlQm
sdhf] aħ}uPsf] xħ5Ā . bħhfn] eg] aħ÷aħf ĸ ; fgħtgf s/fx ĸ, df klg emu8f ug] u5g\

kħw] if{cuħ8; Dd pgsf] >ldfg\ Ēsf] pgsf] ĸljg ; vdo lyof] . t/ pgsf] >ldfg\ sf] d[oh] ubf{
pgsf] ĸljgdf ; d:of cfPsf] 5 . lsgls pgsf] ; fħfn] ->ldfg\ sf] klxn] >ldt_ pgnf0{ 3/af6
lgsfnf ul/g\ æd]f] nřlgšf] d[0; Ē}d]f] eħlo kħ6ħf dgšdf/Ln] elgg\

lb sf7df08"kfħ6 dfr-{%, @))&

a/ħuf/L

aħħuf/L g}cfh gkfnf sdhf] ĸljg:t/sf] ; ĩsfħs xf] . ; /sf/n] ceħ /ħuf/Lsf] nflu kž: t
cj ; / ; ĸgf ug{ ; sħf] 5ħ, g t o; n] : j/ħuf/L a9fpg] lsl; dsf] j ftj /0f g} ; ĸgf ug{ ; lPsf]
5 . k/Dk/fut ĸksf] sħf] lř ; j/ħuf/Lsf] kħv lř agšf] 5 . cgħkrfl/s lřn] /ħuf/Ldf 7ħf]
ofħbfg křofp5, t/ ĸoĸ Hofnf / ; fdlhs ; /ħfsf ; jħx ĸ af/Daf/ p7f0g] ul/ĸ5g\ . sħf] lř
dWb]sf] &#=# klĸzt >dzlQm cgħkrfl/s lřdf sfd u5g\ .⁶³ sħf] ult ĸ lw, 7ħf] ; wofdf c; ĸħ7t /
: j/ħuf/L kš[tsf cgħkrfl/s lřsf] /ħuf/L (#^ klĸzt kušf] 5 .⁶⁴

clzllft ; ldfħtsħ / ĸ5l8Psf ; dbfo / ; dħ aħħuf/Laf6 a9l klħ8t 5g\ ha pgl ĸ, clzllft
5gV kš[ts ; ĸdf pgl ĸ, sf] kxF 5ħ eg] of] s/f : kħ6 5 ls, pgl ĸ, sf] ĸljg sl7għ] eV/Psf]
5 .

⁶³ oPp-g-8l-kl=@))\$. gkfn dfgj ĸsf; klĸj ĸg @))\$. sf7df8fħ; ĸQm/fi6x3lo ĸsf; sfoħmd . kħ \$@
⁶⁴ pħ

a7fihuf/lstf] ; d:ofnf0{; afvg ug{ul/Psf glttut ; wf/ / gofFk0Tgx2n]cfly\$ a4 / /fihuf/lstf]
cj ; / cfibdf cem plnno c ; / blyfpg ; s\$sf]5g . kmn:j2k /fihuf/L, cfly\$ a4 / ul/ax2sf]
; zIQms/Of alrsf]cgt/; DaGwnf0{hf\$g ; lsPsf]5g .⁶⁵

ckf^aux2

ljZj :jf:Yo ; u7gsf]cgdfgdf ; #f/sf]hg; a\ofsf]!) kljtzt dflg; x2; E ckfEtf 5 . gkfnsf]
kl5Nnf]u0fgfcg; f/ ckfEx2sf]; Wof sh hg; a\ofsf]!^# kljtzt -)#& ldlnog_ /x\$sf]5 . tyflk
of]; Wofn]; Dej tMckfEx2sf]af/df ; Rgf kkt ug{sl7gf0{ePsf]s/fnf0{bzf0b5 . of]cgdfg ug{
; ls65 ls, gkfnsf]hg; a\ofsf]sldtdf !@ kljtzt gful/sx2 ckfE 5g\⁶⁶

dflyNnf] :t/sf gltt lgdf{f / ofhgfsf/x2; E ckfEx2sf] af/df sd 1fg 5 . ; fy} ckfEsf
d2fx2nf0{sf0f]og ug\$sf]nflu klta4tfsf]vfFf]5 . ; g\!(*@ sf]ckfE P0 / c? sfggL
kljwfgx2 ckfEsf d2fx2nf0{; DaVg ug{/ pglx2nf0{/fli60 lj sf; sf]dV0 d2fdf ; dfj z ug{
kl0M c; Dej 5g\ /fli60 ah0sf]Ps lx; f ckfEsf]lxtsf]nflu 5\$fpj]lj ifodf sg}k0ffnlsf]lj sf;
ul/Psf]5g . ckfEx2sf]af/df ; Rgf kkt ug{s/f]sf]cej 5 . pglx2nf0{lr6g]jf k0f nufpg]
af/df sg}; 06qsf]lj sf; ePsf]5g .

ckfEx2 lj?4sf]ljeb cfh ; Dk0f{; dbfox2df Jofks 5, vf; u/L uf0l0f lf0df of]cem a9L 5 .
ckfEx2sf]cj:yf boglo ag\$sf]5, lsgls pglx2 kl/jf/ / ; dfhsf]nflu af0m ag\$sf 5g\ .
ckfEtfnf0{k} h6ddf u/\$sf]kfsf]kl/0ffdsf]2kdf ln065 . clz lff, ul/al, cfdlunfgl / r7gf /
; Rgfsf]cejn]ubf{pglx2nf0{; dfhsf]tlnf]:t/df aRg' k/\$sf]5 . dlxnf ckfEx2n]cem
axcfofids2kn]; lj waf6 al-rt a6gk/\$sf]5, lsgeg]n]Esf/0fn]pglx2 ul/al; E hfl8Psf
5g\⁶⁷

; g\@))# g0f] / !\$ df ; jRr cbfntn]Ps ; fj hlgS ; /f\$ /sf]d2fdf c0wf, dfgl; s 2kdf
czQm ckfE / sf; Gg g; Sg\$sf nflu ; a):t/df lglzNs lz lffsf]Joj:yf ul/gk5{egl cfbz lbPsf]
5, t/ cbfntsf]lg06 sf0f]og ePsf]5g .

cgtl/d ; ljwfgn]/fihuf/L / ; fdfilhs ; /lffsf]clwsf/nf0{cwf/et clwsf/sf]2kdf ; dfj z u/\$sf]
5 . t/ tl kljwfgx2 ta dfq sf0f]og xg\$g\ha o; ; E cfjZos sfggx2 lgdf0f ul/g]5g\

; /f\$ /sf cfnf]rgf]ds klfx2 M

lghl lRq / ; fdfilhs ; /lffM >d sfgg / 6\$ olgogx2sf]bjfj sf sf/0fn]; fdfilhs ; /lffsf]Joj:yf
lghl lRqsf]pBfu; Dd lj:tf/ xg ; S5 . tklg a9bf]s/f/ / kl; /df cwfll/t /fihuf/lstf sf/0f
dnh/x2sf]; Wofdf a4 xg ; S0 . xfn; fn}lghl lRqsf /fihuf/bftfx2n]>d P0 !((@ df Ps
Joj:yf]dfu hf0bf/n]p7f0/fv\$sf 5g\h; n]pglx2nf0{; lhn}E >ldsnf0{etl{ug{/ lgsflgnf0{
d2t u/f] \.⁶⁸ lghl lRq]>d ahf/nf0{k0f]t ug{/ / ; fy; fy}6\$ olgog clwsf/nf0{j]f:tf ug]
kj lQ cfh uDel/ Wofg cfsif0sf]lj ifo ag\$sf]5 .

⁶⁵ ^% P3

⁶⁶ ^^ P3 kth ^\$

⁶⁷ ^& P3

⁶⁸ ^^ pkflbfo, pdz . agkfndf ; fdfilhs ; Af0f MPs b[6E www.laboumepal.org/issues/social_security @%
kth] / @))&

gkfn d f cly\$, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjl

sh !%,!&,))) lgoldt Hofnfcfh\$ x; dWb]s]n @,\$%,))) -lghfdtl sdf(f/L ; z:q kmfn / kx/L kmfn_ / &),))) ; fj hlg s ; yfgsf sdf(f/Lx;n]s]l pNnyglo ; fdlhs ; /Iff Joj :yfsf] cgelt ug{kPsf 5g\ sl/a #,*%,))) lghl lfgdf sfdugI>ldsx;dWb]:yfol xh; ot kkt ugI/ s]l dfqdf ; fdlhs ; /Iff kkt ug\$; Vof %) kltzt ebf a9l 5g . c? af5lnf0{o:tf] ; lj wfa6 al-rt ul/Psf]5 .

c6o lfgdf sfd ugI>ldsx; sgkkg ckrfl/s ; fdlhs ; /Iff koffnla6 kof{; kdf al-rt ul/Psf 5g\ sh !!@ ldnog sdbf/ dWb]a9ldf)-% ldnog -kF nfv_ jf dl:snn]\$ kltzt >ldsx; s]l ksf/sf] ; fdlhs ; /Iff kkt u/\$]cgdfg 5 . tl \$ kltztn]klg kofft ; Afof kkt ug{; s\$] 5gg\ . o; n] s] ; s] u5{eG] cgrfl/s / slif lfgsf] sdbf/x;nf0{ ; dfj z ug{ lakllo / axkllo nufot w}lfgdf 5\$}; fdlhs ; /Iff s]fsf]ka4g ul/g'cfjZos 5 . To; df :yfglo lgsfo -lhNf lj sf; ; ldt / ufPj sf; ; ldt_nf0{klg ; dfj z ul/g'k5{.

ckf^au gful/sx;sf]nflu M ; Dkof{/fi6o lj sf; klqomdf ckfEx;nf0{g; dl6gh]pglx; cfh cf'gf ; d:of ; dfwgsf] nflu ofhg tyf sfoqmd to ug{/fi6o blnt cfofl u7gsf]dfunf0{cl3; fg{ aflo ePsf 5g\ . ckfE ; Afof / sNofsf/L Pj !(*@ sf]sdh7 sfof]ogn]o; sf]kfej sl/tf dly g)k7g p7\$]5 . sfgdf ; zfvug ugI tof/Lx; ePsf 5g\t/ o; n]cej Joj xfl/stf kfgg klv6k/\$]5 . sfoqmdx; ha sNofsf/L cjwf/Offa6 clwsf/df cfwfl/t cjwf/Offdf kl/j t6 x65 ta dfq jf:tlj s kl/j t6 kkt ug{; ls65 .

Ho7 gful/ssf] clwsf/ M Ho7 gful/snf0{ ; jf ugI j tdfg cjwf/Offn] ; /sf/sf] sNofsf/L JoVofnf0{kltlalDat ub5 . ca Ho7 gful/ssf]klfdf clwsf/df cfwfl/t cjwf/Off tof/ kf/l nfu" ul/g'clt cfjZos 5 . h; n]kofft ; kdf a4÷a4fx;sf]hlj gdf Ps;ktf Nofpgsf] ; fy}pglx;n] ; dfhklt kofPsf]ofubfgsf]kltkmmnf0{; lglZrt ug5 .

/fi6o tyf c6t/fi6o u}; tyf 68 olgogx;sf] eldsf M pNnyo dfqdf u}; /sf/L ; yfx; / ; /sf/L lgsfox;n] ; fdlhs ; /Iffsf]lfgdf sfd ul/fv\$] 5g\ ; eQm/fi6x3lo lgsfo - c6t/fi6o >d ; u7g -cf0Pn-cf1n]klg o; lfgdf sfd ul/fv\$]5 . ol ; yfx;alr ; dfofhg ; fgsf] cfbg-kbfg / ; eQm sfoqmd cfib ePdf ; fdlhs ; /Iffsf]nflu cf'gf] eldsf kfej sl/tf a9fpg ; S5g\

; 'enfj x;

- ; /sf/n] ; fdlhs ; /Iffsf] clwsf/df /fv\$] zt{x; lkmtf{ lngk5{ h; n] gful/sx;n] cf'gf clwsf/sf]pkefl kl5 eG]aG]klj wfg cg' f/ ug5g'eg\$]5 .
- ; fdlhs ; /Iffsf d2fx;nf0{a[t\ / Pslst ; kdf ; afvg ug{/ lTgnf0{kl/eflft ug{5\$} sfgsf]lgdf ul/gk5{.
- ; /sf/n] ; dtfdf cfwfl/t ; fdlhs hljgsf]nflu hf8 lbg' k5{.
- ; /sf/n] ; Dalwt ; fdlhs ; /Iffnf0{; afvg ug{clwsf/df cfwfl/t cjwf/Off cuflg' k5{.
- ; /sf/n]lghl lfgdf sfo{t JolQmx; / h; n] ; fdlhs ; /Iffsf km0bfx;nf0{cgelt ug{; s\$] 5gg\,pglx;sf]nflu tIsfn sfgbl glt tyf klj wfgx; candag ug{k5{.

69 p3

70 p3

71 oPq-8l-kl= @))\$. gkfn dfgj lj sf; kltj hg @))\$. sf7df8fM ; eQm/fi6x3lo lj sf; sfoqmd . kh \$%

- ;fdflhs ;/lffsf] lqdf cem a9l sfd ug\$f nflu :yfglo lgsfo, u}; /sf/l lq / 6\$ olgogx;nf0{k46 / kto lbgk5{.
- ;fdflhs ;/lffsf] lqdf kefj sf/l ;kdf sfd ug\$f nflu ; /sf/l lgsfo, u}; x; / 6\$ olgogx;sf alrdf ;xsfo{cfj Zos 5 .
- /fhg]t s kf6lx; n];fdflhs ;/lffnf0{pglx;sf] klylds d2fsf] ;kdf p7fpg' kb5 / To; nf0{ Joj xf/df nfu' ugkb5 .

kl/jf/nf0{ Af0f / ; xofu

cj:yf

gkfnsl kl/jf/ :yfgf ug{clwsf/sf] sfof] og / cEof; sdhf] 5 . ; h>wgn]:jtGqtfsf]xsnf0{
df]ns dfgj clwsf/sf] 2kdf ; dfj 2 u/ fklg cf gf] OR5fcg2k cf gf] hljg; fyl /f]g] clwsf/
; dsfnlg gkfnl ; dfhdf ce] Ps 6f9fsf] lj ifo ag\$] 5 . afn jf ha/h:tl lj jfx k0fnl cfh
kl/jf/ :yfgfsf] clwsf/sf] pkef] ug] ; jfndf udel/ sl7gf0\$ d2f ag\$] 5g\ . To; u/L
cGt/hftlo lj jfx cEflg\$] lj ?4 xg] 3/h' / ; fdflhs lx:fn] kl/jf/ :yfgf ug{clwsf/nf0{vf;
2kdf p#3g u/\$] 5g\ . rfx] tl afnlj jfx, ha/h:tl lj jfx cyjf cGt/hftlo lj jfx xg\ s0l /
dlxfx2g]tl 36gfsf lzs/ ag\$] 5g\

; /sf/ / /fHo klf]n] kl/jf/ :yfgfsf] ; lglZrttfsf] nflu sfgg ePsf] / sgkkg gful/s To; af6
al-rt ul/g] 5g egl ts{u5g\ . elg65, pQm clwsf/nf0{; :yfut ug{w}]; wofdf glttx2 ag\$] /
Joj xf/df Nof0Psf 5g\

lj leG axfgf2, h: t} wd{ ; s[t, ul/al, clzlf cflbsf gfddf ce] b2df afnlj jfx Aofks 2kdf
5 . afnclwsf/sf] lqdf sfo{t, Ps ; :yfsf] kljt] b]gsg; f/ gkfnsl] # \$ klztz lj jfxdf !% j if{
dlgsf afnafnsl ; dfj 2 5g\

sf7df08f2af6 %) lsn]d6/ 6f9f dsjfgk/sf]Ps ufdLof lqdf ul/Psf]Ps clwogn]s]s'f k0f0ft
u0of] eg]&* klztz s0lx2 / ## klztz s0fx2n]!(j if{leq lj jfx u5g\.⁷³ To; u/L Ps csf]
kljt] b]gsf cg; f/ afh/f lhNnfsf w]h; f] s0lx2 !@ blv !% j if{leq lj jfx u5g\.⁷⁴ /fHoaf/f
; #flnt Ps gkfnl b]gsg; f/ afnlj jfxsf 36gfs2 pQm lhNnfd a9bf]cj:yfdf 5g\

pkTosfsf]cf; kf; df ce]klg afnlj j fxx2

/fhg dfq6w/
g] fs0, kn0] /L # . /fhwglsl] @) lsn]d6/ 6f9f blif0f-klZrdsf] Ps ufpef >lk-rdl -g] f/
; :sf/sf]Ps dxTj k0f{lbg_ sf lbg ! \$ blv ! & j if{alrsf & hf0lx2, lj jfx a6wgdf affwP .
sfgbl klta6wsf afahb klg afnlj jfx h:tf]k/fgf]rng sfutlufpef ce] k'ngdf /x\$] 5 . em08}
#%) anfdl kl/jf/x2, dNn sfndf eQmk/af6 ToxfFa; f0F; /\$] lyP .
æof] xfd] ; /\$]f/sf] lj ifo x0gA Pp6f a9f df65h] eg] h; n] g]lj j flxt bhxLsf] kn0f] lngaf6
; D]j fbbftfnf0{ cgdlt lbPgg\ . lj utdf ; #/ dflldn] pglx2 lj ?4df ul/g] ; dfrf/ ; sng /
k\$zgn] ubf :yfgloaf; lx2 kqsf/nf0{; j fut ug{ rfx6g\ . pgn] eg] x/\$; dbfosf] cf-cf gf]
k/Dk/f x65 / To; df c?n]cfvf nufpg' x6g .

⁷² http://www.cwin.org.np/press_room/factsheet/children_in_nepal.htm kn0] /L @))&
⁷³ ; dfrf/kq blgs, @ cui6 @))%
⁷⁴ uf]vfkq blgs, & hgj /L @))^

ut jif{ufpfx;n]afnljjfx ; df/fxsf]kmbf]lvRg sflz; ug]Ps kqsf/sf]Sofd/f ktr6nl lbP . ut /ft klq 8Sodl6k agfpg vflgk; ; E :yfgloj f; lx; sf]em8k k%of]. tklg sxl oj fx;n] xfn; fn} afnljjfxla?4 Pp6f cleofg ; ? u/\$f 5gV o; n]sxlxb; Dd ePklg pQm cEof; nf0{lgu/fgl u/\$f] 5 . ; dl/ anfdl gfd u/\$f Ps oj sn]to; lfd, hxfFafnljjfx e0/x\$]lyof] ToxfFPs gf6ssf] kbzg u/].

:yfglo dxfnldl hghful t ojf Snasf clwlf rqrdfg >]7sf cg; f/ pQm k/Dk/f klxnf]h: t} Jofks t 5g, t/ xfdl of]s'/nf0{ :jlsf/ ug]5{ls, of]ce} hf/L 5 . Ps bzscuf]8 pglx;n]@% afn hf8lx; kofu ubv]/ sfxl !) j ifsf afnsx; klq ljjfx ; Da6wdf uf; g]ubv] pgn]cuf]8 eg]. slff cf7df k9g]slj tf >]7 el65g\ pgl kof]t a[4=pd] gku'h} ljjfx ug{dfg]5g\ æd d]f]kl/j/n]k9f0{vr{wfg ; s] Dd k9f0f0{hf/L /Vg\$' / ufpef /x\$]afnljjfxnf0{c6t ug\$] nflu sfd ug\$E, pgn]elgg\

>l ejfgl k|tflj t dflblds lj Bfnosf ojf lzlf s e65g\ æ:yfgloj f; lsf]; fdf]hs kl/rfngn]o; sf] lj?4 ; xofu ug{; S5 . sfqgl klj wfgs] sfof]ojlgj gf o; ufpef pQm sfof]sfd ubg E pgn] hf8 lbP . ufpx;n]eg]w]j ifkl5 pglx;n]to; lfd kx/lnf0{bv}].

lb kdfnog 6f0D; \k}ac/L \$, @)) ^

ha/h:tl ljjfx cfh gkfnf kl/jf/ :ykgf ug]clwsf/nf0{afwf k%ofpg] tTj ag\$] 5 . o:tf 36gxf;df s6lx; kyd kll8t afg]u5g\ . cleef]s, gftbf/ / ; dfhn]k|olf jf ck|olf ; kdf s6lnf0{pgn]grfx\$]sbf; E ljjfx ug{w/ks8 u5g\ cfk} ljjfx ug{tof/ gx6f gx6}klg pgnf0{ ljjfx ug{nuf065 . b}zsf ojf dlxfx; Psbd} ?19j fbl / c; fdf]hs cEof; sf lzsf/ afg]u5g\ . cem ojf dlxfx; cdx/of ul/65gV sb}vf; dflg; sf]>ldtl 3f]off ul/65g\hg ; #s[t / wd\$] cf8df ul/65 . klZrd gkfnf]bu6 lhNnf d:tf of]eEof; ce}hf/L 5 .⁷⁵

c6t/hftlo ljjfx u/\$f sf/of ; kt/L lhNnfsf blnt ; dbfonf0{cfqndof ul/of]/ hf8lsf] cdx/of ul/of]

!# k} /L @))\$

Pl; og dfqj clwsf/ cfofun]c6t/hftlo ljjfx u/\$f dgfh vfE / kfj tL /fpt gfdsf hf8lnf0{s6l klfsf cfkmtx;n]@& hgj/L @))\$ df cdx/of u/\$f] ; %qf k|t u%of]. lj vqk/ uf=] = (sf blnt ; dbfosf s6f klfsf *) hgf JolQmx;nf0{@)) hgf pRr hftsf dflg; x;n]cfqndof u// pglx;nf0{#) hgj/L @))\$ df ufP5f8g aflb agfP . pRr hftsf JolQmx;n]!@ blnt kl/jf/sf] ; Dk0f{; DklQ n6kf6 u/]. pglx; cfh lhNnfsf]; b/dsf d /fhj /fhdf boglo hljg lj tf0/x\$ 5g\

<http://www.ahrchk.net/ua/mainfile.php/2004/623>

gkfnf c6t/hftlo ljjfxsf] cj:yf w} gfh s 5, lsgeg] o:tf kof; nf0{ ; dfhdf ce} :j fut ul/bg . c6t/hftlo ljjfx canDag ug] hf8lx; sf] ; wof a9\$] cgdg ul/Psf] 5 . tklg pQm cEof; sf lj?4df pNn]o dfqdf lj /v}x; cPsf 5g\ /fHo / lgsfox;n]o:tf ljjfxnf0{; Afof ug{ / ck/fwlnf0{sfggl ; hfo lbg a]f:tf ul/Psf] c6t/hftlo ljjfxnf0{lg?T; flxt / pln^3g ug] vfnsf lx+fx;n]h/f]uf8\$ 5g\

⁷⁵ gkfn ; dfrf/kq blgs, !@ k} /L, @)) ^

gkfnf cly\$, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjQ

afnafnsf / oj fx;sf] clwsf/sf] af/df ; jwflgs klj wfgx; cfo sfgl Joj :yfx; / ; /sf/sf
glt / bfal ul/Psf pknAwlx; kofft kofft 5gg\ . lj zlfu/L of] afnafnsfsf] ; DaGwdf vt/fsf]
; s; x] . gkfnf] 0ltxf; df klxn] k6s gof; lj wfgdf afncwsf/nf0{ dflns clwsf/sf] ; ldf
/flvPsf] 5 . gkfn ; 0Qm /fi6x3lo afncwsf/ dxf; l6w / o; sf] cfn]sf] klf /fi6«ag\$] 5 .
c6tl/d ; lj wfgsf] wf/f @@ n] afncwsf/sf] Joj :yf u/\$] 5 eg] wf/f @ (n] zlf]of lj ?4sf] xsnf0{
dflns clwsf/sf] ; kdf ; dfj z u/\$] 5 .⁷⁶

; g\!((! / @))! sf] uofgnf0{ thgf ug[x]eg]!) blv !\$ jif{alrsf] afn>d @@=(klitzaf6
a9] @*=# klitzdf kl\$] 5 .⁷⁷ of] cgdflgn] ce] lgs[6 / clt vt/fhgs afn>d, sdof
afnafnsfsf] sfd, rhlabl a]lavg / cfo b]o]xf/ tyf cfofonf0{kltlabat ubg .⁷⁸ xfn; fn\$]]
Ps tYof]cg' f/ % blv !\$ jif{alrsf] afndhb/x;sf] ; Wof @^ ldnog -@^ nfv_ /x\$] / To; dWb]
cly\$; kdf ; lfd afnafnsfx; !& nfv 5g\ cema9l !,&,)) afnafnsfx; t lgs[6 k\$] /sf]
afn>ddf ; Mlg /x\$] 5g\⁷⁹

; g\@))! df k\$flzt Ps kl]jhg cg' f/, cNk-lj sfl; t cly\$ a[4 -; g\@)))-@))! df sl/a #
klitz a[4_ Joft ul/aL, eldsf]c; dfg lj t/of, hg; aWofsf]c; dfg lj t/ofsf ; fy} ufl]of lqdf
ckofft lzlf, :j.f.Yo / ; #f/ ; lj wfx; cflbn] afn>dnf0{sfod u/\$] 5g\⁸⁰

7hf] ; Wofdf afnafnsfx; 3/h' sddf ; Mlg 5g\ . afnafnsfx; kfgl eg] bfp/f-3fF h]df ug]
afnarfsf] x]lj rf/ ug] efb; fdf sfd ug] / ; /; kmf0{ug] nufot w]}k\$] /sf 3/h' sfdx; u5g\
o; W/L pglx; efb; ; kmf ug] / sk8f whfpg] sfd klg ub5g\ . cfo sdfs] thgdf 3/h' sfd
cb]o xg] ePsf] afnafnsfx; dfl] b]o]xf/ xg ; Sg] ; Defj gf a9l /x65 . ; g\@))! df
cf0Pn-c]af6 ; #flnt Ps ; j]f0df 3/h' afndhb/sf] ; Wof %,))) lyof] . 3/h' afn>d
afn>dsf] lgs[6 ; k x] .⁸¹

afnafnsfx; nf0{ zflft / kl8t agf0b} cfPsf] csf] lq] x] - afnof]z]f]of . sf7df08f] sl/a
)) of]oj ; fol dWb]@) klitz !* jif{dlgsf 5g\⁸²

afnafnsf a]lavg gkfnf] csf] ; fdlhs bfu ag\$] 5 . x/\$ jif{!* jif{dlgsf sl/a !@,)))
s6lx; 3/kl/jf/ / sfd ug] 7fp6f6 ha/h: tl jf 5n u/] aflx/ lgsfln65g\ . pglx; nf0{zx/L
lqsf ; fy} ; ldfkl/ ef/tdf pglx; sf] 0R5f lj kl/t :yfgt/of ul/65 . pglx; nf0{ha/h: tl sddf
nuf065 / w]h; fhf0{a]of] [Qdf nuf0g] ul/65 . 7hf] ; Wofdf sl/a !,%) ,))) blv @,)) ,))) gkfnl

⁷⁶ afncwsf/sf]wf/f @@ M
-!_ k]o\$ afnafnsfnf0{cf'gf]klxrfg sfod ug] / gfd /flv]clwsf/ xg\$.
-@_ k]o\$ afnafnsfnf0{kingkf]of, cfwf/e't :j.f.Yo / ; fdlhs ; /lfsf]clwsf/ xg\$.
-#_ k]o\$ afnafnsfnf0{zf/l/s, dfgl; s jf cfo k\$] /sf zfl]of]sf]lj ?4 clwsf/ xg\$. sfggcg' f/
zfl]of]dhs sp]snfx; b08glo xg\$gV zfl]of]af6 k6f]j t afnafnsfnf0{sfggcg' f/ lftkl't{k6fg ul/g]
5 .
-\$_ c; xfo, 6x/f, dfgl; s ; kdf c'7df/df /x\$] , a6a kl8t, af; :yfg udfPsfx; / hflvddf k/\$] ; 8s
afnafnsfx; nf0{pglx;sf] ; /lft elj iosf nflu /flhoaf6 lj z]f klj wfgx; k]t ug]clwsf/ xg\$.
-%_ sg]klg afnafnsfnf0{sf/vfgx;, vfglx; jf cfo vt/fh6o sddf nuf0g]5g] jf ; df, kx/L jf a6ax;df
etl[ul/g]5g] .
⁷⁷ oP]g-8l-k= @))\$. gkfn dfj lj sf; kl]jhg @))\$. sf7df8f]M ; 0Qm /fi6x3lo lj sf; sfoqmd . k]h ^
⁷⁸ P]]
⁷⁹ l; lj g, @))# . gkfnf afncwsf/sf]cj:yf @))\$. sf7df8f]M gkfn afndhb/ ; /\$]f/ s]b]
⁸⁰ oP]g-8l-k= @))! . gkfn dfj lj sf; kl]jhg @))! . sf7df8f]M ; 0Qm /fi6x3lo lj sf; sfoqmd
⁸¹ http://www.cwin.org.np/press_room/factsheet/child_labour_in_nepal.htm ! dfr{@))&
⁸² oP]g-8l-k= @))\$. gkfn dfj lj sf; kl]jhg @))\$. sf7df8f]M ; 0Qm /fi6x3lo lj sf; sfoqmd . k]h ^ (

sðlx; ef/tsf]sf]lx;df zllft 5g\ . dfgj a]lavglj?4 sfgg ePtklg gkfindf a]lavgsf] Jofkf/ km:6fpbf]5 .

afnafnsfx; klg hyfefjl xg]lx;faf6 ; tf0Psf 5g\j f pglx; JolQm j f ; dXsf kj {lgofllnt lx;=fsf]lzs/ agf0G5g\ . dfgj clwsf/ jfrsf] xfn; fnšf] kltj jhgcg; f/ dcf] fbláf/f elt{ul/Psf afnl; kfxlx; hlj{t n8f0E f ; fdh ul/Psf lyP . gkfnl / cGt/fi60 cgludgstf]s]ljzj f; u/\$f 5g\eg]a9ldf \$,%)) dcf] fbl l; kfxlx; !* jif{dlgsf lyP, hgahf pglx; Pbszs nfd]u{x04df ; fdh ul/Psf lyP .⁸³ dfgj clwsf/ pRrfoQmsf] sfofno -cP; =; l=cf/=n] dcf] fblsf lj leGg lsl; dsf ; #7gx;df h:t}hgdlQm ; gdf pNnVo dfqdf afnafnsfx; ; dfj z ul/Psf]s/fsf]kli6 u/\$f]5 .⁸⁴ o4 lj/fdebf cuj}hgdlQm ; gdf afnafnsfnf0{n8fsf] ; kdf kofu ul/Psf]lyof] .

c? ; Rgxf;n]:ki6 ; kdf egšf 5g\ls, gškf dcf] fblsf ; f:s[ts ; dx; / ldlnl; of -cw{ ; lgs n8fs_ df pNnVo dfqdf afnafnsfx; lyP / pglx; n8f0E]kof]hgdf, h:t} ; Rgfbt f jf hf; ; sf] ; kdf kofu ul/Gof]/ pglx;nf0{c? afnafnsfnf0{dcf] fbl cfbfhgdf cfs ifOf ug{kofu ul/P . cem a9l o4lj/fdsf]ahf t sl/a %) hgf afnafnsf -!@ j ifšf ; d;_nf0{hgdlQm ; gdf / hgdlnl; ofdf efu lngsf]nflu 3/af6 lgsflnPsf]lyof].⁸⁵

gkfnsf lj bfláf/f %),)) afn ; fonf0{tflnd lbg]of]hgf

of]xktf gkfnsf dcf] fbl lj bflx;n]clkhleq cf'gf ldlnl; ofdf %),)) afnafnsf y[kg] s/fsf] 3f]foff u/] / o; }alrdf cPsf ; fdxs cckx/Of / aRrfx;sf]of]zif]ofsf l/kf; To; sf pbfx/Of xg\ @@ km] /ldf dcf] fbl ; dly{ lj wfyl{g}f sdn zfxlsf cg; f/ lj bflsf]g]j n]hgj /L !)-!! df afn ldlnl; of a9fpg]lqof6 u/\$f]lyof]. o; af6 !* j if{dlgsf afnafnsfx;nf0{ ; gdf etl{gug] o; cl3sf] pglx;sf]klt a4 tfsf] pNn^agsf] ePsf]5 . pglx;sf]o; pu|lgof6n] clwsf/sdl{/ cGt/fi60 ; #7gx;df lff ptkGg u/fof] / aGan] ; tf0Psf] bzd afnafnsfnf0{lb0g]/fhg]ts klzlf / ; fo tflndsf]pglx;n]lj /u/ .

ha clwsf/sdl; n] zfxlaf/f afx/ NofPsf] ; Wofnf0{a9f0{r9f0{u/\$f] egl JofVof u/] h; nf0{ dcf] fbl g]j n]nuftf/ ; kdf 0Gsf/ u/\$f]lyof]. ut b0{xktfdf dcf] fblx;n]klZrd gkfnsf sXl lj Bfnoaf6 slf ^ b]v !)-cf} t pd] !@-!^ j if{ sf oj f lj Bfylhf0{ ; fdxs cckx/Ofsf] sfo{ ; ? u/] . /m]kf lhNnfsf]bllf0fl efu xn]laf6 dcf] fblx;n] ; of] Bfyl{/ bhg]lzlfsx;nf0{cckx/Of u/L c1ft 7fpE nu] . k]olfbzlsf cg; f/ dcf] fblx;sf] Ps ; dx oxfCfof] / h/h:tl lj Bfyl{/ lzlfsnf0{nu} uP . ut xktf dcf] fblx;n] /m]kfsf]afnf0o dflblds lj Bfnodf lzlf lj Bfylhf0{ ; fo tflnd lbPsf]s/f ; fj h]lgs u/] . To; sf clt/Qm lj bflx;n]c5fd lhNndf !# hgf sðlx;nf0{ ha/h:tl cf'gf] ; gdf elt{u/]. tl ; a}sðlx; @! j if{dlgsf lyP .

afnclwsf/sf]lfgdf sfo{t cuOf] u}; /sf/L ; #yf- gkfn afndhb/ ; /fšf/ s]b]-l; ljg_ sf]egf0df lj ut ^ dlxgfsf] aGadf bzd em08} b0{bhg afnafnsfx; dfl/P . æo; ; dodf sl/a (%) afnafnsfx; cckx/Of ul/PÆ l; lj gn]eGof]. xg t cckx/Of ul/Psf w]h; f]lj Bfyl;nf0{@ xktfkl5 kmsG lb0of] t/ pglx;n]lbPsf]bfz]gs / ; fo tflndn]w]h; fhf0{kl8f lbof]. olg; km]sf gkfnsf nflu cfj f; lo kltlgw ; fl ; fsf0n] elggæof] w]u}del/ lj ifo xf] . afnafnsfnf0{sg} klg lsl; dsf]o4df ; dfj z u/f0g' xGÆ olg; km]of]d2fsf] tYo kQf nufpg]kof; ug] , pgn]hf] lb0g\ clwsf/sdl{ ; #7gx;n]dcf] fbl ldlnl; of / ; gdf #) kltzt afnafnsf !* j if{dlgsf 5g\

⁸³ <http://hrw.org/english/docs/2007/01/31/nepal15236.htm> 8fpgnf\$ ul/Psf]ldlM dfr{e})&

⁸⁴ cPPr=; l=cf/=gkfn, @)^ . ægškf dcf] fblaf6 ePsf dfgj clwsf/ pNn^asgM ; /fšf/sf] ; #f]Æ . sf7df8f]M gkfnsf nflu ; eQm/fi60 3lo dfgj clwsf/ pRrfoQmsf]sfofno .

⁸⁵ pglx;d]b]s]n]xlt of/; lxt ; lgs tflnd lnPsf]s/f cPPr=; l=cf/=gkfn]e/kbf]va/ klt u/\$f]5 . Pj

egl bfal ul//x\$ 5g\eg]w}afnafnsfx, bM/b\,kdf dfqj 9fnsf] ,kdf kofu xBf dfl/65g\ .
lj bflx, n] afnafnsfx, n0{ l; kfxlsf] ,kdf, btsf] ,kdf, efb; \$f] ,kdf, el/ofs] ,kdf /
cfklt \$t \$f] ,kdf kofu u/\$f] s/fsf] lj Zj f; glo kdf of ePsf] s/fsf] bfal ug 65 ufkns[Of
l; jfsf, hf]dfgj clwsf/, jftfj/Of / ljsf; sf nflu cgt/f60 ; yvsf sfof/L lqbzs xgx65 .
dfcf] fblx, n] xNsf xtof/ / ; fgf xtof/ kofu ug[ePsf]afnafnsfd f0; sf]kofu sf]af/df yf] }
dfq 1fg 5 - l; jfsf6ln]eg]. afnafnsfn0{afasf]ljleg klf jf lfgdf kofu u/\$f 36gxf, 5g\
/ of]kj Q a9l vt/fhgs ePsf]5A afn; Jo /f\$gsf]nflu cgt/f60 ; -hfnf]gkfn zfvfsf kdv
s[Of kxf8ln]eg]. o; 36gklt ; 0Qm/fi6; 3n]lff JoQm u/\$f]5 .

; g@))# sf]gfa/df ; 0Qm/fi6; 3sf dxf; lrj sfln cggfn]; fwf/Of ; efd / ; /lff kl/ifbdf
Ps kljtj dg kz u/] h; df gkfn ; lxt xtof/wf/L lj bflx, af/f afnafnsf] b; kofu ePsf
lj Zj sf !% /fi6, sf]; TL ; dfj z lyof]. ; 0Qm/fi6; 3sf]; /lff kl/ifbsf]afnafnsf / ; z:q ag
lj ifos vlnf ax; df afn; Jolj?4 cgt/f60 ; -hfnf] efof] kfw] jiflv !* jif{ leqsf
afnafnsfx, elt{ul/Psf]/ kofu ul/Psf]/k6, 5g\ tyflk dfcf] fbl g]Tj o; n0{c:jlsf/
u5{ . w}afnafnsfx, dfcf] fblaf/f cfx/Of ul/Psf]; dfrf/ 5 . ; g@))# sf] hgj /df %!*
afnafnsf cfx/Of ul/P . ckl/t dVb\$ w}h; fh0{/fhg]ts klzlf of lbP/ dQm ul/of]. pglx, n0{
a9l/Nnf n8f0A sf]af/df tflnd lb0of]elg65 . etl{ul/Psf afnafnsfx, jf afn; Jonf0{n8fs,
dfgj 9fn, ; fy}; dfrf/ cfbg-kbf]g ug] JolQm / el/ofs] ,kdf kofu ul/g] u/\$f]; dfrf/ klt
ePsf]5 . sd pd]sf sflx, n0{ofgz]f of ul/Psf]s/f klg klt ; dfrf/df pNny 5 .

Pdg]6 06/gzgn -P-cf0€ gkfnf lgbzs /fh' ; f/sf/n0{gkfnf]afn ; Jofs]kofu sf]kj [Qsf]
af/df ; r] u/f0of]. oBlk afn ; Jofs]af/df af:t]s tVofs / klztz yxf gePklg pglx,
To; df kofu ePsf]s/f ; To xf]. pgn]eg]P-cf0€ af/f Ps jif{cufl8sf]gkfn ulx/bf]; s6A qfds
kljtj dg]eg]5 . dfcf] fblx, n] cf gf] lgo6qofdf /x\$] lfg, df aPs kl/jf/ Ps JolQm e6g
qltsf]cEof; u/\$f 5g\ sflx; ; lxtsf afn; Jox; ; Jo kffsdf o4 ; fdull cf] f/ k; f/ ug{
3f0t, n0{x]lj rf/ ug{/ ; /; knf0{ug{ 7fpFvfnl ug{kofu ul/65 .

klZrd gkfnf]bfE lhNnsf]!^ jifsf]sbf s; /l p s; /l 3f0t]dfcf] fbln0{pkrf/sf]nflu ef/tdf
nhfg] sfof s; /l aNw agf0of]e6g]s/fsf]; dfrf/ 5 . ^ hgf p; E\$ / Pp6]pd]sf ; fylx,
eflg ; km ePsf]s/f p; n]vhf; f ufof]. s; /l /f]sf]ahfd 6r606 afn] o4 tflnd lb065 e6g]
af/df Ps !\$ jif\$ sfln]atf0g\ pgn]lbpF\$]; dodf afnafnsfx, s; /l tflnd jf klzlf of
sldf k9f06vof]e6g]af/df klg pgn]elgg\

cufl dfgj clwsf/ ; #7g, cgrkrf/s lfg ; jf s[b] -06; \$, n] klg afn; Jo kofu sf]af/df Ps
cNwog ufof]. aefcf] fbl g]Tj n]pQm s/fsf]06sf/ u/]fklg To:tf 36gqmdx, 5g\ltgn]c6o s/f
k|t ub\$gVA 06; \$sf ofu z v/hn]atfP . 06; \$n]; g@))@ sf]gfa/sf]36gfn0{p2t ub\$,
hxf!@ jifl a9lj / lyEnf0{; /lff kfhaf/f lu/^tf/ ul/Psf]lyof]. p; n0{kl; rfdlf cfqmdOf
u/\$f] / a\$ n6\$]cf/fkdf cft^\$sf/L sfq cgt/ut d2f rnf0of]. 06; \$s]s[Of uf]dn]!@
jifEbf sd pd]sf afnafnsfx, xhfsf] ,kdf / ; /lff uf8\$] ,kdf /fkf lhNndf kofu ePsf]
/ cfkln]bv\$]s/f atfp5g\ . aetl sfx; ; s ad cf gf 3f6ldf e108fp]Ps ; dfrf/btfsf]
 ,kdf sfd ul//fv\$ lyP, pglx, lj Bfnoaf6 aflx/ lgsflnPsf 5gVA pgn]eg].

ha gkfn ; /sf/n] cfd; dkOf ug] lj bflx, n0{ :yfkqf ug]nflu 5\$] s[b] ,sf] :yfkqf u/df]
agaa6 kfljt afnafnsfx, sf]vf; cf] Zostfn0{x]lj rf/ ug] sb]kpf; x, ePsf 5gg\ . dlnf
afnafnsf tyf ; dh sNofOf dgfnosf clwsf/lx, e65g\ pglx, To:tf afnafnsf]; xofu sf]
nflu sxl sfd ug] of]hgfdf 5g\

; /fʃf/sf cfnfʃrgfʃds klfx

sfgbl Joj :yf M j tdfg sfgbl ; 06q kl/jf/ :yfkf ug[clwsf/sf] ; lglZrttf ug{/ afnljjfx, anh^tl lj jfx / kl/jf/ klʃsf]lhDd]f/l lggfx ug[s/f h:tf d2fx;nf0{; afvg ug[s/fdf w]} Joj wfgx 5g\ . o:tf]nflb5, o:tf sfgbl Joj :yfx;n]afnljjfx, aʃlavg, ha/h:tl lj jfx, 3/h' lx:f, c6t/hftlo lj jfx / ; fdlhs ; f:s[ts eʃefj h:tf d2fx;nf0{lgoldt ug{c; km ePsf 5g\ . >d sfggn] s]n /ʃhuf/l / >dsf] cʃkrfl/s lʃgnf0{; d6b5 . o; n] cʃkrfl/s lʃg / ; j/ʃhuf/sf] lʃgnf0{] j f:tf u/ʃf]5, hxfw]h; f]afnaflnsfx /xʃf 5g\

afn>dsf]kl/efiff M afn >dsf]kl/efiffdf leGgtf -vf; u/l pd]sf]xbsf sf/of_ cfh dVo ; /fʃf/sf] lj ifo agʃf]5 . cʃ0Pn-cʃsf] cle; l6w, afnclwsf/; Da6wl c6t/ʃ60 cle; l6w, afnaflnsf; Da6wl P6 / ; jwflgs klj wfgx ; d] afnaflnsfnf0{kl/efiff ug[s/fdf Ps csf6f lj /ʃwefikʃf]5g\ . o:tf]lj lj wfn]afnaflnsfnf0{zʃfʃdf kg]hfl]vdfnf0{yklbPsf]5 . kl/efiffdf xg]o:tf c; dfgtfsf sf/of afnzʃfʃf] lj ?4sf w]d2df pglx sfgbl pkrf/ klʃt ugʃ6 al-rt agʃf 5g\

; :sf/df kl/jt6 M ; /sf/klʃ s]ck]ff ul/65 eg]o; n]w]} ; f:s[ts cEof; x;nf0{kl/jt6 u/f] \ hg dlxfx / s6lx;sf] clwsf/ vf; u/l pglx;sf] kl/jf/ :yfkgsf] clwsf/sf lj ?4 ljeʃsf/l 5g\ . tyfsltyt ; fdlhs ; :sf/sf] 3D6f]eq afnljjfx / ha/h:tl lj jfx; ul/65g\ c6t/hftlo lj jfxnf0{ha/h:tl lj 5fʃ u/f065 . o:tf cEof; x;nf0{lg?ʃ; flxt ug6f /ʃhos]elʃsf w]}sdhf] ePsf]5 .

; 'enfj x

- ; /sf/n]Jofks ʃkdf ; /ʃf/jfnf; 6 5nkm u/] sfgbl klj wfgx ; lgdʃf ug{k5{.
- kl/jf/nf0{oyff; So ; Afʃf / ; xof]u cfj Zos 5, hg ; dfhsf] :jeʃf]s / cfwf/eʃ Psf0 xf] vf; u/l o; sf]:yfkf, x]lj rf/ / cʃ>t afnaflnsf]lzlʃsf]nflu .
- afnaflnsf / o]fx;sf] nflu pglx;sf] klʃzt j f cem ztʃf] cfwf/df sg]lsl; dsf] eʃefj gu/l lj zʃf ; Afʃf / ; xof]u]sf]Joj :yf ul/g' k5{.
- afnaflnsf / o]f JolQm;nf0{cflyʃ / ; fdlhs zʃfʃofaf6 dQm ul/g' k5{ . hljgnf0{vt/f kʃofpg] gʃtstf / :j f:Yodf klʃtsh c; / kʃofpg] / pglx;sf] lj sf; df c; / kʃofpg] vfnf /ʃhuf/l j f sfdx; sfggaf/f b08glo xgk5{.
- ; /sf/n] Hofnbf/l afn>dsf nflu pd]sf] xb tʃf]s]bg' k5{ . tʃf]sPsf] pd]sf] xbe6f dlgsf] JolQmnf0{sfdʃf nufpg]sʃnf0{klʃta6w nufpg' k5{/ ʃo; nf0{sfggaf/f b08glo agʃf0g' k5{.
- ; /sf/n] ʃo:tf glt tyf sfo6mdx; tof/ u/l nfu' ug{k5{ h; n] dlxf, afnaflnsf / c6o ; ldfʃtʃf / k5f8 kf/Psf ; dbfosf lj ?4 ljeʃsf/l / zʃfʃofQm ; fdlhs-; f:s[ts ; Argfnf0{ʃkʃt/of ug{x]nf kʃfg u/f] \

plrt : t/sf]hlj gofkg]clwsf/

cj:yf

g]kfn]x;sf]hljg:t/ lgwf/t c]t/f]60 Go]td d]k]b]08e]b]f tn 5 . plrt hljg:t/ lgwf]ofs] cfwf/x; lg]dg]f; f/ 5g\

kof]t vfgf

kof]t vfgf cfh vfB ; /f]f]sf]d]2f ag]s]f]5 . vfB ; /Iff Ps le]g lj ifoj : t'x]g, a? of]; fdf]hs- cfly\$, /fh]llts / jftfj/0]lo ; jfnx; ; E h]f]8Ps]f]5 . s]f]f g} g]kfn] hgt]sf] hlj gofkg]sf] cfwf/e]t k]z]f x]f] . o; ; Gbe]df s]f]f l]q]df x]g]sg}klg gsf/f]ds c; /n]; dfhs]f]7hf]lx.; fnf]0{ g]f]; fgl k]f]of]5 .⁸⁶

g]kfn]7hf]vfB ; s]6sf]; fdgf ul//fv]s]f]5 . oftfoft Joj :yfs]f]cej / a]g]a]n]of]cj:yfnf]0{emg} v/fa ag]Ps]f]5g\ sh @,))))) e]b]f a]9l hgt]fx; g]kfn]df kof]t vfB cfk]t]a]f]6 al-rt ul/Psf]5g\ of]cj:yf cem u]del/ ; kdf b]y]f k/]s]f]5, ha v8]l, af]9l / d]l]od]f x]g]c]to]f]ws ptf/-r]9f]j c]f]p]5 . j t]d]f]g ; z:q a]a] / ; /s]f/s]f] t]b]y{clg ckf/bz]{vfB lj t/of k]f]fn]n]cem o; n]f]0{u]del/ l:y]l]t]k]n]ws]l]g elds]f v]h]s]f]5 .⁸⁷ a]g]a]n]u/la hgt]fn]k]k]t ug]vfB ; lj w]df ; d:of p]k]g u/]s]f]5 .

u]f]d]l]of l]q]sf w]h]h; f]3/k]l/j]f/, vf; u/l u/la hgt]f :yfg]l s]f]f]df cfwf]t /f]h]uf/laf]6 x]g]c]f]b]f]g]l]df e/ kg{k/]s]f]5 . 3/k]l/j]f/, h;n]u]f]d]l]of hg; a]v]ofs]f]p]n]n]o ; w]of -; Dej t \$) k]l]t]z]t_ cf]u]6]5g\ p]g]l]x;df vfB lge{t]f]sf]f]cej] 5 / To]f]p]g]l]x;sf]Go]g / z]f/l]s s]f]d]af]6 k]k]t c]f]b]f]g]l c]f]b]n]vfB ; /Iff cem la]u]f]f]cj:y]f]df k]f]of]Ps]f]5 .

vfB]f]g]s]f]f]cej] vf; u/l bu]d] k]x]f]8l / l]x]d]fn]l l]h]n]f]x;df a]9l b]l]v]Ps]f]5, h]x]f]cfwf/e]t vfB kof]t]t]f]c; Dej] 5 / v]j]k]f]t]l, p]B]u] / :yfg]l Hof]n]f]b]f]l /f]h]uf/l]df k]x]f]l; l]d]t /x]s]f]5 . o; l]q]sf hgt]f c]to]f]ws ; kdf h]f]v]d]df 5g\ d]f]c]f]f]b]l a]g]a]af]6 a]9l d]f]q]d]f k]e]f]j t /x]s]f] b]z]s]f]c]to]t]t] bu]d] s]o]f]f]n]l e]u]s]f ah]f]x;df n]ueu vfB]f]g]g}k]f]o]f]5 . o; l]q]sf !) l]h]n]f]x; c]k]o]f]t] vfB cfk]t]a]f]6 u]del/ ; kdf k]e]f]j t 5g\ o; l]q]sf () k]l]t]z]t]e]b]f a]9l h]l]uf af]e]m]f]5, y]f]p]k]f]bg x]6]5 j]f w]f]g, u]x]f/ ds]h: t]f vfB kb]y]f{p]k]f]bg x]6]5 .⁸⁸

⁸⁶ PS; g P8-g]k]fn] P; P-8]M]o]6]l]-0-0= @))\$. 8]M]o]6]l]-c]f]d]f g]k]fn] M]h]l]j s]f]k]f]h]g / vfB ; /Iff]sf]b]l]6]s]f]f]d]f . s]f]7]d]f]8]f]M]PS; g P8-g]k]fn] / P; P-8]M]o]6]l]-0-0=

⁸⁷ P]f]

⁸⁸ ; P]g, 8]l]j 8 / hu]g]fy c]l]ws]f]l, @))# . g]k]f]n]d]f a]a] / vfB ; /Iff . s]f]7]d]f]8]f]M]g]k]fn] u]f]d]l]of k]g]l]g]d]f]f ; :yf

s0ffhldf vfB ; \$6

o; e\udf vfB ; \$6sf] ; dfwqsf nflu vfBfg 9] fgl ug{ 9] fgl vr{df ; xlnotsf nflu /fli6 9s6lsf] 7hf] cz vr{ug[; /sf/l gltn] lg/tt/ tf kfPsf] 5 . pbfx/0fsf] nflu ha ; g\! (&% df s0ffhld c-rn klxn] k6s v8]laf6 k6f] t eof] . ; /sf/n] nfvf} ; k6fTo ; lfgdf hxfh / x]hsK6/sf] dfWdaf6 vfB 9] fgl ug{df vr{u\of] . ; /sf/n] v]lto]o hldgsf] pTkfbst] df ; wf/ Nofpgsf] ; \$f To]pkfo ckqPsf] lyof] . ha ; /sf/nf0{ ; Vvf k6f] t lfgdf vfBfg k\ofpg cfux ul/65, Toltahf a9L ldtJool / lbuf] ; dfwqsf] vfh] ul/g' kg] s/fsf] x\$sf /fvq' k5{ . lsgls o; n]hgtfsf] kof]t vfBfg k]ktsf] clwsf/nf0{ ; xof] u5{ . o; sf clt/Qm s0ffhld c-rndf o; /L 9] fgl ul/Psf] vfBfgnf0{3/h' /S; L agfpg k6f] ul/65 e6g] ; dfrf/ k]k xg] u/\$f] 5 .

/fHon]vfB ; /lff, eld ; wf/nf0{udel/ ; d:ofsf] ; kdf ln0{k6f] sf/L glt] sf] sfof] og ug] s/nf0{ vf; }Wbfg glbPsf] b]v65 . bz]k-rj il6 of]hgn] klg pQm ; d:ofnf0{dx]j lbPsf] b]v6g / of]eld / v]l]sf] ; wf/sf] ij ifodf df] 5 .

Pg-Pr-cf/=; l= g]kndf dfj clwsf/MPs cj: yf kljtjg @))# k[^^

s]s kl/jf/x;sf] alrdf cldNbf] eld lj t/Of, hldgsf] v08ls/Of jf 6bm] hldg, dn k6f] ug] cgkoQm / k/fgf] t/sf, k/fgf] s]f klj lw, af6]sf] cefj, l; ldt l; #f0\$] ; lj wf, bluf lx; fan] ePsf] hg; a\of a[4 cflb bl3\$fnlg ; d:ofx; n] ubf{ hgtfsf] kof]t vfgdf]ysf] kxFdf afwf k\ofPsf 5g\

>f\vnfa4 lj sf; of]hgdf ul/al lgj f/0fsf] nflu s]fnf0{k6v d2fsf] ; kdf p7f0b} cfPsf] ePtflg ah6 lj lgor]hg / s]f lfgnf0{lb0g] k]yldstf Psbd] ; ldt /x\$] 5 . kl5Nnf] !) cf]k-rj il6 of]hg h; nf0{kl=cf/P; -kl= klg eg] lrlg65, n] klg s]f lfgnf0{dx]j lbPsf] 5 . t/ g]knsf] vfB c; /lffsf] ; Argfut sf/0fx; nf0{ ; Daf]vg ug] 7f] k6f; xg ; s\$] 5g .

pkoQm cfj f;

cfj f; sf] clwsf/ g]knsf] ; Gbedf Ps leG jf 5\$} clwsf/sf] ; kdf lj sf; xg ; s\$] 5g . cfj f; sf] clwsf/ ; Da6w] sfgbl klj wfgx; n] gful/sx; sf] pQm clwsf/nf0{ ; dfj z u/\$f 5g\

g]kfn] cly\$, ; fdf]hs / ; f:s]ts clwsf/ ; Da6w] c6t/f6 60 cga6w -0P; =; l=cf/=nf0{!(()) df cgdff]g u/\$f] 5 . 0P; =; l=cf/= ; ldt]n] cfj f; sf] clwsf/sf] lj ifoj ; thf0{ ; dfj z u/\$f] 5 . h; dlw] ; dof] lwsf] sfgbl ; /lff ; j] f k]k]tL, ; / ; fdfgx; ; lj wfx; / k] fvf/, lsg ; lsg] a: g nfos, klg ; lsg] : yfg / ; f:s]ts cgshtf cflb kb5g\

cf^gf] kl]ta4tfnf0{k6f] sf/L agfpg g]kn ; /sf/n] cf^gf gltx; sf] ; Fl tof/ kf/\$f] 5, h; n] ; Dk0f{ hgtfsf] Ps cfw/et cfj Zostfsf] ; kdf a; f6f; sf] cfj Zostf k/f ug{ pkoQm Joj : yf / jftj /Of ldnfpg] / ; a)cfo- ; dxsf hgtfnf0{af; : yfg k6f] ug] h: tf ; j] w]lgs klj wfgnf0{ ; dfj z ub5 .⁹⁰ t/ tl gltx; nf0{Joj xf/df sfof] og ug] ; j] ndf ; /sf/ w] kl5 /x\$] 5 .

⁸⁹ 08, c:Ahf](@))@ . acly\$ / ; fdf]hs clwsf/A . l; df]f08\, hf]g:h -; kfbg_ . dfj clwsf/ M]cjwf/Off / :t/ . gof]bNnlMog]sf]k\$z . klj !##-!#\$

⁹⁰ Pd-Pr-kl=kl=!((& . Og Pr=cf/-6l-Pd=; l=; l=@)) ^ . g]kndf cly\$, ; fdf]hs / ; f:s]ts clwsf/sf] : yltaf/ gful/s ; df]hs]dlb^\$g . sf7df8f]Mdfj clwsf/ ; 6w] cgludg ; of]hg ; ldt

gkfnf cly\$, ; fdlhs / ; f:st[s clwsf/ Mcj:yf / kj]Q

cf7f)-k-rjifl6 ofhgf -!((!-!(^_ df /li6 a; f;f; glt tof/ ul/of] / To] a; f;f; sf] ; /sf\$ /nf0{ ; a;fvg ug] ; jndf o; k\$ /sf] klxnf] kof; lyof]. pOm gltx; n] a; f;f; ; Da6wl tTsfnlg -; g\@)) ; Dd_ dWbsfnlg -; g\@)^ ; Dd_ / bl3\$fnlg sfoqmdx; klxrfg ug] p2] o /fv\$ /lyof]. o; sf afj hb klg cfj f; sf] cfj Zostf kl't{ug] ; jfn ; ldt cfo ePsf kl/j f/x; sf nflu hl6n ; d:of ag\$] 5 .⁹¹ al-rt, ; f;f] lxlg, eldxlg / a] fxf/fx; sf] nflu cfj f; sf] Joj :yf ug{gltx; sf] cfj Zostf 5 . ; lj wfx; sf] afBkmfBdf xg]c; dfgtf cflbsf sf/ofn] ubf{cfj f; gltn] vf; u/L ; Sdaf; lx; nf0{ce} ; d;f;f; .

; g\!((! df ul/Psf] /li6 cfj f; gkl cg; f/ gkfnf sl/a cfwf -%) % kl'tzt_ 3/x; c:yf0{ k\$[tsf 5gV \$@= kl'tzt cwf:yfol k\$[tsf 5gV afB. c? :yfol k\$[tsf 5gV⁹²

eld; wf/

elddfysf] :j fldTj sf] d2f cfwf/e't ; kdf dfgj clwsf/sf] lj ifo xf] / o; n] gful/ssf] ; fdlhs ; /If, fofo / cfid; Ddfgnf0{ j sfnt ub\$. gkfnf] ; Cbedf eld; wf/ u/la / ; ldf;tsf hgtfsf] /fhg]ts, cly\$, ; fdlhs / ; f:st[s clwsf/ ; f hfl8Psf] 5 . eld; wf/ cfh lj sf; sf] nflu k] zt{ xf] / o; n] lbuf] lj sf; , ul/al lgj f/of, hljg: t/df a[4 / dfgj clwsf/sf] k] 4g\$ kof; x; df j :tut ; kdf ofubf g k'ofp5 .

blnt, cflbjf; L, ul/alsf] r k'ofdf k/\$f hgtf / dlxnf; sf] elddf kxF / :j fldTj 5g / ePklg yf] } dfq 5 . gkfnf] hg; a'wofsf] sh @\$= kl'tzt kof{ ul/al dlg afR/x\$ 5g\.⁹³ eld / cfosf] c; dfg lj t/of, cfwf/e't ; lj wf / k] f'f/sf] sdl cflb cfo t]j x; xg\ h; n] b'zsf] ul/alnf0{ a9fPsf 5g\ . tYof'a\$cg; f/ &) kl'tzt u/la ls; fgx; n] @% kl'tzt dfq hldgdfly :j fldTj /Nb5g\ . @% kl'tzt dlbd jul6 hgtfn] \$% kl'tzt hldg cfu65g\ eg] / % kl'tzt wgl ls; fgx; sf] #) kl'tzt elddfly :j fldTj 5 .⁹⁴ cfo lj t/ofsf] xsdf \$) kl'tzt u/la hgtfx; sh cfdbfqlsf] dfq !\$=@ kl'tzt cfu65g\ eg] dflNnf] ju\$ @) kl'tzt hgtf %#=\$ kl'tzt cfu65g\⁹⁵

gkfnf eld ptkfbgsf] dVo ; fwg xf] / zlQmsf] k/Dk/fut ; f;f] klg xf] . To; h] ul/al hldg, elddfysf] :j fldTj / o; sf] ptkfbg; f; uF, Psf] 5 . j] flgs eld; wf/sf] dfu ; w} ul/Psf] 5, h; n] ubf{ ; dfhsf tNnf] ju\$ dfq; x; nfe]lj t xg ; sg\ . lj utsf] eld; wf/sf kof; x; n] gkfnf hldf b0{ kl'tzt s[ts kl/j f/sf] d'xlofql xsnf0{ ; lglZrt ug] k'of sl'bbt /x} .⁹⁶ eldsf] k'oj] f/of l; ldt ul/of] / o; sf] kmf0bf j tdfq eldxlgnf0{ e'bf elddfnsx; nf0{ eof] . eld; wf/ kl5Nnf bzsd ; /sf/sf] dVo /fhg]ts / cly\$ d2f ag\$] 5 .

⁹¹ Pj
⁹² Pg=Pr=cf/=; l=@) # . gkfnf dfgj clwsf/sf] cj:yf; Da6wl kl'tj f;f;g
⁹³ o'Pg=8l=kl=@) % . gkfn ; x>f'bl lj sf; nlo k'ult lj j/of . sf7df8f] ; eOm /fi6x 3lo lj sf; sfoqmd
⁹⁴ sfl{ chg @) # . pb;f, hl=; lP=kl= /li6 u7a6wg, gkfn . @) % . s; sf nlox < ; x>f'bl lj sf; nlo kl't gful/s ; dfhsf] b'f6sf] . sf7df8f] ul/allj ?4 ; xsfo\$ nflu lj Zj Jofkl cfx]fg, gkfn .
⁹⁵ ; lj l=; =@) \$. gkfn hljg: t/ ; e[@) #; @) \$. -6f6l:6sn l/k'of . sf7df8f] s[bblo tYof'a\$ lj efu
⁹⁶ o'Pg=8l=kl=@) \$. gkfn dfgj lj sf; kl'tj f;f;g @) \$. sf7df8f] ; eOm /fi6x 3lo lj sf; sfoqmd . k]h \$ #

; 5Daf; lsf]j : tldfly clws[sf]:j fldTj

pbok'/sf] lqouf gu/kflnsfdf nfdf] ; do; Dd ; 5Daf; lx;n] kofu ub} cfPsf] hldgnf0{ dfnkft] clws[kldl0f kf]h / cf'gf]kl/jf/sf ; b:o Pj +yfglo hldgbf/ rqraxfb/ a:g]sf gdddf btf{ ul/of]. of]atf0Psf]5 ls, a:g]n]cfkthf0{pQm hldgsf]dfns agfPsf]df dfnkft] clws[nf0{7hf] /sd eQnfgl u/]. ha 36gf ; fj hlgS eor] pglx;n] :yfglo hgtf / ; #f/dfdbd; dl f cf'gf] if8o6qsf]af/df :j lsf/ u/].

sl/j !) j if{cufl8 a:g] kl/jf/ / ; 5Dj f;L alr pQm hldgsf]af/df em8k ePsf]lyof]. eldxlg kl/jf/n]lg/t/ emu8fsf]afj ht To; kl5 :yfol ;kdf To; hldgdf a; f;f; :yfkf u/].

csf[t/ ; /sf/n] sxl hldg eldxlgx;nf0{ pglx;s] 3/ agfpg] egl 5\$fof] h; sf] p2]o ; 5Daf; lx;nf0{kqaf{ u/fpg]lyof]. t/ !) 3/ dfq nllft ; dbfosf]nflu ag]eg]af5L ; a; /sf/L sdf/L, ef/tlo, ahfotl / gkfnl ; g]sf kl/jf/sf] gdddf ag]. pglx;n] pQm p2]osf] nflu cfjZos sfqbl Joj:yf ldnfpg 7hf]/sd ; /sf/L sdf/Lnf0{aemP . o; sf] nflu clws[n]cf'gf b0{lkognf0{p; sf]klfsf sfid ldnfpg eg] efof]. clws[kf]h]To; sf]af/df cfdnf]gf u/]. pgn]cem a9L To; sfof] ; #lg c? JoIQm;x]sf]sfid klq ; fj hlgS ul/lbP . pglx; lyP- hlgo/ clws[x; gf/fof v8sf / tf/f cfrfo{. lhNnf gkl clws[z]h] ; j] dl / pbok' lhNnf kzf; g sfofnosf Ps clws[.

kd'v lhNnf clwsf/L 8Nn' a:g]n] cf'gf] clkm; sf] clws[; #lg ePsf] s'/fnf0{c:j lsf/ u/ / ; #f/sdl{/ kl8t ; fd'cfkth]36qsf]lj :t] 5fgljg ug] / b]lfnf0{sf/jfxl ug]cfZj; g lbP .

sf]ltk' bqs, @& ; #/a/ @)) ^

; /f]sf/sf cfnf]rgf]ds klfx;

hljg:t/ Ps clwsf/ M plrt hljg:t/sf]clwsf/sf]af/df hg:t/df ; r]gf hufpg]sfo{x; Tolt xg ; s]f 5gg\

cfly\$, ; fdfhs / ; f:s[ts clwsf/sf nflu /fli6 dfgj clwsf/ cfofu M /fli6 dfgj clwsf/ cfofusf lqmfnsnkx; gful/s / /fhg]ts clwsf/df dfq ; lldt ul/Psf 5g\ cfofusf ultlj lwx; 0-P; -cf/=, l-nf0{; dgg]lbzdf cufl8 a9g' k5{jf km/flsnf]agf0g' k5{.

kl's[ts ; f]df kx'r M kl's[ts ; f]df kxF / gful/sx;s]alrdf o; sf] Gofof]rt lj t/of g}kof]t hljg:t/ ofkgsf kd'v t]jx; xg\ . hldg hf]g]df clwsfz blntx; / cflbjf;L ; dbfo /x]f 5g\ . o:tf]l:yldf s]f kof]hgsf nflu eld, hEn / cfj]zS ; f] h:tf plkfbgsf ; fwx;df kxFsf nflu glldf ; wf/ ug{clt g}cfjZos 5 .

v]ldf cfwlg]ss/of M s[fs ; dbfo g}o:tf] ; dbfo xf] h; n] kl's[ts ; f]sf] lj j]k0f{ ; Af0f, Joj:yfkf, kofu / ka4qaf6 o; sf] lbuf] kof]usf] ; Defj gfnf0{a9fpg ; S5g\ . klj lwsf] lj sf; / j] flgs Joj:yfkf ; xt s]f lq]sf]cfwlg]ss/of ul/g'cTofjZos 5 .

gkfn d f cly\$, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjQ

; ~hfn lgdf0f M ls; fgsf clwsf/ / vfB clwsf/nf0{ ; /lft ug\$f nflu gful/s ; dhsf] tkf6
; ~hfn] lgdf0f / tVok/s cg' Gwgsf] ul/g' kb5 . gkfn ; /sf/, gful/s ; dfh / ; fdbflos
; #7gx2n] hgtfsf] hljg:t/ ; wf/ ug{pglx2sf] alrdf ; ~hfn agfpg dxTj k0f{eldsf vlgk5{.

eldsf] lj t/Of M 7hf] dfqsf] hldgdly d7le/ dflg; x2sf] ks8 /x\$] 5 eg] 7hf] ; Wofdf /x\$] f
cfd hgtfx2sf]:j fldTj df Hofb}yf7}hldg /x\$] 5 . o:t] gldNbf] ; Argf kl/j tG xgk5{.

; 'enfj x2

- ; sDaf; lx2 / aDvnl; DaGwl sfgbx2 c:ki6 / ckofit 5g\ . o; ; Gbedf ; /sf/n] kefj sf/L sfgg / glitx2 agf0{nfu"ug{kb5 .
- kefij t u/la kl/jf/nf0{ ; /lft / ; lglZrt cfaf; sf] lof/06l ug{/ zx/L u/la kl/jf/nf0{cf'gf] ; /lft cfj f; sf] clwsf/sf] cge'tsf] nflu cwf/ kbfg ug{Ps glit tof/ u/L nfu"ug{k5{.
- /fli60 glitx2n] cgfj Zos aDvnl / a; faf; sf] clwsf/nf0{pNn^3g ug] vfnsf sDfsnkf0{ /\$g}kb5 . o; sf ; fy}tl glitx2df j t0fg ; sDaf; L j :t]sf] af; ; yfgsf] /lfnf0{ ; lglZrtf, kbj f{ sf] Joj :yf / x6f0Psf JolQmf0{ kofit lft kl't\$] Joj :yf cflbnf0{ klg ; dfj z ul/g' kb5 .
- ; a\$] nflu ; knf lkpg] kfgl / ; /; knf0sf] ; lj wf; DaGwl glitx2 tof/ u/L sfof] og ug{k5 .
- cflbjf; L hghltx2 / al-rt ; dbfosf] k]s[ts ; ff dflysf] kxFnf0{pkoQm sfggaf/f ; Af0f ul/g' kb5 .
- lglZrt sfgbl ; eGqaf/f vfB clwsf/nf0{ ; lglZrt ul/g' k5{. af]4s ; DklQsf] clwsf/, h:t} cflbjf; L / k/Dk/fut 1fg ; lxt s[fsx2sf] clwsf/ ; Af0f ug{Pp6f alnof] ; eGq lgdf0f ul/g' k5{.
- plrt hljg:t/ ofkgsf] x/\$ klf; E ; DalGwt 1fg / ; 'gfsf] ; sng / clen}yg u/L o; lqdf sfo{t ; /sf/L lgsfox2 / c6o ; /\$f/j fnfx2 alr lj t/Of ul/g' kb5 .

wf/f !@M

oyf; Dej pRr: t/sf]zf/ll/s / dfgl; s : j f: Yo pkef]usf]clwsf/

cj:yf

gkfnlx;sf]:j f:Yosf]:t/ blifof Plzof lfo}tNnf]:t/df 5 . of]vf; u/l dxnfx;sf]; j fndf ; To ; flat ePsf]5 . pRr afnd[o"b/ -kfF j ifd]gsf_ ePsf blifof Pl; ofnl dhSx; dWb] gkfn Ps xf]. gkfnfndf klt Ps xhf/ hllj t hddWb] *e hgfsf] d[o" xg] u/\$f] 5 .⁹⁷ To; df klg afinsf d[ob/ afns d[ob/sf] thgdf a9l /x\$]5 . klt xhf/ hllj t hdd\$af afnsdWb] *% hgf db5g\eg] klt xhf/ hllj t hdd\$af afnsdWb] *) hgf db5g\ ; x>fAb l] sf; nlosf]kult ljj/Of, /fli60 of]hg cfof] / oPg-8l-kl= sf]@))% klt j hgcg; f/ gkfnlsf]cf} t cfo' ^e-@ / afn d[ob/ kltxhf/df ^! -^! :-!)))- /x\$]5 .⁹⁸

gkfn]sf] dft d[ob/ klt b; xhf/ hllj t hddWb] &\$) /x\$] 5, h; cg; f/ gkfn l]Zj]sf] pRr dft d[ob/ ePsf bzx; dWb] kb5 . kto\$ @\$ hgf dxnfx; dWb]! hgf dxnf uef]:yf jf ; Ts]l xg] ahfndf d[o' xg] hllj ddf x65g\ . kto\$!) j6f hdx;df ! hgf dfq tflnd klt 8f56/ jf :j f:Yosdl{pknAw xg] tVon}/fHosf]:j f:Yo ; j f kbf]g ug[k]ta4tfsf]c; kmtfsf]; s] ub5 .

clwsfz ufldof lfo;x;df u/la hgtfsf] nflu :j f:Yof]krf/sf]; l]wfsf] ;kdf ; /sf/af6 ; #flnt :j f:Yo rfs]x; dfq pknAw /x\$] 5g\ t/ tl :j f:Yorf]s]x;df klg ; Ts]l xgk] { / ; Ts]le} s]k]5 cfjZos kg]; l]wf / dfgj ; f]sf]cej /x\$]5 .

l; ldt ah0, kfglsf] cfklt{/ 9n lgsf; sf]; d:ofn]ubf{ejg ddt xg g; Sg' h:tf ; d:ofx;nf0{ ; d]wfg ug{; l]Psf] 5g . tl :j f:Yo rfs]x; dWb] s] n !# kltzt; E l] Bt pknAw 5 eg]@ (kltzt; E dfq cfj fz ux; pknAw 5g\

Pr=cf0fel / P8\ l] :tf/} kdV ; d:ofsf] ;kdf bl]vPsf] 5 . l]Zj :j f:Yo ; u7gsf] Ps cgd]fgcg; f/ gkfnfndf %),)) e6bf a9l JolQm; Pr=cf0fel= / P8\af6 kfl]j t ePsf 5g\¹⁰⁰!) :j f:Yo d6qnosf]; [6]a/ @)^ ; Ddsf]tYof^scg; f/ sh &,* (\$ Pr=cf0fel=P8\ ; emldtx; dWb] %,%&\$ k?if / @,#@) dxnf /x\$] 5g\ P8\ nfu\$ JolQm; sf]; Wof b]zdf !,!&! -*%) k?if / #@! dxnf /x\$] 5 . ; g@)^ sf]; [6]a/ dlxgdf dfq @#! j6f Pr=cf0fel= / !(j6f P8\ ; emld0sf 36g]x; /\$8{ul/Psf lyP .¹⁰¹

⁹⁷ l] :; lcf] /f]6(-; kfbg_ @))% . ; f] on jfr l/kf]M/f; / x]l:k; { p?Uj]M0G:6Ro6f]b]6] { d08f]. k]h !!%
⁹⁸ c]s6f8 @))% . s] :68l cg gkfn -clt sd l]sl; t /f]6x; sf nflu @))!-@)! sf]bzssf]nflu sfo{of]hgfsf] d]l]bsf]lg l; x]n]s]gsf]to]l]sf]; Wof df cg]k]r]l/s l]Zj] j]j]_ http://www.unctad.org/en/docs/ldemisc20063_en.pdf .
(dfr{@))&
⁹⁹ P]j
¹⁰⁰ http://www.searo.who.int/en/section313/section1523_6867.htm . 8fpgn] ul/Psf]ldit M! dfr{@))&
¹⁰¹ P]j

gkfnf cly\$, ; fdlhs / ; f:st s clwsf/ Mcj:yf / kjQ

em08}*) ,))) gkfnlx; lfo/fuaf6 kefij t /x\$ 5g\eg]kto\$ j if{(\$,%))) gofJolQm; o; af6
kefij t x65g\ . kto\$ j if{slDtdf !%,))) gkfnlx;sf] lfo/fuaf6 d["x65 .¹⁰² Ps clvoga6 s]
s/f k\$zdf cPsf]5 eg]gkfnf]sl/a !\$ kltzt hg; ^a\of sg}g sg}lsl; dsf]dfgl; s /fuaf6
; tfoPsf 5g\ gkfnf & lhNnfdW]hDdf !) lhNnfd dfq dfgl; s /fusf]pkrf/sf]; lj wf 5 /
hxfDdfgl; s lj/fdlsf]nflu s]n !\$ j 6f z6fx;sf] Joj :yf 5 . kg:yfkgf s]b; ; lxt lghl
lfn]dfgl; s lj/fdlsf]nflu sl/a ^) z6fsf]Joj :yf ug{; s\$]5 . o; sf]cy{hDdf @ s/f\$ \$)
nfv hg; ^a\ofsf]nflu hDdf !(\$ z6f dfgl; s /fusf]pkrf/sf nflu Joj :yf ul/Psf 5g\

dfgl; s lj/fdlx;sf]pkrf/sf]nflu dfgj ; ftsf]cefj csf]; d:of ag\$]5 . b0{s/f\$ \$) nfv
hgtfsf]nflu dfq @% hgf dgf]fu lj zif1 -Pshgf dfq dlxf_ 5g\ ¹⁰³ gkfnf sfd ul//fv\$ (\$
c6t/f60 u}; /sf/l ; yfdW]hDdf ! dfq ; yfn]dfgl; s /fusf]lfn]df sfd ub5 .

hDdf \$) kltzt ctofj Zos cflw; dfq bu6 lfn;df pknAw u/f0Psf]5 . o; sf]nflu dVo
afws eg\$]kof(t tfindk(t dfgj ; ftsf]sdl, oftfofsf]c; lj wf / cflw e08f/0f ugdf c; lj wf
cflb /x\$ 5g\

:j:f.Yosf]d2fnf0{/fhosf]glltdf ; dfj z ul/Psf]5,¹⁰⁴ h; cg; f/ /fhon] ; a) lfn]sf hgtfsf]lz lff,
:j:f.Yo, oftfoft, cfj; / /fuf/l h:tf cfw/et s/f]sf]lj sf; u/l hg; fw/0fsf]hljg:t/ a[4
ug5 . w]}sfgbx; , cfj lws of]hgx; , glltx; / cf0=; L0P; =; Lcf/=sf klj wfgx; , hg sfgbsf]
; kdf nfu'x65g\ ; /sf/sf]tkaf6 ag\$ 5g\ ; a)k\$ /sf Joj :yfkgsf]afj hb To:tf klj wfgx;sf]
sfof]og klw]}g}sdhf] ePsf]5 . h; sf]kl/0fdfs] ; kdf gkfnl hgtfsf]j:f.Yo l:ylt sdhf]
afg ku\$]5 .

; /sf]sf/sf cfnf]rgf]ds klfx;

s]bls[;]f M gkfnf :j:f.Yo; Da6wL ;]fx; s]baf6 lgo6qt /x\$ 5g\ . :j:f.Yo ;]f; Da6wL gllt
lgdf, sfof]og / ; kl/j]f0df :yfglo hgtf / ; dbfosf]Psbd}og ; xeflutf /x\$]5 .

lghl lfn]sf]Joj:yfkg / lgodg M lghl lfn]af/f ; #flnt :j:f.Yo ; yfx;n]kbf]ug[;]fsf]:t/ /
plrt ;]f zlls cflbnf0{lgodg / ; kl/j]f0f ul/g' k5{ h; n]ubf{ltglx;n] ;]fuf]lx;sf]
cfj Zostf / :t/ cg?ksf]sfd ug{; sg\

dfgl; s :j:f.Yonf0{]f:tf M /fhon]hgtfsf]dfgl; s :j:f.Yonf0{]f:tf u/\$]5 . zf/l/s :j:f.Yosf]
lfn]f0{dfq Wofg kfof0g]u/\$]5 .

; he :j:f.Yo ;]fx; M ; /sf/n]dfgl; s /fu/ / ckfEx;sf nflu 5\$}:j:f.Yo glltx; to ugk5{.
al-rt ; dbfonf0{lghl c:ktfn / ; yfx;df kxF kfofpg sbdx; rflngk5{/ /fhon]bu6
lfn]x;df kl; :j:f.Yo ;]f lj :tf/ ug{k5{.

; s[t / :j:f.Yo M :j:f.Yo / ; s[tsf]Ps cfk; df cfof]ofl>t ; Da6w /x\$]x65 . xfdlsxf:F:j:f.Yo
pkrf/sf]; fwsf] ; kdf hgtfn]cgz/0f u/\$]w]}?I9j fbl cEof; x; sfod /x\$ 5g\ gkfn h:tf]
dh'ssf] ; dhdf o:tf c6t/; Da6wsf]lj zif dxTj 5, hg wld\$ ulyx;df pln]vt u}sf]gl
df6otfsf cfw/df ; #flnt ePsf x65g\

¹⁰² u?^, u0fz @))) . ej B]zs /f]u/l]sf]9fFf / kjf; l >ldssf h]vdx;E. sf7df8f]Mgkfn 0IG:6Ro6 ckm8fnkd]6
:6l8h

¹⁰³ www.searo.who.int/en/section313/section1523_6867 . ! dfr{@})&

¹⁰⁴ wf/f #% -!_ gkfnf]c6t/d ; ljwfg, @))&

; 'enfj xz

- :jf:Yo pkrf/sf]clwsf/nf0{; jwflgs / sfgbl klj wfgáf/f dflns clwsf/sf]z kdf dfGotf kþfg ul/g' k5{.
- nfd] ; dob]v dfgl; s /f]uaf6 ; tf0Psf dfgl; s lj/fdlsf]pkrf/ / kg:yf]kgfsf]nflu u}; /sf/L f]nf0{k] ; fxg, ; fd]h / ; xof]u ul/g' kb5 .
- j tdfg ; fdfco :jf:Yo pkrf/ ;]fsf] ; Argfleq dfgl; s /f]usf]pkrf/sf] ;]fnf0{klg ; dfj z ul/g'k5{/ afxð :jf:Yo ;]fsf]z kdf /x]f]dfgl; s /f]usf]pkrf/ ;]fnf0{l] : tf/ ul/g' k5{.
- bl3/f]u ePsf lj/fdlx]sf nflu GogQd dNodf ;]f kþfg ug] ; fdbflos kg:yf]kgf ;]f s]b]x] b]zel/ :yfkgf ul/g' kb5 .
- :jf:Yo lf]gsf]lj sf; sf]nflu efl]ts ; Argfsf]lj sf; , lj : tf/ / ; fl]sf]lj t/0fnf0{a9f0g' kb5 .
- :jf:Yo lzlf / ; do-; dodf /f]u kl]t/f]ys vfl]x] ; j { fwf/0fnf0{kþfg ul/gk5{.
- ; fwf/0f /f]u / :yfglo :t/df k]ing] dxfdf/l]sf] pkrf/ ; lj wfsf] ; lglZrttf ul/g' kb5 .

IzIffsf]clwsf/ / clgj fo{zIffsf]oj : yf

cj : yf

gkfn, cly\$, ; fdlhs / ; f:s[ts clwsf/ -0P; =; l=cf/= sf] klf /fi6«ePsfh] o; n] dflg; sf] JolQmij lj sf; sf]nflu / cfd; Ddfgsf]nflu dfgj clwsf/kl]tsf]; Ddfgnf0{alnof]agfpgsf]nflu / cfwf/e't : j tGqtsf]nflu k]o\$ JolQmsf]IzIffsf]clwsf/nf0{k} {cfj Zostfsf] ; kdf lng kl]ta4tf JoQm u/\$f] 5 . cem o; n] pkoQm dflbdaf6 ; a\$sf nflu ; a{ he æclgj foÆ / æglMzNsÆ kfylds IzIff pknAw u/fpg]/ vf; u/L lglMzNsM IzIffsf] k]ltzln sfot]j ogsf]nflu kl]ta4tf hfx] u/\$f] 5 .¹⁰⁵

; g\ (() sf]/fhg]ts kl/j tG; E}gofFr/Ofsf]IzIff gl]tn]k] z kfof]. !((() sf]; ljwfgn]IzIffsf] clwsf/; DaGwl lj Zj Jofkl dfgotfnf0{; lglZrttf k]fg u}of]. To; u/L 5fxfx;sf]nflu / cG al-rt ; dbfosf]IzIffsf]nflu ldnbf]gl]tx;nf0{k] ; fxg u}of]. To; u/L !) cf}k-rj i]lG of]hgfn]æ; a\$sf nflu IzIffÆ eg]efj gsf ; fy IzIff; DaGwl of]hgfnf0{cuf]8 ; f}of]/ /f]hosf]GogQd ; flf/tf b/ / blnt, dlxnf, cflbjf; [hghflf / ckfEsf]IzIffdf Gog kxF cflb; E h]lg]pb\$]f u}of].¹⁰⁶

ol ; a kpf; sf]afj hb IzIffkl]tsf]cfsif] a9y ; sG ., k5fl8 klf/Psf ; dbfo / ef]u]ns ; kdf blu a:tlx;sf]IzIffdf kof]t kxF /xg ; sG . u]ldOf / zx/L I]sf]vf8n cem km/flsnf]aGof]. kfylds / dflb]lds IzIff lglMzNs 3f]f]off ul/Ptf klg u]ldOf e]sf hgtfx; pQm ; lj wfaf6 al-rt /xg kl] lsgls ul/alsf]sf/Of pglx;df lsf]a, l; ; fsnd, :6z]g/L ; fdg, k]z]s / k/Llf z]ls Itg]lfdtsf]cefj lyof].

; /sf/sf]; g\@)!% leq ; x>flbl lj sf; , h; cg; f/ lj Zj Jofkl kfylds IzIff k]t ug]of]hg w]} k5fl8 k}of]. /fi6 off]hg cfof]sf]Ps tYof^s cg; f/ kfylds IzIffsf]nflu lj Bfno egf{b/ ; g\ @))#÷)\$ df hDdf &@ kl]tzt /Xof]/ j:f:tlj s jflif\$ egf{b/ eg]df }=*\$ kl]tzt /Xof]. of] ultaf6 ; g\@)!% df kfylds I]df lj Bf]l}egf{!)) kl]tzt k}ofpg]nlo xfl; n ug{ ; lsg]5G . To; h]of]sl/a &*=(* kl]tzt /xg]5 .¹⁰⁷

; g\@))! sf]hguOfgcf; f/ gkfn]sf]; flf/tf kl]tzt %&=\$ kl]tzt lyof]/ To; dWb]dlxnf ; flf/tf \$@% kl]tzt / k?if ; flf/tf ^%=! kl]tzt lyof].¹⁰⁸ o; af6 dlxnf;sf] ; flf/tf kl]tzt df pNn]o al4 ePsf]kf0G5, hg ; g\>(*! df en08)!@ kl]tzt lyof]eg]; g\@))! df cfP/ of]#\$ kl]tzt df cf0ku\$]lyof]. o; cj lwdf dlxnf / k?if ; flf/tf alrsf]km/s sl/a p:t:p:t}/xof] cyf\@@ kl]tzt .¹⁰⁹ r]w j if]lgsf s]lx; lj Bfno egf{xg] qmd p]l pd]sf s]fx; ; /x g}/Xof]. tyflk s]lx;sf]pd] a9b} h]f] lj Bfno egf]/df x]; cfPsf]5 . km:j ; k dflb]lds / pRr dflb]lds IzIffdf s]fx;sf]; Wof clws /x\$]5 .

¹⁰⁵ wf/f !#, 0P; =; l=cf/=
¹⁰⁶ oPg-8l=kl=@))\$. gkfn dfgj lj sf; kltj }g @))\$. sf7df8f]M ; eQm /fi6x 3lo lj sf; sfoqmd .
¹⁰⁷ hl=; lP=kl= /fi6 u7a6wg, gkfn . @))% . s; sf nlox; < ; x>flbl lj sf; nlo klt gful/s ; d]hsf]b]l]6s]f] . sf7df8f]M ul/allj ?4 ; xsfo\$ nflu lj Zj Jofkl cf]x]g, gkfn . k]h !^
¹⁰⁸ ; l=alP; =@))! . /fi6 hguOfg . sf7df8f]M s]blp tYof^s lj efu
¹⁰⁹ oPg-8l=kl=@))\$. gkfn dfgj lj sf; kltj }g @))\$. sf7df8f]M ; eQm /fi6x 3lo lj sf; sfoqmd .

blnt ; dbfosf] tkfaf6 lzlf Ing] sfo{/fi60 cfftecbf sd /Xof]. blnt hg; a\Xofsf] -!@=(
 kltzt_d\Wb]em08}b0{ltxf0{; flf/ 5gg\ o:tf]cj:yfsf]nflu Jofkt ul/al, ; ftdlysf]kxfsf]sdl,
 a7fhuf/L / o:t}cGo w7}sf/Ofx2 lhDd]f/ /x\$ 5g\ t/ ; aebf 8/nflbf]s/f of]5 ls, /fHoaf6
 lzlfdf kkt xg]cgbfagaf6 xg]fg]JolQm2n]dfq km0bf ln0/x\$ 5g\ . /sf/n]Pd2L2LP;= sf]
 5fq] Qdf blnt ljBfyl2sf nflu !) kltzt cf/lf0sf]Joj:yf u/\$]5 . t/ To; d\Wb]f klg s]n
 \$!% kltzt -% hgf blnt ljBfyl2kPsf 5g\eg]af5L %*# kltzt -& hgf_ u7blntx2n]g}
 pkef] u/\$ 5g\.¹¹⁰ pkoQm cgludg kffnlsf]cej / ;/sf/sf]j]f:tfsf sf/Of o:tf vfnf
 b2kofunf0{/f]g ; lsPsf]5g .

cfbjf;L hghf]x2sf] alrdf klg ; flf/tfsf] b/ /fi60 cfftecbf tn g}blvPsf] 5 . sl/a
 #,%@,))) gkfnl :gfts / :gftsQ/x2 d\Wb]hdhf *-& kltzt cfbjf;L 5g\¹¹¹

tfnf # M lzlf sf]:t/

; flf/ tf jf lzlf sf]:t/	@))!	
	k?if	dlxnf
sh ; Wof xhf/df	(%(#	(^^#
lg/lf/ kltzt	#\$=#	%^=*
; flf/	^%=!	\$@=%
lzlf kkt jf ; flf/tfsf]:t/ kltztdf		
:sh ghfg]	*=%	(@
kfyds lzlf Ing]	#(=#	\$%=(
dflblds	#)=*	#)#
P; Pn=; l=	(^	*=!
kdf0fkq tx / dfl	!)=&	%#

; f]M MoEs 2001a 2001b in UNDP Nepal Human Development Report P. 173

gkfnlsf nflu lglzls dflblds lzlf kkt ug]s/f 6f9fsf]; kgf dfq ag\$]5 . ufdlof lq]sf]cj:yf
 t emg}lg/fzfhgs /x\$]5 . bu0 lq]sf clwsfz upk2df ljBfnof 5gg\ / tl upk2df
 afnafnfx2n]:sh hfg / cfpq w7}; do vr{ug{kbf5 .

ufdlof kl/jf/x2df Jofkt r/d ul/aln]ubf{lzlf cfhgdf dVo cj/f] ag\$]5 . pglx2sf]nflu
 ljBfno k7fpg' eg\$] pglx2sf]hlj sfkfhgsf]nflu cltl/Qm cf0bfgl Toflg' ; /x dflg5 . o:tf
 sf/Ofn]ubf{w7}cljefj sx2 cf'gf afnafnfnf0{pglx2sf] rfxgf cg' f/ ljBfno k7fpg c; lfd
 5g\

; z:q aCasf]c;/ z]fs lq]df cem ude/ /x\$]5 . sl/a #%) ljBfyl{/ sl/a !%) ljBfno
 lzlf sx2n]cf'gf] Hofg udf0; s\$ 5g\¹¹² eg] aCaaf6 kef]j t eP/ w7]hgf lj:yfkt ePsf 5g\
 ljBfnf0{bafpg]gfd / kltzlf]f]ds ljBf]sf sf/Of dfcf]fbl / ; /lf km]n]s0f]ljBfnof2nf0{
 cfqmdof u/L Wj:t kf/\$ 5g\ . To; cj lwdf s0f]ljBfnof2nf0{ha/h:tl agb u/f0of]eg] s0f}
 ljBfno klf0fnf0{pglx2n]c:yfol lzlj / agfP . pglx2n]lzlf / ljBfyl2nf0{atbl agfP / kl8f

¹¹⁰ lb lxdfnog 6f0D; , @@ l8; l]a/ @))#

¹¹¹ oPq-8LkL=@))\$. gkfn dfgj]sf; kltjlg @))\$. sf7df8f]M; 0Qm/fi603lo lj sf; sfoqmd .

¹¹² www.inseconline.org 8fpgnf\$ ul/Psf]ldit M& dfr(@))&

gkfnf cfly\$, ; fdlhs / ; f:st[ts clwsf/ Mcj:yf / kjQ

lbP . ; g\@))# ; Dddf blu(lhNnf; df oftgf, clglR5t a6bl / lx#faf6 pDsg sl/a #,)))
lzlfscn]cf'gf]kzf 5f\$] h; af6 !,))))) ebf a9l lj Bfylf0{ktoIf kefj k'of].¹¹³

of]qmd lj bksf]cGo xg]ahf; Dd sfod /Xof] h; n]lj Bfylk; sf]dfgl; stfdf cft^as, 30ff / 8/sf]
gsf/flds 5fk 5f\$of]. lj Bfno ej g gi6 ug]sfd klq 8/nf]bf] ; kdf eP . 0G; \$sf]kljtj dg cg; f/
; g\@))% df dfq sl/a @\$ j6f lj Bfno ej gx; gi6 ul/P .¹¹⁴ o; n]z]f]s j ftj /Ofnf0{k0f{; kdf
lj gfz u/af]. ; fy]lj z]fu/L o; n]afnafnsdf 7hf]gsf/flds c; / k'ofof]. gkfnf]elj io uDe/
; kdf 3]fleg k/\$f]5 .

kflyds lzlf MPs 6f9fsf]; kgf

b]hvf lhNnf, lhl/sl lskfn]z]k\$]hljg lqd(sl7qf0{el/Psf]5 . pgl ; ft ; b:olo Ps u/la
kl/jf/sl Ps ; b:o xg\ . lskfn] E cf'gf]kvfhl ; DklQ ; lxt s]n \$ /f]gl hldg /x\$]f]5 . pQm
hlufaf6 kkt c]dbfgln]pgsf]kl/jf/nf0{! dlxgsf]nflu v]fpg klq klbg . To; h] pgl blgs
dhb/L ug{af]lo 5g\ . lhNnf l]sf; ; ldltn]Gottd Hofnf !%) ; k'ofFt\$]ePtf klq pgn]^)
blv &) ; k'ofFefbf a9l kfbg\ . lskfn]Ps l; kfn' 8sdl{xg\ hf] cf'gf bM/b cgej o; /L
atfp5g\msfd kfgsf]nflu eflloefgl xgk5{lsgeg]d h:t}cGo w]}JolQm; cen]a]huf/ 5g\
xfl; E c? lj snk 5q, To; h]/huf/btfsf]h:tf]s}zt{klq :jlsf/ ug{k5{. dh]h]sfd e]665
Toxl ug{k/\$]f]5, lsgeg]dh]To; af6 cf'gf]uhf]6fg{k5{.A

æcf'gf s]fs]nf0{s; /L lzlf lbg]eq] d w]}lrl{tt 5' . af/Ldf w]}pAhgl x6q . xfd] cfly\$
l:yit emg\emg\sdhf] a6b]uPsf]5 . xfdl slxn\$fl uxfrdn h:tf v]Bf]gx; c? 7f]df
; /sf/n]afB\$]va/ ; 6f]. t/ To:tf ; xof]x; xfdlsxf]s]lNo}cf0ku]g\ . dh]; /sf/n]kflyds
lzlf lq]z]Ns u/\$]s'/f ; b\$]f]5' . t/ xfdln]cen]eqf{lstfa, snd / k/Lff z]Ns c]fb Aoxf]k/\$]f]
5 . To]x]fd]atfebf af]x/sf]s'/f xf]. olb d]f gfglx;n]c? ; /x k9q]df\$ kP eg]pglx;n]x]fd]
hljgdf kl/j tG Nofpg ; S5g\A

of]syf lskn]z]k\$]dfq x]q . pgsf]kl8fn]lh/Lsf w]h; f]:yfglo hgtfnf0{kltlglw]j ub5 .

hlSofk-gkfn, @))% . s; sf nlox; < ; x>f]bl l]sf; nlok]t gful/s ; dfhsf]w]/of . sf7df8f]M ul/al lj?4
; xsfo\$ nflu lj Z]Jofkl cfx]fg gkfn .

; a\$] nflu lzlf]sf]nlo k]ktsf nflu xfd] cu]l8 cen]w]}; d:of / rgf]lx; t]; Psf 5g\ . z]f]s
Joj:yfkg, uOf:t/ ; f]ble\$tf / kxF c]fb o; l]q]sf s]k d2fx; xg\ lzlfdf ; km kl/Ofd xfl; n
ug{hft, lnE, hft, lf] / cfly\$ cj:yf c]bsf cfwf/df lj eflht ; dh] cfh tuf/f\$; kdf /x\$]f]
5, h; nf0{lgd] ul/g'k5{. ol ; Dk0f{; d:ofsf sf/Of ; a\$] nflu lzlf]sf]lj Z]Joflk nlo xfl; n ug{
/ xfd]h:tf]b]z]sf]nflu rg]t ag\$ 5g\ xg t xfd]b]z]sf]c]t]/d ; ljwfgn]pxl k'/g}z]h]nf0{
b]k]ofPsf]5- æk]o\$ gful/snf0{/f]hoaf6 sfggdf Jofj:yf eP ad]h]nd d]w]lds tx; Dd lq]z]Ns
lzlf kfg]xs xg\$.¹¹⁵ ha; Dd dily p]n]vt d2fx;nf0{; af]vg ul/bq / kef]sf/L sfgg agf0{
sfof]j og ul/bq, o:tf egf0{dfq xf:of:kb ukm ag]5g\

¹¹³ http://www.omct.org/pdf/2006/intl_conference2005/11_3_Nepal_general_evaluation.pdf 8fpgn\$ ul/Psf]
ldlt M& dfr(@))&

¹¹⁴ 0G; \$, @))^ . gkfn dfgjclwsf/ jif{k:ts @))^ . sf7df8f]M cg]krf]l/s lf] ; j]f s]b|

¹¹⁵ wf/f !#, gkfnf]c]t]/d ; ljwfg, @))&

gkfnf cly\$, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjQ

; dx; Dd ku\$] ; lglZrttf kbfug ug{ uNtl ugk jf b'eko'u ugk nfo{ Gofosf] s73/fdf pEofpgk5{.

- aflnsfx; sf]z]fs :t/ psf:g jf pglx;nf0{lzlff cfhg ug{k]; flxt ug{; /sf/n]Ps lj z]f z]fs cgbfgsf]JoJ :yf ugk5{. u/la cleefj sx;sf] lkt[Qfids ; f / ; #sf/nf0{kl/j t; ug{/ pglx;nf0{5f]lnf0{klg plQs}klyldstsf ; fy lj Bfno k7fpg k]; f; f; u/fpg ; /sf/n] Ps k;fj sf/l sfoqmd nfu"ug{k5{.
- u/la hgtfsf] cfbfgl / /fhuf/lstf] cj ; /sf] cej sf sf/of alrdf lj Bfno 58gk/\$f] / cleefj sn] cf^gf] aRrfnf0{ :sh k7fpg g; s\$] cflb sf/ofnf0{ lj rf/ u/l ; /sf/n] u/la hgtfnf0{nllft u/ pglx;nf0{cfocfhg xg]j \$Nks sfoqmdx;sf] kxn ugk5{. h; n] ubf{ u/la hgtfn]klg cf^gf afnafnsfsf]nflu lzlfssf]JoJ :yf ug{; s; \
- lj Bfnof;nf0{azflGt lq; 3fljft ul/gk5{/ lj Bfno xftfleq ul/g]; Dkof{/fhg]ts ultljwnf0{ lgin ul/g' kb5 . ; fj hlgS lj Bfnof;nf0{ uof:t/lo lzlf kbfug ugk5 . To; sf nflu lj Bfnof;nf0{df kofkt blf lzlf sx; , e]ts ; Argfx; / ; /; kn0sf pkfox; clgj fo{ kdf JoJ :yf ul/g' kb5{.

wf/f !% M

; f:#s[ts hlj g, j } flgs cg'; Gwfg /
/rgfTds lqmfnsnfksf]clwsf/

cj:yf

kg:yf[kt kl|lgw ; efn]gkfnf0{Ps wdkg/k]f /fHo egl 3f]f0ff u#of]. pQm 3f]f0fn]cfd hgtfsf] efjgfnf0{ ; Ddfg u/]fklg b#zdf To:tf ; fdf]hs cEof; x; 5g\ h; n] ; dbfox;sf ; f:#s[ts dfgotfx;nf0{ k]olf ; kdf cj/f]w k#ofPsf 5g\ . hgtfsf] ; f:#s[ts hljgdf efu lng kfp] clwsf/nf0{vf; u/L ; z:q a#asf]; dodf Jo]ks ; kdf pln^a3g ul/of]. w})o:tf 36g]fx; ; flf 5g\ hxfFcfkntsf]d[odf z]f]sh ePsf s#g kl/jf/x;nf0{d[;ssf]cl]td ; #sf/ jf s]h]qmf ug{ ; d]af6 al-rt agf0of].

; g\!() sf]; l#wfgn]; f:#s[ts clwsf/nf0{cfwf/e't clwsf/sf] ; kdf kl/eflft u#of]. ; g\@))& sf]c]t/d ; l#wfgn]t cem cufl8 a9] effif, ; #s[tf, lnk, ; f:#s[ts ; Eotf / k/ftfl]s ; Dkbf cflbsf]; Af0f / ; Da4g ug]clwsf/nf0{sf]ggtM uof/06l u/]f]5 .¹¹⁶ t]kg To:tf ; j#wflgs / sf]gl dfgotfx;nf0{ Joj xf/df sf]of]og ug{ ; l]Psf] 5g . ; #s[tf jf k/Dk/fsf] g]ddf blnt / dlxnf;nf0{cem]klg kl]8t agf0Psf]5 . u#blntn]; /x ; f:#s[ts clwsf/sf]pkef]u ug{blntnf0{ kl]ta#w ug]rng cem]5 . sf]gn]; d] blntnf0{e]e]efj u/]f]5 . cem]o:tf w})lj e]sf/l sf]g 5g\h:tf] dh]l P]gsf]efu !) -s_ c]t/ut lj]jw e]g]dxn . To; u/L dlxnf; klg w})lf]df ; /rgfut lj e]sf]l]zsf/ agf0Psf 5g\ . Ps cl#wogaf6 s]s/fsf]vhf; f ePsf]5 eg] cem]Ps ; oe]bf a9l o:tf sf]gl k]jwfgx; 5g\h; n]dlxnf;nf0{e]e]efj ub5g\¹¹⁷ ; f:#s[ts clwsf/sf] Joj:yf klg c]k; #osx; / hgh]tsf]xsdf sf]of]og xg ; s]f]5g, vf; u/L pglx;sf]cf'g)effif k]of]u ug]; Da6wdf .

dlGb/sf]lj jfbdf %) blntx; 3f0t]

l]bkfon . ; g\@))& sf]!& ; #6]a/ cf0taf/ rf/ bh]e]bf a9l blntx; u#blntsf]cf]qmdOfaf6 3f0t]ag]. u#blntx;n] pglx;nf0{:yfglo z]h]j/l dlGb/df k]z u/]f]cf/f]k]df cf]qmdOf u/]f]lyP . 3f0t]dlw]!% hqfsf]l:y]t u]el/ lyof]. To; cf]qmdOfdf blnt dlxnf ; d] 3f0t]ag].

; ft /fhg]ts bnsf kl|lg]w; dcf]f]bl, gful/s ; dfh / lh]nf k]z; gsf]ut xk]tsf]blntx;nf0{lh]nf k]l/L sf]of]nosf]lgu/f]g]df dlGb/ k:g lbg]; xdtl cg; k pglx; To; lbg To; dlGb/df k]z u/]f]lyP . lh]nf k]z; g dlGb/sf]khf/l; E pglx;nf0{dlGb/ k]z ug{cg]dt lbg]; jfndf Ps ; xdt]df ku]f]lyof].

t/ 36g]l3gn]ub]a]of] ha u#blntx;n]blntdfly cf]qmdOf u/]s]l hftlo lj e]sf]lj?4df sf]d ug]; u7gx;sf sf]of]odf t]f]k]f] u/]. pglx;n]8f]lsf]; d lj sf; sf]of]no / blnt dlxnf ; 3sf]8f]l zlvfsf sDk]b/x; t]f]k]f] u/ / sf]of]nosf sf]uhkq 89fP . pQm ; d]x]n]kqsf/x; / clwsf/sdlx;nf0{klg cf]qmdOf u/].

¹¹⁶ wf/f !& #, gkfn]sf]c]t/d ; l#wfg, @))&

¹¹⁷ Pk#8ANo'Pn-8l=@)) ^ . gk]fndf lj e]sf]l sf]g]x; / Itgsf]dlxnf;df k/]f c; /x; sf]ck]8. sf]df8f]M dlxnf, sf]g / lj sf; sf nflu d-r

gkfnf clyš, ; fdlhs / ; f:s[ts clwsf/ Mcj:yf / kj]Q

lhNnf kzf; g sfofhosf] j]f:tf sf/Of u}blntn] blntsf] 6fpsf] kmf] . blnt Plss[; 3if
; ldltsf ; 0fhs wdl[* ljZj sdrh] atP . apQm 36gdf kzf; gn] klTlgw; efsf] 3f]f0ffnf0
sfof] og ug{grfxg]/fhf ; dlyt t]j x2nf0{dgk/L ug{5b lbof]A pgn]yk hfB lbP .

pQm ; dXn]kqsf/x2 ldg jfd, 6\$Qb|b]j f, /fd a= afx/f / l; l4/fd pkf]lbfonf0{cfqmdOf u/] Pp6f
Sofd]f ; d] hkmt u]. pglx2n] kfF kx/Lx2 l8-P; =kl= df]L l; * wfdlnf0{ ; d] 3f0t] agfP .
kx/Lx2 pglx2n]lhNnf kzf; g sfofnodf 9Ef xgl t]BkmfB ul/xsf]a]hf /f]g v]lbf 3f0t] agsf
lyP .

pQm t]BkmfBsf/L ; dXn]/fhfsf]klfdf / ; ftkf6L{/ kqsf/x2sf]lj?4df gf/f nufP . gdfs hftlo
lj eB lj/n]l ldl8of ; ~hfnst?kdf sfo{t hfU/Of ldl8of ; [6/n]Ps lj 1ktl dfkmt\ ; /sf/; E pQm
t]BkmfB ug] ; dXnf0{sf/j fxL / kl8tnf0{lfkt'kt'sf]dfu /f]of].

o; n] :yfglo kzf; g o; /L k]oIf 2,kdf sfqgsf] pNn^Sg xEf dVbz\$ agsf] egl kzf; gnf0
cf/f]kt u}of]. jQmlo cq; f/ l; nu9l ahf/df tgj ; [hgf ePsf]5 . blntx2 cf gf] :yfg 5fBsf
5g\,of t ; dXdf nSg a]lB 5g\ xfdlx2, pglx2sf] ; /f]fsf]hfBbf/ dfu ub5f]t

lb sf7df08' kf]6, !* ; [6]a/ @))&

; /f]sf/sf cfnf]rgf]ds klfx2

lj eBsf/L sfqgx2 M ; fdlhs hljgsf lglZrt l]qsf nflu cem]lj eBsf/L sfqgx2 lj Bdfg 5g\
pbfx/Ofsf]nflu dhsl Pq efu !) -s_sf]lj lw ; DaGwl dxndf ; dfg ; :s[t dfG] hgtfx2 alr
lj eBsf]j sfnt ub5 .

b08÷; hfo M ; f:s[ts clwsf/ xgg ug2nf0{ b08xlgtfsf] cj:yfsf] sf/Of o:tf 36gxf2n]
lg/Gt/tf kf0/fv\$ 5g\ . o:tf ; fdlhs ck/fwx2nf0{/f]g]lj z] sfqgx2sf]cefj cfh ubel/
Wbfgsfif]sf lj ifo agsf 5g\
sfof] og M sfqg lgdff / gllt lgdffsf sfo2 hgtfnf0{ jf:t]j s 2kdf pglx2n] ; f:s[ts
hljgsf]cEof; ug{; S5g\efg]s/f]cgelt lbnfpg kofft 5gg\ alnof]sfof] og ; 0Gq ; lxtsf]
Ps pkoQm sfqgn]dfq ; f:s[ts clwsf/nf0{; lglZrt ug{; Sb5 .

:yfglo lgsfonf0{clwsf/ M :yfglo lgsfox2 g}ol d2fx2nf0{:yfglo tj/df ; dfwfg ug]pkoQm
; 0Gq aG ; S5g\ lsgls pglx2 :yfglo hgtf / ; fdlhs ; f:s[ts cEof; ; E a9l kl/lrt x65g\
ol ; :yfx2n] ; fdlhs ; f:s[ts k]7elddf p]hPsf ; d:ofnf0{ ; dfwfg ug{pkoQm eldsf lgj fx
ug{; S5g\ . ndf] / hl6n kzf; lgs / Goflos k\$[fsf]cnfj ; f:s[ts clwsf/sf] ; lglZrttfsf]
nflu :yfglo lgsfosf] ; xeflutf a9l ; lhnf]/ k]fj sf/L xg ; S5 .

; 'enfj x2

- ; /sf/af/f ; a}wdnf0{k] ; fxg / ; dfg Joj xf/sf] ; lglZrttf kbfg ul/g' k5{. /f]osf lj leG
lgsfox2af/f sb} Pp6f vf; wdf] c]olws krf/ ug] c6o wdfnf0\$] j]f:tf ug] sfofnf0
lg?T; flxt ul/gk5{.
- gkfnnf0{wdlg/k]f /f]o egl c]tl/d ; ljwfg @))& df Joj:yf ul/Psf] 5 / ; fy} ; #bsf]
3f]f0fdf ; dfj 2 ul/Psf] 5 . tl k]jwfgx2nf0{ gofF ; ljwfgdf ; d] ; dfj 2 ul :yf]o]j
lbGk5{.

- ljlelg hghfltsf dftēfiffx; lj ?4 ul/g]c; dfgtf, cfofo / ljeḥnf0{cḡto ul/g' k5{.
- gkfnnf0{wdlg/k]f egl 3fj0ff ug[k|tlglw; ef 3fj0ff / cḡtl/d ; ljwfgsf]efj gfcg'k ; Dk0f{sfgg / gltx;nf0{; dfofhg ul/gk5{.

efu #

p7]sf hNbfafNbf ; j fnxج

ljifo ! M

åGåsf]sf/Of cfGtl/s 2 kdf lj : yflkt JolQmx 2 sf]cj : yf

cj : yf

; g\!((^ sf] ; z:q åGåsf] ; ?jft ; E}w} } dflg ; x 2 cf'gf] af ; yfgaf6 lj : yflkt ePsf 5g\ . w} }
; Wofdf dflg ; x 2 ufpåf6 zx/lt/ , dVo lfqlø s]b} 2 lt/ , /fhwfgllt/ , ef/ttkñ / cGo b}x 2 lt/
lj : yflkt ePsf 5g\ . åGåsf ; ? ePsf] cl3Nnf jifx 2 df , vf ; u/L : yfglo : t/sf g]fx 2 , pgsf
kl/jf/ ; b:ox 2 , dcf] fbl sfo\$tfx 2 / ; /lffsdL\$] kl/jf/sf ; b:ox 2 lj leG wDsl / cfqmd0fsf
sf/Of cf'gf]ufpF5f8g a]llo agf0P .

: yfglo : t/sf /fhg]ts g]fx 2 sf]3/hluf sAhf ug] / pglx 2 nf0{cf'gf]3/df a:gaf6 /f\$ nufoG]
u/\$f sf/Of klG dflg ; x 2 cf'gf]ufpF5f8g a]llo kl/P . kj [Qn]of]klG b]yp5 ls , lj : yflkt
xg} 2 sf] ; Wof Toltahf]v a9af] ha /fHon] ; g\@) ! sf]gf]da/df b}Jofkl 2 kdf c]ktsfng
cj : yfsf]3f]f0ff u\$of] / of]kj [Q ; g\@) \$ / @)) % df ; a}eGbdfily /Xof]. JolQmx 2 lj : yflkt xg]
36gfx 2 P\$sf ; L a9af] / w} } 36gfx 2 df ; fdlxs 2 kdf lj : yflkt xg} 2 ; g\@) #-@)) % sf] ; dodf
a9L /Xof].¹¹⁸

; /sf/åf/f c]ftl/s lj : yfkg / c]ftl/s 2 kdf lj : yflkt xg} 2 sf] ; Wof c]lbsf]cj : yfsf]dNof\$g
ug{sb} ; øG lgdf ul/Psf]5g . To ; h] ; /sf/af6 sg}klG c]krf]s tVof\$ c]pg ; Sg]cj : yf
5g .¹¹⁹ lj leG u} ; /sf/L ; #yfx 2 n]lj leG k\$ / sf cgd]fx 2 nf0{cuf]8 ; f/\$f 5g\ ; zQm glt sf]
cejdf g]kndf pglx 2 sf]clwsf/ / klxrfgd cfw]l/t ; xof] k}ofpg cj /f] kl\$]f5 .¹²⁰

o ; /L o:tf lj ifox 2 df ; /sf/n] ; /f\$ / gb]ypg' cfh lrGttsf]lj ifo ag\$]f5 . ; /sf/n] ; g\@) ^
sf]dfrdf c]ftl/s 2 kdf lj : yflktx 2 sf]nflu Ps glt to u\$of]. t/ o ; n]g t cGt/f]6ø : t/
ks8g ; Sof.]g o ; sf]sfof]og g}xg ; Sof]. ; g\@) & k]ac/L @@ df ; /sf/n]c]ftl/s 2 kdf
lj : yflktsf]nflu tof/ ul/Psf]gltnf0{ : jls[t k}f]g u\$of]h ; sf]sfof]og cem}xg ; s\$]f]5g .

åGåsf]sf/Of c]ftl/s 2 kdf lj : yflkt JolQmx 2 sf]clwsf/ ; lglZrt ug] ; jfn cem]klG k}gsf]lj ifo
ag\$]f5 . Isgeg]o ; ; Da6wl gltn]sfof]ogsf w} } lfqdf alxis/Ofsf]cj wf/Ofnf0{c]f]lnPsf]5 .
Pp6f b: tfj]hdf ; a}k\$ / sf lj : yfkgnf0{ ; d}gh]pQm glt !) j if] ; z:q åGåaf6 l ; lh\$; d:ofnf0{
; d]wfg ug] k} s]b} 5g eG]alem]5 .

¹¹⁸ ; lP ; -8ANo# ; l= @) ^ . Ps bsz nfd]k\$]k M! ((^ b]v @)) % sf]g]k]nsf]åGåsf]dfgjlo / e]fts lft .
sf7df8f]M ; fdbfos c]llog tyf sNof sf]b]. k]h !

¹¹⁹ pbfx/Ofsf]nflu , u} d]qnosf cg' f/ ; g\@) # sf]k]ac/L ; Dddf & , # \$ # c]ftl/s 2 kdf lj : yflktx 2 sf]btf]
ePsf]b]yp5 . hals ; /sf/åf/f ul't c]ftl/s 2 kdf lj : yfkg ; Da6wl sfo]nsf]cgdf]g cg' f/ ; g\@) \$ sf]
cu:6 ; Dddf To] ; Wof ! .) .) .) eGbf a9L /x\$]f]b]yp5 . o ; u/L cy{d]qnon]bft [lgsfox 2 sf]Ps ; Dd]gnf0{
; Da]wg ug] ; nl ; nfd] c]ftl/s 2 kdf lj : yflkt xg} 2 sf] ; Wof ; g\@)) % sf]d] ; Dddf # .) .) .) / ^ .) .) .)
sf]alrdf /x\$]f]s'f p]N} u\$]f]5 .

¹²⁰ cf]f-g]kfn , @) ^ . c]ftl/s 2 kdf lj : yflktx 2 sf]j t]df] l:ylt -lj ifout k]t]g . cs ! . sf7df8f]M dfgjlo
sfo\$] ; ø]hgsf nflu /f]6x 3lo sfo]fo . k]h ^

cgtl/d ; lj-wfg @)) & n]lj : yflktnf0{kg:yfkgf ug{/ Wj : t kfl/Psf]JolQmut ; DklQsf]xsdf /fxt klfhg ug{/fhsf]lhDd]f/l xfl eg\$] 5 . .¹²¹ cgtl/d ; lj-wfgn]lj : yflkt afnaflnsf] xsdf pglx;nf0{/fhoaf6 lj zif ; lj wf kfpq]xssf]Joj : yf ul/g' k5{ h; n]ubf{cfwf/e't clwsf/ cgt/ut pglx;sf]elj io ; lglZrt ug{/; lsof] \¹²²

tflnsf \$ M gkfnfdf cgtl/s ; kdf lj : yflkt JolQm;sf]cgbdfg

âçâsf sf/Ofaf6 cgtl/s ; kdf lj : yflkt JolQm;sf]lj j /Of	cgbdfgt ; Wof	; fjt
gkfnf lhNnf kzf; g sfofhox;sf]cleny cg' f/	&#\$\$	gkfn /;sf/, u' dçqnosf] @))# sf]hgj /lsf]cleny cg' f/
cy{dçqfno -bft [lgsfo ; Ddihgsf]zlifç @))% df_ gkfn dcf] fbl kl8t ; ç	#)))) b]v ^,))))) , ^,)))))	lb /f0lhE gkfn
0ç; \$ -@))! / @))\$ sf]lj j /Of_	%)#%^	www.inseconline.org
gj h'og z/Offyl{kl/ifs]cgbdfg	@,)))))	cgt/lgsfo cgtl/s lj : yfkg zfvf gkfn ld; g, clkh @))% cg' f/
hl-6l-hç . cf0Pg=Pkm; P; P'g=el, o'Pg=8l=kl=ç/ç=0'kl=kl= -Pg=Pr=çf/=; l / Unfan cf08l=kl= kfh\$6sf]; xof]udf_	#,%) ,))) b]v \$,)))))	ufdlOf zx/l ; xsfo{sfocmd o'Pg=8l=kl= dfr{@))% cg' f/
gkfnfdf âçâsf]sf/Of cgtl/s lj : yfkg -cf08l=kl= dflysf]cg' ; wvf	!) ,))) b]v !,%) ,)))	bllfOf Plzofdf zflçt / khftçq, j if{!, çs @, @))% -açbgf >]7 / ; fçd lg/fh'af/f_
gkfn ldzgsf]cj lwdf l/km'hhl 0ç6/gçzgnsf]cgbdfg	\$.)))))	df0sn afpg / slj tf zSnf l/^ohl 0ç6/gçzgn, @))%
; fdbfios clwog / sNof0fsf/l sçb -l; P; -8Anç; l= sf]cgbdfg	#,%) ,))) b]v \$,))))) -kfh\$; g_ -klxrfg ul/Psf] !,^,)))_	@))# gç]j /b]v @))\$ sf] hgj /l; Dd dWb klZrdsf % lhNnf;df cgtl/s ; kdf lj : yflkt;sf]cgbdfgt çs8f
; z:q âçâaf6 afnaflnsf]lj : yfkg	\$.)))))	çgkfnfdf cgtl/s ; kdf lj : yflkt JolQm;sf]kl8fE -l8Nnl/dOf 9sfn . cf0Pn=çf / l; lj g kljtjhg @))%

axt\zflçt ; Demçdf gkfn /;sf/ / dcf] fblx; âçâsf]sf/Ofaf6 cgtl/s ; kdf lj : yflkt;nf0{/fxt : #fng ug{/ kg:yfkgf]sfo{ug{Ps /li6ç zflçt / kg:yfkgf çofu u7g ug{/; xdt eP .¹²³ o; ç/l b]}}klfn]cgtl/s ; kdf lj : yflkt JolQm;nf0{/fhç]ts kç fç]x]gf : j]R5s ; kdf pglx;sf]klvofçl jf; : yfgdf kmg, kg:yfkt xg / ; dfhdf kgldfçg xg lbg]s/fdf kl'ta4tf JoQm

¹²¹ wf/f # -b_ gkfnf]cgtl/d ; lj-wfg, @))&
¹²² wf/f @ -b_ gkfnf]cgtl/d ; lj-wfg, @))&
¹²³ kç06 g+%=ç=\$

gkfn d f cly\$, ; fdlhs / ; sflts clwsf/ Mcj:yf / kj

u/\$f 5g\.¹²⁴ bj }klfn]lj :yflkt JolQmx;sf]clwsf/nf0{; Ddfg ubx pQm kl/j f/x; nf0{cf`gf]3/df kmsg / cfkth] rfx]cg; f/sf]7fp af a; f;af; ug{lbg]klta4tf klg pQm ; Dem;fdf pNny u/\$f 5g\.¹²⁵

; /sf/af/f tof/ ul/Psf] /fli60 dfgj clwsf/ sfo{ofhg f @))\$ n] hgtfsf] ; /lff, ckl/xfo{df]hs dfgj clwsf/sf] ; Af0f, kg:yfkgf / agå kll8tnf0{kgj f{ / agåsf] ahfdf eTsf0Psf eflts / ; fdlhs kj fvf/sf]lgdf of cfb s/fnf0{hf\$ lb0Psf]lyof].¹²⁶ t/ Joj xfl/s lx; fadf vf; }kult xg ; s;g .

lj utdf ; /sf/n] agå kll8t sfif :yfkf u/\$f]lyof]. u; d;afnosf] dftxt df /x\$] pQm sfifsf] p2]o agå kll8tx;nf0{cfly\$, z]hs / :jf:Yo ; xofu kbfug ug{lyof]. xfn;fn} ; /sf/ d;ql kl/ifbsf] a]s;af/f agå kll8tnf0{oftfoft vr{lglZrt / pglx;sf]3/ lgdf of / ddf ug{/ ufP kmsl pglx;sf]blgs vr\$]Joj:yf ug{lglZrt cfly\$; xofu kbfug ug{lgofo u/\$f]5 .¹²⁷

w}]lj:yflktx; cf`gf]3/ kmsg]cj:yfdf /xklg ; /sf/af6 pglx;sf] ; /lft / lbuf] ;ksf]3/ lkml;nf0{sg}sl; dsf] ; xofu kbfug ul/Psf]5; . ; /sf/sf]o; sl; dsf]/j;ofnf0{ckofft, lj ehsf/L / Psbd}ckofft egl pNny ug{; lsg5 .¹²⁸ o; nf0{; f; ; d:of ; Gg] ; e;g / ; /sf/L ; /lff kmh / dcf]fblaf/f lj :yflkt hgtf alrsl]lj ehsf] ; kdf lrlqt ul/G5 .

tflnsf % M gkfn ; /sf/af/f cftl/s ; kdf lj :yflktx;sf]nflu 3fif0ff ul/Psf]sfoqnd M

sfoqnd	j if{	lj j /of	s;km t
agå kll8t sfif	@))!	!(((; B]a/df gkfn ; /sf/n]cftl/s ; kdf lj :yflktnf0{uof;dfg l; * zflgt cleofgsf]dftxt df blgs eQf kbfug ug{lgofo u/\$f]lyof]. t/ o; sf]j:f:t]js lj t/of sfo{dfg @))! df ; ? ul/of]	vf; df To]sf]f cftl/s ; kdf lj :yflkt JolQmx;nf0{nllft ul/Psf]lyPg .
tTsn /xft kofsh sfoqnd	@))@	; g@))@ ; /sf/n]cftl/s ; kdf lj :yflktx;sf]nflu Ps kofsh sfoqnd k;t t u;of]h; sf]p2]o @)) dlxnf0{lgAofhl Cof kbfug ug{lgofo] . h; cg; f / !* lhnfsf Ps xhf/ 6x/f afnafnsfnf0{z]hs ; dfg pknAw u/fpg; k]of\$ afnafnsfnf0{?=- Ps xhf/ - cd]sl 8n/ !#_ kltdlxg, a; f;af; , lz]fsf]nflu -vf; u/L lj :yflktnf0{pknAw u/fpg' / @% dlxnf0{; kdhs tflnd kbfug ug{lyof]. cem ; /sf/n]%%	hyefj l ; kdf k}fsf]lj t/of eof] t/ To]j:f:t]js lj :yflktx; ; G klg ; s;g . g loxfsf]f lj t/ofsf]Jojl:yt n]yf g;Xof]g t sfof] og ug{ ; j fndf ; e]hg ul/of]. cftl/s ; kdf lj :yflktnf0{

¹²⁴ kf006 g=#@=*

¹²⁵ !@% kf006 g=#&#=#

¹²⁶ !e^ blk /-hgl /f0{ @))% . sf7df8f] / lj /f6gu/df cftl/s ; kdf lj :yflkt JolQmx; ; Da;wl kf0n6 ; e]. sf7df8f] ; fpy Pl; of km]d km/ x;dg /f06\ . kh ##

¹²⁷ !e& kmh; / @^, @))& sf]d;qlk/ifbsf]j]sn]oftfoft vr\$] ; kdf k]of\$ JolQmf0{=?= !,)) kbfug ug{lgofo u/\$f]lyof]. o; u/L j]sn]lj utdf dcf]fblaf/f gi6 ul/Psf pglx;sf]3/ lgdf of ug{k]of\$ kl/jf/nf0{=?= !,)) kbfug ug{lgofo klg u/\$f]lyof]. ellspsf]3/sf]d/dt ug{=?= %)) kbfug ul/g]5 . cftl/s ; kdf lj :yflkt ; k]of{JolQmx; 3/ kms{sk]5 ; /sf/n]k]of\$ kl/jf/nf0{v]l / kzkfngsf nflu kl]t kl/jf/ ?=@,)) sf b/n] lgJofhl Cof klg pknAw u/fpg]5 . pglx;n]pQm Cof % j ife;g lt/L; Sg'kg\$.

<http://www.kantipuronline.com/kolnews.php?&nid=101966> . 8f;pnf] ul/Psf]ldlt M (dfr{ @))& .

¹²⁸ !e* cf08]LpD=; l=@))^ . gkfn Mo4lj /dsf afjhb klg cftl/s ; kdf lj :yflktx;sf] ; Wofdf cem;sdL - cftl/s ; kdf lj :yflkt JolQmx;sf]cj:yfaf/]hgsf/L . ; j l6h/Mo8 M cftl/s lj :yfk g;udg s]b] kh !* (

sfoqmd	j if{	lj j /Of lj :yflkt kl/jf/sf Ps-Ps hgf ; b: onf0{ j jls /fhuf/df k7fpg]nlo /fv\$fl]yof].	s]krot eg] NorOPsf]j jls /fhuf/; Da6wl sfoqmd klg Joj l:yt tl/sfn] nfu" xg ; s9 .
cftl/s ; kdf lj :yflktx ; sf] Joj :yfkq	@))#	aga kl8t ; xof]usf]axt\zliif\$ cft/ut g]kfnl ; kof]kff s/f\$ -cd]l/sl 8n/ ^,^&,))_ 566fOPsf]lyof].	pQm ; kof]Fvr {ePsf] j f gePsf]e]g]f/] ; ;rg 59 .
kl8tnf0{tIsfn lftkl't {Pj +fxt	@))\$	g]kfnl ; kof]kff s/f\$ -cd]l/sl 8n/ ^,^&,))_ aga kl8tsf]nflu cltI/Qm /sd 5\$foPsf].	kl/efiff / ; dfj z u/\$f]lf]qsf]af/d] ; d:of
cftl/s ; kdf lj :yflktx ; nf0{/fxt kof]sh / sfo6fhgf tof/ ug{Ps sfo6fh u7g	@))\$	cftl/s ; kdf lj :yflktnf0{; xof]u / /fxt kbfq ug\$]nflu Ps kof]sh / sfo6fhgf tof/ ug{pQm sfo6fh]nf0{ lh]df lbOPsf]	cftl/s ; kdf lj :yflktnf0{ kl/efiift ug] ; j fndf of]sfoqmd ; sl0f{ag\$fn]o; n] ; d:ofnf0{; Daf]wg ug{; s9 -hgtf h; n]lj b]xsf sf/of cf g]jupF5f\$ c? 7fp]f lh]ndf uPsf 5g\of] kl/efiifn]dfq dfcf] fblsf sf/of lj :yflkt xg]hf0{ ; d\$5 / To; h] To; n]; /lf k]h]sf sf/of ePsf] lj :yfkgnf0{; dfj z ub9 .
dfcf] fbl kl8tnf0{!% a6]/fxt sfoqmd	@))\$	d]s / lj :yflkt kl/jf/sf afna]nsfnf0{ dlxgfsf]Ps xh/ ; kof]F -cd]l/sl 8n/ !#=#_ lbg]. ^) j if{ku\$ f lj :yflkt JolQmf0{dlxgfsf]#) ; kof]F -cd]l/sl 8n/ \$=) _ lbg]. lj :yflkt k?if tyf dxnfnf0{cfocfhg xg]vfnf l; k l; sfg]k]to\$ lj :yflkt kl/jf/nf0{Psdl6 ; kof]F@)) - \$%) -cd]l/sl 8n/ @^_^^ \$=@*_ lbg]. ; fgf]:t/sf]Jofkf/ Joj ; fosf]nflu g/d C0fsf]; lj wf kbfq ug]	tl s]fx ; jf:tl]s ; kdf cftl/s ; kdf lj :yflktx ; sf]nflu s]b]t ul/Psf]kfoPg . o; n]dfcf] fblaf/f df/Psf ; /lf k]h]sf kl/jf / d]s gful/s - dfcf] fblaf/f_ dfly lge{x ; sf nflu lftkl't{f0{; dfj z ub5 . ; fy)c6o k\$]sf vr{x ; h:t} udfOPsf]; DklQ, aga k]f]j tsf]nflu pkrf/ cflb lftkl't{f0{; d\$5 .
; xof]u sfoqmd	@))%	Joj ; flos t]nd, cfwf/et ; fj h]gs ;]fsf]Joj :yf, >dp]dv ; fj h]gs lgdf]nf0{kl]ydstf / aga kl8tsf nflu dfnk]f; z]nsdf ; x]not cflb s'/fx ;	of]; xof]usf]/sdnf0{ ; /sf/n]p]n]y u/9

<p>sfoqmd</p> <p>cfbt/s 2 kdf lj:yflktx2sf nflu /fli60 glit</p>	<p>j if{</p> <p>@)) ^</p>	<p>lj j /Of</p> <p>lj:yflktx2sf nflu kfyldstf lb0Psf]</p> <p>lj ifo xg\</p> <p>tTsnlg dfgj lo ; xofu k4ofpg</p> <p>; /sf/af/f ckgf0Psf]j blzs glit @))@</p> <p>sf]k/s xg5 . h; nfo{ul/j L lgj f/Of</p> <p>; xofu /Ofglit, ldnlgod 8enkd06 ufih -</p> <p>nlf / j flif5 lj sf; sfoqmd cflbn]klg</p> <p>cfd; ft u/3f lyp .</p>	<p>s]krot</p> <p>cfbt/s 2 kdf lj:yflktx2nf0{ kl/efliif ugI/ ; Af0f ugI; 06q :ki6 ePg .</p>
<p>axt\zflgt ; Demtf</p>	<p>@)) ^</p>	<p>aga keflj t cfbt l/s 2 kdf lj:yflktx2sf]</p> <p>nflu /fxt / kg:yfkg sfo{; #fng ug{</p> <p>/fli60 zflgt / kg:yfkgf cfofu u7g ugI.</p> <p>lj:yflktx2nf0{sg}/fhg]ts kjf0x]j gf</p> <p>:j R5s tl/sfn]cf^gf]kVofhl 3/ / kj{</p> <p>j f; :yfgdf kmsg lb0g' kb5 . eflts</p> <p>; Argf lgdff ug{/ ; dfndf kg:yfkt /</p> <p>kgldhg xg lbg]. lj:yflktx2sf]</p> <p>clwsf/nf0{; Ddfg ub]pglx2sf kl/j f/nf0{</p> <p>cf^gf]3/ kmsg / cfkln]rfx5f]:yfgdf</p> <p>:yflkt xg lbg].</p>	<p>pQm; Demtf</p> <p>sfoffj og ugI</p> <p>; j fndf sg]sbd</p> <p>rflnPsf]5g .</p>
<p>cbt/d ; lj:wfg</p>	<p>@)) &</p>	<p>lj:yflkt afnaflnsfnf0{lj zif Joj :yf</p> <p>kbfq ugI.</p>	<p>dfq lj:yflkt</p> <p>afnaflnsfnf0{h8</p> <p>lb0of]t / cfbt l/s</p> <p>2 kdf lj:yflkt</p> <p>JolQm2sf]clwsf/</p> <p>; Af0fsf]; lgZrttf</p> <p>u/Pg</p>
<p>cfbt/s 2 kdf lj:yflktx2sf nflu /fli60 glit</p> <p>cfly5 ; xofu</p>	<p>@)) &</p> <p>@)) &</p>	<p>/3yfd tyf pkrf/flDs lj lw</p> <p>lj:yflktx2sf]cfwf/et clwsf/ tyf</p> <p>dfgj clwsf/sf]; Af0f; ; /lft; ; j R5s /</p> <p>; Ddfgt 2 kdf cfbt l/s 2 kdf</p> <p>lj:yflktx2sf]kbu0g / pglx2nf0{</p> <p>kg:yfkgfsf]nflu pkoQm j ftj /Of ; hgf</p> <p>ug{</p> <p>k]o5 lj:yflktnf0{=?#)) blv !))) ; Dd</p> <p>oftfoft vr{kbfq ugI. k]o5 lj:yflkt</p> <p>kl/j f/nf0{lj utdf dcf]fblaf/f eIsf0Psf</p> <p>3/x2 agfpg ?= !),)) kbfq ugI.</p> <p>lftu]t 3/x2 dd4 ug{k]t kl/j f/ ?=</p> <p>%) kbfq ugI/ v]l / kzkfngsf]nflu ?=</p> <p>@% xhf/ ; Ddsf]lgJoffhl COf pknAw</p> <p>u/fpg].</p>	<p>ce]sfoffj og xg</p> <p>af5l</p> <p>ce]sfoffj og xg</p> <p>af5l . ; a)k5f/sf</p> <p>lj:yflkt kl]8tnf0{</p> <p>; dfj 2 u/L To; sf]</p> <p>sfoffj ogsf]</p> <p>; lgZrttf kbfq ug{</p> <p>c:ki6 ; 06q .</p>

; ff M1j fnl, k5tz, w/floj xlg]tsf]cj:yf-gkfrndf al5asf]st/Ofaf6 cfbt l/s 2 kdf lj:yflkt JolQm2k]t ; /sf/sf]bflolj dly Ps bl]6f, 06kndh, j if{!(, cs @ / #, ; 06]a/ / 18; 0a/, @))%, 06; \$ll vit j 8f, kb0d, agkfrndf cfbt l/s 2 kdf lj:yflkt JolQm2M; d:of / r]g]ftx2A, gkfnl hgh ckm c6]k]l/L :6l8h, j if{(\$, cs @, ; 06]a/ @)) \$ll gk]n ; /s/l, @)) ^ . acfbt l/s 2 kdf lj:yflkt JolQm2; Da0vl /fli60 glitA, dfr{ @)) ^ \ axt\zflgt ; Demtf @)) ^ \ gkfrnsf]c]bt/d ; lj:wfg @)) & \ cfbt l/s 2 kdf lj:yflkt JolQm2; Da0vl /fli60 glit, @)) ^

; /fʃf/sf cfnfjrgfids klfx;

axt\zflct ; Demfʃsf]sfofj og M Ps bzs nfdj ; z:q aǵakl5 3fj0ff ul/Psf]o4lj /fdkZrft\klg wj} cftl/s ; kdf lj :yflkt JolQm xʃsf] cj:yfdf kl/j tǵ cʃPsf] 5ǵ . ; g\@))^ sf] gʃfj /df 3fj0ff ePsf]zflct ; Demfʃf ; eǵqsf]cejf df ceʃ nfu'xg ; sʃf]5ǵ .

cbfntsf]cfbʒsf]kfnf M aǵasf sf/0f lj :yflkt hgtfsf]dfgj clwsf/ ; Af0f ug{sfgg agfpg egl ; jʃr cbfntn]lbPsf]cfbʒsf] ; /sf/n]sfofj og u/ʃf] 5ǵ . g t ; /sf/n]aǵakfij tnf0{/fxt Joj:yf ug{egl lbPsf]lgbʒgfids cfbʒnf0{g}kfnf u/ʃf] 5, g t o; n]pglxʃsf] ; /lft / ; Ddfjgt 3/ kʃsǵsf]nflu pkoQm j ftj /0f ; [hg g]u/ʃf] 5 .

cfbtl/s ; kdf lj :yflktxʃsf nflu lj /ʃvfeʃf0f{ glt M ; z:q aǵasf] ; ?jft ; ʃ} aǵa kʃfj t cftl/s lj :yfkgsf] ; d:of bʃv k/]klg ; /sf/n]o; nf0{ ; dfwfg ug{sg}7f] sfoǵmd cufl8 ; f/ǵ . xf:of:kb sʃf t cem s] 5 eg] ; /sf/n] aǵasf] cǵTokl5 dfq lj :yflktxʃ ; Daǵwl glt Nofof] / To; n] ceʃ ; a}vfnsf kl8t lj :yflktxʃnf0{ ; dǵǵ}vfnsf]klj wfg k}tt ug{ ; sʃf] 5ǵ . pQm gltntn]w} ; Wofdf /xʃf]lj :yflktxʃ, h; nf0{/ʃhosf] ; Af0f rʃlxg]xʃ] pglxʃnf0{ ; dǵǵ ; sʃf] 5ǵ . pQm glttsf cftl/s ; kdf lj :yflktxʃnf0{ klxrfg ug] ; jfndf klg pQm glttsf lj /ʃv; k0f{ klj wfgxʃ 5g\ . o; n] ubf{lj :yflktxʃnf0{ cem a9l hʃvddf kf/ʃf] 5 . To; sf] kl/0ffd cfh pglxʃsf] ; Af0f ug{df sl7gf0{xgʃf ; fy}pglxʃnf0{ lʃftkl't{/ ; xofj xg]sʃfdf ; d} eʃefj xg] bʃvǵ5 . pQm gltntn]lj zʃf ; dbfo, h:t} dlxf, afnafnsf, aʃ / ckʃE lj :yflktxʃ, h; nf0{a9l xʃrʃx / ; /lʃ rʃlxǵ5, pglxʃsf]clwsf/nf0{Wofg lbg ; sʃf] 5ǵ .

btf{k0ffnl M kʃfj sf/l btf{k0ffnlsf cej df cftl/s ; kdf lj :yflktxʃsf] ; Wof slt eǵǵdf wj} lsl; dsf cǵdfgxʃ ePsf 5g\ . pQm gltntn]u} ; /sf/l ; ʃyfxʃ / c? ; /ʃf]jfnfn0{To; lʃdf dfj ʒ e0{sdf ug] :yfg lbPsf] 5ǵ .

; 'enfj xʃ

- ; jʃr cbfntsf cfbʒxʃ kfnf ul/gk5{/ cftl/s ; kdf lj :yflkt; Daǵwl sfgg lǵdfʃ u/l nfu"ul/g' k5{.
- cftl/s ; kdf lj :yflktsf] /ʃi6ǵ glttsf] sg} eʃefj lj gf kʃfj sf/l sfofj ogsf] ; lǵZrttf kʃfg ul/gk5{.
- ; Dk0f{ aǵa kʃfj t cftl/s ; kdf lj :yflktxʃsf] ; /lft / ; Ddfjgt 3/ lknt{ kg:yfkgf, kǵldfǵ, dʃhdnfk / hʃgofkgsf]nflu /0fg]ts ofhgfsf]lj sf; u/l sfofj og ul/g' k5{.
- u} ; /sf/l ; ʃyf / kl8txʃsf]alrdf ; dfof]hg u/l cftl/s ; kdf lj :yflktxʃsf] btf{kʃʃsf] nflu kʃfj sf/l / kʃfof]o ; eǵ lǵdfʃ ul/gk5{.
- cftl/s ; kdf lj :yflktxʃsf] ; d:ofnf0{xǵ}vf; u/l sfoǵmd lǵdfʃ, sfofj og, ; eʃhg / cǵludg ugʃf]nflu Ps pRr:t/sf]:j tǵ sfgl lgsfosf]:yfkf ul/g' k5{.
- cftl/s ; kdf lj :yflktxʃsf] 3/ lknt{/ ; /lʃ, 5ʃ8Psf ; Dkl0df kʃF / cwf/et kʃʃv/; Daǵwl sʃfdf ; eQm /ʃi6ǵʃsf dxf; lʃsf cftl/s ; kdf lj :yflktsf] dfgj clwsf/ kl'tlglwn]bʃvʃPsf]rf; ʃʃf]sfofj og ul/gk5{.
- cftl/s ; kdf lj :yflktxʃsf] /ʃhg]ts kʃF / pglxʃ glt lǵdfʃsf]txdf ; dfj ʒ ul/Psf 5g\ eǵ]sʃsf]; lǵZrttf ul/g' k5{.

ljifo @M

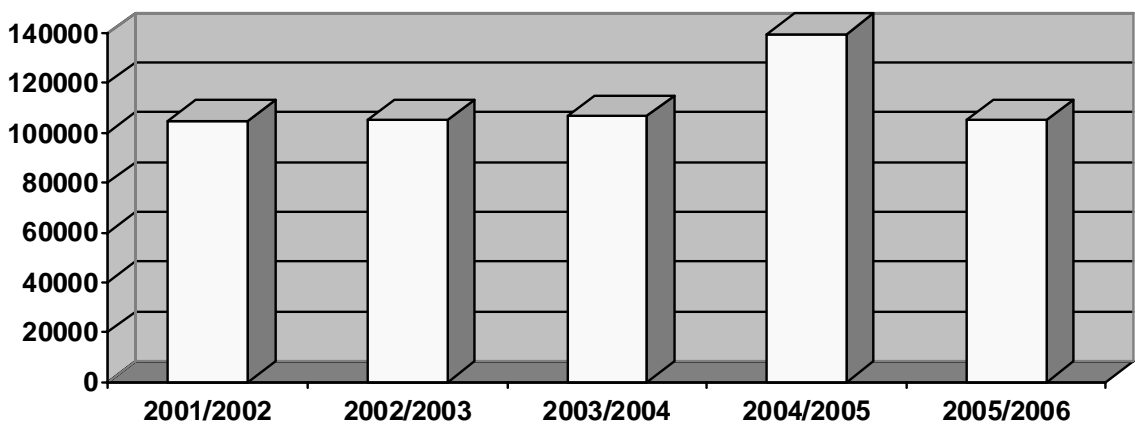
kjf; L gkfnl sdbf/x; sf]; jfn

cj:yf

vf; u/l ljut b0{bzsdg gkfnafix/ ef/t / cfo dh'sdf /fhuf/ ug/ / cfly\$; kdf ; s0
gkfnlx; sf]; Vof a9\$]5 . kjf; g] sf/of lj ut bzsdg :yfglo :t/df blvPsf]c; /lf x]. hg
ac'sf sf/of dfq geP/ :yfglo ; ft -kls[ts jf s[if_ cfbn]pglx; sf]hlj gofkgf]; j fnnf0{wfg
g; Sghf0{lng ; lsg5 . acan]t pln\o dfqdf lj:yfktx; / /fhg[ts cfk]f; lx; ; hgf u'of]eg]
csft/ w]hf0{cf gf]lq / cema9l lj blzgk; sf]; Vofnf0{a9fj f lbof}.

olt w]j}&,^@!*! JolQmx; cyft\gkfn]hg; aVofsf]#=\$ kltzt hgtf ^ dlxgf leqdf a; f0{; /]/
lj b'zdf a:g yfn]. ; g\@))! sf]hgu0fgdf ^,&(\$^ (k?if / *@,&!@ dxnf kjf; lx; sf] tYof^s
/x\$]lyof].¹²⁹ o; n])=& kltzt gkfnl dlxnf; kjf; L sdbf/sf] ; kdf 5g\ . csft/ pln\o
dfqdf kjf; L sdbf/x; n]cf gf] cfk]f; gsf] af/df ; /sf/L lgsfonf0{; 'rg lbbgg,¹³⁰!#), lsgls
ef/t; E]sf]vMnf l; dfgfn]ubf{k]f; lx; sf]hg; aVof a9\$]5 . gkfn ; /sf/n]hdDf !)& b'z; nfo{
; lrs[u/\$]5, hxfGkfnl sdbf/x; cflwsf/s / sfgbl ; kdf :yfkt j]z /fhuf/; Da6w
lgsfo -Dofgkj/_ dfkft\elt{xg jf sfd ug{; \$5g\ . To; f]x'f'f}klg gkfnl gful/sx; lj leG
x]; otdf cfo dh'sdf klg sfd ul//fv\$ 5g\¹³¹

lrg @ Mbt{ul/Psf gkfnl kjf; L sdbf/x; sf]; Vof -; :yfut_



; g\@)) ^ sf]hgj /l clGtd; Dd

; ftM8fhk & dfr{@)) ^ (DOLEP)

¹²⁹ ; l-aLp; =@))! . /fli6 hgu0fg @))! . sf7df8f]M sdb]o tYof^s ljefu
¹³⁰ Pg-Pr-cf/=; l=@)) ^ . gkfnl dlxnf tyf afnafnsf]a]lavg M/fli6 kltjhg @))%
¹³¹ http://www.labournepal.org/issues/migrant_labour/vulnerability_of_migrant_workers.pdf 8fpgnf ul/Psf]ldltM&
 dfr{@))&

xfn; fn}pNnV0 ; Wofdf gkfnlx; dWokJ { vf8L dh5x; df, dnL; ofdf / blifof sfl/ofdf sdfsfnflu hfg] u/\$f 5g\ . j}blzs /fhuf/df dlxfnx;sf] cfsifof klg TolQs}5 . >d tyf /fhuf/ kj4g ljefusf] tYof¹³²scg; f/ em08} !,&\$,) sdbf/x; !* j6f dh5df sdfsfnflu uPsf 5g\ . Itglx; dnLzofb]v vf8L dh5, 0h/fon, blifof sfl/of / ; eQm /fHo cd]v/sfdD, ku\$ 5g\ ; g\ @)) ^ sf]cGt ; Dddf cflwsf/s Rofgnaf6 b; 5f8g;sf] ; Wof *,@(,%@ klob].¹³²

; g\@)) @ sf]hhf0{ ; Dddf ljefusf]cgdlit lnP/ b; 5f8g;sf] ; Wof hDdf @,@@,!&# /x\$]lyof]. >d dGqfnosf]cgdfgdf blgs #%) oJ f k?if / dlxfn ljb;df sdfsfnflu hfg] u5g\eg]sl/j \$%) ; #yfx; n] j}blzs /fhuf/; DaGwl gkfnf sfd ub5g\.¹³³ tl dWb] btfg]gu/L jf ljgf; Rgf ef/tdf sfd ug]gkfnl sdbf/sf] ; Wof kdV 5 .¹³⁴ clxn]w} ; Wofdf gkfnl sdbf/x; ; fpbl c/a, stf/, ogf06\$ c/a Old/6\, blifof sfl/of, sj] / dnLzofdf sfd ul/fv\$ 5g\ . /sf/sf] tYof¹³⁵sd fPs; ktf gePtklg ; fpbl c/adf sfd ug]sf] ; Wof *,() (5 eg]to:t}dnLzofdf sl/a &(#^! /x\$]5 .¹³⁵

lj b;df sfd ug]gkfnlx;sf] tkraf6 em08} ^ (ca{ ; kof]f/d6] ; sf] ; kdf kljtj if{gkfnf leqg] ub5 .¹³⁶ gkfn /fi6«a»sf cg; f/ lj b;df sfd ug]gkfnlx;af6 sl/a (@ ca{ ; kof]f; g\@)) ^ sf] klxnf] !! dlxfdf leqPsf]kf0G5 .¹³⁷ oxl b/df k}f leqf0Pdf /d6] ; g\@)) ^ df !)) ca{ ; kof]fGfg]cgdfg lyof]. ; g\@)) # bl]v @)) # ; Dddf kjf; l gkfnl sdbf/af6 leqg]/d6] ; &@) ldnog cd]v/sl 8n/ lyof]/ o; n]gkfnf]sh ufx:y ptkfngd !\$=* klztz ofubfg ub{of]eg] ^% klztz lj b;dl db] cfhg]sf] ; f;sf]cz cfl6\$]lyof].¹³⁸

/d6] ; n] 3/kl/jf/, :yfglo / f6lo cyfGqdf / ; fy; fy} /fi6 @ :t/sf] cyfGqdf ; d; pNnV0 dfqdf kl/j tGsf]eldsf vhf]5 . tklg 7hf]dfqdf /d6] ; cglwst; tj/n] b;df leqg]ub5 . h; sf sf/of /fh: jdf 5nl xg]u/\$f]5 . Ps :jtGq cgdfg cg; f/ /d6] ; sf]&) klztzef a9L cglwst; dflbdaf6 b;df leqG5 .¹³⁹

w} ; dokl5 ; zflwt j}blzs /fhuf/ Pq, h; nf0{; f6]a/ @^, @)) ^ sf]dGq kl/ifbsf]j }sn]klf/t u/L clGtd :jls]t sf]nflu ; d; k7Psf]lyof]. 5\$} j}blzs /fhuf/ ljefu u7g ug] Gofofwls/of agfpg] kj 4g af8{-; ldlit_ agfpg]/ slnofsf/L sfif :yfkf ug]h:tf s/f ; d]6Psf]pQm k]tj sf] sfof]og ePdf o; f6]sf]lj sf; sf]nflu o; n]pNnV0 ofubfg kfofpg ; S5 .

bzf}k-rj il6 ofhg] -@))@-))& sf]p2]o knofbngs /fhuf/l sf]cj; / a[4 u/L cGt/fi6 @ /fhuf/ a[4 ug] /x\$]5 . pQm ofhgfn] j}blzs /fhuf/nf0{ gkfnl hgtsf] /fhuf/l sf]j \$]llks pkfosf] ; kdf lnPsf]5 . j}blzs /fhuf/ Joj ; fonf0{dof]ot, ; u]7t / kf/bzl{agfpg]p2]osf ; fy To; df sfgg] ; wf/ u/L ; #yfut ug] ; jndf ; /sf/n]kl]ta4t JoQm u/\$f]5 .¹⁴⁰

¹³² [http://www.kanti.puronline.com/kolnews.php?&ni d=96470 8fpgnf\\$ ul/Psf\]ldit M\(dfr{@\)\)&](http://www.kanti.puronline.com/kolnews.php?&ni d=96470 8fpgnf$ ul/Psf]ldit M(dfr{@))&)
¹³³ [http://www.cctv.com/program/asiato day/20070119/106698.shtml 8fpgnf\\$ ul/Psf\]ldit M\(dfr{@\)\)&](http://www.cctv.com/program/asiato day/20070119/106698.shtml 8fpgnf$ ul/Psf]ldit M(dfr{@))&)
¹³⁴ Pd-cfPn-6L-Pd= tyf olgknd, @))# . gkfnf kfj; l dlxfn >ldsx;sf] ; zIQms/of ; DaGwl /fi6 @ 5nkm . sf7df8f]M>d tyf oftoft Joj :yf dGqno / olgknd . k]h @&-@*
¹³⁵ ; #f/sf ; d; tyf olgknd, @))# . dlxfn sf]nflu j}blzs /fhuf/ Mrg]ft / cj; /x; -; #f/cleofgsf]cj]wdf k\$]lzt n]x;sf] ; sng_ . sf7df8f]M ; #f/sf ; d; / olgknd . k]h # \$
¹³⁶ Pd-cfPn-6L-Pd= tyf olgknd, @))# . gkfnf kfj; l dlxfn >ldsx;sf] ; zIQms/of ; DaGwl /fi6 @ 5nkm . sf7df8f]M>d tyf oftoft Joj :yf dGqno / olgknd . k]h @&-@*
¹³⁷ [http://www.kanti.puronline.com/kolnews.php?&ni d=96470 8fpgnf\\$ ul/Psf\]ldit M\(dfr{@\)\)&](http://www.kanti.puronline.com/kolnews.php?&ni d=96470 8fpgnf$ ul/Psf]ldit M(dfr{@))&)
¹³⁸ [http://www.reliefweb.int/rw/rwb.nsf/db900SID/LSGZ-6TKDYF?OpenDocument 8fpgnf\\$ ul/Psf\]ldit M\(dfr{@\)\)&](http://www.reliefweb.int/rw/rwb.nsf/db900SID/LSGZ-6TKDYF?OpenDocument 8fpgnf$ ul/Psf]ldit M(dfr{@))&)
¹³⁹ #dlxfnx;nf0{vf8L /fi6x;df sfd ; /sf/laf/f 56f]lb sf7df08'kf]6, !* hg]l @))# .
¹⁴⁰ gkfn ; /sf/, @)) ^ . #cfly\$ j if{@)) ^ @))& sf nflu gkfn ; /sf/sf]j flif\$ ah, kof/fu]km @& [http://www.mof.go.v.np/publication/speech/2006/index.php 8fpgnf\\$ ul/Psf\]ldit M\(% knd/L @\)\)&](http://www.mof.go.v.np/publication/speech/2006/index.php 8fpgnf$ ul/Psf]ldit M(% knd/L @))&)

gkfnf cly\$, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjQ

;/sf/ kjf; lsf nflu cgt/fi60 ; u7g -cf0-cfPd= sf] ; b:o agsf]5 / h; sf]p27o ; /sf/; E
sfd ug{ kjf; L Joj:yfkgdf o; sf] lfdtf clea[4 u/fpg' / clgoldt kjf; L ; d:ofsf ; fy}dfgj
a]lavg h:tf lj ifonf0{; a]vg ug{/xsf]5 . cf0-cfPd-n]gkfnf @(@cf]sfof(ho ; g\@))^ sf]
; /6]a/ !@ df vfh\$]5 .

dlxnf kjf; L sdbf/x;

w]h; f] dlnf kjf; L sdbf/x; cj]vflgs tl/sfn] vf8L dh'sdf sdfs] nflu hfg] u/\$f 5g\.¹⁴¹
dlxnf; n] sh /ld6; sf] !! kl'tzt lx:; f of]ubfg ub5g\.¹⁴² j]lzs /fhuf/df dlnfx; sf]
; xeflutf clej[4 u/fpg ; /sf/n] olgk]dsf] ; xof]df dlnf kjf; L sdbf/x; sf] ; zIQms/0fsf]
nflu Ps sfo{ 'L lgwf]0f ; ldl't -:6pl/E sld6_ agfPsf]5 .

;/sf/n]k]tt u/\$f]jflif\$ ah0 @))^@) & df 3/fo; L sdbf/sf] ; kdf j]lzs /fhuf/ldf hfg
rfxg] dlnfx; sf] nuf0Psf] kl'ta0w x6f0g5 egl pNny u/\$f] 5 .¹⁴³ of] ; /sf/sf] tkraf6 Ps
; sf/flds ; s] x]e6g ; ls65 .

b]zsf cg\$ ljehsf/L / ckofft sfggL ; 06qn]cfh dlnfx; nfo{j]lzs /fhuf/laf6 al-rt jf
kl'tal0wt u/\$f] 5 . hg kl'ta0wsf sf/0f pglx; n] ef/tsf] af6f] jf 56f] af6fh0{Ps kf/jxg -
606h6_ af6\$] ; kdf lng a]l0b xgk/\$]5 . h; n]ubf{btf{jf clen]y /Vg]sfodf ; d:of ; hfg
ePsf]5 eg]cj]vflgs kjf; Lx; a]rg]/ zflft xg]hfl]vd tol0s} ; kdf a9\$]5 .

Ij P; = bllf0f sf]/ofdf Ps ## j ifl0 gkfnl sdbf/

ædh]bllf0f sf]/ofsf] 8]df ldvE pBfu gfdS Ps knflis agfpg]sDkqldf Ps u}sfqql jf btf{
gul/Psf] kjf; L sdbf/sf] ; kdf b0{j if\$] nflu sfd u/]. dh]Ps lbgdf !@ 306f sfd u/].
kl/>lds 7ls ; dodf lb0Gof] t/ sfd ug]jftfj/0f eg]w]}sdhf] lyof]. sfd ug]7fp0f lj zIQm
/; fogsf]w] fh]ubf{d]f] 3f6ldf w]}bvfo{a90f]. dS08f]-df:s_s]k0f]un]klg sq}; d:of ; d]wfg
ePg . em08}Ps j if{hlt d]f s/Edf klg b]vfo{eof]Æ

æ; g\@))% sf]cS6a/ & df d]f]b]xftsf]k-hf pQm knfl:6s agfpg]d]zgdF 6fF; g kl'of]/ To; df
a]l/of] h; n]ubf{dh]d]f]xft k]sfpg ; lsg . of]qmd d]f b]kfv/f pQm d]zgdF a]l/g]ahf; Dd
/Xof]/ h; sf sf/0f d]zg /fl]sof]. dh]kl5 yxf kfPFdf]g; x; n]x88lx; d]zgn]lkl; /xsf]cfj fh
; g\$ /x\$g\ pQm cfj fh ; Gq]qlhs}/xsf]csf]sDkqlsf d]f]g; x; n]sDkqlsf]lj B't lqef/ d]zg
aGb u/]. ha dnf0{pQm d]zgfaf6 lgsflnof] d]f]xftdf df; ' / x88L s]l klg lyPg / dfq sk8f /
5fnf dfq af6L /xsf]lyof]. csf]sDkqlsf]Ps d]f]g; n]d]f]sk8f / xft; E hfl]8P/ ar\$; j]hgzn
df; x; s]fln] sfl6lbof]. Toxf sq} k]ylds pkrf/sf] Joj:yf lyPg . To; kl5 dnf0{ Ps
xf8hfl]Dawl ck/zg ug]7fp0f nluof]. To]36gf b]g]s]l sf]/ofnl dlnfx; lgSs}b]vvt eP /
tl d]b]Ps dlnf t a]f] g}e0g\Æ

æTof]sDkqldf g cf]flus b36gf fltktl{lj df lyof] g t :jf:Yo lj dfsf]g}Joj:yf lyof]. sDkqln]
36gfnf0{uffl0 /Vof]. ha d]f] ; fylx; dnf0{e0g cP, sDkqlsf] d]f]nsn]; ?df d]f]af/0f e6g
rfx0g\ pgn]dnf0{pkrf/sf]nflu eqf{u/\$f]c:ktfnsf]af/0f ; d]f] hfgsf/L lbPgq\ d]f] ; fylx;
pglkl't zsf JoQm ub]36g]sf]af/0f kjf; L sdbf/ s]bdf ; 'rgf u/] / pQm s]b]d]f] d]f]af/0f

¹⁴¹ Pd-cf]Pn-6L-Pd= tyf olgk]d, @))# . gkfnf kjf; L dlnf >ldsx; sf] ; zIQms/0f ; Da6wl /fi60 5nkmn .

¹⁴² sf7df8f] >d tyf offtoft Joj:yf d6qno / olgk]d . k]h @&-@*
gkfn ; /sf/, @))^ . æcly\$ j if(@))^@) & sf nflu gkfn ; /sf/sf]j flif\$ ah0, /of/fu]km @&

¹⁴³ <http://www.mof.gov.np/publication/speech/2006/index.php> 8fpgnf\$ ul/Psf]ldlt M@% k]h]c/L @))&
ædlxnf; nfo{vf8L /fi6; df sfd ; /sf/laf/f 56Æ lb sf7df08' k]6, !* hg]l @))# .

; fvk5 u#of]. sDkglN] dnf0{; fdf6o 3f0t] ePsf] egl c:ktfnsf] gfd lbg c:;lsf/ u#of]. pQm ; /6/n] kln; sxFI/kf6€ ul/lb65' eqkI5 dfq sDkglN] d ePsf] 7fpE] af/df hfgsf/L lbof]. sDkglSf] cWblfn] eg\$] 7ls ljkl/t d7f] cj:yf Psbd}uDel/ lyof]. ha sDkglSf] cWblfn] u/\$] unt ; Fqsf] af/df ; flwof] pgn] dnf0{pkrf/ l; 4fPKI5 3/ kmsfpg] hfgsf/L lb0g\ . dh] kfF dlxgf; Dd pkrf/ u/fP. To; kZrft\pQm sDkglN] g t lklthofy] fklSf] pkrf/sf] vr{t/\$] 5, g t a; f0\$] vr{g} Joxf] \$] 5 A

ædh] d7f] cf'g} artaf6 pkrf/ u/f0/fv\$] ePtfklg sfl/ ofdf a:g' csf] ; d:of ag\$] 5 . dh] c:yfol ; kdf pkrf/sf] nflu a:g egl le; fsf] nflu kof; u/7t/ sDkglN]; xofu u/g . d; E a:g] :yfg gePsn] d Ps ; fylsxfFa; ; pkrf/ vr{ltl//fv\$] 5' . d7f] df+kzLx; df ceñ bM/f0{x65 . d sbj} sfd ug{; lSbg . d d7f] h6d b7 gkfn df a; ; pkrf/ u/fpg ; Sy7t/ o; sf] vr{a9l x65 . d lftkl't{gkfp; Dd gkfn kmsg rfxGgA

; /f\$sf/sf cfnf]rgf]ds klfx;

khlsf] kl/rfng M oBlk b7zn] /ld6]; sf] gfd df j ifgl xhf/f7lj b7zL dbf] gkfn df leqofp5, t/ ; /sf/sf] pQm kFlnf0{kl/rfng ug] kof] t glt / sfof] og ; æqsf] cej df o; n]; dfndf lfglo / /fli6 / ; fdf]hs -ju{/ ; fdf]hs ; dx_ cflbsf] alrdf c; dfgtf kof ug] :ylt blv65 .

kl'ta6w x6fpg] kl'ta4tf JoQm u/\$] 5 . t/ of] ceñ nfu" xg afE] 5 . gkfn dlxfx; nf0{vf8l dh'sdf sfd ug{hfgaf6 ; g\! () df kl'ta6w nufoPsf] x]. pQm kl'ta6w cfk] df lj ePsf/L 5 / o; n] dlxf / k?ifx; alr c; dfgtf ; hgf ub5 . tklg ; /sf/n] dlxfx; nf0{; u7t lfgdf dfq sfd ug\$] nflu dfq cgdl't lb0Psf] 5 .

; æqsf] lgdf M ; /sf/n] j blz /fhuf/nf0{k4g ug{Ps 5\$}/fhuf/ k4g ljefu / >d tyf oftoft Joj:yf d6qnoleg Ps 0sf0\$] u7g ug] egl kl'ta4tf JoQm ul; s\$] 5 . t/ o:tf ; fj hlgS cfZj; gx; sfof] og xg afE] 5g\ kfF xhf/egf a9l gkfn sdbf/x; ePsf] dh'sdf Ps >d c6afrl lgoQm ug] lgofo ePtfklg o:tf lgoQm; ceñ xg ; s\$ 5gg\

d6qkl/ibn]; g\@)^ sf]; /6]a/ @^ df j blz /fhuf/ Pj kfl/t u/fkkg ; #bn]o; nf0{; jls[t lbg afE] g} 5 . ; /sf/sf] j blz /fhuf/nf0{; xhls/of ug\$] nflu j blz /fhuf/ ljefu u7g ug] of] hgf sfof] og xg ; s\$] 5g . To; u/L >d / j blz /fhuf/ lfg x6\$] nflu leG ljefux; u7g ug] of] hgf klg sfof] og ePsf] 5g . j blz /fhuf/sf]; xofu, h:t} hfg6bf klxn] sdfs] ahf, ; /lft 3/lkmtl{/ kjf; l gkfn sdbf/x; sf] kgldhg h:tf kj 4gf] ds / ; xofu sfo\$ nflu ; /sf/ / ljefusf]; #yfut lfdtsf ; fy} 5\$} / kof{gltsf] cej /x\$] 5 . gkfn kjf; l sdbf/x; sf] ; d:ofnf0{; a7vg ug{ /fli6 ; æqsf] cej df pglx; j blz /fhuf/ lfgdf sfd ug] ; #yf / JoQmut bnfx; n] ug] u/sfggl, cg] ts / bloj xf/sf l; sf/ e0/fv\$ 5g\ tYof^scg; f/ j blz /fhuf/ lgsfolj?4 ph/l btf{ug] ; wof !# kl'tztn] 36klg sdbf/af6 dflug] lftkl't\$] /sd 7hf] dfqdf 5 . 8fh] ksf] kl'tj hg cg; f/ ; g\@)^ df kl'8tx; n] dfu u/\$] lftkl't\$] /sd gkfn ; kofF! *-& ldnog kl\$] lyof]. o; sf] dtna j blz /fhuf/ lgsfox; / gSsnl JoQmut bnfx; n] em08} blgs ; kdf ; kofFkfF nfV j blz /fhuf/sf] nflu efl/g] JoQm; af6 7lg] u5g\

c:ki6 / ck6j sf/L sfgl ; æq M j t6g j blz /fhuf/ Pj sf] dVo hfB eg\$] kjf; l sdbf/x; nf0{lg6qof / lgoldt ug] 5, g ls pglx; sf] sl'ofdf . pQm Pj sf] k] tfj gdf j blz /fhuf/nf0{lg6qof / Joj:yfkg ug{pglx; sf]; ljwfnf0{/ cfd hgtfsf] cfly\$ rfxgnf0{; Afof ug] o; sfggsf] p27o xg5 egl pNny ePtf klg of] c:ki6 / ck6j sf/L 5 . Pgn] gkfn gful/snf0{

gkfnf cly\$, ; fdlhs / ; f:st clws/ Mcj:yf / kj

;/sf/sf]cgdlitjgf lj bzdft elt{ug{ablh nufPsf]5 . olb Pq / lgodfj nlsf klj wfgx, pln^3g u/\$f]kfOPdf j]z /fhuf/ Ph]6x;sf]nf0; l; klg /2 xg ; Sg]klj wfg 5, t/ To:tf klj wfgx, Jojxl/s ; kdf slxn\$fl /fhg]ts tj/n]lgolqt x65g\ . oBlk j]z /fhuf/df hfg rfxg] gkfnx;sf] ; Wof a9bf]cj:yfdf 5 . t/ /fi6 >d glt !(((n]pglx;dfly xg]b]o]xf/ / z]f]ofaf6 ; Af0f lbg c; lfd ePsf]5 . jf:tj df dlxn xg' eg\$]ef]ts ; kdf c; Qm dfgg]h:tf cflbnf0{klg pQm gltn]kl]tjfb ug{; Sbq . dfgj a]lavg lj?4sf]/fi6 gltn]klg pQm d2fnf0{ ; a]vg ug{; s\$]5q .

o:tf sfgl klj wfgx, k4gf]ds ; kdf ebf lgodg ug] ; kdf tof/ ul/Psf 5g\ / h; df cem n]Es c6w]kgf 5 jf n]Es d2fnf0{j]f:tf ul/Psf]5 . o; df cem ; lfd dlxnfnf0{c6t/fi6 >d ahf/df hfg k] ; f; xg ug{; dfa]l agfpg]vfnf klj wfgx;sf]Joj :yf ug{; s\$]5q .

dlxnf kjf;L sdbf/sf]; Af0f M cl3sf >d tyf kjf; ; Da6w sfgx; hg dlxnfx;sf]; Af0fsf nflu agfOPsf lyP, ltgn]j:f:tj df pglx;nf0{cj]w]gs tj/n]kl] ; g / a]lavg / z]f]ofsf]l]zsf/ ag] h]vdl a9f] . ol sfgx; dlxnfx;nf0{s]ofsf/l / ; z]Qms/0fs] kl/lwleq Nofpg] b]6sf]af6 ebf klg pglx;nf0{kl]talgt / ; Af0f]fbl cjwf/0ffaf6 agfOPsf 5g\ . k?if s]b] glt, sfg / lgodfjnlx; dlxnfx;sf]xs clws/ ; Af0f ug]ebf klg pglx;nf0{j]z /fhuf/df hfgaf6 kl]talw nufpg]vfnf 5g\ . j]z /fhuf/ Pq !(*% n]dlxnfx;nf0{j]z /fhuf/df hfgaf6 /\$] pglx;dfly lj e] u/\$]5 .

s6glts lgor] M oBlk gkfnf ! (bzx;df b]fj:f;x; 5g\ \$ j6f k/fdz]ftf, %) dfgy{ k/fdz]ftf / Ps s6glts lgor] 5, t/ lj bzdft sfd ug] gkfnl sdbf/x;sf] xsdf loglx; ckf]sf/l ePsf 5g\ . ;/sf/af/f gltut ; kdf % xhf/ebf a9l kjf;L gkfnl sdbf/x; ePsf] 7fp] >d ofrl (Attaches) /Ngl s/fnf0{ ; yfut ug]lg0f t eof] t/]of]cem sf]og xg ; s] . cem ; yfut Cof k]fg ug]gl]tut lg0f ; d] sf]og xg ; s] .

v]nf l; dfgsf]lj ifo M ef/t; E]sf]v]nf l; dfgsf]sf/0f gkfnl sdbf/x; Tot]t/ kj] ; g] ; Wof a9bf]5 . h; sf]sf/0f /\$8(g/flvPsf kjf;L sdbf/x;sf]; Wofdf a4 ePsf]5 .

Pr=cf0=el=P8\ / kjf;L sdbf/x; M Pr=cf0=el=P8\ ; Da6w cled]vs/0f / ; j]gz]ntsf] cefj df of]kj] ; l; E h]Psf]Ps cl]ef]ht ; Argf tyf lj ifo ag\$]5 .

; 'enfj x;

- c6t]d ; #bn]k]t]lj t gof]j]z /fhuf/; Da6w ljw]snf0{t?6t kl/t ug]k5{.
- ;/sf/n]; DkOf{k]f;L dnb/x; / pglx;sf]kl]j/f/sf]clwsf/; Da6w c6t/fi6 ; l6w !(() nf0{cgdl]g ug]kb5 .
- kjf;L sdbf/x;sf]clwsf/ ; lq]Zrt]tsf]nflu glt tyf sf]md to ug{pglx;sf]ln]vt / cln]vt tYof^ax; ; sng ug{Ps kf]sf/l ; e]q :yikg ul/g' kb5 .
- ;/sf/n]cjwf/0ffut :ki6tf / kjf;L sdbf/sf]clwsf/sf]af/] Jofks ; kdf c6t/s]f / ; r]gf hufpg]sf]md Nofpgk5{. dlxnf kjf;L sdbf/, a; f0f/f0{s]blo / ; /sf/L lgsfox; , elt{s]bx; , :jf:vo sf]fox; , a]x; / u}; /sf/L sf]fox; cflb pQm sf]mdx;n]; d]g' kb5 .

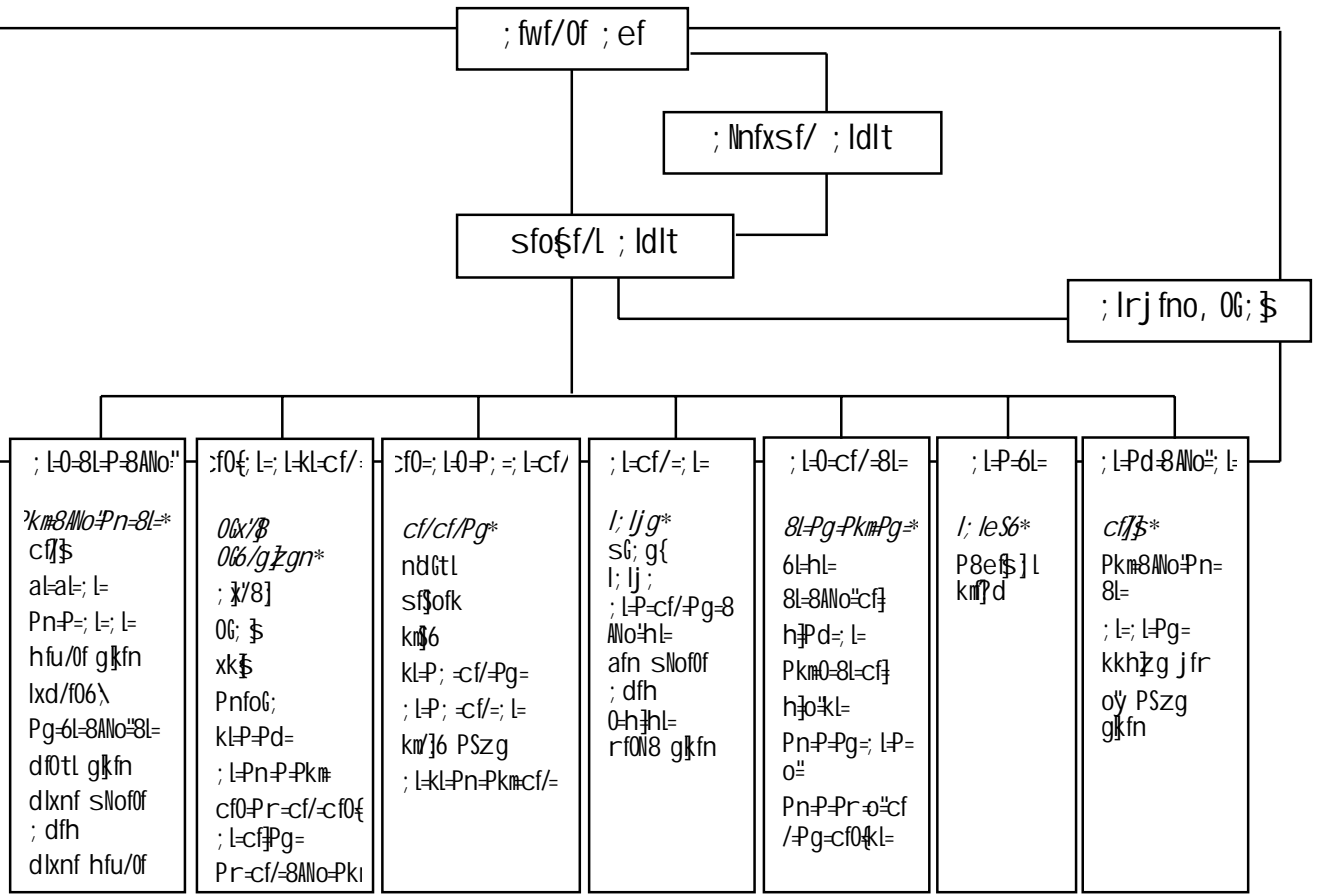
- ; /sf/n] Jofks əkdf ef/ttk[hfg] dflg; xəs] cgludgsf] nflu ; ldf lqdf Ps ; əqs] : yfkgf ug{k5 .
- ; /sf/n] kjf; l sdbf/xəs]nf0{ljleG ljifo lq x h:t} Pr=cf0el=P8\, cfly ; zlQms/Of a\$ kffnl, dlxfj?4 xg]lx+f, ul/al lgj f/Of cflbsf af/df lzlf / tflnd kfg ug{k5 .
- jz /huf/ kffnlnf0{Jo]l:yt / lgoldt ug{; /sf/n]ahsf]Jo] : yf ug{k5 .
- ; /sf/n] kjf; l dlxfxəs] dfgj clwsf/nf0{; lglZrttf kfg ug{vf8l lqdf 3/h' sdbf/sf] əkdf sfd ug{nuf0Psf]kltagwnf0{ttsfn x6fpg'k5{.
- ; /sf/n] >lds kft ug] bzx; E b0klflo ; Demfx ug{k5{. jz /huf/df hfg] dlxfxəs]nf0{s6g]ts lgo]xəs] ; 2 kzf; lgs lfdtfs]dModaf6 ; Af0f kfg ul/g'k5 .
- ; /sf/n]hg bzxədf gkfnl sdbf/xəs] a9l sblt 5g\ToxfF6g]ts lgo] : yfkgf ug{f ; fy} Ps >d ofrl lgoQm ug{k5 .
- dlxf kjf; l sdbf/xəs]clwsf/ ; lglZrttf ug{j tfg sfgx h:t}jz /huf/ P, /fi6 >d glt cflbdf b]vPsf dhf]lxəs]nf0{x6fpg uDe/ əkdf Wfg lbg'cfj Zos 5 .

efu \$

cg'; 'rlxǂ

cg' !L ! M

Pr=cf/-6L-Pd=; L=; L=sfj; u7gfids 9frf



* ; dalwrt pk-; ldtstfj; øfhs

cg'Pl@M

/fli6o / lfglo sfozfnf÷j]ssf ; xefulxçsfgdfj nl

-s_ /fli6o :t/sf]k/fdz{a}S M sf7df08f}

lfglo :t/sf k/fdz{j]S / ;To tYo kQf nufpg ul7t ld;gxçs] ; Pgf / tYoxçnf0{cfwf/ agfP/ ; g\@)}& sf]hgj/l (df /fli6o :t/sf]k/fdz{a}S cfofhgf ul/Psf]lyof]. j]S ufldOf kg]gçfçf ; ÷yf -cf/=cf/-Pg= sf /fdk| fb ufçdsf] æg]kndf clyç, ; fdfhs / ; f:st[ts clwsf/ - 0P; ÷; l=cf/=sf] sfofç]ogsf] cj:yfç lj ifos k|tlt; ç}; ? ePsf] lyof]. To; cj ; /df bçzdf 0P; ÷; l=cf/=sf] kùltzn sfofç]ogdf bl]Vpsf rgf]txç / efjL /Ofgltsf] afçf 5nkm klg ; #fng ul/Psf]lyof]. pQm j]Sdf ; /sf/l lgsfosf kl]t]glwç, glt lgdfçfxç, dnb/ ; u7gxç, lz]fs ; u7gxç, lj Bfyl{ ; u7gxç, kof]ustfç ; dbfoç, kçfut ; u7gxç, wfldç ; dbfoç, cflbjf; l hghf]txç, blnt ; dbfo, dwç]lxç / dfgj clwsf/j fbl ; ÷yfççsf] kl]t]glwç] lyof]. pQm a]Sdf JoQm wf/Off tyf ; çmfj nf0{o; kl]t]gdf ; dfj ç ul/Psf]5 .

; xefulxçsfgdfj nl

qm; ÷	; xefulsf]gfd	; ÷yf	; Dks{g÷
!=	/fdk fb ufçd	cf/=cf/-Pg=	\$\$@!%#
@=	; a]w/fh kofs/ç	0ç; ç	@&* &&)
#=	zçtfn dNdl	uç; ÷; = dxf; ç	\$@#\$*(!
\$=	kç dy/fk fb >]7	; lP; = kl;	\$&*!@!@
%=	8f= chç sfslç	cf/=cf/-Pg=	\$\$!%\$!*
^	lj iOfksf/ >]7	l; PPr=0=cf/-P=; -6l	%@*(&%
&=	8f= ef]ç zdfç	; l=cf/=cfç; l=6l=	\$#&# ()
=	8f= uf]kns[Of l; j fsfçl	0gx/ç 0ç6/gçgn÷Pr=cf/-Pr	(!)#%* &^
(=	Zofdh kçfg	l; PPr=0=cf/-P=; -6l	(*!@\$!)&
!)=	5lj lnda'	Pn-PPr=0=cf/-Pg-Pg=cfççkl	(*!@#%)@*
!!=	dfçg 8ufç	r f0N8 gçfn	(*!)^(#!&
!@=	sçl= dxhç	kofç6 gçfn	\$@@(\$)
!#=	Pr=cf/= /çdl	; yfglo lj sfz dçqfno	%@^)&(
!\$=	kçfkl; * gfl5l/a	; Nkf dfl; s klçsf	@)&)%&
!%=	lj iOfçQm gfl5l/E	sçcf/-PgP; P= vfd	(*!%)\$)&
!^=	czfç kf7s	Ej f0; ckm gçfn	@#!@))&
!&=	lbks afç/f	cf/=cf/-Pg=)*!-%%)&#
!*=	sçj sdf/ bxfn	; lP=cf/-8l=cf/-0=8lP; P; =	(*!#)@))\$
!(=	l8lj= gçfnl	; k gçfn	(*)#)@!^#&
@)=	; çh' sç; l=	; l=cfç; lP=P=	\$@^!\$#
@!=	afa' gçfn	hçpçkl= gçfn	(*!!%\$)#&
@@=	lbgç yfçf	hgcf:yf ; fktflxt klçsf	(*!)^%&!!
@#=	dxfkçf/	gçfn ; dfrf/	@#@@@)@
@\$=	; dlçf l; v8f	0d]ç Rofgn	
@%=	/Tg >]7	Pkm8An=8l	\$@\$@^*#
@^=	; jçfh v8sf	cf/=cf/-Pg=-P; P-P=kl=0ç	\$\$@!%#
@&=	alb a= sç; l=	kl/jçç ; fktflxs	\$\$\$^@\$@

qm; =	; xefulsf]gfd	; :yf	; Dks{g+
@*=	dbg sfsf{	cf/-cf/-Pg=	\$\$!%\$!*
@(=	zfl6t clwsf/l	Pnfo6;	\$\$&\$^%\$
#)=	; lhtf zfs0	P-Pg=8AnP=	(*!#!*#@)#
#!=	lj Bf rrfkuf0{	Dfgj clwsf/ ; l6w cgludg ; eflhg ; ldl	\$@&*&))
#@=	ch6 aufn]	8l-Pg=0{	\$\$!^%!&
##=	zld6f ; j 6l	kkh7g j fr	(*!@\$#^@&
#\$=	s[0f kfyh	gkfnf	(*!#(*(\$
#%=	efhf e\$/f0{	k7sflng	(*%!)&\$\$&
#^=	lgns07 e\$/f0{	; l=0Pn=kl= gkfn	(*!\$#^)^!
#&=	af; b] l; Ubh	; l-P=Pr=0=cf/-P=P; -6l	(*%!)%\$)&\$
#*=	clgtf rrfkuf0{	Pn=P=; l=; l=	%%\$#!!!
#(=	s7j k} fb rrfkuf0{	066/ l/lnhg sfl6; n	(*%!)@\$\$&@
\$)=	; ldf n06h	cf/-cf/-Pg=	\$\$!%\$!*
\$!=	; b6l dl df:s]	cf/-cf/-Pg=	\$\$@!%#
\$@=	klhgf sdf{fo{	cf/-cf/-Pg=	\$\$!%\$!*
\$#=	Pstf zdf{	P; -P=P=kl=0{cf/-cf/-Pg=	(*!@##!#@
\$\$=	ef/tl kf7s	k7sflng	\$\$*%^#
\$%=	lzlz/sdf/ zdf{	lxdfnog 6f00; \	(*)#@%&\$*
\$^=	; lGhj l3ld/]	lkfBd knf/d	\$\$#!)(
\$&=	; lzn ykf	j 7f\$	(*!@^*#@
\$*=	ch6 e\$/f0{	u}; dxf; 3	(*!@!(&!)
\$(=	zld6f sfsf{	hfu/0f gkfn	(*%!)&#&*&
%)=	k6d zdf{	cf/-cf/-Pg=	\$\$@!%#
%!=	cf/4; = cfrfo{	; l=Pr=P=0=cf/-P=P; -6l	!)@)##
%@=	z/b 6ofkfg]	hfu/0f gkfn	\$@!(\$
%#=	kltdf uff;d	gkfn lj BfyL{olgg	(*!@#^&%^
%\$=	ck6 u?E	cf/-cf/-Pg=	\$\$!%\$!*
%%=	s[0fsdf/l j f0j f	; l6	(*%!)(!)!
%^=	lbg7 k} fb ef6	Pg=P; =; l=	(*!##)!\$*
%&=	x6d kfy/h	; l=Pr=P=0=cf/-P=P; -6l	(*%!)&@
%*	8f= ; 70b s7; l=		\$&&(((
%(=	8f= Clif clwsf/l	cf/-cf/-Pg=	(*%!)\$\$%(%
^)=	8f= /fd pk7l	; l=Pr=P=0=cf/-P=P; -6l	(*%!)#(*)(
^!=	8f= g6] lt dln; gf	kn76 PS; g	(*%!))!^##
^@=	s[0f ; j 6l	r f0N8 gkfn	(*%!)^(#!&
^#=	afns[0f b] s76f	; l=Pr=P=0=cf/-P=P; -6l	(*%!)^*\$@*
^\$=	6\$ axfb/ ykf	dfgj clwsf/	(*%)%\$)\$)
^%=	s[0f axfb/ zfxl	k7sflng	(*%!)!)*(&
^^=	k6f6 d6fnl	; l=Pr=P=0=cf/-P=P; -6l	(*!#%(\$^#
^&=	/d7 ykf	ldl8of	
^*=	b] sdf/ ; gjf/	b sf7d08f}kfl6	\$@^*^!%
^(=	hut a:g7	; l=P; =cf/=; l=	(*%!)*!!(&
&)=	d56b s7h	8lg8f=xuf]	\$\$#@!#!
&!=	b]/fh cfrfo{	Pg=P=P; -P=Pkm	!)^(l#
&@=	an/fd af:s76f	P=Pg=kl=P=	\$@**\$)#

qm; =	; xefulsf]gfd	; :yf	; Dks{g=
&#	ejfgl sfsf{	Pn=P=Pg=; L=cf]o= gkfn	(\$@\$)&
&\$	/fh]b cofn	Pkm0{cf]8An=P; =o=0Pg	(*!@\$ (**^
&%	efg/fh e08f/L	clwj Qmf	(*!#(&!)*
&^	tf/f a/fn	; L=P=Pr=Pn=cf0{cf/=P; =6L=	(*\$^)#^*^^
&&	:dltf cfrfo{	gl; E lj Bfyl{; ldlt	(*)#@\$%&\$
&*	k dnf >]7	; u/dfyf PkmPd=	\$&))!&\$
&(/fdrGb e\$	gkfn ; dfrf/ klqsf blgs	\$@* &&&&
*)	; /nf l; v8f	; u/dfyf PkmPd=	\$&))!&\$
* !	/fh]b urfkfnl	cf/=cf/=Pg=	\$\$!%\$!*
* @	z kf pk]t	oY PS; g gkfn	(*!%#&@(&
* #	zs/ 1jfnl	d]r]sfnl PkmPd=	(*)#@*!#)%
* \$	/]yf s' d	cf/=P; =	\$@^@^@)
* %	; lj l3ld/]	k]	
* ^	cho sdf/	0dfs;	(*!\$)#* (@
* &	efh/fh l3ld/]	cf/=cf/=Pg	\$\$!%\$!*
* *	/fh]b gflkt	0d]h Rofgn	\$\$\$#!\$!
* (cd]j sf >]7	/fli6 blnt g]j s{	@!*)\$@^
()	Zofd pkf]bfo	cf/=cf/=Pg=	\$\$@@!%#

v= lfglo :t/sf]k/fdz{a}S M dWoklZrd lfg

Pr=cf/=6L=Pd=; L=; L=sf]0P; =; L=cf/= pk-; ldlt]dWoklZrd lfg gkfnf ; g\@)) ^ sf]l8;]a/ !^
df Ps k/fdz{ j }ssf] cfof]hgf ufof]. pQm lfgdf 0P; =; L=cf/= sf]o]ogsf lfgdf bl]vPsf dVo
rg]t]x z / ; /f]s/f cf]n]g]g]ds klfx z sf] af/]f 5nkm ug{ pQm j }ssf] p2]o lyof].
; xefulx z n]0P; =; L=cf/= c]t/ut lgefpg'kg]; /sf/sf]b]f]o]j eldsfsf]af/]f c; G]t]f JoQm u/\$f
lyP . sf]o]md 0P; =; L=cf/= pk-; ldlt]sf ; b:ox z sdolg6l ;]km l/nfo; / uf]d]o]f kb]g]d]f]f ; :yf
gkfn]sf] ; dfof]hgdf ePsf]lyof]. hut a:g]n]pQm lfgdf cly\$; fdf]hs / ; f:s[ts clwsf/ -
0P; =; L=cf/= sf]c]j:yfsf]af/]f ; H]kt sf]k]q k]z ug{ePsf]lyof]. vf; u/l eldxlgx z d]fy ul/Psf]
lj e]sf]r]qm]o{pxf]h]k]t't ug{ePsf]lyof].

; xefulx z sf]gfd]j nl

qm; =	; xefulsf]gfd	; :yf	; Dks{g=
!=	g/L/fd n]x]f/	/fli6 blnt g]j s{ j }8l)(%)%%
@	l8Nnlaxfb/ lj =; L=	cf/=; L=; j lb]f)*\$\$@!)#\$
#	a; G]t uf]d	P8e]f]l km]d)*!%@&@
\$	ehg r]w/L	0G; \$; gkfnu#)*!%@)^*
%	nf\$axfb/ zfx	Piklno6 sf]o]af/ P; fl]zP; g, gkfnu#)*!%@%&!#
^	kOf]k] fb clwsf/L	Pg=Pn=cf/=Pkm gkfn)*!%\$!!%!
&	nldl cfrfo{	dlxnf hg]n]i6 km]d, gkfnu#)*!%^!#)#
*	sNkgf sfsf{	sDolg6 ;]km l/nfo;	(*\$*)#@#@
(ultf sf]o]/nf	lhNnf dlxnf clwj Qmf km]d ; v]t)*#%@##*
!)	ze/fh r]w/L	; L=P; =cf/=; L=; alb]f	
!!	j iff{/fhe08f/L	lbofn]kl/j f/)*!%\$)%&

q#; =	; xefulsf]gfd	; :yf	; Dks{g#
!@=	lj iof kfyjh	; L-P; =8l=cf/=, gkfnuh) *!%^\$#)
!#=	lj iof rGb	P; =al=al=Pkm, s]fnl) (!%&^%
!\$=	/fh]bdfg sfsL{	PkmP=j f0P=, s]fnl) (!@\$#*(
!%=	piff kf08]	:jl6 gkfn) ((%&(^
!^=	zftl zfx	dfgj clwsf/ tyf ; fdlhs lj sf; , afh/f) (&\$)#!&
!&=	nldl rfw/l	ufdl0f dlxf p]yfg s]b, bfE) *%^)*#&
!*=	; hgf kf]h	gkfnuh, afE]) *!%))@)
!(=	kfj [L l3ld/]	lhNnf blnt g]j s{ afE]) *!-%@)#\$!
@)	eflu/yl lj =s=	lhNnf lzlf sfofno, 88]w/f	\$@)) (*
@!=	8An lj =, l=	lhNnf lzlf sfofno, afE]) *!%@)#\$!
@@=	a]gnfn uktf	u} ; ; d]j o ; ldt) *!%@@()*
@#=	kzft 9sfn	u} ; ; d]j o ; ldt) *!%@@()*
@\$=	z]ef zfx	lhNnf lj sf; ; ldt, afE]) *!%@!))&
@%=	k0f]fn rS]	u} ; dxf; 3, afE]) *!%@&\$ (
@^=	?bk fb ; j b]	d]wbk]Zrd /fli6 b]gs) *!%@\$! *%
@&=	ljz k fb kf08]	gkfnl sfE] , afE]) *!%@!#^\$
@*=	sl/Zdf zdf{	; Tokq /fli6 b]gs, afE]) *!%@#) (\$
@(=	lj g]b eS/f0{	/]8of]e]l cfj fh, afE]) (*\$*)#) \$\$%
#)=	/fdz afw	/fli6 blnt g]j s{ s#gk/) ((%)@&
#!=	0Gb\$df/ zdf{	Pg=cf/=; L-P; = ; Nofg) * *%@)!)!
#@=	k\$z lj =s=	dfgj clwsf/ km]d, aemE) !(\$^!%\$
##=	Hj fnl; * l6?j f	blnt g]j s{ s]fnl) (!\$!!%\$
#\$=	cf>d rfw/l	P; =8AnP=Pg=, bfE) *@%\$)@)#
#%=	lbkaxfb/ /fgdu/	lgj t]fg clwlf, lhNnf lj sf; ; dlt, alb]f	
#^=	uf]j Gbk fb kf08]	lgj t]fg d]b/, uhl/of gu/kfinsf, alb]f) *\$\$@))%!
#&=	lbgzk fb >]7	/fwfS[0f yf? hg;] f s]b, j lb]f) *\$\$%)%&\$
#*=	uf]j Gb g]kfg]	c]t/f]6 lj sf; lj efu, ; fdbfos ; xof]u sfo]md) *!%@(*@
#(=	afns[0f rfw/l	cf/=cf/=Pg=, gkfnuh) *!%))%(@
\$)=	gj /fh nd; fn	; :6]an 8]enk]6 ;]6/ b]h]) * (\$@)!&#
\$!=	lj iofk fb kfyjh	0G; \$, ; vE) *#%@@)*\$
\$@=	/fh]b clwsf/l	cf/=cf/=Pg= ; vE) *#%@) (^
\$#=	sdn /odfent	cf/=cf/=Pg= ; vE) (*\$!\$!#\$%
\$\$=	kbd zfxl	8An'8An=kl=kl=, afE]	
\$%=	cf0]kl= v/h	clwlf, hgdf]f{gkfn afE]) *!%@@^(@
\$^=	s[0f k fb cfrfo{	lhNnf kzf; g sfofno, afE]) *!%@%##!
\$&=	7fs/l; * yf?	d]wbk]Zrd ; Gb]z) (*%*)@! *!*

qm; =	; xefulsf]gfd	; :yf	; Dks{g=
\$*=	/fdzj / afk/f	lxdfn va/ klqsf, /fhwfgl blgs	(*%*)#@%!!
\$ (=	lzj r/of dx tf]	cf/=cf/=Pg=, afE]	(*\$*)#@%&)
%)=	slnkf kf08]	cf/=cf/=Pg=, afE]	(*\$*)#!!\$)
%!=	sdnf kGt	cf/=cf/=Pg=, afE])*!%@%!!%
%@=	oj /fh bj f8L	df0tl gkfn, afE])*!%@%#@
%#=	bbfvg clwsf/L	cf/=cf/=Pg=, afE])*!%@%##&
%%=	hut a:g]	; lP; =cf/=, L, s7df08f}	\$#^)\$^
%^=	/fDixif(lwtfn	; lkl-Pg= -oPdPn=, afE]	(*%*)^* &\$ (
%&=	al4/fd yf?	cf/=cf/=Pg=, afE]	(*\$*)@%#^)
%*=	wgaxfb/ P]	xlfef6f; , gkfn	(*%*)@#!&
% (=	s[0frGb l3ld/]	lhNnf lj sf; ; ldt, afE]	(*%*)@)^^(
^)=	efg'k/fhhl	cf/=cf/=Pg=, srfgk/)((%@%)^%
^!	/fhsdf/ rfw/l	cf/=cf/=Pg=, alb6f)*\$\$@)@#)
^@=	g'tgb] kfy/h	cf/=cf/=Pg=, alb6f)*\$\$@)@#)
^#=	lbks afk/f	cf/=cf/=Pg=, alb6f)*\$\$@)@#)
^\$=	/fdk fb uf;d	cf/=cf/=Pg=, s7df08f}	\$\$!%\$!*^

u= lfdlo:t/sf]k/fdz{j}S M kJf{rn lfd

gkfn ufdlof kg:yfkgf ; :yf / km}6 PS; gsf]; efhgdf Pr=cf/=6Pd=, l=, l= sf]0P; =; l=cf/= pk-
; ldtaf/f ; g\@))^ sf]l8; la/ !\$ df lj /f6gu/ -k}f{rn lfd df cly\$, ; fdilhs / ; f:s[ts
clwsf/ -0P; =; l=cf/= ; Da6wdf Ps k/fdz{j}S cfofhgf ul/of]. :yfglo d2fxz / :yfglo
; dbfoxz n]Joxfgk/\$f ; d:ofx;sf]af/df pQm j}sd f 5nkm ul/of]. o:tf d2fxz nfo{vfh l ug
pQm j}sn]; xefulx;nf0{cf'gf cgej / ; /f\$]/nf0{k}tt ug\$]nflu ; xhls/of u/\$f]lyof]. pQm
sfoqmd km}6 PS; gsf 8f= gq ltlD; gfn] 0P; =; l=cf/=sf] cj :yfsf af/df Ps cgludg kljtjhg
k}tt ug\$Ps]lyof]. pQm j}sd f p7\$]f d2fxz nfo{o; kljtjhgdf ; dij z ul/Ps]5 .

; xefulx;sf]gfdj nl

qm; =	; xefulsf]gfd	; :yf	; Dks{g=
!=	; efiif uf;d	cleofg gkfn, ; g; /L)@%*#%!!
@=	cho ofbj	kff klAns, df7E)@!%@@!\$
#=	sdf/ lj ; fv]	blnt ; r]gf ; dhn, txyd)@^\$^)) *#
\$=	nf\$Qb zfSo	l; lj g gkfn, la/f6gu/)@!%#&))
%=	vD/fh gkfn	; eQm 6fh ; u7g gu/ ; dgjo ; ldt, lj /f6gu/	(*%@)@!%@%
^=	dfxgk fb e\$ /f0{	8f8f] df7E	(*\$@)@\$@\$
&=	dfxgaxfb/ ykfk	pkeQmf ; Af0f dF gkfn, lj /f6gu/	(*\$@)@\$@\$
*=	; /:j tl sQ/fnf	cf/=cf/=Pg=, df7E)@!^@!&(!
(=	/Ltf e\$ /f0{	P=al=; l= gkfn, df7E)@!%#&!&\$
!)=	; Gh' zfx	hfu/of gkfn, df7E)@!%#&!&&
!!=	s[0fxl/ l3ld/]	u}; dxf; z gkfn, df7E	(*\$@)#)&#(
!@	sDf/axfb/ >]7	lhNnf lj sf; sfoqmd, df7E)@!%#@!^\$

qm; =	; xefulsf]gfd	; :yf	; Dks{g=
!#=	z\$ / ykfk	u}; dxf; 3 gkfn, dfjE	(* \$@)%#@!^\$
!%=	; jOf{sdf/ sdf fof{	/fli60 dfgj clwsf/ cfofu)@!%#&(#@
!^=	lqnf\$ gpkfg]	u}; ; ofhg ; ldt)@!%*!*^
!&=	jL/Qb clwsf/L	8L=Pn=klP; =kl, dfjE)@!%@\$&*\$
!*=	/dZrGb kfBh	g\$kf Pdfn]	(* \$@)#(*
!(b]lk fb e08f/L	kof; gkfn, dfjE)@%*%\$(@*
@)=	/Lz d zdf{	cf/=cf/Pg=; ; g; /L)@!%#*!#!
@!=	lbgz zdf{; fu/	g\$=kf= dfcf] fbl, dfjE	(*%@\$^!@!
@@=	; bzg k fb 9sfn	lj /f6gu/ pk- dxfgu/kflnsf	
@#=	lktfa/ bxfn	g\$= dfjE ; lrj	(*%@)@@(*
@\$=	chg pkjl	u}; dxf; 3, dfjE	(*%@\$^!@!
@%=	dqfh dfgw/	cf/=cf/Pg=; ; g; /L)@%*%\$^@*
@^=	; ? s; l=	; f]u/fF, dfjE	(*%!)@##)%
@&=	wd{hfzl	o'Pg=Pr=; l=cf/=	(*%!)!^!)*
@*=	ldg > j7	df0tl gkfn)@! \$#%&(\$
@(=	shrGb bxfn	cf/=cf/Pg=; lfql0 ; ofhs)@!%#\$)&&
#)=	8f= gqk fb ltlD; gf	u}; dxf; 3, gkfn	\$&*!!!@
#!=	; fdl/fh ykfk	0G; \$, lj /f6gu/)@!%@\$)@%
#@=	gjlgdsdf/ sfsf{	cf/=cf/Pg=; lj /f6gu/)@!%#\$)&&
##=	lgbfz dx tf]	cf/=cf/Pg=; lj /f6gu/)@!%#\$)&&
#\$=	efhf kf; j fg	; /:j tl ; fdbflos lj sf; d-r, ; kt/L)##%^)(^^
#%=	k\$z vltj 8f	0g; \$, ; kt/L	(*%*%@)#!
#^=	pl; j cfef	cf/=cf/Pg=; lj /f6gu/)@!%#\$)&&
#&=	clgtf kl/of/	; du; l; /fxf)##%^)%&^
#*=	l/Sd lj Zj sdf{	j l:tk/ uf-lj=; ; l; /fxf)##%^!()%
#(=	lbgz cofh	cf/=cf/Pg=; /fxf)##%^!()%
\$)=	elijG\$df/ e08f/L	cf/=cf/Pg=; lj /f6gu/)@!%#\$)&&
\$!=	j ; Gtnldl pbf;	cf/=cf/Pg=; emkf)@#%*%&(!
\$@=	kgd kGt	cf/=cf/Pg=; kt/L)##%#@##(@
\$#=	k':ts cfef	; lP; =kl=; wgsdf)@^%@)%^(
\$%=	kfl pklt	8L=; l=kl=; dfjE	(*%@)@)*&\$
\$^=	dfh/fh 8fgh	; l=8L=cf; dfjE	(*%@)@)*&\$
\$&=	klpksdf/ k/l	; dfh ; j l ; dx gkfn, emkf	(*%@&#^@&
\$&=	nldl k fb lwdfn	8L=8L=; l=; Pn=8L=Pkm; dfjE)@!%#^!)*
\$*=	slof0l bxfn sf0/fnf	dlxnf lj sf; ; 3, dfjE)@!%@&@!
\$(=	dfxg k fb 9sfn	cf/=cf/Pg=; lj /f6gu/)@!%#\$)&&
%)=	dlhtf pkllfo	cf]\$, dfjE)@!%@%)^(
%!=	0Gbaxfb/ /f\$	cf/=cf/Pg=; lj /f6gu/)@!%#\$)&&
%@=	; Gtff rfw/L	8L=8L=; l=; dfjE	

cg' Pl # M

afh'/df vfB ; s6

ætVof^as xf0g, s[of klxnf lj if lknfpm=Æ ol zAbx; tYo ; sng ug{uPsf]ld; gsf]xf0gg\,a? ol t afh'/fsf hgtfx;sf]xf] hf]lj ut sxl dlxgfb]v vfBfgaf6 al-rt 5g\ xg t utj if\$]cl; gf / v8]ln]o: tf]; s6 lgd'tfPsf]xf] t/ of]; f/fz kljtj hgn]afh'/f lhNnfd'f cem hl6n l:yltsf]af/df rrf{ub\$, h; n]vfB c; /lff kb'f u/\$]f]5 .

; g\@)) ^ sf] cui6df Pr=cf/Pd=6lPd=; l=; l=sf] 0-P; =; l=cf/ pk-; ldltsf]; æfh'gdf Ps cgludg 6f]hln] afh'/f lhNnfsf]; s6u]t lfgsf] cj n]f\$g u'of]. pQm 6f]hln] s] kQf nufof] eg] lhNnfsf dl:snn] kfF kljtzt hg; ^avofnf0{dfq :yfglo pTkfbgn] vfg kU5 / w}} hgtf df} dl ; kdf hl]j s]kfh'gsf]nflu ef/ttk'f hfg]u5g\ afnlsf]Göb pTkfbg, eldxlgtf, sdhf] e="agf6 / l; lrt hlufsf] sdl nufotsf w}}sf/0fx; o; sf nflu sf/st]j xg\ . h; sf]sf/0f w}}hgtfx; cf'gf] pTkfbgaf6 cfk'nf0{/ cf'gf]kl/jf/nf0{dfq 5 dlxgfsf]nflu vj fpg ; lfd 5g\

vfB ; #yfgsf l8k'f; -e08f/_ s]n b0{7fp'f 5g\m pQ/tk'f]df6f8l / s]f]6l l'f; jf lhNnf kzf; g sfof]nosf]xtf leq . o:tf l8k'f;df vfB ; fdfull kf05g . df6f8ldf vfBfg h'ldf ug{!@ df0n lx8] ; f'au/ cfp'gk5{eg}s]f]6ldf hx'faf6 dfq ; e; 5 . hgtfx; hf]b0]bg nufP/ l8kf] wfp65g\ pglx; l/Qf]xft 3/ ks(5g\ . xf:of:kb ; kdf lhNnf lj sf; ; ldltdk'f\ufdlOf ; dbfo k'f'f'f/ l'gd'f'f sfo'ndn] cf/=; =cf0=8An=" rn]Psf] æsfdsf nflu vfBfgÆ e[eg] sfo'ndn] t emg] uDel/ ; d:of kb'f u/\$]f]5 . lhNnfsf w}}7fp'f; , hx'f>ldsx;n]gofFaf6fx; agfPsf 5g\pglx;n] :yfglo lgsfoaf6 Hofnf kfPsf 5g\g'kn ; /sf/n]klg o:tf]; d:ofnf0{uDel/ ; kdf lnPsf]5g .

pbfx/0fsf]nflu ut cfly\$ j if\$] ah'of ; /sf/n] vfBfgsf] 9j fgl vr'nf0{ cf'gf] /\$as -/ftf] l'stfa_ df ; dfj z ug{ ; s; h; n] ubf{ >ldsx;nf0{ hf]vddf k'fof] . o; sf] cltl/Qm cf/=; l=cf0=8An="f/f Joj :yf ul/Psf]vfB kofsh -rf/ lsnf] rfdn / \$; k'f'Fkl'tlbg s'fdbf/nf0{ Hofnf_ w}}hgtfx;n]k'f' u/\$f 5g\ . afnaflnsf; klg kl'ta4tf ul/Psf]df'f rfdn - hg rfdnnf0{ahf/df l'sb'f dfq #) ; k'f'f'f]snf]k5{ k'f'f'f'f ugaf6 al-rt 5g\

o; af6 of]lgisif{lgsf]lg ; l's65 eg] vfB c; /l'f'sf sf/0f afh'/f lhNnfd'f >d / z'f]f'of ePsf]5 . k'f'v lhNnf clwsf/l / :yfglo lj sf; clwsf/l bj h'gn]afh'/fsf hgtf kl'8t ag\$] :jlsf/ u5g\ t/ Jofkt ; s6nf0{; dfwfg ug{c; lfd 5g\ . pglx;n] ug{ ; Sg] P'sdfq sfd eg\$] s]b'nf0{/ ; Dal'wt lgsfonf0{pQm ; s6sf]af/df w'bg lbg cfux ug{xf].

; fB ; /l'f'sf]p2]o x/\$ JolQmf0{pglx;sf]le'g le'g ; f:s[ts / w'ld\$ kl/l:ylt'nf0{w'f'gd'f /fv] kof'f'f vfB kl/0f'ddf kx'F k'f'of'pg' xf, h; af6 pglx;n] ; lq'm / :j:y hljg h'lp'g k'f'p'g . t/ vfBfgdf kx'F / To; sf]k'f'f'f afh'/f lhNnfd'f ; f'f'f]e'6b'f 6f9f 5 .

ToxfVvfBfgsf]kx'Fnf0{dfq j]f:tf ul/Psf]5g, cem a9l vfB pTkfbg / 9j fgl'sf]; lj wf ; d; 5g . ; fy]s8f kl/>d ug{>ldsnf0{; d; Hofnf lb0Psf]5g . vfB ; s6af6 a9l k'f'lj t l'f'x; , Toxf'f'f e'f'f]ns cj:yf, h:t} kxf8 / l'xd'nf; ; f hf]8Psf]5, hx'f'f'f hgtfx; ^ dlxgfsf]nflu dfq klg vfBfg pTkfbg ug{c; lfd 5g\ . h; /l kxf8l l'f'x;df e'f'f'f s k'f'f'f'f/x; , h:t} af6f] / 9j fgl'sf ; lj w'f'sf cef]n]vfBfg k'f'f'f'f'f sl7gf0{pTk'g ePsf]5, To; /l g]hgt'f'sf]j s]lnks c'f'b'f'g'sf]>f'f' g'x'g' c'sf]sf/0f ag\$]f]5 .

o; af6 vf; u/l dlxnf, afnaflnsf, blnt / cfly\$; kdf u/la / lk5l8Psf l's; fgx; al-rt / hf]vddf k/\$f 5g\ . h; sf sf/0f w}}afnaflnsf; æ; 't dgl:ylt'Æ h:tf /f'af6 ul; t 5g\ .

gkfnf cly\$, ;fdlfs / ;f:slts clwsf/ Mcj:yf / kjD

ToxfE] k/Dk/fut / ?9lj fbl ; :sf/ / ;fdlfs dNo / dftotf cflbn] dlxfx;nf0{ cem a9l
;ldfctls[ug\$]; fy}vfB kkt ugaf6 al-rt ul/Psf 5g\

clxn\$]cj:yfdf vfB ; \$6 ePsf lhNnfx; du' xDnf, snlslf, hDnf / 8fkfsf hgtfx; afEgsf]
nflu ; 3if{ul//fv\$ 5g\ afh/f lhNnfsf]; fk6f ufj = :sf dflg; x; h; n]klxn]; :g' lu7xf /
cGo jgdf kf0g] kinklnx; vPsf lyP, pglx; clxn]To:tf ?vsf xfEfx; vfg aNo 5g\
ldgaxfb/ /f\$of gfd u/\$f :yfglo lzlfssf cg; f/ ; fk6f utpE @ jifl rDkf nxf/ gfd u/\$l
Ps dlxf ?vsf o:tf afqf / 8f vfP/ ePsf] skf]0sf sf/Of pgsf] aRrf; E] pgl ; Ts]L xg]
cj:yfdf dl/g\

lg:sifE] ebf of]To; Ifqsf hgtfnf0{e\$sd/Laf6 / To; ; E ; DalGwt ; d:ofaf6 arfpgsf] nflu
pRr kfyldstsf ; fy Wofg lb0gkg]ahf xf]. ; /sf/n]; Dkof{hgtfsf]vfB ; /Ifsf]; lgZrttsf]
nflu lhDd]f/l axg ug{k5{. gkfn ; /sf/n]afh/fsf af6] agfpb}u/\$f s8f kl/>d ug]hgtfnf0{
; Ddfg u/l pglx;nf0{5\$0Psf] rfdn oyfzl3] kbfug ug{k5{. ; fy}To; Ifqsf]vfB ; \$6nf0{lgdfh
kfg{cGo /fxtsf sfqmdx; tIsfn nfu"ug{k5{.

vfB ; /If cfwf/et ;fdlfs cly\$ cflwsf/ xf]. ; /sf/L lgsfo, u}; /sf/L lgsfo, cft/fk6
u}; /sf/L lgsfo cfh vfB ; /If k46sf]nflu dVo eldsf vlg]; :yf xgV loglx;n]w]}vfnsf
kl/or]hgx; / /fxt sfqmdx; h:t} asf]nflu vfBfgE h:tf cleofg sfqf]og ug{; \$5g\
To; h] ltglx;n]vfB clwsf/nf0{oyfydf ; a\$]nflu ; lgZrt ug{cf'gf] eldsf cem kefj sf/L
agfp h?/L 5 .

cg' PL \$ M

; eQm / fi6«; 3
cfly\$ / ; dflhs kl / ifb

cfly\$, ; dflhs tyf ; f:s[ts clwsf/ ; ldlt
#*cf); ef
#) clkh-!* d]@))&

cgagwsf]wf/f !^ / !& cgtuft kl / fi6n]kz u/sf kljtjbgx;dfl
cfly\$, ; dflhs / ; f:s[ts clwsf/ ; ldlt]lgisiff(ds l6k0flx;

gkfn

!= cfly\$, ; dflhs / ; f:s[ts clwsf/ ; ldlt] cfly\$, ; dflhs / ; f:s[ts clwsf/ ; Da6wL
c6t/ff60 cgagwsf](E/C 12/NPL/2) sfof]j ogsf] ; Da6wdf gkfn]sf]bf] f]cfj lws kljtjbgdfl
@))& sf]d]! / @ df ; Dk6g o; sf]t] f] rfyf]/ kfFf]a]sdf (E/C.12/2007/SR. 3-5) 5nkm u#of]
/ d]!^, @))& df a; \$f]o; sf]@^cf]a]sn]tn pNn]vt lg:siff(ds cj n\$gx;nf0{kl/t u#of]M

s= kl/ro M

@= ; ldlt kl / fi6n]bf] f]cfj lws kljtjbg t]sPsf] ; dodf / ; e]Jo cj :ydf ; ldlt]lgib6 u/sf]
dfu]g]zgc6t/ut /xl, ; fy} ; ldlt] ; lrs]t u/sf]d2fx;sf]hj fkm lxt (E/C 12/Q/NPL/2) kz
u/sf]df ; Gt]f] JoQm ub5 .

#= ; ldlt kl / fi6sf kl]t]glwx; ; E ePsf]vNnf / /rgf]ds 5nkm / ; ldlt]p7fPsf k7gx;sf]
hj fkmnf0{ k}zf ub5 . To; u/L ; ldlt] ; lrs]t u/sf]d2fx;sf] ; fy} cl3Nnf lgisiff(ds
cj n\$gsf]af/df p7f0Psf lj z]f k7gx;sf]lnvt hj fkmnf0{kz#f ub5 . t]lg ; ldlt] s]L
; jfnx;df ; l6wdf Joj :yf ePsf]clwsf/sf]pkef]usf]cj :yfsf]:t/ aem]sf]nflu koff]t lj j /Ofx;
pQm ; f'gdf lj :t]t] /sf]n]k]tt gePsf]ff]lv6gtf k\$6 ub5 .

v= ; sf/f]ds klfx; M

\$= ; ldlt lj ut j ifdf kl / fi6df zfl6t / :ylo]j k]kt ug] ; jndf ePsf pNn]vo k]ltx; , vf; u/L
; g\@)) ^ clkhsf]kl]t]glw; efsf]kg:yf]gf, ; g\@)) ^ gfe]a/sf]gkfn ; /sf/ / gkfn sDolgi6
kf6l{- dfc]f]bl_ alr ePsf]ax]t\zfl6t ; Dem]f]sf]lgisiff{ gkfnnf0{wd]g/k]f /fi6df kl/j t6 ug]
3f]f]offsf ; fy} ; g\@))& sf]hgj /ldf hf/L ul/Psf]c6t]d ; ljwfg, h; n]w}]cfly\$, ; dflhs /
; f:s[ts clwsf/nf0{; df]z ub5, tl ; a]nf0{:j fut ub5 .

%= ; ldlt c6t]d ; ljwfgdf /fi60 dfgj clwsf/ cfof]unf0{; j]w]lgs lgsfosf]kdf :yflkt u/sf]df
/ /fi60 dfgj clwsf/ sfo[off]hgfy k]t]lg j if]sf]nflu glj s/Of ul/Psf]df ; Gt]f]f] JoQm ub5 .

^= ; ldlt kl / fi6df ; l6w sfof]j og cgludg ; Da6wL ; b0 / ; yfut Joj :yf ePsf]df To; nf0{
; j fut ub5 . of]/fi60 dlxn] cfof]u aw]lgs lgsfosf]kdf :yfkf ePsf]df ; j fut ub5 .

gkfnf cly\$, ; fdlhs / ; f:st[ts clwsf/ Mcj:yf / kjQ

&= ; ldt kl /fi6m]hftdf cfwf/t ljeþ / ; fdgtl cEof; x, h; n]k/Dk/fut 2kdf ; ldf[tlst
; dx, h; t:] blnt, sdþf, dwzL, yf? / c6o ; dx, sf] cly\$; fdlhs / ; f:st[ts clwsf/sf]
pkef[ug{Joj wfg k%ofPsf 5g\ltgsf]p6dhgsf nflu u/\$f]kxnsbdx;nf0{:j fut ub5 . o; sf]
xsdf ; ldt[n]5j f5t / hftefts] cfwf/df ul/g] c6o ljeþ;nf0{c6t/d ; h; wfgsf] dflbdaf6
; d] klta6w nuPsf] / sdþf >lds -klta6w P6 @))@ nfu"u/\$f] :j fut ub5 .

*= ; ldt ; #b -sfg_ j f c6o dflbdaf6 dlxf / k?if alr ; dfgtf kþfg ug[vf; u/L dhsl P6df
; zfv[u/L azhsf cfwf/df ul/g]eþefj nf0{p6dhg ug[sfo; kl; Gtff JoQm ub5 .

(= ; ldt kl /fi6m] ; g\@))@ df c6t/f6 >d ; #7gsf]cle; l6w g#@(- afllos/L >d; Da6w_ /
g#!* @ -lgs[6 afn>d; Da6w_ cgdffg u/\$f] / ; g\@))^ sf] cui6 @* df kl[lgw; efaf6
; /sf/nf0{c6t/f6 >d ; #7gsf]cle; l6w G#!^(- cflbjf; L tyf hghft; Da6w_ nf0{cgdffg
ug{egl u/\$f]lgbz g k]tj kfl/t u/\$f] To; nf0{:j fut ub5 .

u= ; l6w sfof] ogdf cj /fv k%ofpg]tj Pj +s17Gff0; M

; ldt of] s/f :jlsf/ ub5 ls, ; l6wsf bfoj x, lgj f[ug[kl /fi6sf] kþf; nf0{lj eflht Pj +
lx;fids a6asf kl/of]tx, Vff; lf/L 7hf] ; Wofsf kl8tx / kl8tsf kl/jf x, 7hf] ; Wofsf
lj:yflkt JoQm, g/fd] E lauf/Psf] eflts ; Argfx, h; n]a:t' / cfj Zos ; fj hlg ;]fsf]
cfj t-hj tnf0{cj /fv k%ofPsf]5, cflbn]cj /fv k%ofPsf 5g\

3= ; /\$f/sf kdV lj ifox; M

!!= ; ldt of] s/fdf bW JoQm ub5 ls, ; ?sf]kl]tj þgdf sfof] og gePsf]cj:yfnf0{lnP/ ; g\
@)! df ul/Psf w]i; kfl/; x;nf0{kl /fi6m]kþf] sf/L t]/sf] ; afv[u/\$f]5 . tn pNn]vt
; /\$f/sf kdV lj ifox, hg cgj/t 2kdf clxn]klg TolQs}; f6les 5gW

- gkfnf Joft ul/al, vf; u/L ufdlOf lfg, hxFu/La / dlxfj ?4sf] ljeþnf0{a9l pNn]y
ul/G5 / o; }; Gbefn0{lnP/ To:tf 36gf / ulx/bf]ul/alsf]tYof^s sf]cefj 5 .
- gkfnl ; dhd[b]v k/\$f]dlxf / k?if alr]sf]c; dfgtf ; j;wfgs ; dfgtfsf] ; lglZrttfsf]
afahb klg dlxf;sf] ; fj hlg ;]fx;df sd pkl:ytL, pRr dlxf lg/lf/tf / c; dfg
kfl/>ldssf]cj:yf sfod}5g\
- 7hf] ; Wofdf s6lx / dlxf; a]of]Qsf]nflu a]lavg x65g\ . o:tf]cEof; sf] ; Gbef
kl /fi6sf]pNn]yof]o kl]tj fbsf]eldsf]sdl b]vG5 .
- 3/h'lx;f pRr /x\$]/ of]lfgdf lj z]f sfggsf]cefj 5 .
- gkfn]pRr a]fhuf/L b/ / ; lkdhs lzlf]sdl .
- dQm sdþfn]cfj; , hldg / sfd clg afnafnsf]nflu lzlf cflbdf eflg' k/\$f] ; d:of .
- >lds / pgl;sf kl/jf/nf0{pkoQm hljg:t/sf]nflu 66td kfl/>ldssf]nflu sfggl
kljwfgsf]cefj /x\$]5 . of]lj z]f u/L s]f lfgdf Joft 5 .
- afn>dsf a9hf]36gfx; , vf; u/L ufdlOf e]udf .

!@= ; ldt /fi6 dfgj clwsf/ cfof]df cfoQm;sf]l/Qmtfnf0{pNn]y ub5, h; n]ubf{kL /fi6df
dfgj clwsf/ ; AfOf / kþ4gdf uDel/ c6t/ b]vPsf]5 . ; ldt of]klg ; /\$f /v5 ls, c6t/d
; h; wfgdf cfof]sf]cly\$:j foQtnf0{Joj:yf ul/Psf]5 .

!#= ;ldlt of] ;/f\$ / JoQm ub5 ls, cgtl/d ;ljwfgdf hfltotfdf cwfl/t ljeþnf0{klta6w u/7fklg o:tf ljeþx2 cem b08xlgtfdf l6s\$ 5g\ . ;ldlt hfltdf cfwfl/t ljeþsf klI8tx2sf] 6ofodflysf]kx Fdf afwf c8kg vlg' k/\$fðf ; /f\$ / /Vb5 .

!\$= ;ldlt gkfnsf w7} efux2df cftl/s 2kdf lj:yflkt JoIQm2nf0{;7lft tl/sfn] cf^gf] 3/ kms6 glb0Psf]jf pglx2 xfn hxfal; /fv\$ 5g\toxf; dflxt xg glb0Psfðf ; /f\$ / /Vb5 . w7} 36gxf2df ; g\@)) ^ sf]axt\zfl6t ; Demf:fsf]lj ?4 ol dflg; x2sf] ; DklQ / eldx2 lkmtf{ul/Psf] 56 . ;ldlt cftl/s 2kdf lj:yflktx2nf0{klxrfg ug]dxTj fsfl#l cfwf/n]ubf{l j:yflktsf] ; Af0f / pglx2nf0{kþfg ul/g]lftkl't{/ ; xofudf hg klffft ePsf]5, To; df ; /f\$ / JoQm ub5 .

!%= sxl v/fa k/Dk/fut cEof; x2nf0{sfggáf/f klta6w ul/Ptfklg of] ;ldlt To:tf cEof; x2sf] pkl:yltnf0{nuff/ 2kdf ; /f\$ / JoQm ub5, h; n]dlxnf2 / sðlx2sf]clwsf/nf0{xgg\ub5 . To:tf kyfx2, h:t} bþsl -eujfgnf0{sðl r9fpg' afbl -afbl hfltdf Joftt j7of] Q_ 5fpk8l -dlxgfj/f l ePsf]ahf dlxnf0{pgl cz4 l5g\veg]7fg7 cnu ug] afnljjfx / af\$; l kyf cflb xg\ o; sf]xsdf ;ldlt kl /fi6sf]bf] fl]cj lws kljtjhgdf o:tf cEof; x2sf]k0f{l:ylt / o; nf0{ p6dhg ug{ul/Psf kxn2 2dfj 7 gul/Psfðf c; Gtff JoQm ub5 .

!^= ;ldlt ufdl0f dlxnf2sf]g/fdfl]cj:yf, vf; u/l tl dlxnf2, h; sf]cj:yf áðan]ubf{emg} ljluPsf]5, h; df yf? dlxnf ; d7 /x\$ 5g\h; n]cfknf] >ldfg\áðasf]ahf akQf agf0Pdf jf >ldfgsf]d[o'ePdf :j tlljwj f xl65g\o; nf0{ulDe/ 2kdf ; /f\$ / /Vb5 .

!&= ;ldlt a9bf]dfqdf a7fhuf/l, / cw{a7fhuf/l sf cj:yfkl't ; /f\$ / /Vb5 . o; af/ðf of] ;ldlt n]pQm cj:yfsf]af/ðf cg/fw ul/Psf]d2sf] ; Flcg' f/ ; Fgf kl't gu/\$fðf bM JoQm ub5 . vf; u/l /fhuf/, a7fhuf/, cw{a7fhuf/sf]:t/ kj Q, vf; k\$[tsf sdbf/x2sf]cj:yf, hg ; l6wsf]wf/f ^ cg' f/ To; sf]cg' /0sf]af/ðf dNo^sg ug{cfj Zos 5 .

!*= ;ldlt ; g\@))@ df sdðf kyf p6dhg ul/Ptfklg pglx2n]eflg' k/\$f]hl6n c; ljwfx2, sfddf kR / hlj gofkg / afnafnsfx2nf0{pkoQm lzlfdf sl7gf0{cflbklt ; /f\$ / /Vb5 . ;ldlt of]klg ; /f\$ / JoQm ub5 ls, kl /fi6df /x\$ /fhuf/l sf]cj; /sf cefj sf sf/0n]ubf{b7, ; dfh / ; dftfj fbl ; Da6waf6 hgtfnf0{cj /fw pTk6g ePsf]5 . vf; u/l k] \$dðsf] / k] xlnofx2sf] xsdf of] nfu" x65, hf] cf^gf] kf] {cj:yfsf] aflbftds >dsf]cj:yfdf kilsPsf 5g\ hxfá6 pglx2nf0{dQm ul/Psf]elg65 .

!(= kl /fi6]afn>d p6dhg ugdf u/\$f]kpf; x2sf]afj hb klg afn>ldssf]pkl:ylt pRr 5 vf; u/l hflvd k0f{sfo2 sf] lqsf] sfo{xftn]ul/g] sdx2, cflflus lqdf ul/g] sfo{ 3/7' sfd / kmf7=sj f8lsf ; fdfg p7fpg] sfðf pglx2sf] ; mlgtfkl't ;ldlt ; /f\$ / JoQm ub5 . ;ldlt n]afnafnsfx2 aw]f dhb'/sf]2kdf sdx2df ; mlg e0/x\$ðf uDel/ ; /f\$ / /Vb5 .

@)= ;ldlt cflwsf/s 2kdf lgwf{0f ul/g] Hofnfb/ >ldsx2nf0{/ pglx2sf] kl/jf/nf0{k0f{t hljg:t/ lgjfx ug{Psbd}ck0f{t 5, To; df ; /f\$ / /Vb5 . cema9l cflwsf/s kfl/>lds b/ dfq cflkrfl/s lqdf nfu' 5 / hg s[if lqdf nfu' ul/Psf]56, hxfFtlg efu >ldsx2 sfo{t 5g\ . o; df ;ldlt ; /f\$ / JoQm ub5 .

@!= kl /fi6] gj fhj sf; of]hgdf ul/al lgj f/0df k0lt xfl; n u/]klg /fhodf pRr :t/sf]ul/al Joftt 5 . hxfF#)U hg; wof cflwsf/s ul/alsf] /yfdlg afRb5g\ . o; df ;ldlt uDel/ ; /f\$ / /Vb5 . ;ldlt n]kl /fi6nf0{bf] fl]cj lws kljtjhgdf lnu, hft / wd\$]cfw/df 5l/Psf ul/alsf 36gxf2 / To; sf]ulx/f0sf] ; Fl tof/ ug{cg/fw u/\$f]lyof] To; sf]af/ðf ; d7 lj:t7 jflif6 tYof^s kl't gePsfðf ;ldlt bM JoQm ub5 .

@@= hg; wofsf]Ps rfyf0{efu skf]f0df afRg' k/\$fðf ;ldlt uDel/ ; /f\$ / JoQm ub5 . kxf8l /

gkfnf cly\$, ; fdlhs / ; f:slts clwsf/ Mcj:yf / kjQ

lxdfnl lhNndf a:g] clwsfz hg; Wofn]df} dl 2kdf vfBfg ; s6 axf' k/\$]5 . hxfFs; fgx2
Gog pTkfbg xg]6qm] hluufdf v:l ub5g\h; nfo{h8 ; fdlhs ; Argfn]ubf{tNnf]hftsf ; dbfo
; fdixs hlufaf6 km0bf lng / ; fj hlgS ; jf / c6o vfnf Joj; fo ugaf6 /f\$ nufOPsf] 5 .
To; df ; ldt uDe/ ; /f\$ / /Vb5 . dQmsdof >ldsx2nf0{hlufwglx2n] sfd ug{lbPsf 5gg\
h; af6 pglx2 dQm ePsf lyP, pglx2 Eld; wf/ Pj c6tu f ckm]clwsf/sf]bfal ug{c; dy{5g\
pglx2sf]:j t6q hljgofkgsf] nflu NofOPsf] sfo6md klg vf; u/L vB c; /lffsf bl6n] hfl]vddf
5g\

@# = klf /fi6n] cfjf; sf] clwsf/nf0{ c6tl/d ; ljwfgdf ; dfj 2 u/fkkg vf; u/L ufdlOf u/La,
; ljwaf6 algrt / ; ldfGts f JoIQm jf ; dx2nf0{sd dNodf cfjf; sf] k6w ug] ; Da6wl sg]
/fi6n cfjf; glt gePsfdf ; ldt ; /f\$ / JoQm ub5 .

@\$ = ; ldt tNnf] hftsf dfg; x2nf0{ ; fj hlgS sjf=wf/df hfaf6 al-rt ul/Psfdf ; /f\$ /
/Vb5 . lsgls o; n] pglx2sf] plrt hljg: t/ / pRr:t/sf] :jf:Yo klltnf0{ kIolf 2kdf c; /
kfofb5 .

@% = w]} dfg; x2 :jf:Yo ; j] fsf] kxFaf6 algrt 5g\h; n] ubf{dft dTo"/ lzzd[ob/ pRr agsf
5g\ . To; df ; ldt ; /f\$ / /Vb5 . ; ldt dfg; s /f]sf] jf /f]sf] vf; u/L a6aaf6 k6lj t
dfg; s /f]lx2sf]cj:yfsf]af/df k6lft ; fgsf]cej ePsfdf ; /f\$ / /Vb5 .

@^ koft dfqdf :jf:Yo rfx2 Gfxg' Itglx2sf]:t/ sd xg' / Toxfkoft :6fmx2 gxbdf ; ldt
; /f\$ / JoQm ub5 . dxEf] khgg :jf:Yo ; j]fn]ubf{dlfx2nf0{hfl]vddf kfofb5 / sxl hft /
hftlo ; dbfodf xg] u/\$] k/Dk/fut ; ffo[n] dlxfx2sf] khgg :jf:Yodf kltsh c; / kfoPsf]
; Gbedf ; ldt ; /f\$ / JoQm ub5 .

@& = ; ldt klyds lzlf k0f{2kdf lglzls gePsfdf ; /f\$ / JoQm ub5 . cleefj sx2 ljBfnodf
cfjZos ; fdgx2 / kzfS cflb nufotsf zlsx2 Itgl]ub5g\ klf /fi6n] cljfo{lzlfssf] glt
cem]cjndag gu/\$]df ; /f\$ / /Vb5 . ljBfnox2df 5qf / 5fx2sf] afxg / c6o hftx2sf]
cflbjf; L hghftx2sf] egf{b/df xg] u/\$] leGtf, ljBfylx2 alr bfx]ofpg] / :sh 5f8g]kj]t
pRr /x\$]/ ; fj hlgS ljBfnox2df lgdg :t/sf] lzlfssf] ; jf /xg] u/\$]5 . ol ljfox2df klg
; ldt ; /f\$ / /Vb5g\

@* = cfwfsf/s 2kdf cflbjf; L hghftx2sf] klxrfgsf] nflu / cfwfsf/s klxrfgsf] k6f]sf]af/df
/fi6n cflbjf; l hghft lj sf; klti7fgn] k6f] u/\$] cfw/df :ki6tf gxbdf ; ldt bM/ JoQm
ub5 .

; eufj Pj +; kmf/; x2 M

@(= ; ldt klf /fi6nf0{; eQm /fi6x3lo dfgj clwsf/ pRr cfoQmsf]sfofno; f]sf]; xsfofno{dhat
agfpgsf nflu kll; fxg ub5 .

#) = ; ldt klf /fi6nf0{csf] cfjlws kltjdg k2 ubf{tNfgf]ds cfw/df lj:t f / clwjlws
tYofas ; lxt k2 ug{/ ; l6wsf] bflotj sfof]og ug] ; jndf ul/Psf pkfox2sf]af/df ; d]t
pNny ug{cfux ub5 . ; ldt klf /fi6nf0{; dhsf ; a}lfx2 ; ljwaf6 al-rt / ; ldfGts f ju
vf; u/L blnt, dwzL, cflbjf; L ; dbfo / dlxfnf0{; a}lfx2sf] glt lgdff txd f j tdfg ; jwfgs
klqmfdfkmf\kltlgw]sf] ; lglZrttf ug{cfjfxg ub5 . ; ldt o:tf ; dx2nf0{ ; ljwfg; efd
; xeflutf u/fpg 7f] / ; lqmo k6f; ug{L; kmf/; ub5 . ; ljwfg; efsf] lgjffg, h; dkmf\
; ljwfg; ef ; b:osf]lgjffg e0{gofF; ljwfgsf]d:ofdf tof/ ul/g5 .

#! = ; ldt klf /fi6nf0{/fi6n dfgj clwsf/ cfof]sf ; b:ox2 lgoQm ug]df kf/bzl{klqmf cjndag

ug{l; kmf/; ub5, tfls pQm cfofj klf; l; 4f6tdf cfwf/t /x] cf^gf]; #yfut lfdtf k|t't u/f] \ o; sf] xsdf ; ldt klf /fi6mf0{; ldt]sf]; fdf6o ; 'enfj gdj/ !) tkm(Wofgfsif0f u/fp65, h; df /fi6mf0 dfgj clwsf/ ; #yfx]sf] cfly\$, ; dflhs / ; f:s[ts clwsf/ ; Af0fdf vllg' kg]eldsf plnly 5 .

#@= ; ldt /fi6mf0 sfgbx]sf] uxg ; dlff ug{l; kmf/; ub5, h; n] hltot]sf] cfwf/df ul/g] e]efj x]nf0{/ s]l ; dbfoaf/f dlxfx]dfly w]} tl/sfn] k]olf jf ck]olf]kdf e]efj ug{ klf; flxt ub5g\ . o:tf lj e]bx]sf] lj?4df ; ah] yxf kfg] vfnf klta6wx] agfpg / o:tf cf/fllkt pln^agnf0{Goflos / kzf; lgs pkrf/sf] k]rnf0{k]fj sf/l agfpg ; ldt klf /fi6mf0{ cfux ub5 . ; ldt klf /fi6mf0{al-rt / ; ldf]ts[ju\$] cfly\$, ; fdlhs / ; f:s[ts clwsf/sf] lj gfe]efj pkefnf0{ ; Af0f / ; Da46 ug] sfoqndsf] sfof] ogf] cgludg ug{ lj zif 0sf0\$] :yfgsf] nflu cfux ub5 . / of] vf; u/L blnt, dw]l / cflbjf; l ; dbfox]df / ol ; dbfox]leqsf dlxfnf]nflu vf;]kdf kfyldstf lbg l; kmf/; ub5 .

#=# ; ldt klf /fi6mf0{axt zflct ; Dem]sf] k]fj sf/l sfof] ogf] nflu cfux ub5 / o; n] cftl/s]kdf lj :yflktx], vf; u/L kxf8l / lxdfnl lhNnf]x], hxfFpglx]sf] kg; e]hg tyf kgldhgsf]nflu pkoQmjftfj /of ag\$]5g, Itglx]nf0{Wofg lbg cfux ub5 . ; ldt]klf /fi6mf0{ cgludg ; e]q ; lxtsf]Ps k]fj sf/l /of]ts of]hg lgdf]sf]nflu l; kmf/; ub5, h; af6 cftl/s]kdf lj :yflktx] ; /lft / dof]t]kdf 3/ km]sg kfg] \btf{xg, kg: yflkt xg / kg; e]hg jf kgldhgs xg ; sg\

#\$= ; ldt klf /fi6mf0{xflgsf/s cEof; x], h; n] dlxfx] / s]lx]sf]clwsf/ pln^sg ub5g\ h: t]b]psl, afbl, 5fpk8l, afnljjfx / af\$; l kyf cflbnf0{klta6w nufpg sfgg agf0{nfu' ug{ cfux ub5 . o:tf cEof; x]sf]cj: yfsf]af/]df / dlxf / s]lx]nf0{o:tf xflgsf/s cEof; af6 ; Af0f ug{ul/Psf sfgbl pkfox]sf]af/]df lj: t] lj] /of k]fg ug{ ; ldt klf /fi6mf0{cg/fly ub5 .

#%= ; ldt klf /fi6mf0{l9nf gul/sg 3/h' lx+; Da6wl 5\$} sfgg agfpg / o; k\$]f/sf sfof]0{ ck/fwsf]]kdf Jo]of ug{/ o:tf sfggsf]af/]df r]gf clea]4 ug{ ; 'gf cleofg ; #fng ug{ cfux ub5 . o; n]cema9l klf /fi6mf0{o:tf pkfox]sf]klqmf agfpg / sfgg sfof] og clwsf/l, Gofofw; x], sfgg Jofj; folx], ; dfh; j]lx] / cflw]l Joj; folx]nf0{lzlft u/f0{3/h' lx+fsf kl8tnf0{; Af0f ug{; lfd agfpg cfux ub5 .

#^= a]asf sf/of dlxfndf k/]sf]gsf/flds c; /, h; df ul/al, c]dbfgldf xf]; , ; fdlhs x]fgl / a]Qf klf/Psf hljg; fylsf]c]of]h cj: yfsf sf/of pglx]sf]; DklQsf]clwsf/, To; df pglx]sf]c; /lft eflyflwsf/ cflbsf]lg/fs/of ug{; /sf/n] ko]t / t]sfnlg ; xofly k]fg ug\$]nflu ; ldt klf; fxg ub5 .

#&= >d s]b]t pBflyx] k]46 ug]k]f; x]nf0{; an u/fpg / s]lf lf]sf]p]k]bs]j a9fpg ; ldt klf /fi6mf0{l; kmf/; / ; 'enfj lb65 . dQm sd]fx], k]x]lnofx], blnt, cflbjf; l hghlt ; dbfo / o; ; E ; Dal6wt dlxfx]sf nflu lj zif sfoqnd kfyldstsf ; fy u]dlOf lf]x]df lj: tf/ ug{klf /fi6mf0{; ldt l; kmf/; ub5 .

#*= c]t/fli6mf0 >d ; #7gsf]; xoflydf lgs]6 afn>ddf ; #lg afnafn]sf] ; d:ofx]nf0{; aflyg ug]sfdnf0{lg/t/tf lbg klf /fi6mf0{; ldt ; 'enfj lb65 . k]f]j t afnafn]sf]sf] kg; Yffkgf, To:tf sfdaf6 x6f0; s\$]f]cj: ydf pglx]sf]sfd / hljgofkgsf]cj: yf cgludg ug{ckgf0Psf pkfox]nf0{; an agfpg / tl pkfox] g/fd]f]cj: ydf sfd u/L /fv\$]f afnafn]sf]nf0{plnly o]kdf ; d]g ; ldt klf /fi6mf0{cfux ub5 .

#(= ; ldt >ldsnf0{; lfd agfpg pglx]sf]kl/jf/sf]plrt hljg: t/sf]pkefn] ug{Gogtd Hofnf

gkfnf cfly\$, ; fdlhs / ; f:stls clwsf/ Mcj:yf / kjQ

kf/>lds lgwf{Of ug{kIf /fi6«E cfux ub5 . pQm Goftd Hofnfsf]cfj lws dNof^aSg jf kglj {f/ ug{kIf /fi6mf0{; ldt klf; fxg ub5 . csf]cfj lws kltj dgdf >ldssf Goftd Hofnf lgwf{Ofsf] kllqmf tyf tl/sfs]af/df; r'gf kbfq ug{; ldt klf /fi6mf0{cfux ub5 .

\$)= gkfnf0{sd cfbfql ePsf]bzsf] z kdf lnbf / o; sf ; ftx;nf0{klg Toxl z kdf l; ldt 5g\ eGg]s/fnf0{larf/ ubf.; ldt klf /fi6mf0{; lGwsf] bflotj k/f ug{kkt ; ftx;af6 a9leGbf a9l bflotj k/f ug{; rj u/fp55 . o; sf] xsdf ; ldt klf /fi6sf] xfn; fn\$] a; lGwsf] PPR5s abf cGtu; kkt ; fts]a9leGbf a9l kofhg u/fpg]bflotj sf]dNof^aSg (E/C 12/2007/1) d]!), @))& sf]cleJolQmf0{pNny ub5 .

\$!= clt lk518Psf ; ldfGtLst; ; dx ; dj ul/al lj?4sf]cleofgdf kkt pknlAwz;sf]dNof^aSg / o:tf /Ofgltx;sf]sfof]og / cgludg ug{5\$}; eGg tyf sfof]lw agfpg ; ldt klf /fi6mf0{ l; kmf/; ub5 .

\$@= vfB ; /lf / ; a\$]nflu kfgldf kkr -vf; u/l clt lk518Psf / ; ldfGtLst; ; E ; DalGwtnf0{ ; lglZrt u/fpg tIsfn sbd rNlg klf /fi6mf0{; ldt l; kmf/; ub5 . s]lf glt ptkfbs]jdf / Jofkf/ls/Ofdf dfq nllft gu/l kxF / lj t/Ofdf ; dj Wofg lbg ; ldt n]l; kmf/; ub5 . o; sf] xsdf tNnf]hftx;sf]pikfbg, lj t/Of / vfB pkef]udf ; xeflutf clea[4 ug{ljz]f pkfox; cj nDag ug{; ldt klf /fi6mf0{cfux ub5 . klf /fi6sf] t] f]cfj lws kltj dgdf Jofkt vfB c; /lf, o; af6 hfl]vddf k/\$]; dbfo / o; nf0{; aNvg ug{ckgf0Psf 7f] pkfox;sf]af/df lj :t; lj j/Of kbfq ug{; ldt cfux ub5 . o; sf] xsdf ; ldt n] klf /fi6mf0{ kofkt vfBfGsf] clwsf/ dfly u/\$] l6kK0fl gDa/ !@ / kfglsf]clwsf/ dfly o; n]u/\$]l6kK0fl gDa/ !% klt WofgfcfsifOf u/fp55 .

\$#= ; ldt cGt/d ; jwfg / hftlo ePefj nf0{k]ta6w ug]sfgbx; / kfglsf] ; fj hlgS ; fts] kxFdf ePefj ug]cfbsf]lj?4sf]sfgg tIsfn sfof]og ug{kIf /fi6mf0{l; kmf/; ub5 . lhNnf lj sf; ; ldt jf To:t}pkoQm :yfglo lgsfoaf/f ; fj hlgS sjf=wf/fdflysf] kkr nf0{glhsaf6 cgludg ug{; ldt l; kmf/; ub5 .

\$\$_= ; ldt klf /fi6mf0{/fi60 cfjf; glt cj nDag u/l ufdlOf, u/la lk518Psf JolQm / ; dxnf0{ ; he tj/df cfjf; sf]JoJ :fff ug{l; kmf/; ub5 .

\$%= ; ldt dft[tyf lzzd[ob/ 36fpgsf]nflu pRr kfyldstf lbg klf /fi6mf0{cg/fv ub5 . ; dfGo :jf:Yo ; j kffnl, dfgl; s :jf:Yo ; jdf kofkt larf/ kfofpg / Pr-cf0{el=-P8\nf0{/syfd ug]sfof]mdx; cj nDag ug{l; kmf/; ub5 . ; ldt pRr :t/sf]:jf:Yo ; jf hxfFdfgl; s / zf/l/s :jf:Yo pkrf/ ; dfj z ul/G5g\ltgsf]kktlsf]clwsf/ / dfgl; s :jf:Yo, vf; u/l a6aaf6 kll8t JolQm;sf]:jf:Yo ; jfnf0{hf\$ lb65 .

\$^= /fi60 :jf:Yo gltdf ; dfGo ; wf/sf]z kdf khgg :jf:Yo ; jdf eflts / cfly\$ kkr / ueG/fvs kl/jf/ lgo]hgsf ; fwgx; pRr kfyldstfsf ; fy kbfq ug{-vf; u/l ufdlOf e\$df / tflnd kkt :jf:Yosd]af/f dxninf0{aRrf hGdfpg ; lfd agfpg vf; pkfox; cj nDag ug{; ldt klf /fi6mf0{l; kmf/; ub5 .

\$&= ; ldt klf /fi6mf0{; lGwsf]wf/f !# / !\$ df /xl lglZns lzlf dfq xfoG, clgjfo{Lzlf nfu"ug{ cfux ub5 . o; nf0{kkt ug]ofhg / 7f] dfkgsf]cfwf/, h; af6 k]ltsf]dfkg ug{; lsof] \ To; nf0{t; f]cfj lws kltj dgdf pNny ug{; ldt cfux ub5 . o; sf] xsdf ; ldt n] klf /fi6mf0{ o; sf] kfylds lzlfdf /fi60 sfof]hgdflysf] ; fwf/Of l6kK0fl g+!! / lzlf]sf] clwsf/ dflysf] ; fwf/Of l6kK0fl g+!# ljz]f pNny ub5 . o; n] ; a}:t/sf lzlfdf dfgj clwsf/nf0{ ; dfj z ug{ cfux ub5 / tl ljifout / clwofkg kffnl h; df ; xeflutf / ; fdlhs ; dfj zsf]kltlj Da xf] \ To; sf] pNny lzlfdf ug{ ; ldt cfux ub5 . /fi60 d]hdnksf] ; fwg, xfgsf/s ; fdGtl

cEof; x; sf] pGdhg, ; a} JolQm / ; dxsf] : j fledfgnf0{ ; Ddfg k46 ugI / elj iodf / fhuf/Lsf] ; Defj gsf] nflu ; lk lj sf; ugI cflbdf lz l f sf] pkofl utf xf] \etgdff ; ldt hf\$ lb65 .

\$*= ; ldt klf /fi6nf0{p; sf] t] fl cfj lws kltj hgdf cflwsfl/s cflbj f; L hghfltnf0{klxrfg ugI tl/sf j f lj lwsf]/ To; sf] ; Da6wsf]af/df lj : tE lj j /of ; dfj z ug{l; kmf/; ub5 .

\$ (= csf] cfj lws kltj hgdf lj ebnf0{cfto ug{/ ; Ddfgnf0{a9jf f lbg ; a} cfly\$, ; fdlhs / ; fFs[ts clwsf/sf] ; Af0f / ltglnf0{k/f ug{cj ndag ul/Psf pkfox; sf] Ps 5\$} efudf ; dfj z ug{ ; ldt klf /fi6nf0{cg/fv ub5 . csf] cfj lws kltj hgdf kkt kul tsf] kofkt cgudg / ; dlff ug{ ; lfd agfpgsf] nflu ; ldt klf /fi6nf0{ j flif\$ tVof^as, hflf / lnusf cfwf/df lj ebsf] cj : yf / 5\$} dfkgcfwf/ cflbnf0{ ; dfj z ug{cg/fv ub5 .

%)= ; dfhsf x/\$ txd, vf; u/L ; /sf/L clwsf/Lx; / Goflos lgsfox; alrdf j tdfg lgisiff{ds cj nfxgx; nf0{lj t/of ug{ klf /fi6nf0{ ; ldt cg/fv ub5 . o; n] csf] cfj lws kltj hg leqdf sfoffj og ugI kxnsf af/df ; ldt nf0{ hfgsf/L lbg klg klf /fi6nf0{cg/fv ub5 . o; sf] csf] cfj lws kltj hg tof/ ug{ j f k z ugk] {u}; /sf/L ; yf / gful/s ; dfhsf c6o ; b:ox; E /fli60 : t/sf] 5nkm ug{ ; ldt klf /fi6nf0{kfl]; fxg ub5 .

%!= o; sf] klylds=cftl/s b:tfj hnf0{; fem klylds b:tfj h tof/ ug{@))^ df ; dgj o ul/Psf] dfu\$zcg; f/ c\bfj lws ug{ j f ldnfpg ; ldt klf /fi6nf0{cfux ub5 .

%@= ckf^av ; lxtsf JolQm; sf] clwsf/sf] ; l6wnf0{cgdfhg ug\$ f nflu lj rf/ ug{ ; ldt klf /fi6nf0{kfl]; fxg ub5 . cfk] f; l >lds / ltgsf kl/j f/sf ; b:ox; sf] xs ; Af0fsf nflu ag\$] cGt/fli60 ; l6w cgdfhg sf nflu lj rf/ ug{ ; ldt klf /fi6nf0{kfl]; fxg ub5 .

%#= cGtdf, ; ldt klf /fi6nf0{o; sf] t] fl cfj lws kltj hg ; g\@)!! sf] hg #) leqdf k z ug{ cg/fv ub5 . j tdfg lgisiff{ds cj nfxgdff ; dfj z ul/Psf] l; kmf/; nf0{sfoffoj g ug{ ln0Psf sbd tyf pkfox; sf] lj : tE ; Rgf lj j /of pQm kltj hgdf ; dfj z ug{ klg ; ldt klf /fi6nf0{cg/fv ub5 .

; ks{7}ufgf

0P; =; l=cf/= pk-; ldlIt, Pr=cf/=6l=Pd=; l=; l=
; ~~ofhs~~ M gkfn ufdLof kglgdfdf ; :yf
kfja=g+*!#), nfhDkf6, sf7df8f+
6lnknf M (&& ! \$\$!%\$!*
knbfS; M (&& ! \$\$!*@(^
Odlh Mrrn@rrn.org.np
jj ; f06 M www.rrn.org.np

Pr=cf/=6l=Pd=; l=; l=
; ~~lrjfn~~ M cgfrf/s lfh ; j f s|b|
kfja=g+@&@^, :of6f/, sf7df8f+
6lnknf M (&& ! \$@&* &&)
knbfS; M (&& ! \$@&)%%!
Odlh Mhrtmcc@insec.org.np
jj ; f06 M www.inseconline.org